

Beyond Trauma Informed Care 101 Creating Trauma-Sensitive Schools

Paige Mace, SEDNET 3B

Nickie Zenn, SEDNET Administration Project





SEDNET Mission

 The Multiagency Network for Students with Emotional/Behavioral Disabilities (SEDNET) creates and facilitates a network of key stakeholders committed to assisting in the provision of a quality system of care for students with or at-risk of emotional and/or behavioral disabilities.





Who really is SEDNET?

- SEDNET is a regional network of the major child serving agencies, community-based service providers, and students and their families, focused on developing interagency collaboration and sustaining partnerships:
 - Education
 - Mental Health
 - Substance Abuse
 - Juvenile Justice
 - Child Welfare
 - Families and Youth





Florida Department of Education SEDNET Regions

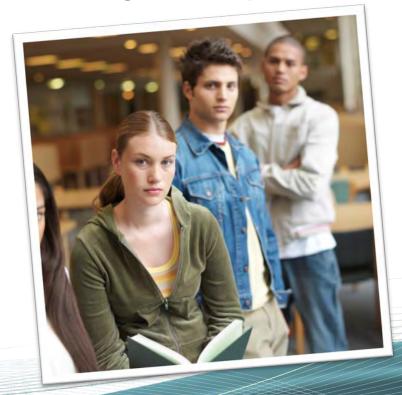




SEDNET Project

- Statewide Director—Khush Jagus
 - kjagus@usfsp.edu
- Regional Coordinators
 - vacant
 - Emily Tonn
 - etonn@usfsp.edu
 - Nickie Zenn- South
 - nzenn@usfsp.edu
- 19 Regional SEDNET Projects
 - Local project contact info: www.sednetfl.info

- Principal Investigator— Dr. Lori A. Garcia
 - lorigarcia@usfsp.edu







SEDNET Project Performance Activities

 SEDNET project performance activities are developed utilizing FLDOE LEA profile data and local targeted needs as aligned to 2013-2018 BEESS Strategic Plan



- Indicator Areas of Focus include but not limited to:
 - Indicator 1: Graduation
 - Indicator 2: Drop Out
 - Indicator 4: Suspension & Expulsion
 - Indicator 13: Transition IEP
 - Indicator 14: Transition Post School Outcomes



SEDNET Region 2B

- Currently implementing Zones of Regulation and Go Noodle to reduce a dramatic increase in restraint and seclusion Wakulla and Franklin
- Training with Heartmath curriculum to increase student self-regulation Wakulla, Leon, Liberty, Franklin, Gadsden
- Participating and advocating for medication management and mental health services with Circuit 2 workgroup Franklin, Liberty, Gadsden
- Planning stages with Leon regarding book study for continued on-line Trauma Informed Care trainings Leon, Liberty, Jefferson





SEDNET Region 3B- Levy, Gilchrist, Alachua, Union, Bradford, and Baker

Alachua

- Following attendance at the Seeds of Violence Conference, School Superintendent requests that the entire district become Trauma Informed.
- ESE Director, Lead Guidance Counselor, Trauma Survivor, and SEDNET PM have begun crafting a Professional Development Plan.
- Upcoming Trainings to include "Trauma Champions" and "Creating Trauma Sensitive.
- Member of Peace4Gainesville- Community Partnership for becoming a Trauma Informed Community.





SEDNET Region 3B- Levy, Gilchrist, Alachua, Union, Bradford, and Baker

Baker

Provided "Creating Trauma Sensitive Classrooms" Training to Guidance Counselors- Fall 2014

Bradford

Provided "Creating Trauma Sensitive Classrooms" to Pre-K providers-Fall 2014

Gilchrist

Provided "What is Trauma Informed Care?" to FOCUS Classroom Teacher, paraprofessionals, and Guidance Counselors-Fall 2013



SEDNET Region 3B- Levy, Gilchrist, Alachua, Union, Bradford, and Baker



Levy

- "What is Trauma Informed Care?" District Elementary Guidance Counselors – Fall 2014
- "Creating Trauma Sensitive Classrooms" for Chiefland Elementary and Head Start-Fall 2014/Spring 2015
- Presentation about Trauma Informed Care to the Pre-K Interagency Council - resulted in request for additional training for Head Start Providers.
- "Creating Trauma Sensitive Classrooms" for Pre-K providers at the Summer Institute-Summer 2015





SEDNET Region 6 - Hillsborough

Trauma Informed Care awareness training occurs annually within an overview of mental health disorders through collaborative efforts of SEDNET, FDLRS and Hillsborough ESE staff.





SEDNET Region 7A- Orange and Osceola

Past/Current Activities

- Trauma, Impacts on Learning, and Self-Regulation trainings have been provided to staff:
 - Orange County Public Schools:
 - School-wide in 2 schools
 - District groups of behavior specialists, social workers, school psychologists and disciplinary deans.
 - Osceola School District:
 - District groups of staffing specialists,
 program specialists for E/BD and ASD, ESE teachers and paraprofessionals.





