<table-container>      Partner     &lt;</table-container>				DOMA	IN: Appr	oaches to	Learning						
Barby 12 View     Barby 32 View     Barby 3										ATI	502	ATI	504
Normal		Baby's 1st Year				-	Cognitive S	-	ו (Executive				
Desc       1000000000000000000000000000000000000								Functioning)					
Bit and the strate in the strate i				GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5		Goal 7	Goal 8	Goal 9
Characterization     Control     Name     Norm     Norm    Norm </td <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>demonstrates</td> <td></td> <td></td> <td></td>										demonstrates			
Number of the set of	-	-			emotions with	behavior with	focus and	show	the abiltity to	initiative in	curiosity about	creativity to increase	play &
Image     Image <t< th=""><th></th><th></th><th></th><th></th><th></th><th></th><th>attention with</th><th>actions &amp;</th><th>actions &amp;</th><th></th><th>materials, or</th><th></th><th></th></t<>							attention with	actions &	actions &		materials, or		
Mathem     Apple A	SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY			support	behavior	behaviors		events	d leaning	With others
Addings     Adding	Month 1		6	Family Development	x	x							
Math     Non-decay     Math		Ask about Mom's relationship with baby's	0	runniy borolophion									
Method     Open Box     Party Decision	Month 1		8	Family Development	x	X							
Measure and subsymbols     Park and prove of the park and t	Month 1		10	Family Development	х	x							
Method by the understand why the one has been by the concentration of the property intervalues of the property interval		Make sure Dad/partner has a plan for when											
Method     Approximation of the sector     Approximation of th	Month 1		12	Family Development									
Add Delivertrans understand the difference before the boxy bases are used for any performance of the start of th	Month 1		14	Family Development									
Match Approximation with the properties of the properise of the properti		Help Dad/partner understand the difference											
default     density is crying barby.     10     imply dense     A	Month 1	depression, and how to help.	16	Family Development									
Initial black amagement blach has made in participate statement black amagement black has made be precalines to mainter the regard of the	Month 1	Ask Dad/partner about strategies he uses for calming his crying baby.	18	Family Development	x	x							
Mono     Mono     Mono     Many Haway     <		Talk about arrangements Mom has made for											
Beaus Mon Motors hulding steel chaps		If Mom smokes, encourage her to breastfeed											
percention drugs with branking of a field bank     percention drugs with brank bank of a field bank     percention drugs with brank bank of a field bank     percention drugs with brank bank of a field bank     percention drugs with brank bank of a field bank	Month 1		22	Family Health									
Mem     Interm     Mem     Party Heah     <	Month 1	prescription drugs while breastfeeding can	0/	Family Hooth									
Modelh     Talk with Mem about birk orted options.     32     Farm hands     Model is a point of indicating in the model is a point of indicating indindicating indicating indind		If Mom is breastfeeding, explain that any											
Discuss galons for bir control if Mon is and intermediate in	Month 1 Month 1												
Ensure family hash bank core overage and a low family feads how family a loop for WL.     Family Heads		Discuss options for birth control if Mom is											
Make sure family has food in the horm and Horm in breastfeding make sure for dis Horm and Horm in breastfeding make sure for dis Horm and Horm in breastfeding make sure for dis Horm and Horm in the breastfeding make sure for dis Horm and Horm in discover discover history with the base for the horm and the covery and when to all the doctor.   Amply Heath   Image horm and Horm in the covery and when to all the doctor.   Amply Heath   Image horm and Horm in the covery and when to all the doctor.   Amply Heath   Image horm and Horm in the covery and when to all the doctor.   Amply Heath   Image horm and Horm in the covery and when to all the doctor.   Amply Heath   Image horm and Horm in the covery and when to all the doctor.   Amply Heath   Image horm and Horm in the covery and when to all the doctor.   Amply Heath   Image horm and Horm in the doctor.   Amply Heath   Image horm and Horm in the doctor.   Amply Heath   Image horm in the horm and Horm in the doctor.   Image horm in the horm and Horm in the doctor.   Amply Heath   Image horm in the horm and Horm in the doctor.   Image horm in the horm and Horm in the horm and Horm and Horm in the horm in the horm in thorm and Horm in the horm in the horm in the h		Ensure family has health care coverage and a											
Mother I has signed up for WCC. 34 Sample statemed Sample state	Month 1		32	Family Health									
Modent in leasting and biasened. 36 Family Heah Image by by call of by call	Month 1	has signed up for WIC.	34	Family Health									
Month 1 discontrops that foldow childbolth. 38 Pamy Heam Image of the document of the doc	Month 1	healthy and balanced.	36	Family Health									
If Mon had a cesaran birh, discuss her and particular intervence of the dots.   prany heam   column of the second of the dots.   prany heam   column of the second of the dots.   prany heam   column of the second of	Month 1		38	Family Health									
Explain frat feeling really tried after childbirth is normal and suggest ways to manage (42   Family Heath   Image (1)   Image	Month 1		40										
Month 1   lating and the property and the prope		Explain that feeling really tired after childbirth	40	Tarniy Healur									
Month 1 checkup. 44 Family Hamb Image and the phane recognize any signs of methods with the baby blace in the water of the first twe weeks. 45 Family Heath Image and heat black in the shaustion and methods with the baby blace in the shaustion and heat black in the shaustion and heat black in the shaustion and heat black in the shaustion and methods with the baby blace in the shaustion and heat black in the shaustion and methods with the baby black in the shaustion and heat black in the shausting the shaustion and heat black in the shaustion and heat black	Month 1	fatigue.	42	Family Health									
Prepare family for the exhaustion and   Prepare family for the exhaustin family for the exhaus	Month 1		44	Family Health									
Ak how family is coping with the baby blues and help them recording any signs of depression. As Family Heath N   Discuss benefits of breastfeeding with Chicks benefits of breastfeeding with family. 50 Caring to Baby N   Month 1 family. 50 Caring to Baby N   Morth 1 family. 50 Caring to Baby N   Morth 1 family. 50 Caring to Baby N   Mark sure family knows how to select and Morth 1 Caring to Baby N N   Mark sure family knows how to select and Morth 1 Caring to Baby N N   Mark sure family knows how to select and Morth 1 Caring to Baby N N   Mark sure family knows how to select and Morth 1 Caring to Baby N N   Mark sure family knows how to select and Morth 1 Caring to Baby N N   Mark sure family knows how to select and Morth 1 Caring to Baby N N   Morth 1 Family heat. 60 Caring to Baby N N   Morth 1 Problems with freefing. 62 Caring to Baby N N   Morth 1 Problems with freefing. 66 Caring to Baby N N   Morth 1 Problems with freefing. 72 Caring to Baby <td></td> <td>Prepare family for the exhaustion and</td> <td></td>		Prepare family for the exhaustion and											
Month 1   depression   48   Family Heath   Image: Short Family Fam	Month 1	Ask how family is coping with the baby blues	46	Family Health									
Discuss benefits of breastfeeding with Markin 1 fairly.   So   Carrig for Baby.   Carrig	Month 1		48	Family Health	x								
Month 1 Talk about breastfeeding myths. 52 Caring for Baby Image: Car		Discuss benefits of breastfeeding with											
Moment newborn. 64 Caring for Baby A	Month 1	Talk about breastfeeding myths.											
Make sure family knows how to select and horth 1 organe formula as needed. 56 Caring for Baby X Caring for Baby X   Month 1 success. 58 Caring for Baby X Image: Caring for Baby Image: Caring for Baby X Image: Caring for Baby X Image: Caring for Baby X Image: Caring for Baby Image: Caring for Baby X Image: Caring for Baby X Image: Caring for Baby Image: Caring for Baby X Image: Caring for Baby X Image: Caring for Baby X Image: Caring for Baby Image: Caring for Ba	Month 1		54	Caring for Baby		x							
If bottle feeding, talk about steps to ensure success. 58 Caring for Baby X   Explain how to be sure baby is getting enough to eat. 60 Caring for Baby X   Ask how often baby is fed and if there are any problems with feeding. 62 Caring for Baby X   Ask how feedings are going and talk about how to burg the baby. 64 Caring for Baby X   Ask how feedings are going and talk about how to burg the baby. 64 Caring for Baby X   Month 1 Follow up on safety issues with family. 66 Caring for Baby X   Month 1 Follow up on safety issues with family. 66 Caring for Baby X   Month 1 Follow up on safety issues. 70 Caring for Baby X   Month 1 Follow up to safety issues. 70 Caring for Baby X   Month 1 Follow up to tell if baby is sick. 70 Caring for Baby X   Month 1 Itak about how to tell if baby is sick. 70 Caring for Baby X   Talk about steps of colic and handling 74 Caring for Baby X   Make sure family knows how to change 76 Caring for Baby X   Month 1 Talk about baby's sleep patterns and how Ask about baby's sleep patterns and how Ask about baby's sleep patterns and how Ask about baby's sleep		Make sure family knows how to select and	56										
Explain how to be sure baby is getting enough to eat. 60 Caring for Baby X Image: Constraint of Const		If bottle feeding, talk about steps to ensure				x							
Month 1   enough to eat.   eat. <theat.< th="">   eat</theat.<>	Month 1		58	Caring for Baby		v							
Month 1   any problems with feeding.   62   Caring for Baby   A   A   C <thc< th="">   C   C   C   <t< td=""><td>Month 1</td><td>enough to eat.</td><td>60</td><td>Caring for Baby</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<></thc<>	Month 1	enough to eat.	60	Caring for Baby									
Month 1 how to burp the baby. 64 Caring for Baby A	Month 1	any problems with feeding.	62	Caring for Baby		x							
Ask about baby's first checkup and immunizations.   68   Caring for Baby   Immunizations.   Immunizatio	Month 1	how to burp the baby.				x							
Month 1   immunizations.   68   Caring for Baby   Image: Caring	Month 1		66	Caring for Baby									
Show parents how to care for umbilical cord, diaper rash, and circumcision.   72   Caring for Baby   Image: Caring	Month 1	immunizations.											
Talk about symptoms of colic and handling the stress it can bring.   74   Caring for Baby   X   Image: Caring for Baby   Caring for Baby   Image: Carin		Show parents how to care for umbilical cord,											
Month 1   the stress it can bring.   74   Caring for Baby   A   Image: Caring for Baby   Image: Caring for Baby <thimage: baby<="" caring="" for="" t<="" td=""><td>Month 1</td><td></td><td>72</td><td>Caring for Baby</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></thimage:>	Month 1		72	Caring for Baby									
Month 1   diaper.   76   Caring for Baby   Image: Caring for Ba	Month 1	the stress it can bring.	74	Caring for Baby	x								
Month 1 Talk about bathing baby. 80 Caring for Baby X X Image: Constraint of the sector o	Month 1	diaper.											
Ask about baby's sleep patterns and how family copes with less sleep.   82   Caring for Baby   X   X   Image: Comparison of the comp	Month 1 Month 1				x	x							
Talk about how all babies develop at different rates and explain the Watch Me Grow Month 1 N X X X   Talk about being careful observers so they can learn what their baby likes and how he learns. 84 Baby's Development X X X   Talk with family about baby's motor 86 Baby's Development X X X X		Ask about baby's sleep patterns and how				x							
Month 1 handouts. 84 Baby's Development Image: Constraint of the second s	Monut I	Talk about how all babies develop at different	02	Saring IOL DdDy									
Talk about being careful observers so they can learn what their baby likes and how he learns. K X X   Month 1 learns. 86 Baby's Development   Talk with family about baby's motor 86 Baby's Development	Month 1	handouts.	84	Baby's Development	x	x	x						
Month 1 learns. 86 Baby's Development Image: Constraint of the second sec					x	x	x						
	Month 1	learns.	86	Baby's Development			ñ						
	Month 1	development.	88	Baby's Development		x							

