

“Let’s Explore!” Developmental Activities Primary Age Ranges & Head Start ELOF Crosswalk (April 2022)

Activity	Primary Age Range(s)				ELOF Domains and Subdomains																					
Age/Domains	Months				Approaches to Learning				Social & Emotional Dev.				Language & Communication				Cognition					Perceptual, Motor, & Physical Dev.				
Ages/Sub-domains	0-9	8-18	16-24	22-36	E & B SR	COG SR	IN & CUR	CREAT.	R W/ ADULTS	R W/ OTH CH	EMO FUNC	ID & BEL	ATT & UND	COMM & SP	VOC	EM LIT	EXP & DIS	MEM	REAS & PS	EM MATH	IM & SYM REP	PER	GM	FM	HS & NUT	
Art/Messy Play																										
Color Collages			X	X				X	X			X	X		X		X			X				X		
Fizzy Paint			X	X			X	X	X					X	X		X		X	X			X		X	
Painting to Decorate		X	X	X			X	X	X		X	X		X			X	X		X	X				X	
Play Dough		X	X	X	X	X	X	X	X	X			X	X	X	X	X		X	X			X		X	
Tear & Cut Bin		X	X	X	X	X		X	X					X			X		X				X		X	
Early Discovery																										
Discovery Bottle	X	X			X		X		X		X		X	X			X						X	X		
Mirror Play	X	X			X	X	X		X		X		X				X		X				X	X		
Sensory Bag	X	X	X	X		X	X		X	X			X	X			X		X				X	X	X	
Treasure Basket	X	X				X	X		X				X	X			X	X	X		X		X		X	
Walker Box	X	X				X	X	X	X				X				X			X			X	X	X	
Movement & Outdoor Play																										
Dance & Sing	X	X	X	X	X	X		X	X	X	X	X	X	X	X		X	X			X		X	X		X
Have a Ball		X	X	X	X	X			X		X		X	X	X		X			X			X	X		X
Popping Bubbles	X	X	X	X	X	X	X		X		X		X	X		X	X		X	X			X			
Salad Garden			X	X		X	X		X		X	X	X	X	X		X		X				X		X	X
Water Relay Races			X	X	X	X			X	X	X		X	X	X		X		X	X			X	X	X	X
Pretend Play																										
Home Cooking		X	X	X		X	X	X	X		X	X	X	X	X	X	X	X	X	X	X	X	X		X	X
Masking Tape Roads			X	X	X	X	X	X	X			X	X	X	X	X	X	X	X	X	X	X	X		X	
Recycle Town			X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		X	X		X	
Washing Up			X	X	X	X	X	X	X			X	X	X	X	X	X	X	X	X			X		X	
Skill Builders																										
Flashlight Fun		X	X	X	X	X	X	X	X	X	X		X	X		X	X	X			X		X		X	X
Magic Paint		X	X	X	X	X	X	X	X		X		X	X	X	X	X	X	X	X			X	X	X	
Simple Puzzles		X	X	X	X	X	X		X				X	X		X	X	X	X	X	X				X	
Stackers		X	X	X		X	X		X				X	X			X	X	X	X			X		X	
Surprise Box	X	X	X	X	X	X	X		X				X	X	X		X	X	X				X		X	