Future Trauma Informed Care Plans

- Orange County Public Schools:
 - Implementation of TIC "program" that includes TIC training, guided book study on trauma principles, use of self-regulation skill-building curriculum in the classroom, coaching/modeling to assist teacher with TIC principles.
- Osceola School District:
 - Trauma trainings targeted to E/BD teachers at cluster sites, guided book study on trauma principles, implementation of self-regulation skill-building curriculum (site still to be determined).





SEDNET Region 8A – Manatee, Sarasota and DeSoto

Current Activities

- Trauma Informed Care 101 and 102 for a Center School in Sarasota.
- > Trauma Informed Care overview for the 2015 "Speak Up for Kids" conference on May 22, 2015.

Future Trauma Informed Care plans

Trauma Informed Care 101 and 102 trainings in Sarasota and Manatee School Districts





SEDNET Region 8B – Collier, Lee, Hendry, Glades and Charlotte

Hendry

Trauma Informed Care overview for guidance counselors, school resource officers and administration.

Future Trauma Informed Care plans

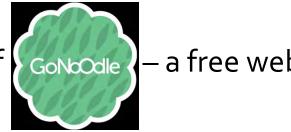
- Trauma Informed Care 102 training for Charlotte
- Trauma Informed Care 101 training for Glades and Hendry





SEDNET Region 9 - Palm Beach

➤ Encouraging the use of GoNoode — a free website



Go Noodle contains Social Emotional, Academic and Movement (Mindfulness) activities that would be beneficial for all students







SEDNET Region 9 - Palm Beach

- Supporting School District Initiatives, including Trauma Sensitive Schools, by offering training and technical assistance in various areas. For example, Positive Behavior Supports, Emotional Regulation and Crisis Management.
- Collaborate with community partners to ensure that any student impacted by trauma accesses the needed supports. These include Glades System of Care, Boys Town and others





SEDNET Region 10 - Broward

Interagency Collaboration New Directions/Connections

- Mental Health Consortium
 - Baker Acts
 - Strategic Plan
- TF-CBT(Trauma Focused- Cognitive Behavior Therapy)
 Collaboration
- South Florida Community Care Network- Family Involvement
 - Parent Education and Advocacy





SEDNET Region 10- Broward

- Broward County Comprehensive School Advisory Committee
 - Suicide Training District Wide
 - Student Suicide Prevention Youth Suicide Prevention Program (YSPP- Middle and High School)
- Florida AWARE(Advancing Wellness and Resilience in Education)-Youth Mental Health First Aid
 - School Training
 - Community Training
- Trauma Informed Care





SEDNET Region 11 Miami-Dade and Monroe

Miami-Dade County - 2013-2014

All E/BD Counselors, Clinicians, Art Therapist, and Behavior Management Teachers attended a one day Trauma Informed Care Training

Monroe County - 2014-2015

- All School Counselors attended Trauma Informed Care 101 and 102 Trainings as well as Compassion Fatigue.
- Alternative Education and DJJ Teachers attended a one hour Adobe Connect Session on Trauma Informed Care 101 and a face-to-face Trauma Informed Care 102 Training.





SEDNET Region 12 – Volusia, Flagler, St. Johns, Putnam

SEDNET Region 12 has:

- Provided trauma informed care trainings for approximately 4435 people over the past four years.
- Keynote speaker(trauma informed care) for the FASSW (Florida Association of School Social Workers) annual conference and for the FACC north Florida Regional training Institute, provided training for the PAEC (Panhandle Area Education Consortium) 46th annual leadership summit, training for the FACC (Florida Association of Community Corrections) annual training institute in Naples, St. Johns County drug court judge and staff, as well as for DJJ probation staff in Circuit 7.





SEDNET Region 12 – Volusia, Flagler, St. Johns, Putnam

- Volusia County School District has made the full day trauma training a mandatory professional development requirement for all new ESE hires (including teachers, social workers, school psychologists).
- Trauma trainings have also included:
 - DCF staff, DCF attorneys, Central Florida
 Community Legal Services, Guardian ad Litem staff,
 Community Partnership for Children, Halifax
 Hospital, Flagler Hospital Psychiatric Dept. staff and
 community stakeholders.





SEDNET Region 13 — Hernando, Citrus, Lake, Sumter, Marion

- > SEDNET Region 13 has:
- provided 14 Professional Development opportunities to schools and community agencies in the district reaching over 600 people. These trainings explore the impact that Trauma has on a student's ability to learn and make positive behavioral choices.
- created 7 on-line book study's for "The Boy Who was Raised as a Dog" by Dr. Bruce Perry.





SEDNET Region 14-Polk, Hardee and Highlands

SEDNET Region 14... original member of Circuit 10 TIC Workgroup/Polk, Highlands, Hardee which began in 2010.

Mission: Raise public awareness to assure understanding, commitment, and practice of trauma informed care in all environments in Polk, Highlands, and Hardee Counties.

Vision: Polk, Highlands, and Hardee Counties will be trauma informed.

Charge: to identify strategies (across systems) to accomplish the vision

- Education, Awareness building, Reducing stigma
- Presently conducting a Book study for Behavior Specialists in Polk...."The Boy Who was Raised as a Dog" by Dr. Bruce Perry