			DOMA	AIN: Appr	oaches to	Learning						
			SUB-DOMAINS:		_SD1		ATL_SD2		ATL	_SD3	ATL	_SD4
	Baby's 1st Year				nd Behavioral	Cognitive S	Self-Regulation	n (Executive		nd Curiosity		tivity
					gulation		Functioning)					
SE: Social a LC: Langua C: Cognitio	oaches to Learning and Emotional Development age and Communication		GOALS:	feelings & emotions with support of	Goal 2 Child manages actions and behavior with support of familiar adults	focus and sustains attention with	Goal 4 Child develops the ability to show persistence in actions &	demonstrates the abiltity to be flexible in actions &	Goal 6 Child demonstrates emerging initiative in interactions, experiences, &	Goal 7 Child shows interest in and curiosity about objects, materials, or		Goal 9 Child shows imagination in play & interactions with others
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY			support	behavior	behaviors	explorations	events		
Month 1	Help family recognize and respond to baby's signals.	92	Baby's Development	x	x							
	Explain why it is important to talk, sing, and					х					х	
Month 1	read with their baby. Summarize baby's early language	94	Baby's Development	×	x	x			x			x
Month 1 Month 1	development. Help parents bond with baby.	96 100	Baby's Development Baby's Development		X	^			^			^
	Talk about ways to bond if baby stays in the		Baby S Development	x	x							
Month 1	hospital. Help parents read baby's cues and anticipate	102	Baby's Development									
Month 1	needs before baby gets fussy.	104	Baby's Development	X	x							
Month 1	Build parent's confidence and competence in calming baby when fussy.	106	Baby's Development	x	x							
	Help parents understand the importance of		Baby C Borolopinon									
Month 1	touch in building a close relationship with baby.	108	Baby's Development	X	x							
	Help family understand baby's early social emotional development and complete			x	x	x			x		x	
Month 1	screening.	110	Baby's Development		^							
Month 1	Talk about baby's cognitive development. Talk about baby's play skills and why play is	114	Baby's Development			x	x	X	x	x	x	
Month 1	important.	118	Baby's Development			x						
Month 2 Month 2	Ensure Mom has enough support. Help siblings adjust to the new baby.	128 130	Family Development Family Development									
IVIOIIUT 2		130	Parnily Development									
Month 2	Help military parents stay connected with their newborn and family during deployment.	132	Family Development									
IVIOIIII Z	Let Dad/partner share what he has learned	102	ramiy Development									
Month 2	about baby's cues and responding to baby's needs.	134	Family Development	x								
	Ask Dad/partner how he's adjusting to his											
Month 2	new baby. Explain that new dads can experience	136	Family Development									
Month 2	depression.	138	Family Development									
Month 2	Help family keep track of their spending. Encourage Mom to return to school and	140	Family Development									
Month 2	suggest ways to make it easier.	142	Family Development									
	Talk with the family about how exposure to											
Month 2	cigarette smoke can be harmful to the baby. Find out how Mom's postpartum checkup	144	Family Health									
	went and follow up on her choice of birth											
Month 2	control. If Mom has a history of depression or is	146	Family Health									
Month 2	taking antidepressants, discuss options for birth control.	140	Family Health									
IVIONUN 2	Make sure the family has health care	148	Family Health									
Month 2	coverage and help them resolve any insurance or Medicaid problems.	150	Family Health									
	Talk about the amount of protein needed for											
Month 2 Month 2	breastfeeding moms. sleep.	152 154	Family Health									
WORLT 2	Ask Mom about her postpartum checkup and	134	Family Health									
Month 2	how she's feeling about her post-pregnancy body.	156	Family Health									
	Talk about the stress and demands of											
Month 2 Month 2	parenting a new baby. Explain the importance of emotional health.	158 160	Family Health Family Health	x								
Month 2	Encourage Mom to continue breastfeeding.	162	Caring for Baby									
Month 2	Explain how to express and store breast milk.	164	Caring for Baby									
	Talk about safety issues when taking baby											
Month 2 Month 2	out in a car. Discuss dangers of secondhand smoke.	166 168	Caring for Baby Caring for Baby									
	Encourage parents to insist that everyone		i and give baby									
Month 2	caring for baby follow the daily care routines being established.	170	Caring for Baby									
	Explain the importance of performing baby's			x	x			x				
Month 2 Month 2	daily care routines with respect. Talk with family about using a pacifier.	172 174	Caring for Baby Caring for Baby	x								
	Help all the adults raising the child to			x	x							
Month 2	cooperate together in co-parenting. Explain what new skills baby is likely to learn	176	Caring for Baby									
Month 2	this month and discuss the ASQ-3 or other developmental screening tool.	178	Robyle Development	x						x		
	Continue to promote parents' observation and		Baby's Development	×	x	x			x	x		
Month 2	reflection skills with baby. Help the family understand the value of turn-	180	Baby's Development	•	*							
Month 2	taking with baby.	182	Baby's Development			x			x			
	Explain early emotional cues and how babies											
Month 2	learn from imitating feelings of others.	184	Baby's Development									
Month 2	Talk about importance of comforting baby, especially when hurt, sick, or upset.	186	Baby's Development	x	x							
	Help family identify their dreams and achieve											
Month 3 Month 3	their goals. problems.	192 194	Family Development Family Development									
monul 0	probleme.	104	1. army Development				1		1	1		

			DOMA	IN: Appr	oaches to	Learning						
			SUB-DOMAINS:	ATL	_SD1		ATL_SD2		ATL	_SD3	ATL	_SD4
	Baby's 1st Year				nd Behavioral	Cognitive S	Self-Regulation	n (Executive	Initiative a	nd Curiosity	Crea	tivity
Domain Ke				Self-Re Goal 1	gulation Goal 2	Goal 3	Functioning) Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9
ATL: Appro SE: Social a LC: Langua C: Cognitio	oaches to Learning and Emotional Development Ige and Communication		GOALS:	Child manages feelings & emotions with support of	Child manages actions and	Child maintains focus and sustains attention with	Child develops the ability to show persistence in actions &	Child demonstrates the abiltity to be flexible in actions &	Child demonstrates emerging initiative in interactions, experiences, &	Child shows interest in and curiosity about objects, materials, or	Child uses	Child shows imagination in play & interactions with others
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY			support	behavior	behaviors	explorations	events	d icuming	when ounces
Month 3	Ask how the new baby has changed family relationships.	196	Family Development									
	Ask how grandparents relate to baby and		Parnily Development									
Month 3	encourage their involvement. Talk with Dad/partner to see how he's doing	198	Family Development									
	with interpreting and responding to his baby's			x	x							
Month 3	cues. Encourage family to make plans to avoid	200	Family Development									
Month 3	missing work/school if baby is sick.	202	Family Development									
Month 3	Check on family's budget and make any necessary revisions.	204	Family Development									
	If there are smokers in the home, find out why											
Month 3	they smoke and offer suggestions to help them quit or cut back.	206	Family Health									
Month 3	Talk about the importance of handwashing to prevent the spread of illness.	208	Family Llaght									
Month 3	Help Mom with strategies for exercising.	208	Family Health Family Health									
Month 3	Explain why doing Kegel exercises is important.	212	Family Health									
Month 3	Talk with Mom about recovering from a difficult or unplanned birth experience.	212	Family Health									
	Talk with family about how relationships, sleep, exercise, nutrition, gratitude, and											
Month 3	stress influence emotional health.	216	Family Health									
Month 3	Explain how sleep affects mood and discuss ways to get more sleep.	218	Family Health									
Month 3	Discuss ways to reduce illness when starting child care.	220	Caring for Daby									
Month 3	Talk about getting baby ready for an outing.	220	Caring for Baby Caring for Baby	x	x							
Month 3	Follow up on baby's sleep routine.	224	Caring for Baby									
Month 3	Discuss any concerns about spoiling baby.	226	Caring for Baby	X	X							
Month 3	Explain what new skills baby is likely to learn this month.	228	Baby's Development	х	x	х	x		х	х		
	Continue to promote parents' observation and			x	x	x						
Month 3	reflection skills with baby. Talk with parents about the importance of shared reading and what books are best for	230	Baby's Development									
Month 3	babies. Explain how attachments are formed and	232	Baby's Development									
Month 3	strengthened.	234	Baby's Development									
Month 3	Help parents understand ways to help baby learn to self-soothe.	236	Baby's Development	х	х							
	Talk about impact of a fussy baby on parent- child relationship and offer strategies to have			x	x							
Month 3	"the happiest baby on the block."	238	Baby's Development		^							
Month 3	Help parents understand how they can influence their baby's brain development. Help family identify their dreams for their	240	Baby's Development						x	x		
Month 4	baby.	246	Family Development									
Month 4	Talk about traits needed to be successful. Discuss how Mom's relationships might be	248	Family Development									
Month 4	healthy or harmful for her baby.	250	Family Development									
Month 4	Help military family adjust when reunited. Talk about how Dad/partner can develop a	252	Family Development									
Month 4	close relationship with his baby, even though they don't live together.	254	Family Development									
Month 4	If parent is working, ask about current job and options for advancement.	256	Family Development									
Month 4	Help family make a realistic monthly budget. Make sure Mom and her partner understand	258	Family Development									
Month 4	the benefits of spacing pregnancies.	260	Family Health									
Month 4	Talk with family members about how excess weight can affect their health.	262	Family Health									
Month 4	Help family understand how depression can impact their baby.	264	Family Health	x								
Month 4	Help Mom and partner have realistic expectations about parenting.	266	Family Health									
Month 4	Talk about signs of teething and how to take care of baby's new teeth.	268	Caring for Baby	x								
Month 4	Explain separation is hard for babies and discuss how to ease transitions, especially if dealing with shared custody. Explain what new skills baby is likely to learn	270	Caring for Baby	x								
Month 4	this month and discuss ASQ-3 or other developmental screening tool.	272	Baby's Development	x		x			x			
Month 4	Continue to promote parents' observation and reflection skills with baby.	274	Baby's Development							x		
	Explain the concept of "parentese" and why it											
Month 4	is important. Discuss issues related to dual-language	276	Baby's Development									
Month 4	learning.	278	Baby's Development									
Month 4	Discuss how to build a trusting relationship with baby.	280	Baby's Development									
Month 4	Talk about how to choose good toys for baby.	282	Baby's Development						x	x		
	Talk about changes to their family with the											
Month 5	birth of their baby.	288	Family Development									

			DOMA	NN: Appro	oaches to	Learning						
			SUB-DOMAINS:	ATL	SD1		ATL_SD2		ATL	_SD3	ATL	SD4
	Baby's 1st Year				 nd Behavioral	Cognitive S	elf-Regulation	(Executive		nd Curiosity		tivity
					gulation		Functioning)					-
SE: Social a LC: Langua C: Cognitio	aches to Learning Ind Emotional Development ge and Communication		GOALS:	feelings & emotions with support of	support of	Goal 3 Child maintains focus and sustains attention with	Goal 4 Child develops the ability to show persistence in actions &	Goal 5 Child demonstrates the abiltity to be flexible in actions &	Goal 6 Child demonstrates emerging initiative in interactions,	Goal 7 Child shows interest in and curiosity about objects, materials, or	understanding	Goal 9 Child shows imagination in play & interactions
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	familiar adults	familiar adults	support	behavior	behaviors	experiences, & explorations	events	& learning	with others
	Help family learn how to manage their time											
Month 5	and set priorities. Encourage friendships with other mothers and	290	Family Development									
Month 5	ask about changes in relationships at school or work.	292	Family Development									
Month 5	If Dad does not live with his baby, talk about the importance of staying connected.	294	Family Development									
Month 5	Talk about importance of saving money for baby's future.	296	Family Development									
	Discuss alcohol or drug abuse by family											
Month 5	members living in the home. Explain how getting outside during the day	298	Family Health	x								
Month 5	can make you feel better. Talk about any issues with breastfeeding,	300	Family Health	~								
Month 5	including dealing with a teething baby.	302	Caring for Baby		x							
Month 5	Talk about safety concerns with different types of baby gear and contraptions. Explain importance of baby having consistent	304	Caring for Baby									
Month 5	caregivers.	306	Caring for Baby									
Month 5	Explain what new skills baby is likely to learn this month. Continue to promote parents' observation and	308	Baby's Development	x	x	x	x		x	x	x	
Month 5	reflection skills with baby.	310	Baby's Development		x							
Month 5	Provide tips for sharing books with baby. Talk about household objects that are safe	312	Baby's Development						x	x	x	
Month 5	and educational for baby. Encourage family to make decisions with	314	Baby's Development						~	~	~	
Month 6	baby in mind.	320	Family Development									
Month 6	Ask Dad/partner how he was parented and what kind of father he wants to be.	322	Family Development									
Month 6	Ask how Mom is doing balancing school/work with parenting.	324	Family Development									
	Ask about satisfaction with family planning method and, if appropriate, address											
Month 6	reproductive coercion. See how Mom is feeling about her post-	326	Family Health									
Month 6	pregnancy body. Help list healthy ways to manage stress to	328	Family Health									
Month 6	benefit the whole family. Talk about introducing solid foods and how to	330	Family Health	x								
Month 6 Month 6	watch for signs of allergies.	332 334	Caring for Baby							x		
	Talk about choking concerns. Talk about how to handle disagreements		Caring for Baby	x						~		
Month 6	between co-parents. Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other	336	Caring for Baby	x		x	x			x	x	
Month 6	developmental screening tool. Continue to promote parents' observation and	338	Baby's Development			^	^			^	^	
Month 6	reflection skills with baby. Encourage parents to use songs or games	340	Baby's Development	x								
Month 6	with baby that include hand motions. Help parents understand social-emotional	342	Baby's Development			x						
Month 6	well-being & conduct screening. Help parents understand why babies look to	344	Baby's Development	x	x							
Month 6	trusted adults to guide their reactions.	346	Baby's Development	x	x							
Month 6	Explain how stress negatively impacts learning and brain development. Discuss family's progress toward their goals	348	Baby's Development	x	x							
Month 7	and offer suggestions for overcoming challenges.	354	Family Development									
Month 7	Talk with Dad/partner about the importance of providing love, protection, and economic support.	356	Family Douglasment	x	x							
	Review why condom use is important for		Family Development									
Month 7 Month 7	preventing STIs. Encourage family mealtimes.	358 360	Family Health Family Health									
Month 7	Ask about mood swings and talk about impact on baby.	362	Family Health	x								
Month 7	Ask how baby is handling solids and what foods have been tried.	364	Caring for Baby							x		
Month 7	Talk with family about how to baby-proof their house to prevent accidents.	366	Caring for Baby							x		
Month 7	Talk about the challenge of constant supervision.	368	Caring for Baby			x						x
Month 7	Explain what new skills baby is likely to learn this month.	370	Baby's Development	x	x	x	x	x	x	x	x	
Month 7	Continue to promote parents' observation and reflection skills with baby.	372	Baby's Development	x						x		
Month 7	Talk about baby's new motor skills and the benefits of crawling.	374										
Month 7	and print.	378	Baby's Development Baby's Development			x				x		
Month 7	Summarize and preview baby's upcoming language development.	380	Baby's Development									
Month 7	Continue discussion of baby's social- emotional development and complete screening.	384	Baby's Development	x	x	x	x	x	x	x	x	
	sorooning.	304	Laby S Development									

