



## **FSU Center for Prevention & Early Intervention Policy**

### **Harris Infant Mental Health Training Institute**

#### **Child-Parent Psychotherapy (CPP) Training Opportunity for Qualified Clinicians**

Beginning September 10-12, 2019

Gulf Coast Kid's House, 3401 N 12th Ave., Pensacola, FL 32503

Child-Parent Psychotherapy (CPP) is an evidence-based intervention designed for working with infants, toddlers, and young children and their parents and caregivers who have experienced at least one traumatic event (e.g., maltreatment, including physical and neglect, the sudden or traumatic death of someone close, a serious accident, sexual abuse, exposure to domestic violence) and, as a result, are experiencing behavior, attachment, and/or mental health problems, including posttraumatic stress disorder (PTSD). CPP is rated by the California's Evidence-Based Clearinghouse as an evidence-based intervention with a "high" relevance rating for children ages 0-5 in the child welfare system and is a predominate intervention in "baby courts." The primary goal of CPP is to support and strengthen the relationship between a child and his or her parents/guardians/ caregivers as a vehicle for restoring the child's sense of safety, attachment, and appropriate affect and improving the child's cognitive, behavioral, and social functioning.

#### **Training Faculty:**

Lili Gray, MSSA, LCSW

#### **Training:**

Training consists of a total of 7 face-to-face trainings spread over 18 months. It begins with an initial three-day training session; followed by two phone consultation calls per month over the 18 months, and two additional two-day follow up training sessions at 6-month intervals. This elongated training seeks to build skills and competencies over time through a combination of face-to-face training; on-going cases with feedback from case conferences and reflective supervision; and data collection to ensure fidelity to the CPP model.

In order to become a trained and rostered CPP Therapist, providers must meet all requirements including:

- 1) Complete readings including two CPP manuals;
- 2) Participating in three in-person trainings (the first is 3 days and the second and third are 2 days);
- 3) Participating in 18 months of hour long training and phone consultations held twice monthly;
- 4) Providing CPP treatment for a minimum of 4 cases, one of which has to complete at least 11 sessions;
- 5) Presenting two of the cases on consultation calls or during the in-person training;
- 6) Attending weekly reflective supervision or consultation specific to CPP;
- 7) Complete monthly fidelity measures;

#### **Provider Qualifications:**

In order to be selected to participate, a provider **must be a Licensed or licensable — Psychologist, Social Worker, Licensed Professional Counselor, Licensed Mental Health Counselor, or Licensed Marriage and Family Therapist**. In special circumstances, **an unlicensed provider may be considered if his/her supervisor also fully participates in the training**. All clinicians should participate in weekly supervision with their supervisors. Clinicians are required, if at all possible, to videotape the relationship-based evaluation and CPP sessions for discussion during the 2<sup>nd</sup> and 3<sup>rd</sup> 2-day training sessions.

#### **Provider Selection:**

CPP providers who are part of organizational teams are most successful in receiving the supervision and supports necessary for on-going CPP intervention which is why applicants must be part of an organizational team. If you are a sole practitioner, you can create a peer team or align with a local agency. Selection will be based on provider qualifications, willingness to commit to all of the required trainings and consultation calls, willingness to accept referrals to serve the 0-6 population, etc. Priority will be given to clinicians serving Florida's Early Childhood Courts.

**Application & Tuition:**

The **one-page application is due August 16<sup>th</sup>**. Trainees will be **notified of acceptance by August 23<sup>rd</sup>**. Trainees will be responsible for tuition, **payable by August 30<sup>th</sup>**. If tuition is not received by this date you will lose your slot. Tuition does not include travel costs but does include required books. Tuition for the 18-month training is regularly \$2500 per person however, this class is being offered at \$1500 per person due to the funding from the Sunshine Health Florida Child Welfare Specialty Plan Reinvestment Fund. Please return completed applications to Sarah Mullane (smullane@fsu.edu) no later than August 16th.

**Initial Training:**

September 10-12, 2019 (3 days)

Times: TBA

Location: Gulf Coast Kid's House, 3401 N 12th Ave., Pensacola, FL 32503

**Training 2:**

March 2020 (2 days)

Location: TBA

**Training 3:**

September 2020 (2 days)

Location: TBA

***See application on next page***

## Child-Parent Psychotherapy (CPP) Application

<b>Name:</b>			
<b>Agency:</b>			
<b>Address:</b>			
<b>Email:</b>			
<b>Phone:</b>		<b>Cell Phone:</b>	
<b>Supervisor Name:</b>			
<b>Supervisor Email:</b>			
<b>Graduate Degree:</b>			
<b>Licenses:</b>			

List the counties in your state where you will provide services:

Explain briefly why you are interested in becoming a rostered CPP provider:

Describe your experience in working with children and families:

**In order to participate you must commit to the following. Please check yes or no by each requirement.**

- YES  NO Read all required readings.
- YES  NO Attend a 3-day training. Travel expenses will be the responsibility of the participant.
- YES  NO Participate in two consultation calls per month for 18 months. Each call will be prescheduled and will last up to one hour.
- YES  NO Attend two additional 2-day training sessions at approximately 6-month intervals. Travel expenses will be the responsibility of the participant.
- YES  NO Approximately 6 participants will present video of CPP sessions during each 2-day training, do you expect to have any problems obtaining videotape of client sessions.
- YES  NO Attend weekly reflective supervision or consultation (in addition to the twice monthly consultation calls).
- YES  NO Treat 4 CPP cases during the 18-month training period.
- YES  NO Do you currently treat families with children ages 0-5? If not please explain how you will build referral sources to complete this requirement.
- YES  NO Complete fidelity measures and return to trainers on a monthly basis.

*Should my application get approved, I commit to participate in all of the above listed trainings and consultation calls and commit to working with Florida's Early Childhood Court in your area:*

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**Signature**

**Date**

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**Signature of Employer/Supervisor**

**Date**