			DOMA	AIN: Appro	baches to	Learning						
			SUB-DOMAINS:	ATL	_SD1		ATL_SD2		ATL	_SD3	ATL	_SD4
	Baby's 1st Year				d Behavioral	Cognitive S	elf-Regulation	(Executive	Initiative a	nd Curiosity	Crea	tivity
Domain Ke	N.			Self-Re Goal 1	gulation Goal 2	Goal 3	Functioning) Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9
	aches to Learning		GOALS:	Gouri	Gour 2				Child	Child shows	Gouro	Gours
	nd Emotional Development			Child manages feelings &	Child manages actions and	Child maintains	Child develops the ability to	Child demonstrates	demonstrates emerging		Child uses creativity to	Child shows imagination ir
C: Cognitio	ge and Communication n			emotions with	behavior with	focus and sustains	show persistence in	the abiltity to be flexible in	initiative in	interest in and curiosity about objects,		play &
PMP: Perce	eptual, Motor, and Physical Development			support of familiar adults	support of familiar adults	attention with support	actions & behavior	actions & behaviors	interactions, experiences, &	materials, or events	understanding & learning	interactions with others
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY			support	Denavior	Denaviors	explorations	events		
Month 7	Explain how stranger anxiety shows growing parent-child attachment.	388	Baby's Development	х	x							
Month 7	Talk about upcoming changes in cognitive development and preview new skills.	390	Debute Development			x	x	х	х	x	x	
IVIORILIT 7	Talk about baby's play skills and why play is		Baby's Development		x	x	x	x	x	x	x	
Month 7	important.	394	Baby's Development		^	^	^	^	^	^	^	
	Encourage family to have a "can-do" attitude											
Month 8	to overcome barriers and reach their goals. Discuss relationship boundaries and how to	402	Family Development									
Month 8	say "no." Encourage Dad/partner to support his baby's	404	Family Development									
	increasing mobility, and continued need for				x							
Month 8 Month 8	reassurance and supervision. Talk about progress with budgeting.	406 408	Family Development Family Development									
	Talk with Mom about emergency											
Month 8	contraception. Talk about how to communicate effectively	410	Family Health									
Month 8	with health care providers.	412	Family Health									
Month 8	Remind family that exercise can reduce stress and control weight.	414	Family Health									
Month 8	Talk about how exercise can improve mood and lessen depression.	416	Family Health	x								
	Discuss ways to redirect baby to keep her				x			x	x	x		
Month 8	safe. Explain what new skills baby is likely to learn	418	Caring for Baby					'n	'n			
	this month and discuss ASQ-3 or other	100		x		х			х	x		
Month 8	developmental screening tool. Continue to promote parents' observation and	420	Baby's Development									
Month 8	reflection skills with baby.	422	Baby's Development	x	x		x					
Month 8	Encourage parents to use language to teach baby what to expect next.	424	Baby's Development									
	Explain how having a parent nearby provides a "secure base" with baby's expanding need			x	x				x			
	to explore.	426	Baby's Development									
Month 8	Explain how play helps baby learn. Help parents compare how they were raised	428	Baby's Development	X	x	X	X	x	X	x	X	X
Month 9	with how they want to raise their child.	434	Family Development									
	Explain how physical changes after childbirth											
Month 9 Month 9	may affect Mom's sexual relationship. Talk about what to do in case of a fire.	436 438	Family Health Family Health									
Month 9	down.	440	Family Health									
Month 9	Make sure Mom knows signs of vaginal infections and what to do.	442	Family Health									
Month 9	health.	444	Family Health									
Month 9	Talk about how to promote a feeling of safety in the home and community.	446	Family Health	х	x							
Marsth O	Teach parents how to prevent the spread of	4.40										
Month 9 Month 9	illness. needed.	448 450	Caring for Baby Caring for Baby		x							
Month 9	Talk about the value of unhurried time and focused attention.	452	Caring for Baby	x	x	x		x				
	Explain what new skills baby is likely to learn			x		x	x	x	x	x	x	
Month 9	this month. Continue to promote parents' observation and	454	Baby's Development									
Month 9	reflection skills with baby.	456	Baby's Development	x	x							
Month 9	Talk about the importance of baby's use of gestures as a way to communicate.	458	Baby's Development						x			
Month 9	Help family understand baby's temperament and how to adapt to different situations.	460	Baby's Development	x	x	x	х	x	x			
	Explain early brain development and how			x	x	x				x	x	
Month 9	parents can promote it. Encourage family to be assertive and	462	Baby's Development								ň	
Month 10	advocate for baby.	468	Family Development									
Month 10	Talk about preventing and repairing misunderstandings.	470	Family Development									
	Ask about the impact of fatherhood on Dad's/partner's friendships.	472	Family Development									
	Talk about following workplace policies and											
Month 10	having a good work ethic. Talk about the link between drug and/or	474	Family Development									
Month 10	alcohol addiction and unresolved trauma.	476	Family Health									
	If there are guns in the home, remind parents to make sure they are kept unloaded in a											
Month 10	locked cabinet. Help Mom use laughter to cope with daily ups	478	Family Health									
Month 10	and downs.	480	Family Health	x	x							
Month 10	If Mom is weaning baby, find out how they are doing and offer help with any difficulties.	482	Caring for Baby	x	x			x				
	Talk about keeping baby safe in the sun.	484	Caring for Baby									
Month 10	Talk about what it means when baby shakes his head "no."	486	Caring for Baby	x	x		x	x				
	Explain what new skills baby is likely to learn			x	x	x	x	x	x	x	x	
	this month and discuss ASQ-3 or other						^	^	A .			

			DOMA	IN: Appr	oaches to	Learning	:					
			SUB-DOMAINS:	ATL	_SD1		ATL_SD2		ATL	_SD3	ATL	_SD4
	Baby's 1st Year			Emotional a	– nd Behavioral gulation	Cognitive S	Gelf-Regulation Functioning)	n (Executive		nd Curiosity		- itivity
Domain Ke	у		GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9
SE: Social a LC: Langua C: Cognitio	eptual, Motor, and Physical Development	PAGE #	CATEGORY	feelings & emotions with support of	Child manages actions and behavior with support of familiar adults	focus and sustains	Child develops the ability to show persistence in actions & behavior	Child demonstrates the abiltity to be flexible in actions & behaviors	Child demonstrates emerging initiative in interactions, experiences, & explorations	Child shows interest in and curiosity about objects, materials, or events		Child shows imagination in play & interactions with others
SECTION	Continue to promote parents' observation and	PAGE #	CATEGORY						capiorations			
Month 10	reflection skills with baby. Encourage turn-taking conversations between	490	Baby's Development	x	X					X	x	
Month 10	parents and baby. Help parents understand ways to enhance	492	Baby's Development			x			X			
Month 10	their child's healthy brain development.	494	Baby's Development	x		x		x	x	x	x	
Month 11	If visits will end on baby's 1st birthday, begin planning the transition.	500	Family Development									
Month 11	Encourage efforts to budget and save money.	502	Family Development									
Month 11	weight loss.	504	Family Health									
	Talk about value of simplifying and organizing to reduce stress and support emotional			x	x	x						
	health. Explain the dangers of lead poisoning.	506 508	Family Health Caring for Baby									
	Discuss difference between "spoiling" and			x	x			x	x			
Month 11 Month 11	responding to baby's needs. Ask how baby manages transitions.	510 512	Caring for Baby Caring for Baby	x	x		x	x	x			
	Explain what new skills baby is likely to learn		Carling for Baby	x	x	x	x	x	x	x	x	
Month 11	this month. Continue to promote parents' observation and	514	Baby's Development	x	x	x	x	x	x	x	~	
Month 11	reflection skills with baby. Talk about labeling everyday objects to help	516	Baby's Development	~	~	~	~	~	~	~		
Month 11	children learn new words. Help family understand that how they	518	Baby's Development									
Month 11	respond affects baby's feelings and self- worth.	520	Baby's Development			x	x	x	x	x	x	
Month 11	Explain why you can't get an infant to "sit still" or "behave."	522	Baby's Development	x	x							
Month 12	Help family take pride in progress toward their goals and talk about setting long-range goals.	528	Family Development									
Marshin 10	If visits are ending now, acknowledge that	500										
Month 12	change is difficult and reach closure. Encourage Dad/partner to be nurturing and	530	Family Development		x				x	x		
	affectionate with his 1-year-old. Talk about using a checking account to keep	532	Family Development									
Month 12	track of budget.	534	Family Development									
Month 12	Review reasons to avoid pregnancy and prevent sexually transmitted infections (STIs).	536	Family Health									
Month 12		538	Family Health									
Month 12	Ask about the emotional tone of the household and explain how it shapes baby's development.	540	Family Health	x	x							
Month 12	Discuss eating habits and healthy snack ideas.	542	Caring for Baby						x	x		
Month 12	Encourage regular tooth brushing and dental visits.	544	Caring for Baby								x	x
	Discuss satisfaction with child care											
Month 12 Month 12	arrangements. Help family plan baby's first birthday.	546 548	Caring for Baby Caring for Baby									
	Talk about the likelihood of temper tantrums and how to handle them.	550	Caring for Baby	x	x				x			
	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	552	Baby's Development			x	x		x	x	x	x
	Continue to promote parents' observation and			x	x	x	x					
Month 12	reflection skills with baby. Encourage family to read with baby every	554	Baby's Development			x				x		
Month 12	Help parents understand social-emotional	556	Baby's Development	x	x	~		x	x	x		
	well-being and complete screening. Explain how play and homemade toys can	558	Baby's Development	^	^	v	~		x		~	x
Month 12	promote learning.	560	Baby's Development			x	x	x	X	x	x	X

				MAIN: So	ocial and	Emotio	nal Deve	lopmen	t							
	Baby's 1st Voor		SUB-DOMAINS:		SE_SD1		SE_S			SE_	SD3			SE_	SD4	
	Baby's 1st Year			Relati	onships with	Adults	Relations Other C			Emotional I	unctioning		Se	ense of Identi	ty and Belong	ging
	y vaches to Learning Ind Emotional Development		GOALS:	Goal 1 Child	Goal 2 Child uses expectations	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
LC: Langua	ge and Communication			develops expectations	learned			Child		Child recognizes	Child	Child manages	Child shows	Child	Child shows	Child
C: Cognitio PMP: Perce	n eptual, Motor, and Physical Development			of consistent, positive	repeated experiences	Child learns to use	with &	imitates and	Child learns to express a	& interprets emotions of	expresses care and	emotions with		understands	confidence in own abilities	sense or
				interactions through	in primary relationships	adults as a resource to	personal	engages in play with	range of emotions	others with support	concern towards	support		characteristics of self &	through	through
				secure relationships	to develop relationships	meet needs	with other	other children		from familiar	others	familiar adults	with others		with others	relationships with others
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	with familiar adults	with other adults.		children			adults		30015				
	Ensure Mom has adequate support during the			x	x	x						x				
Month 1	postpartum period. Ask about Mom's relationship with baby's father and	6	Family Development													
Month 1	talk about the importance of his involvement with baby.	8	Family Development	x	x	x				x		x				x
Month 1	Help Dad/partner feel competent in his ability to care for his baby.	10	Family Development	x								x				x
Month 1	Make sure Dad/partner has a plan for when he feels frustrated with his baby.	12	Family Development	x		х										
Month 1	Help Dad/partner understand why breastfeeding is important and how he can be supportive.	14	Family Development													
	Help Dad/partner understand the difference between the baby blues and postpartum depression, and			x		x										
Month 1	how to help. Ask Dad/partner about strategies he uses for calming	16	Family Development													
Month 1	his crying baby. Talk about arrangements Mom has made for child	18	Family Development	x		x						x				
Month 1	support/public assistance.	20	Family Development													
Month 1	If Mom smokes, encourage her to breastfeed and take precautions to minimize the impact on her baby. Be sure Mom knows that using street drugs or precedent of the proof decidence to be the target to be target	22	Family Health													
Month 1	prescription drugs while breastfeeding can harm her baby.	24	Family Health													
Month 1	If Mom is breastfeeding, explain that any alcohol she drinks may harm her baby.	26	Family Health													
Month 1	Talk with Mom about birth control options. Discuss options for birth control if Mom is	28	Family Health													
	breastfeeding. Ensure family has health care coverage and a	30	Family Health													
	medical home. Make sure family has food in the home and has	32	Family Health													
Month 1	signed up for WIC. If Mom is breastfeeding make sure her diet is healthy	34	Family Health													
Month 1	and balanced. Help Mom manage typical physical discomforts that	36	Family Health													
Month 1	follow childbirth. If Mom had a cesarean birth, discuss her recovery	38	Family Health													
Month 1	and when to call the doctor. Explain that feeling really tired after childbirth is	40	Family Health													
	normal and suggest ways to manage fatigue. Ensure Mom schedules her postpartum checkup.	42 44	Family Health Family Health													
	Prepare family for the exhaustion and emotional		Family Health													
	challenges of the first few weeks. Ask how family is coping with the baby blues and	46		x		x						x				
Month 1 Month 1	help them recognize any signs of depression. Discuss benefits of breastfeeding with family.	48 50	Family Health Caring for Baby	x		x										
Month 1 Month 1	Talk about breastfeeding myths. Talk with Mom about breastfeeding her newborn.	52 54	Caring for Baby Caring for Baby	X X		X X										
Month 1	Make sure family knows how to select and prepare formula as needed.	56	Caring for Baby	x		x										
Month 1	If bottle feeding, talk about steps to ensure success.	58	Caring for Baby	x		x										
Month 1	Explain how to be sure baby is getting enough to eat.	60	Caring for Baby	x		x										
Month 1	Ask how often baby is fed and if there are any problems with feeding.	62	Caring for Baby	x		х										
Month 1	Ask how feedings are going and talk about how to burp the baby.	64	Caring for Baby	x		x										
Month 1	Follow up on safety issues with family. Ask about baby's first checkup and immunizations.	66 68	Caring for Baby Caring for Baby													
Month 1	Talk about how to tell if baby is sick. Show parents how to care for umbilical cord, diaper	70	Caring for Baby	x		x										
Month 1	rash, and circumcision.	72	Caring for Baby	x												
	Talk about symptoms of colic and handling the stress it can bring.	74	Caring for Baby	x		x						x				
Month 1	Make sure family knows how to change diaper. Talk about choosing quality child care.	76 78	Caring for Baby Caring for Baby	X X	x	X X										X
	Talk about bathing baby. Ask about baby's sleep patterns and how family	80	Caring for Baby	x		x										
	copes with less sleep. Talk about how all babies develop at different rates	82	Caring for Baby	v		x						x				x
	and explain the Watch Me Grow handouts. Talk about being careful observers so they can learn	84	Baby's Development	v		x						x				^
Month 1 Month 1	what their baby likes and how he learns. Talk with family about baby's motor development.	86 88	Baby's Development Baby's Development			^						^				x
	Help family recognize and respond to baby's signals.	92	Baby's Development	v	x	x			x			x				
	Explain why it is important to talk, sing, and read with their baby.	94	Baby's Development	v												
Month 1	Summarize baby's early language development. Help parents bond with baby.	96 100	Baby's Development Baby's Development	X	x x	x			x	x		x			x	x
	Talk about ways to bond if baby stays in the			v	x	x						x				x
	hospital. Help parents read baby's cues and anticipate needs before baby acts function	102	Baby's Development	v	x	x			x			x				
	before baby gets fussy. Build parent's confidence and competence in	104	Baby's Development	v	x	x						x				
	calming baby when fussy. Help parents understand the importance of touch in	106	Baby's Development	Y	x	x						x				
	building a close relationship with baby. Help family understand baby's early social emotional	108	Baby's Development	r v	x	x			x	x	x	x	x	x	x	x
	development and complete screening. Talk about baby's cognitive development.	110 114	Baby's Development Baby's Development		^	x			^	^	^	^	x	^	x	x
	Talk about baby's play skills and why play is important.	118	Baby's Development													
Month 2	Ensure Mom has enough support. Help siblings adjust to the new baby.	128 130	Family Development Family Development				x	x								x
	Help military parents stay connected with their newborn and family during deployment.	130	Family Development	x	x											x
	Let Dad/partner share what he has learned about			x	x	x						x				x
	baby's cues and responding to baby's needs. Ask Dad/partner how he's adjusting to his new	134	Family Development	x	x	x										x
Month 2	baby. Explain that new dads can experience depression.	136 138	Family Development Family Development	x												
	Help family keep track of their spending. Encourage Mom to return to school and suggest	140	Family Development													
Month 2	ways to make it easier.	142	Family Development													

			DO	MAIN: So	ocial and	Emotio	nal Deve	lopmen	t							
			SUB-DOMAINS:		SE_SD1		SE_S			SE_	SD3			SE_	SD4	
	Baby's 1st Year			Relati	onships with	Adults	Relations Other C			Emotional	unctioning		Se	ense of Identif	y and Belong	ging
	y aches to Learning nd Emotional Development		GOALS:	Goal 1	Goal 2 Child uses	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
LC: Langua C: Cognition	ge and Communication			develops expectations of consistent, positive interactions through	expectations learned through repeated experiences in primary relationships	resource to	with & develops personal	engages in play with	Child learns to express a range of emotions	Child recognizes & interprets emotions of others with support	Child expresses care and concern towards	Child manages emotions with support from	Child shows awareness about self & how to connect	understands	Child shows confidence in own abilities through relationships	belonging through
				secure relationships with familiar	to develop	meet needs		other children	cinotions	from familiar adults	others	familiar adults	with others		with others	relationships with others
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	adults	adults.											
Month 2	Talk with the family about how exposure to cigarette smoke can be harmful to the baby.	144	Family Health													
Month 2	Find out how Mom's postpartum checkup went and follow up on her choice of birth control.	146	Family Health													
	If Mom has a history of depression or is taking antidepressants, discuss options for birth control.	148	Family Health													
NOTIT 2	Make sure the family has health care coverage and help them resolve any insurance or Medicaid	140	Tariny ricardi													
Month 2	problems.	150	Family Health													
Month 2	Talk about the amount of protein needed for breastfeeding moms.	152	Family Health													
Month 2	Help Mom find ways to cope with the loss of sleep.	154	Family Health													
	Ask Mom about her postpartum checkup and how she's feeling about her post-pregnancy body. Talk about the stress and demands of parenting a	156	Family Health													
Month 2	new baby. Explain the importance of emotional health.	158 160	Family Health Family Health	x					x			x				
Month 2	Encourage Mom to continue breastfeeding. Explain how to express and store breast milk.	162 164	Caring for Baby Caring for Baby													
	Talk about safety issues when taking baby out in a car.	166	Caring for Baby													
Month 2	Discuss dangers of secondhand smoke. Encourage parents to insist that everyone caring for baby follow the daily care routines being	168	Caring for Baby	x	x											
Month 2	established. Explain the importance of performing baby's daily	170	Caring for Baby													
Month 2	care routines with respect. Talk with family about using a pacifier.	172 174	Caring for Baby Caring for Baby	x	x	x						x				x
Month 2	Help all the adults raising the child to cooperate together in co-parenting. Explain what new skills baby is likely to learn this	176	Caring for Baby	x	x							x				x
	month and discuss the ASQ-3 or other developmental screening tool.	178	Baby's Development	х					х			x	x			
	Continue to promote parents' observation and reflection skills with baby.	180	Baby's Development	v	x	x			x							
	Help the family understand the value of turn-taking			v	x											
	with baby. Explain early emotional cues and how babies learn	182	Baby's Development						x	x						
	from imitating feelings of others. Talk about importance of comforting baby, especially	184	Baby's Development	v		x						x				
	when hurt, sick, or upset. Help family identify their dreams and achieve their	186	Baby's Development													
	goals.	192	Family Development													
	Talk about strategies for solving everyday problems. Ask how the new baby has changed family	194	Family Development	x	x		x									
	relationships. Ask how grandparents relate to baby and encourage	196	Family Development	x	x											
	their involvement. Talk with Dad/partner to see how he's doing with	198	Family Development	x		x			x			x				
	interpreting and responding to his baby's cues. Encourage family to make plans to avoid missing work/school if baby is sick.	200 202	Family Development Family Development													
	Check on family's budget and make any necessary revisions.	204	Family Development													
	If there are smokers in the home, find out why they smoke and offer suggestions to help them quit or cut back.	206	Family Health													
	Talk about the importance of handwashing to prevent the spread of illness.	208	Family Health													
Month 3	Help Mom with strategies for exercising. Explain why doing Kegel exercises is important.	210 212	Family Health Family Health													
Month 3	Talk with Mom about recovering from a difficult or unplanned birth experience.		Family Health													
	Talk with family about how relationships, sleep, exercise, nutrition, gratitude, and stress influence emotional health.	010	Family Hacks	x												
	Explain how sleep affects mood and discuss ways		Family Health	x												
	to get more sleep. Discuss ways to reduce illness when starting child	218	Family Health													
Month 3	care. Talk about getting baby ready for an outing.	220 222	Caring for Baby Caring for Baby	x		x						x				
Month 3	Follow up on baby's sleep routine. Discuss any concerns about spoiling baby.	224 226	Caring for Baby Caring for Baby	x	x	x						x				X
Month 3	Explain what new skills baby is likely to learn this month.	228	Baby's Development						x							
Month 3	Continue to promote parents' observation and reflection skills with baby. Talk with parents about the importance of shared	230	Baby's Development	x								x				
Month 3	reading and what books are best for babies. Explain how attachments are formed and	232	Baby's Development													
	strengthened. Help parents understand ways to help baby learn to	234	Baby's Development	x	x	x										
Month 3	Talk about impact of a fussy baby on parent-child relationship and offer strategies to have "the	236	Baby's Development									x				
Month 3	happiest baby on the block." Help parents understand how they can influence	238 240	Baby's Development	×		x					x	^				
Month 4 Month 4	their baby's brain development. Help family identify their dreams for their baby. Talk about traits needed to be successful.	240 246 248	Baby's Development Family Development Family Development		x											
Month 4	Discuss how Mom's relationships might be healthy or harmful for her baby. Help military family adjust when reunited.	250 252	Family Development Family Development	x x	x x											
Month 4	Talk about how Dad/partner can develop a close relationship with his baby, even though they don't live together.	254	Family Development	x	x											
Month 4	If parent is working, ask about current job and options for advancement.	256	Family Development													
	Help family make a realistic monthly budget. Make sure Mom and her partner understand the	258 260	Family Development Family Health	x			x									
	benefits of spacing pregnancies. Talk with family members about how excess weight can affect their health.	260	Family Health													
	Help family understand how depression can impact			x					x	x		x				
Month 4	their baby.	264	Family Health													

				MAIN: So	ocial and	Emotio	nal Deve	lopmen	t							
	Pabula 1st Voor		SUB-DOMAINS:		SE_SD1		SE_S			SE_	SD3			SE_	SD4	
	Baby's 1st Year			Relatio	onships with	Adults	Relations Other C			Emotional I	unctioning		Se	ense of Identi	ty and Belon	ging
	aches to Learning		GOALS:	Goal 1	Goal 2 Child uses	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
	nd Emotional Development ge and Communication			develops	expectations learned		Child shows	Child		Child		Child				Child.
C: Cognitic	n eptual, Motor, and Physical Development			expectations of consistent,	through repeated	Child learns		imitates	Child learns	recognizes & interprets emotions of	Child expresses	manages emotions	Child shows awareness	Child understands	Child shows confidence in	Child develops a
FIVIF. FEI C	epitual, motor, and mysical Development			positive interactions	experiences in primary	to use adults as a resource to	with & develops personal	engages in	to express a range of	others with	care and concern	with support	about self & how to	characteristics		belonging
				through secure relationships	relationships to develop		relationships with other	play with other children	emotions	support from familiar	towards others	from familiar	connect with others	of self & others	relationships with others	relationships with others
			1	with familiar adults	relationships with other		children	children		adults		adults				with others
SECTION	Purposes from Partners for a Healthy Baby (PHB) Help Mom and partner have realistic expectations	PAGE #	CATEGORY	X	adults.											
Month 4	about parenting. Talk about signs of teething and how to take care of	266	Family Health	*												
Month 4	baby's new teeth. Explain separation is hard for babies and discuss	268	Caring for Baby									x				
Month 4	how to ease transitions, especially if dealing with shared custody.	270	Caring for Baby	×	x	x						x				x
	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental			x	x	x			x				x		x	
Month 4	screening tool. Continue to promote parents' observation and	272	Baby's Development													
Month 4	reflection skills with baby. Explain the concept of "parentese" and why it is	274	Baby's Development	x			x		x			X				
Month 4 Month 4	important. Discuss issues related to dual-language learning.	276 278	Baby's Development Baby's Development	x	x											x
Month 4	Discuss issues related to dual anguage rearining. Discuss how to build a trusting relationship with baby.	280	Baby's Development	v	x	x										x
Month 4	Talk about how to choose good toys for baby.	280	Baby's Development													
Month 5	Talk about changes to their family with the birth of their baby.	288	Family Development	x			x									x
Month 5	Help family learn how to manage their time and set priorities.	290	Family Development													
Month 5	Encourage friendships with other mothers and ask about changes in relationships at school or work.	292	Family Development		x		x									
Month 5	If Dad does not live with his baby, talk about the importance of staying connected.	294	Family Development	x												
Month 5	Talk about importance of saving money for baby's future.	296	Family Development													
Month 5	Discuss alcohol or drug abuse by family members living in the home.	298	Family Health													
Month 5	Explain how getting outside during the day can make you feel better.	300	Family Health	x								x				
Month 5	Talk about any issues with breastfeeding, including dealing with a teething baby.	302	Caring for Baby													
Month 5	Talk about safety concerns with different types of baby gear and contraptions.	304	Caring for Baby													
Month 5	Explain importance of baby having consistent caregivers.	306	Caring for Baby	x	x	х										
Month 5	Explain what new skills baby is likely to learn this month.	308	Baby's Development	x					x	x		x	x	x	x	
Month 5	Continue to promote parents' observation and reflection skills with baby.	310	Baby's Development						x			x				
Month 5	Provide tips for sharing books with baby. Talk about household objects that are safe and	312	Baby's Development													
Month 5	educational for baby. Encourage family to make decisions with baby in	314	Baby's Development													
Month 6	mind. Ask Dad/partner how he was parented and what	320	Family Development	x		x										
Month 6	kind of father he wants to be. Ask how Mom is doing balancing school/work with	322	Family Development	x												
Month 6	parenting. Ask about satisfaction with family planning method	324	Family Development	x												
Month 6	and, if appropriate, address reproductive coercion.	326	Family Health													
Month 6	See how Mom is feeling about her post-pregnancy body.	328	Family Health													
Month 6	Help list healthy ways to manage stress to benefit the whole family.	330	Family Health	x								x				
Month 6	Talk about introducing solid foods and how to watch for signs of allergies.	332	Caring for Baby													
Month 6	Talk about choking concerns. Talk about how to handle disagreements between co-	334	Caring for Baby	x								x				
Month 6	parents. Explain what new skills baby is likely to learn this	336	Caring for Baby													
Month 6	month and discuss ASQ-3 or other developmental screening tool.	338	Baby's Development	x	x		x	x	x			×	x		x	
Month 6	Continue to promote parents' observation and reflection skills with baby.	340	Baby's Development						x			x			x	
Month 6	Encourage parents to use songs or games with baby that include hand motions.	342	Baby's Development										x		x	
Month 6	Help parents understand social-emotional well-being & conduct screening.	344	Baby's Development	x	x	x			x			x				x
Month 6	Help parents understand why babies look to trusted adults to guide their reactions.	346	Baby's Development	x	x	x			x	x		x				
Month 6	Explain how stress negatively impacts learning and brain development.	348	Baby's Development	x	x	x						x				
Month 7	Discuss family's progress toward their goals and offer suggestions for overcoming challenges.	354	Family Development													
Month 7	Talk with Dad/partner about the importance of providing love, protection, and economic support.	356	Family Development	x	x	x						x				
	Review why condom use is important for preventing STIs.	358	Family Health													
	Encourage family mealtimes. Ask about mood swings and talk about impact on	360	Family Health	x		x			x	x		x	x			X
Month 7	baby. Ask how baby is handling solids and what foods	362	Family Health	^		^			^	^		^	^			
Month 7	have been tried. Talk with family about how to baby-proof their house	364	Caring for Baby													
Month 7 Month 7	to prevent accidents. Talk about the challenge of constant supervision.	366 368	Caring for Baby Caring for Baby													
	Explain what new skills baby is likely to learn this month.	370	Baby's Development	x	x	x	x	x	x			x	x		x	x
Month 7	Continue to promote parents' observation and reflection skills with baby.	372	Baby's Development	x					x			x				
	Talk about baby's new motor skills and the benefits of crawling.	372														
			Baby's Development	x										x		x
	Discuss ways to help baby explore books and print. Summarize and preview baby's upcoming language	378	Baby's Development													
Month 7	development. Continue discussion of baby's social-emotional	380	Baby's Development	x	x	x	x	x	x	x		x	x	x	x	x
	development and complete screening. Explain how stranger anxiety shows growing parent-	384	Baby's Development	×	x	x			x			x	x			
	child attachment. Talk about upcoming changes in cognitive	388	Baby's Development										x	x	x	x
Month 7	development and preview new skills. Talk about baby's play skills and why play is	390	Baby's Development			x	x	x					x		x	
Month 7	important.	394	Baby's Development			~		~								

				MAIN: So	ocial and	Emotio	nal Deve	lopmen	t							
	Baby's 1st Year		SUB-DOMAINS:		SE_SD1		SE_S			SE_S	5D3			SE_	SD4	
	baby 3 13t rear			Relati	onships with	Adults	Relations Other C			Emotional F	unctioning		S	ense of Identi	ty and Belong	ging
SE: Social a LC: Langua	aches to Learning Ind Emotional Development ge and Communication		GOALS:	Goal 1 Child develops expectations	Goal 2 Child uses expectations learned through	Goal 3	Goal 4 Child shows interest in,	Goal 5 Child	Goal 6	Goal 7 Child recognizes	Goal 8	Goal 9 Child manages	Goal 10	Goal 11	Goal 12	Goal 13
C: Cognitic PMP: Perc	n peptual, Motor, and Physical Development			of consistent, positive interactions through secure relationships	repeated experiences in primary relationships to develop relationships	resource to	with & develops personal relationships with other	imitates and engages in play with other children	Child learns to express a range of emotions	& interprets emotions of others with support from familiar	ovoroccoc	emotions with support from familiar adults		understands some characteristics of self &	confidence in own abilities	sense of belonging
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	with familiar adults	with other adults.		children			adults						
Month 8	Encourage family to have a "can-do" attitude to overcome barriers and reach their goals.	402	Family Development													
	Discuss relationship boundaries and how to say			x												
Month 8 Month 8	"no." Encourage Dad/partner to support his baby's increasing mobility, and continued need for reassurance and supervision.	404	Family Development	x	x	x										
Month 8 Month 8	Talk about progress with budgeting. Talk with Mom about emergency contraception.	408 410	Family Development Family Health													
Month 8	Talk about how to communicate effectively with health care providers.	412	Family Health													
Month 8	Remind family that exercise can reduce stress and control weight.	414	Family Health													
Month 8	Talk about how exercise can improve mood and lessen depression.	414										x				
Month 8	Discuss ways to redirect baby to keep her safe.	418	Family Health Caring for Baby	x		x										
	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental			x	x	x	x	x	x			x	x		x	x
Month 8	screening tool. Continue to promote parents' observation and	420	Baby's Development	v			x		x			x				
Month 8	reflection skills with baby. Encourage parents to use language to teach baby	422	Baby's Development	v												
Month 8	what to expect next. Explain how having a parent nearby provides a "secure base" with baby's expanding need to	424	Baby's Development	x	x	x						x				
Month 8 Month 8	explore. Explain how play helps baby learn.	426 428	Baby's Development Baby's Development						x			x				
Month 9	Help parents compare how they were raised with how they want to raise their child.	434	Family Development	x												
Month 9 Month 9	Explain how physical changes after childbirth may affect Mom's sexual relationship. Talk about what to do in case of a fire.	436 438	Family Health Family Health													
Month 9	Talk about problems with salt and how to cut down.	440	Family Health													
Month 9	Make sure Mom knows signs of vaginal infections and what to do.	442	Family Health													
Month 9	Remind family how nutrition affects emotional health. Talk about how to promote a feeling of safety in the	444	Family Health	x								x				
Month 9 Month 9	home and community. Teach parents how to prevent the spread of illness.	446 448	Family Health Caring for Baby	^								^				
Month 9	Help family adjust baby's nap schedule as needed.	450	Caring for Baby			x										x
Month 9	Talk about the value of unhurried time and focused attention.	452	Caring for Baby	x		х						x				x
Month 9	Explain what new skills baby is likely to learn this month.	454	Baby's Development	x	x	х			х	x			x	x	x	
Month 9	Continue to promote parents' observation and reflection skills with baby.	456	Baby's Development						x			x				
Month 9	Talk about the importance of baby's use of gestures as a way to communicate.	458	Baby's Development			x							x		x	x
Month 9	Help family understand baby's temperament and how to adapt to different situations.	460	Baby's Development	x	x	x			x			x				
Month 9	Explain early brain development and how parents can promote it.	462	Baby's Development	v		x						x				x
Month 10	Encourage family to be assertive and advocate for	468	Family Development	x		x										
	Talk about preventing and repairing misunderstandings.	400	Family Development													
	Ask about the impact of fatherhood on Dad's/partner's friendships.	470	Family Development													
	Talk about following workplace policies and having a good work ethic.	474	Family Development													
	Talk about the link between drug and/or alcohol															
Month 10 Month 10	addiction and unresolved trauma. If there are guns in the home, remind parents to make sure they are kept unloaded in a locked cabinat	476	Family Health													
Month 10	Help Mom use laughter to cope with daily ups and	478	Family Health	x								x				
	If Mom is weaning baby, find out how they are doing	480		x												
	and offer help with any difficulties. Talk about keeping baby safe in the sun.	482 484	Caring for Baby Caring for Baby													
Month 10	Talk about what it means when baby shakes his head "no."	486	Caring for Baby	x					x			x	x			
March 11	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental	100	Debule Doub						х			x	x	x	x	x
	screening tool. Continue to promote parents' observation and	488	Baby's Development			x			x			x				
	reflection skills with baby. Encourage turn-taking conversations between	490	Baby's Development										x			
	parents and baby. Help parents understand ways to enhance their	492	Baby's Development	×					x	x			x	x		
	child's healthy brain development. If visits will end on baby's 1st birthday, begin	494	Baby's Development													
	planning the transition. Encourage efforts to budget and save money.	500 502	Family Development Family Development													
Month 11	Talk with Mom about her efforts toward weight loss.	504	Family Health													
	Talk about value of simplifying and organizing to reduce stress and support emotional health. Explain the dangers of lead poisoning.	506 508	Family Health Caring for Baby									x				
	Discuss difference between "spoiling" and responding to baby's needs.	510	Caring for Baby	x	x	x						x				
Month 11	Ask how baby manages transitions. Explain what new skills baby is likely to learn this	512	Caring for Baby	x X	x	x	x		x			x x	x	x	x	x
Month 11	month. Continue to promote parents' observation and	514	Baby's Development	v	~	~	^		x			x	^	^	^	^
	reflection skills with baby. Talk about labeling everyday objects to help children	516	Baby's Development						~			^				
Month 11	learn new words. Help family understand that how they respond	518	Baby's Development												v	
Month 11	affects baby's feelings and self-worth. Explain why you can't get an infant to "sit still" or	520	Baby's Development									v			X	
	"behave." Help family take pride in progress toward their goals	522	Baby's Development	t								x				
Month 12	and talk about setting long-range goals.	528	Family Development													

			DO	MAIN: S	ocial and	Emotio	nal Deve	lopmen	t							
			SUB-DOMAINS:		SE_SD1		SE_	SD2		SE_	SD3			SE_	SD4	
	Baby's 1st Year			Relati	onships with	Adults	Relations Other C			Emotional I	unctioning		Se	ense of Identii	ty and Belon	ging
Domain Ke			GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
SE: Social a LC: Langua C: Cognitic PMP: Perc	eptual, Motor, and Physical Development			Child develops expectations of consistent positive interactions through secure relationships with familiar	Child uses expectations learned through repeated experiences in primary relationships to develop relationships with other	Child learns to use adults as a resource to meet needs	Child shows interest in, interacts with & develops personal relationships with other children	Child imitates and engages in play with other children	Child learns to express a range of emotions	Child recognizes & interprets emotions of others with support from familiar adults	Child expresses care and concern towards others	Child manages emotions with support from familiar adults	Child shows awareness about self & how to connect with others	understands some characteristics of self &	Child shows confidence ir own abilities through relationships with others	sense of belonging
SECTION	Purposes from Partners for a Healthy Baby (PHB) If visits are ending now, acknowledge that change is	PAGE #	CATEGORY	adults	adults.											
Month 12	difficult and reach closure.	530	Family Development	x	x											
Month 12	Encourage Dad/partner to be nurturing and affectionate with his 1-year-old.	532	Family Development	x											x	
Month 12		534	Family Development													
Month 12	Review reasons to avoid pregnancy and prevent sexually transmitted infections (STIs).	536	Family Health													
Month 12	Help family prevent fire hazards and carbon monoxide poisoning.	538	Family Health													
Month 12	Ask about the emotional tone of the household and explain how it shapes baby's development.	540	Family Health	x	x				x	x	x	x	x		x	x
	Discuss eating habits and healthy snack ideas.	542	Caring for Baby													X
	Encourage regular tooth brushing and dental visits. Discuss satisfaction with child care arrangements.	544 546	Caring for Baby Caring for Baby	x	x	x										x
	Help family plan baby's first birthday.	548	Caring for Baby	~	~	~	x							x		x
	Talk about the likelihood of temper tantrums and how to handle them.	550	Caring for Baby						x			x				
Month 12	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	552	Baby's Development	x		x							x		x	
	Continue to promote parents' observation and reflection skills with baby.	554	Baby's Development		x		x		x			x	x			
	Encourage family to read with baby every day. Help parents understand social-emotional well-being and complete screening.	556 558	Baby's Development Baby's Development	v	x	x	x	x	x	x		x	x			x
Month 12	Explain how play and homemade toys can promote	560	Baby's Development												x	

				DOM	AIN: Langu	age and O	Communic	ation								
	Dahula 1at Yaan		SUB-DOMAINS:		_SD1		LC_S	D2		LC_S	03			LC_SD4		
	Baby's 1st Year				nding and rstanding	(	Communicating	and Speakir	ng	Vocabu	ılary		En	nergent Lite	racy	
Domain Ke	ey baches to Learning		GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
SE: Social a LC: Langua C: Cognitio	and Emotional Development age and Communication			& responds	from communication & language experiences		communication & language to engage others	increasingly complex language in conversation	communication & language to learn & gain	understands an increasing number of words in	Child uses an increasing number of words	Child attends to, repeats & uses some rhymes, phrases or refrains	Child handles books & relates them to their stories	Child recognizes pictures, symbols & words	Child comprehends meaning from pictures & stories	to represent objects or
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	language from others	with others	language	in interactions	with others	information	communication	worus	from stories or songs	or information	words	a stories	actions
Month 1	Ensure Mom has adequate support during the postpartum period.	6	Family Development													
	Ask about Mom's relationship with baby's father and talk about the importance of his involvement with		, , , , , , , , , , , , , , , , , , ,													
Month 1	baby. Help Dad/partner feel competent in his ability to care	8	Family Development			x										
Month 1	for his baby. Make sure Dad/partner has a plan for when he feels	10	Family Development			^										
	frustrated with his baby. Help Dad/partner understand why breastfeeding is	12	Family Development													
Month 1	important and how he can be supportive. Help Dad/partner understand the difference between	14	Family Development													
Month 1	the baby blues and postpartum depression, and how to help.	16	Family Development													
Month 1	Ask Dad/partner about strategies he uses for calming his crying baby. Talk about arrangements Mom has made for child	18	Family Development			x										
Month 1	support/public assistance.	20	Family Development													
	If Mom smokes, encourage her to breastfeed and take precautions to minimize the impact on her baby. Be sure Mom knows that using street drugs or prescription drugs while breastfeeding can harm her baby.	22	Family Health													
Month 1	If Mom is breastfeeding, explain that any alcohol she drinks may harm her baby.	26	Family Health													
Month 1	Talk with Mom about birth control options. Discuss options for birth control if Mom is	28	Family Health													
Month 1	breastfeeding. Ensure family has health care coverage and a	30	Family Health													
Month 1	medical home. Make sure family has food in the home and has	32	Family Health													
Month 1	signed up for WIC. If Mom is breastfeeding make sure her diet is healthy	34	Family Health													
	and balanced. Help Mom manage typical physical discomforts that	36	Family Health													
	follow childbirth. If Mom had a cesarean birth, discuss her recovery	38	Family Health													
Month 1	and when to call the doctor. Explain that feeling really tired after childbirth is	40	Family Health													
Month 1 Month 1	normal and suggest ways to manage fatigue. Ensure Mom schedules her postpartum checkup.	42 44	Family Health Family Health													
Month 1	Prepare family for the exhaustion and emotional challenges of the first few weeks.	46	Family Health													
Month 1	Ask how family is coping with the baby blues and help them recognize any signs of depression.	48	Family Health													
Month 1	Discuss benefits of breastfeeding with family. Talk about breastfeeding myths.	50 52	Caring for Baby Caring for Baby													
	Talk with Mom about breastfeeding her newborn. Make sure family knows how to select and prepare formula as needed.	54	Caring for Baby	x	X	x										
	If bottle feeding, talk about steps to ensure success.	56	Caring for Baby Caring for Baby	x	x	x										
Month 1 Month 1	Explain how to be sure baby is getting enough to eat.	58 60	Caring for Baby													
	Ask how often baby is fed and if there are any problems with feeding.	62	Caring for Baby													
Month 1	Ask how feedings are going and talk about how to burp the baby.	64	Caring for Baby													
Month 1 Month 1	Follow up on safety issues with family. Ask about baby's first checkup and immunizations.	66 68	Caring for Baby Caring for Baby													
	Talk about how to tell if baby is sick. Show parents how to care for umbilical cord, diaper	70	Caring for Baby			x										
Month 1	rash, and circumcision. Talk about symptoms of colic and handling the	72	Caring for Baby	x	x	x										
	stress it can bring. Make sure family knows how to change diaper.	74 76	Caring for Baby Caring for Baby	x	x	^										
Month 1 Month 1	Talk about choosing quality child care. Talk about bathing baby.	78 80	Caring for Baby Caring for Baby													
Month 1	Ask about baby's sleep patterns and how family copes with less sleep.	82	Caring for Baby			x										
Month 1	Talk about how all babies develop at different rates and explain the Watch Me Grow handouts.	84	Baby's Development	x	x	x										
	Talk about being careful observers so they can learn what their baby likes and how he learns.	86	Baby's Development	x		x						x				
	Talk with family about baby's motor development. Help family recognize and respond to baby's signals.	88 92	Baby's Development Baby's Development			x	x									
Month 1	Signais. Explain why it is important to talk, sing, and read with their baby.	92	Baby's Development	v	x	x	x			x		x	x			
Month 1	Summarize baby's early language development. Help parents bond with baby.	94 96 100	Baby's Development Baby's Development Baby's Development	х	x	x	x	x	x	x		x				
	Talk about ways to bond if baby stays in the hospital.	102	Baby's Development													
	Help parents read baby's cues and anticipate needs before baby gets fussy.	104	Baby's Development			x	x									
	Build parent's confidence and competence in calming baby when fussy.	106	Baby's Development			x										
	Help parents understand the importance of touch in building a close relationship with baby.	108	Baby's Development													
Month 1	Help family understand baby's early social emotional development and complete screening.	110	Baby's Development	x	x	x	x									
	Talk about baby's cognitive development. Talk about baby's play skills and why play is	114	Baby's Development	v	x	x	x	x	x			X				
Month 2	important. Ensure Mom has enough support.	118 128	Baby's Development Family Development													
	Help siblings adjust to the new baby. Help military parents stay connected with their	130	Family Development													
	newborn and family during deployment. Let Dad/partner share what he has learned about beby's cues and responding to baby's needs	132	Family Development			x										
	baby's cues and responding to baby's needs. Ask Dad/partner how he's adjusting to his new	134	Family Development													
Month 2	baby. Explain that new dads can experience depression.	136 138 140	Family Development Family Development													
	Help family keep track of their spending. Encourage Mom to return to school and suggest ways to make it easier.	140	Family Development Family Development													
	Ways to make it easier. Talk with the family about how exposure to cigarette smoke can be harmful to the baby.	142	Family Development													
	Find out how Mom's postpartum checkup went and follow up on her choice of birth control.	144	Family Health													
	If Mom has a history of depression or is taking antidepressants, discuss options for birth control.		Family Health													
	, etterne, ettere spherio for print collect.	. 10														

				DOM	AIN: Langu	age and (	Communic	ation								
			SUB-DOMAINS:		C_SD1		LC_S			LC_SI	03			LC_SD4		
	Baby's 1st Year			Atte	nding and erstanding	(	Communicating		ng	Vocabu			En	nergent Lite	eracy	
Domain Ke	y			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
	aches to Learning nd Emotional Development		GOALS:	Child attends to,								Child attends to,	Child			
LC: Langua	ge and Communication			understands & responds	from	Child communicates		increasingly	Child initiates non-verbal	Child understands an	Child uses	repeats & uses some	handles books &	Child recognizes	Child comprehends	Child makes marks &
C: Cognition PMP: Perce	n eptual, Motor, and Physical Development			to communica	communication & language		communication & language to		communication & language to		increasing number of	rhymes, phrases or	relates them to	pictures, symbols &	meaning from pictures	uses them
				tion &	experiences with others	by using language	engage others in interactions			words in communication	words	refrains from stories	their stories or	words	& stories	objects or actions
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	language from others								or songs	information			
	Make sure the family has health care coverage and help them resolve any insurance or Medicaid															
	problems. Talk about the amount of protein needed for	150	Family Health													
Month 2	breastfeeding moms.	152	Family Health													
Month 2	Help Mom find ways to cope with the loss of sleep. Ask Mom about her postpartum checkup and how	154	Family Health													
Month 2	she's feeling about her post-pregnancy body.	156	Family Health													
Month 2	Talk about the stress and demands of parenting a new baby.	158	Family Health													
Month 2	Explain the importance of emotional health. Encourage Mom to continue breastfeeding.	160 162	Family Health Caring for Baby													
Month 2	Explain how to express and store breast milk. Talk about safety issues when taking baby out in a	164	Caring for Baby													
	car. Discuss dangers of secondhand smoke.	166 168	Caring for Baby Caring for Baby													
	Encourage parents to insist that everyone caring for baby follow the daily care routines being															
Month 2	established.	170	Caring for Baby													
	Explain the importance of performing baby's daily care routines with respect.	172	Caring for Baby	x						x						
	Talk with family about using a pacifier. Help all the adults raising the child to cooperate	174	Caring for Baby													
Month 2	together in co-parenting. Explain what new skills baby is likely to learn this	176	Caring for Baby													
Month 2	month and discuss the ASQ-3 or other developmental screening tool.	178	Baby's Development	x	x	x	x	x				x			x	
	Continue to promote parents' observation and reflection skills with baby.	180		¥	x	x	x									
	Help the family understand the value of turn-taking		Baby's Development	x	x	x	x	x								
	with baby. Explain early emotional cues and how babies learn	182	Baby's Development													
Month 2	from imitating feelings of others. Talk about importance of comforting baby, especially	184	Baby's Development													
Month 2	when hurt, sick, or upset. Help family identify their dreams and achieve their	186	Baby's Development													
Month 3	goals.	192	Family Development													
Month 3	Talk about strategies for solving everyday problems.	194	Family Development													
Month 3	Ask how the new baby has changed family relationships.	196	Family Development													
Month 3	Ask how grandparents relate to baby and encourage their involvement.	198	Family Development													
Month 3	Talk with Dad/partner to see how he's doing with interpreting and responding to his baby's cues.	200	Family Development	x		x										
	Encourage family to make plans to avoid missing work/school if baby is sick.	202	Family Development													
	Check on family's budget and make any necessary revisions.															
	If there are smokers in the home, find out why they	204	Family Development													
	smoke and offer suggestions to help them quit or cut back.	206	Family Health													
Month 3	Talk about the importance of handwashing to prevent the spread of illness.	208	Family Health													
	Help Mom with strategies for exercising. Explain why doing Kegel exercises is important.	210 212	Family Health Family Health													
	Talk with Mom about recovering from a difficult or unplanned birth experience.	214	Family Health													
	Talk with family about how relationships, sleep,	214	rainily riediti													
	exercise, nutrition, gratitude, and stress influence emotional health.	216	Family Health													
	Explain how sleep affects mood and discuss ways to get more sleep.	218	Family Health													
	Discuss ways to reduce illness when starting child care.	220	Caring for Baby													
	Talk about getting baby ready for an outing. Follow up on baby's sleep routine.	222 224	Caring for Baby Caring for Baby													
Month 3	Discuss any concerns about spoiling baby. Explain what new skills baby is likely to learn this	226	Caring for Baby													
Month 3	month.	228	Baby's Development	x	x	x	x	x		x						
Month 3	Continue to promote parents' observation and reflection skills with baby.	230	Baby's Development			x	x						x	x	x	
Month 3	Talk with parents about the importance of shared reading and what books are best for babies.	232	Baby's Development									x	x	x	x	
Month 3	Explain how attachments are formed and strengthened.	234	Baby's Development													
	Help parents understand ways to help baby learn to self-soothe.	236	Baby's Development													
	Talk about impact of a fussy baby on parent-child relationship and offer strategies to have "the	200	_acy o poverupment													
	happiest baby on the block."	238	Baby's Development													
	Help parents understand how they can influence their baby's brain development.	240	Baby's Development	x	x		x					x		x	x	
	Help family identify their dreams for their baby. Talk about traits needed to be successful.	246 248	Family Development Family Development		x											
	Discuss how Mom's relationships might be healthy or harmful for her baby.	250	Family Development													
Month 4	Help military family adjust when reunited. Talk about how Dad/partner can develop a close	252	Family Development													
Month 4	relationship with his baby, even though they don't live together.	254	Family Development													
	If parent is working, ask about current job and															
Month 4 Month 4	options for advancement. Help family make a realistic monthly budget.	256 258	Family Development Family Development													
Month 4	Make sure Mom and her partner understand the benefits of spacing pregnancies.	260	Family Health													
	Talk with family members about how excess weight can affect their health.	262	Family Health													
	Help family understand how depression can impact															
	their baby. Help Mom and partner have realistic expectations	264	Family Health													
	about parenting. Talk about signs of teething and how to take care of	266	Family Health													
	baby's new teeth. Explain separation is hard for babies and discuss	268	Caring for Baby													
	how to ease transitions, especially if dealing with shared custody.	270	Caring for Baby	x												
	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental	270	carrig for Daby	v	v	v	v	v				x			v	
	screening tool.	272	Baby's Development	x	x	x	x	x				X			x	
Month 4	Continue to promote parents' observation and reflection skills with baby.	274	Baby's Development	x									x			

				DOM	AIN: Langu	age and C	Communic	ation								
	Babula 1et Veen		SUB-DOMAINS:	L	_SD1		LC_S			LC_S	D3			LC_SD4		
	Baby's 1st Year				nding and rstanding	C	Communicating	g and Speakir	ıg	Vocabu	ulary		Em	nergent Lite	racy	
Domain Ke	/ aches to Learning		GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
SE: Social a	nd Emotional Development			Child attends to,	Child learns	Child	Child uses non-	Child uses	Child initiates	Child	61-11	Child attends to,	Child handles	Child	Child	Child makes
C: Cognition				understands & responds to	from communication	communicates needs & wants	verbal	increasingly	non-verbal communication	understands an increasing	Child uses an increasing	repeats & uses some rhymes,	books & relates		comprehends meaning	marks & uses them
PMP: Perce	ptual, Motor, and Physical Development			communica tion &	& language experiences	non-verbally & by using	& language to engage others	conversation		words in	number of words	phrases or refrains	them to their stories	symbols & words	from pictures & stories	objects or
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	language from others	with others	language	in interactions	with others	information	communication	words	from stories or songs	or information	words	a stories	actions
Month 4	Explain the concept of "parentese" and why it is important.	276	Baby's Development	x	x		x	x		x	x	X				
	Discuss issues related to dual-language learning.	276 278	Baby's Development Baby's Development	x	x					x		x				
	Discuss how to build a trusting relationship with baby.	280	Baby's Development													
	Talk about how to choose good toys for baby. Talk about changes to their family with the birth of	282	Baby's Development													
	their baby. Help family learn how to manage their time and set	288	Family Development													
	priorities. Encourage friendships with other mothers and ask	290	Family Development													
	about changes in relationships at school or work. If Dad does not live with his baby, talk about the	292	Family Development													
	importance of staying connected. Talk about importance of saving money for baby's	294	Family Development													
Month 5	future. Discuss alcohol or drug abuse by family members	296	Family Development													
Month 5	living in the home. Explain how getting outside during the day can make	298	Family Health													
Month 5	you feel better. Talk about any issues with breastfeeding, including	300	Family Health													
Month 5	dealing with a teething baby. Talk about safety concerns with different types of	302	Caring for Baby													
Month 5	baby gear and contraptions. Explain importance of baby having consistent	304	Caring for Baby													
	caregivers. Explain what new skills baby is likely to learn this	306	Caring for Baby													
Month 5	Explain what new skills baby is likely to learn this month. Continue to promote parents' observation and	308	Baby's Development	x	x	x	×	x	x							
	reflection skills with baby. Provide tips for sharing books with baby.	310 312	Baby's Development Baby's Development	x	x					x		x	x	x	x	
	Talk about household objects that are safe and			^	^					^		^	~	~	~	
	educational for baby. Encourage family to make decisions with baby in	314	Baby's Development													
	mind. Ask Dad/partner how he was parented and what	320	Family Development													
	kind of father he wants to be. Ask how Mom is doing balancing school/work with	322	Family Development													
	parenting. Ask about satisfaction with family planning method	324	Family Development													
	and, if appropriate, address reproductive coercion. See how Mom is feeling about her post-pregnancy	326	Family Health													
Month 6	body. Help list healthy ways to manage stress to benefit	328	Family Health													
Month 6	the whole family. Talk about introducing solid foods and how to watch	330	Family Health													
Month 6 Month 6	for signs of allergies. Talk about choking concerns.	332 334	Caring for Baby Caring for Baby													
Month 6	Talk about how to handle disagreements between co- parents.	336	Caring for Baby													
	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental			x	x	x	x	x	x				x	x	x	
Month 6	screening tool. Continue to promote parents' observation and	338	Baby's Development			x							x		x	
Month 6	reflection skills with baby. Encourage parents to use songs or games with baby	340	Baby's Development			*	x	x					X	x	×	
Month 6	that include hand motions. Help parents understand social-emotional well-being	342	Baby's Development	x	x		x					x				
Month 6	& conduct screening. Help parents understand why babies look to trusted	344	Baby's Development													
	adults to guide their reactions. Explain how stress negatively impacts learning and	346	Baby's Development													
	brain development. Discuss family's progress toward their goals and	348	Baby's Development			x										
Month 7	offer suggestions for overcoming challenges. Talk with Dad/partner about the importance of	354	Family Development													
Month 7	providing love, protection, and economic support.	356	Family Development													
	Review why condom use is important for preventing STIs.	358	Family Health													
	Encourage family mealtimes. Ask about mood swings and talk about impact on		Family Health	x	x	x	x			x						
	baby. Ask how baby is handling solids and what foods		Family Health													
	have been tried. Talk with family about how to baby-proof their house	364	Caring for Baby													
Month 7	to prevent accidents. Talk about the challenge of constant supervision.	366 368	Caring for Baby Caring for Baby													
	Explain what new skills baby is likely to learn this month.	370	Baby's Development	x	x	x	x		x	x						
	Continue to promote parents' observation and reflection skills with baby.	372	Baby's Development									x	x	x	x	
	Talk about baby's new motor skills and the benefits of crawling.	374	Baby's Development									x				
	Discuss ways to help baby explore books and print.	378	Baby's Development	x	x		x			x		x	x	x	x	
	Summarize and preview baby's upcoming language development.	380	Baby's Development	x	x	x	x	x	x	x	x	x	x	x	x	
	Continue discussion of baby's social-emotional development and complete screening.	384	Baby's Development	x	x	x	x		x	x		x				
	Explain how stranger anxiety shows growing parent- child attachment.	388	Baby's Development	x	x	x										
	Talk about upcoming changes in cognitive development and preview new skills.	390	Baby's Development	x	x	x	x		x	x		x	x	x	x	
	Talk about baby's play skills and why play is			¥	x	x	x									
	important. Encourage family to have a "can-do" attitude to	394	Baby's Development													
	overcome barriers and reach their goals. Discuss relationship boundaries and how to say	402	Family Development													
Month 8	Encourage Dad/partner to support his baby's	404	Family Development													
Month 8	increasing mobility, and continued need for reassurance and supervision.	406	Family Development													
	Talk about progress with budgeting. Talk with Mom about emergency contraception.	408 410	Family Development Family Health													
Month 8	Talk about how to communicate effectively with health care providers.	412	Family Health													
	Remind family that exercise can reduce stress and control weight.	414	Family Health													
Month 8	Talk about how exercise can improve mood and lessen depression.	416	Family Health													
Month 8	Discuss ways to redirect baby to keep her safe. Explain what new skills baby is likely to learn this		Caring for Baby	x	x											
	month and discuss ASQ-3 or other developmental screening tool.	420	Baby's Development	x			x	x		x			x		x	

				DOM	AIN: Langu	age and O	Communic	ation								
	Pabyle 1st Year		SUB-DOMAINS:		_SD1		LC_S	D2		LC_SI	D3			LC_SD4		
	Baby's 1st Year				nding and rstanding	(	Communicating	and Speakir	ng	Vocabu	ulary		Err	ergent Lite	racy	
Domain Ke	y baches to Learning		GOALS:	Goal 1 Child	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9 Child	Goal 10	Goal 11	Goal 12	Goal 13
SE: Social a	and Emotional Development			attends to, understands	Child learns	Child	Child uses non-	Child uses	Child initiates	Child	Child uses	attends to, repeats &	Child handles	Child	Child	Child makes
C: Cognitio				& responds to	from communication		communication	complex	non-verbal communication		an increasing	uses some rhymes.	relates		comprehends meaning	uses them
PMP: Perc	eptual, Motor, and Physical Development			communica tion &	& language experiences	by using	& language to engage others	conversation	learn & gain	number of words in	number of words	phrases or refrains	them to their stories	symbols & words	from pictures & stories	objects or
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	language from others	with others	language	in interactions	with others	information	communication		from stories or songs	or information			actions
Month 8	Continue to promote parents' observation and reflection skills with baby.	422	Baby's Development										x	x		
	Encourage parents to use language to teach baby what to expect next.	424	Baby's Development	x	x					x						
monuro	Explain how having a parent nearby provides a "secure base" with baby's expanding need to		baby o borolopmont													
	explore. Explain how play helps baby learn.	426 428	Baby's Development Baby's Development				x									
	Help parents compare how they were raised with how they want to raise their child.	434	Family Development													
	Explain how physical changes after childbirth may affect Mom's sexual relationship.	436	Family Health													
Month 9	Talk about what to do in case of a fire.	438	Family Health													
Month 9	Talk about problems with salt and how to cut down. Make sure Mom knows signs of vaginal infections	440	Family Health													
Month 9	and what to do.	442	Family Health													
Month 9	Remind family how nutrition affects emotional health. Talk about how to promote a feeling of safety in the	444	Family Health													
Month 9 Month 9	home and community. Teach parents how to prevent the spread of illness.	446 448	Family Health Caring for Baby													
Month 9	Help family adjust baby's nap schedule as needed.	440	Caring for Baby													
	Talk about the value of unhurried time and focused attention.	450	Caring for Baby													
	Explain what new skills baby is likely to learn this month.	452	Baby's Development	x	x	x	x	x	x	x						
Month 9	Continue to promote parents' observation and reflection skills with baby.	454	Baby's Development										x	x	x	
	Talk about the importance of baby's use of gestures as a way to communicate.	456	Baby's Development Baby's Development			x	x	x	x							
	Help family understand baby's temperament and															
	how to adapt to different situations. Explain early brain development and how parents	460	Baby's Development	x	x							x	x			
	can promote it. Encourage family to be assertive and advocate for	462	Baby's Development													
Month 10	Talk about preventing and repairing	468	Family Development													
	misunderstandings. Ask about the impact of fatherhood on	470	Family Development													
	Dad's/partner's friendships. Talk about following workplace policies and having a	472	Family Development													
	good work ethic. Talk about the link between drug and/or alcohol	474	Family Development													
Month 10	addiction and unresolved trauma. If there are guns in the home, remind parents to	476	Family Health													
Month 10		478	Family Health													
Month 10		480	Family Health													
Month 10	If Mom is weaning baby, find out how they are doing and offer help with any difficulties.	482	Caring for Baby													
	Talk about keeping baby safe in the sun. Talk about what it means when baby shakes his	484	Caring for Baby	x	x	x	x	x			x					
Month 10	head "no." Explain what new skills baby is likely to learn this	486	Caring for Baby													
Month 10	month and discuss ASQ-3 or other developmental screening tool.	488	Baby's Development	x	x	x	x	x		x	x	x	x	x	x	
Month 10	Continue to promote parents' observation and reflection skills with baby.	490	Baby's Development					x			x	x	x	x	x	
Month 10	Encourage turn-taking conversations between parents and baby.	492	Baby's Development	x	x	x	x	x	x	x	x					
Month 10	Help parents understand ways to enhance their child's healthy brain development.	494	Baby's Development	x	x					x	x	x	x	x	x	
	If visits will end on baby's 1st birthday, begin planning the transition.	500	Family Development													
	Encourage efforts to budget and save money.	502	Family Development													
	Talk with Mom about her efforts toward weight loss. Talk about value of simplifying and organizing to	504	Family Health													
Month 11	reduce stress and support emotional health. Explain the dangers of lead poisoning.	506 508	Family Health Caring for Baby													
Month 11	Discuss difference between "spoiling" and responding to baby's needs.	510	Caring for Baby	x	x	x										
	Ask how baby manages transitions. Explain what new skills baby is likely to learn this	512	Caring for Baby	x x	x x		x	x		x						x
Month 11	Continue to promote parents' observation and	514	Baby's Development		^		Â	^		^		x	x	x	x	
	reflection skills with baby. Talk about labeling everyday objects to help children	516	Baby's Development	¥	x					x		^	^	^	^	
	learn new words. Help family understand that how they respond	518	Baby's Development	^	^					^						
Month 11	affects baby's feelings and self-worth. Explain why you can't get an infant to "sit still" or	520	Baby's Development													
Month 11	"behave." Help family take pride in progress toward their goals	522	Baby's Development													
	and talk about setting long-range goals. If visits are ending now, acknowledge that change is	528	Family Development													
Month 12	difficult and reach closure. Encourage Dad/partner to be nurturing and	530	Family Development													
Month 12	affectionate with his 1-year-old. Talk about using a checking account to keep track of	532	Family Development													
Month 12		534	Family Development													
Month 12	sexually transmitted infections (STIs). Help family prevent fire hazards and carbon	536	Family Health													
Month 12	monoxide poisoning. Ask about the emotional tone of the household and	538	Family Health													
	explain how it shapes baby's development. Discuss eating habits and healthy snack ideas.	540 542	Family Health Caring for Baby	x	x											
Month 12	Encourage regular tooth brushing and dental visits. Discuss satisfaction with child care arrangements.	544 546	Caring for Baby Caring for Baby Caring for Baby		x							x				
	Help family plan baby's first birthday. Talk about the likelihood of temper tantrums and how	548	Caring for Baby		^							^				
Month 12	to handle them. Explain what new skills baby is likely to learn this	550	Caring for Baby													
Month 12	month and discuss ASQ-3 or other developmental screening tool.	552	Baby's Development	x	x	x	x	x	x	x	x	x	x	x	x	
	Continue to promote parents' observation and reflection skills with baby.	554	Baby's Development	x	x	x							x	x	x	
Month 12	Encourage family to read with baby every day. Help parents understand social-emotional well-being	556	Baby's Development	x	x							x	x	x	x	
Month 12	and complete screening.	558	Baby's Development	x	x	x	x									

				DOM	AIN: Langu	age and C	Communic	ation								
	Baby's 1st Year		SUB-DOMAINS:	Atte	C_SD1 nding and rstanding		LC_S		ng	LC_SI Vocabu			En	LC_SD4	racy	
Domain Ke			GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
SE: Social a	aches to Learning Ind Emotional Development		GUALS.	Child attends to,	Child learns	Child	Child uses non-	Child uses	Child initiates	Child	Child uses	Child attends to,	Child handles	Child	Child	Child makes
C: Cognitio				& responds to	from communication		communication		communication	understands an increasing	an increasing	repeats & uses some rhymes,	books & relates		comprehends meaning	uses them
PMP: Perc	eptual, Motor, and Physical Development			communica tion &	& language experiences with others	non-verbally & by using language	& language to engage others in interactions	conversation		number of words in communication	number of words	phrases or refrains	them to their stories or	symbols &	from pictures & stories	to represent objects or actions
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	language from others		langoage	mmerdelions	with others	momation	communication		from stories or songs	information			actions
Month 12	Explain how play and homemade toys can promote learning.	560	Baby's Development	x	x											

					DO	MAIN: Co	gnition									
			SUB-DOMAINS:	C.	_SD1		C_SD2		C.S	5D3		C_SD4			C_SD5	
	Baby's 1st Year				ation and covery		Memory			and Problem ving	Emergent	Mathemat	ical Thinking		ation and Sy esentationa	
Domain Ke				Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
SE: Social a	paches to Learning and Emotional Development		GOALS:	Child actively	Child uses understanding	Child recognizes	Child	Child uses	Child learns	Child uses		Child uses spatial	Child uses matching &	Child observes &	Child uses	Child uses
C: Cognitic	ge and Communication n eptual, Motor, and Physical Development			explores people & objects to understand self, others	of causal relationships to act on social & physical	differences between familiar & unfamiliar people, objects actions or	recognizes stability of people & objects in the	actions &	to use a variety of strategies in	reasoning & planning	sense of numbers &	to	sorting of objects or people to understand similar & different	imitates sounds, words, gestures, actions, &	objects & symbols to represent something else	pretend play to increase understandinf of culture, environment, & experiences
SECTION	Purposes from Partners for a Healthy Baby (PHB) Ensure Mom has adequate support during the	PAGE #	CATEGORY	& objects	environment	events		thoughts				in space	characteristics	behaviors		& experiences
Month 1	postpartum period. Ask about Mom's relationship with baby's	6	Family Development			x										
Manth 1	father and talk about the importance of his	0	Femily Development			x										
Month 1	involvement with baby. Help Dad/partner feel competent in his ability	8	Family Development													
Month 1	to care for his baby. Make sure Dad/partner has a plan for when he	10	Family Development													
Month 1	feels frustrated with his baby. Help Dad/partner understand why	12	Family Development													
Month 1	breastfeeding is important and how he can be supportive.	14	Family Development													
	Help Dad/partner understand the difference between the baby blues and postpartum															
Month 1	depression, and how to help. Ask Dad/partner about strategies he uses for	16	Family Development													
Month 1	calming his crying baby. Talk about arrangements Mom has made for	18	Family Development													
Month 1	child support/public assistance. If Mom smokes, encourage her to breastfeed and take precautions to minimize the impact	20	Family Development													
Month 1	on her baby. Be sure Mom knows that using street drugs or	22	Family Health													
Month 1	prescription drugs while breastfeeding can harm her baby. If Mom is breastfeeding, explain that any	24	Family Health													
Month 1	alcohol she drinks may harm her baby.	26	Family Health													
Month 1	Talk with Mom about birth control options. Discuss options for birth control if Mom is	28	Family Health													
Month 1	breastfeeding. Ensure family has health care coverage and a medical hame	30	Family Health													
Month 1	medical home. Make sure family has food in the home and	32	Family Health													
Month 1	has signed up for WIC. If Mom is breastfeeding make sure her diet is	34	Family Health													
Month 1	healthy and balanced. Help Mom manage typical physical	36	Family Health													
Month 1	discomforts that follow childbirth. If Mom had a cesarean birth, discuss her	38	Family Health													
Month 1	recovery and when to call the doctor. Explain that feeling really tired after childbirth is normal and suggest ways to manage	40	Family Health													
Month 1	fatigue. Ensure Mom schedules her postpartum	42	Family Health													
Month 1	checkup. Prepare family for the exhaustion and	44	Family Health													
Month 1	emotional challenges of the first few weeks. Ask how family is coping with the baby blues	46	Family Health													
Month 1	and help them recognize any signs of depression.	48	Family Health													
Month 1	Discuss benefits of breastfeeding with family.	50	Caring for Baby													
Month 1	Talk about breastfeeding myths. Talk with Mom about breastfeeding her	52	Caring for Baby													
Month 1	newborn. Make sure family knows how to select and	54	Caring for Baby	x												
Month 1	prepare formula as needed. If bottle feeding, talk about steps to ensure	56	Caring for Baby													
Month 1	success. Explain how to be sure baby is getting enough	58	Caring for Baby	x												
Month 1	to eat. Ask how often baby is fed and if there are any	60	Caring for Baby													
Month 1	problems with feeding. Ask how feedings are going and talk about	62	Caring for Baby													
Month 1 Month 1	how to burp the baby. Follow up on safety issues with family.	64 66	Caring for Baby Caring for Baby													
Month 1	Ask about baby's first checkup and immunizations.	68	Caring for Baby													
Month 1	Talk about how to tell if baby is sick. Show parents how to care for umbilical cord,	70	Caring for Baby													
Month 1	diaper rash, and circumcision. Talk about symptoms of colic and handling	72	Caring for Baby													
Month 1	the stress it can bring. Make sure family knows how to change	74	Caring for Baby	x				x								
Month 1 Month 1	diaper. Talk about choosing quality child care.	76 78	Caring for Baby Caring for Baby													
Month 1 Month 1	Talk about bathing baby. Ask about baby's sleep patterns and how family copes with less sleep.	80 82	Caring for Baby Caring for Baby			x		x								
Month 1	Talk about how all babies develop at different rates and explain the Watch Me Grow handouts.	84				x								x		
	Talk about being careful observers so they can learn what their baby likes and how he	04	Baby's Development													
Month 1	learns. Talk with family about baby's motor	86	Baby's Development													
Month 1	development. Help family recognize and respond to baby's	88	Baby's Development					x								
Month 1	signals. Explain why it is important to talk, sing, and	92	Baby's Development													
Month 1	read with their baby. Summarize baby's early language	94	Baby's Development			x										
Month 1 Month 1	development. Help parents bond with baby.	96 100	Baby's Development Baby's Development			*										
Month 1	Talk about ways to bond if baby stays in the hospital.	102	Baby's Development													
Month 1	Help parents read baby's cues and anticipate needs before baby gets fussy.	104	Baby's Development													
Month 1	Build parent's confidence and competence in calming baby when fussy.	106	Baby's Development													
Month 1	Help parents understand the importance of touch in building a close relationship with baby.	108	Baby's Development													
	Help family understand baby's early social emotional development and complete					x			x				x			
Month 1	screening.	110	Baby's Development													

					DO	MAIN: Co	gnition									
			SUB-DOMAINS:	c	_SD1		C_SD2		C_	SD3		C_SD4			C_SD5	
	Baby's 1st Year				ation and covery		Memory			and Problem ving	Emergent	t Mathemat	ical Thinking		ation and S esentationa	
Domain Ke	y			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
SE: Social a LC: Langua C: Cognitio PMP: Perce	eptual, Motor, and Physical Development		GOALS:	Child actively explores people & objects to understand self, others & objects		between familiar & unfamiliar people, objects actions or	Child recognizes stability of people & objects in the ' environment		Child learns to use a variety of strategies in solving problems	Child uses reasoning & planning ahead to solve problems	Child develops sense of numbers & quantitiy	Child uses spatial awareness to understand objects & their movement	Child uses matching & sorting of objects or people to understand similar & different	Child observes & imitates sounds, words, gestures, actions, & behaviors	Child uses objects & symbols to represent something else	Child uses pretend play to increase understandind of culture, environment, & experiences
Month 1	Purposes from Partners for a Healthy Baby (PHB) Talk about baby's cognitive development.	PAGE # 114	CATEGORY Baby's Development		x	events X		x	x	x	x	in space X	characteristics X			
Month 1	Talk about baby's play skills and why play is important.	118	Baby's Development	x	x							x	x	x		
	Ensure Mom has enough support. Help siblings adjust to the new baby.	128 130	Family Development Family Development													
	Help military parents stay connected with															
Month 2	their newborn and family during deployment. Let Dad/partner share what he has learned about baby's cues and responding to baby's	132	Family Development													
Month 2	needs.	134	Family Development													
Month 2	Ask Dad/partner how he's adjusting to his new baby.	136	Family Development													
	Explain that new dads can experience depression.	138	Family Development													
Month 2	Help family keep track of their spending. Encourage Mom to return to school and	140	Family Development													
Month 2	suggest ways to make it easier. Talk with the family about how exposure to	142	Family Development													
Month 2	cigarette smoke can be harmful to the baby. Find out how Mom's postpartum checkup went and follow up on her choice of birth	144	Family Health													
Month 2	control. If Mom has a history of depression or is taking antidepressants, discuss options for birth	146	Family Health													
Month 2	control. Make sure the family has health care	148	Family Health													
Month 2	coverage and help them resolve any insurance or Medicaid problems.	150	Family Health													
Month 2	Talk about the amount of protein needed for breastfeeding moms.	152	Family Health													
Month 2	Help Mom find ways to cope with the loss of sleep. Ask Mom about her postpartum checkup and	154	Family Health													
Month 2	how she's feeling about her post-pregnancy body. Talk about the stress and demands of	156	Family Health													
Month 2 Month 2	parenting a new baby.	158 160	Family Health													
	Explain the importance of emotional health. Encourage Mom to continue breastfeeding.	160	Family Health Caring for Baby													
Month 2	Explain how to express and store breast milk.	164	Caring for Baby													
Month 2	Talk about safety issues when taking baby out in a car.	166	Caring for Baby													
Month 2	Discuss dangers of secondhand smoke. Encourage parents to insist that everyone	168	Caring for Baby													
Month 2	caring for baby follow the daily care routines being established.	170	Caring for Baby			x										
Month 2	Explain the importance of performing baby's daily care routines with respect.	172	Caring for Baby			x		x								
	Talk with family about using a pacifier. Help all the adults raising the child to	174	Caring for Baby													
Month 2	cooperate together in co-parenting. Explain what new skills baby is likely to learn this month and discuss the ASQ-3 or other	176	Caring for Baby	x		x					x	x	x			
Month 2	developmental screening tool. Continue to promote parents' observation and	178	Baby's Development													
Month 2	reflection skills with baby.	180	Baby's Development	x	x											
Month 2	Help the family understand the value of turn- taking with baby.	182	Baby's Development	t												
Month 2	Explain early emotional cues and how babies learn from imitating feelings of others. Talk about importance of comforting baby,	184	Baby's Development	t												
Month 2	especially when hurt, sick, or upset. Help family identify their dreams and achieve	186	Baby's Development													
Month 3	their goals. Talk about strategies for solving everyday	192	Family Development													
Month 3	problems. Ask how the new baby has changed family	194	Family Development													
Month 3	relationships. Ask how grandparents relate to baby and	196	Family Development													
Month 3	encourage their involvement. Talk with Dad/partner to see how he's doing with interpreting and responding to his baby's	198	Family Development			x										
Month 3	cues. Encourage family to make plans to avoid	200	Family Development			^										
Month 3	missing work/school if baby is sick.	202	Family Development													
Month 3	Check on family's budget and make any necessary revisions.	204	Family Development													
Month 3	If there are smokers in the home, find out why they smoke and offer suggestions to help them quit or cut back.	206	Family Health													
Month 3	Talk about the importance of handwashing to prevent the spread of illness.	208	Family Health													
	Help Mom with strategies for exercising. Explain why doing Kegel exercises is	210	Family Health													
	important. Talk with Mom about recovering from a difficult or unplanned birth experience.	212 214	Family Health Family Health													
	Talk with family about how relationships, sleep, exercise, nutrition, gratitude, and															
	stress influence emotional health. Explain how sleep affects mood and discuss	216	Family Health													
Month 3	ways to get more sleep. Discuss ways to reduce illness when starting	218	Family Health													
	child care. Talk about getting baby ready for an outing.	220 222	Caring for Baby Caring for Baby													
Month 3	Follow up on baby's sleep routine. Discuss any concerns about spoiling baby.	224 226	Caring for Baby Caring for Baby													
	Explain what new skills baby is likely to learn this month.	228	Baby's Development	x	x	x			x	x		x	x	x		
	Continue to promote parents' observation and			v												
Month 3	reflection skills with baby.	230	Baby's Development	^												

					DO	MAIN: Co	gnition									
	Baby's 1st Year		SUB-DOMAINS:	c	_SD1		C_SD2		C_	SD3		C_SD4			C_SD5	
	Daby S 1St Teal				ation and covery		Memory			and Problem ving	Emergent	Mathema	tical Thinking		ation and S esentation	
Domain Ke				Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
SE: Social a	aches to Learning Ind Emotional Development		GOALS:	Child actively	Child uses understanding	Child recognizes	Child	Child uses	Child learns	Child uses		Child uses spatial	Child uses matching &	Child observes &	Child uses	Child uses
LC: Langua C: Cognitio	ge and Communication n			explores people &	of causal relationships	differences between	recognizes stability of	memory as a foundation	to use a	reasoning & planning	Child develops	awareness to	sorting of objects or	imitates sounds,	objects & symbols to	pretend play to increase
PMP: Perc	eptual, Motor, and Physical Development			objects to understand	to act on	familiar & unfamiliar	people & objects in the	for more complex	strategies in solving		sense of numbers &	understand objects &	people to understand	words,	represent	understandinf of culture,
			1	self, others		people, objects actions or	' environment	actions & thoughts	problems	problems	quantitiy	their movement	similar & different	gestures, actions, & behaviors	something else	environment, & experiences
SECTION	Purposes from Partners for a Healthy Baby (PHB) Talk with parents about the importance of	PAGE #	CATEGORY	& objects	environment	events						in space	characteristics	Denaviors		
Month 3	shared reading and what books are best for babies.	232	Baby's Development													
Month 3	Explain how attachments are formed and strengthened.	234	Baby's Development													
	Help parents understand ways to help baby															
Month 3	learn to self-soothe. Talk about impact of a fussy baby on parent-	236	Baby's Development													
Month 3	child relationship and offer strategies to have "the happiest baby on the block."	238	Baby's Development													
Month 3	Help parents understand how they can influence their baby's brain development.	240	Baby's Development	x	x	x	x					x	x	x		
Month 4	Help family identify their dreams for their baby.	246	Family Development	x		x										
Month 4	Talk about traits needed to be successful. Discuss how Mom's relationships might be	248	Family Development													
Month 4 Month 4	healthy or harmful for her baby. Help military family adjust when reunited.	250 252	Family Development													<u> </u>
WORLT 4	Talk about how Dad/partner can develop a	2.52	Family Development													
Month 4	close relationship with his baby, even though they don't live together.	254	Family Development			x										
Month 4	If parent is working, ask about current job and options for advancement.	256	Family Development													
Month 4	Help family make a realistic monthly budget. Make sure Mom and her partner understand	258	Family Development													
Month 4	the benefits of spacing pregnancies. Talk with family members about how excess	260	Family Health													
Month 4	weight can affect their health. Help family understand how depression can	262	Family Health													
Month 4	impact their baby.	264	Family Health													
Month 4	Help Mom and partner have realistic expectations about parenting.	266	Family Health													<u> </u>
Month 4	Talk about signs of teething and how to take care of baby's new teeth.	268	Caring for Baby													
	Explain separation is hard for babies and discuss how to ease transitions, especially if					x		x								
Month 4	dealing with shared custody. Explain what new skills baby is likely to learn	270	Caring for Baby													
Month 4	this month and discuss ASQ-3 or other developmental screening tool.	272	Baby's Development	x		x						x	x			
Month 4	Continue to promote parents' observation and reflection skills with baby.	274	Baby's Development	v												
	Explain the concept of "parentese" and why it	276	Baby's Development											x		
Month 4	is important. Discuss issues related to dual-language													x		
Month 4	learning. Discuss how to build a trusting relationship	278	Baby's Development													
Month 4	with baby. Talk about how to choose good toys for	280	Baby's Development	v	x	x										
Month 4	baby. Talk about changes to their family with the	282	Baby's Development	^	^	^										
Month 5	birth of their baby. Help family learn how to manage their time	288	Family Development													<u> </u>
Month 5	and set priorities. Encourage friendships with other mothers and	290	Family Development													
Month 5	ask about changes in relationships at school or work.	292	Family Development													
	If Dad does not live with his baby, talk about															
Month 5	the importance of staying connected. Talk about importance of saving money for	294	Family Development													
Month 5	baby's future. Discuss alcohol or drug abuse by family	296	Family Development													
Month 5	members living in the home. Explain how getting outside during the day	298	Family Health													
Month 5	can make you feel better. Talk about any issues with breastfeeding,	300	Family Health													
Month 5	including dealing with a teething baby. Talk about safety concerns with different	302	Caring for Baby													
Month 5	types of baby gear and contraptions.	304	Caring for Baby	x												
Month 5	Explain importance of baby having consistent caregivers.	306	Caring for Baby			x										
Month 5	Explain what new skills baby is likely to learn this month.	308	Baby's Development	x		x	x		x	x		x	x	x		
Month 5	Continue to promote parents' observation and reflection skills with baby.	310	Baby's Development									x				
Month 5	Provide tips for sharing books with baby. Talk about household objects that are safe	312	Baby's Development	×	x	x			x	x	x	x	x	x		
Month 5	and educational for baby. Encourage family to make decisions with	314	Baby's Development	^	^	^			^	~	^	^	^	^		
Month 6	baby in mind. Ask Dad/partner how he was parented and	320	Family Development													
Month 6	what kind of father he wants to be. Ask how Mom is doing balancing school/work	322	Family Development													
Month 6	with parenting.	324	Family Development													
Mar. 11	Ask about satisfaction with family planning method and, if appropriate, address		Franks M. M.													
Month 6	reproductive coercion. See how Mom is feeling about her post-	326	Family Health													
Month 6	pregnancy body. Help list healthy ways to manage stress to	328	Family Health													
Month 6	benefit the whole family. Talk about introducing solid foods and how to	330	Family Health													
Month 6	watch for signs of allergies.	332 334	Caring for Baby	x												
Month 6	Talk about choking concerns. Talk about how to handle disagreements		Caring for Baby	*												
Month 6	between co-parents. Explain what new skills baby is likely to learn	336	Caring for Baby													
Month 6	this month and discuss ASQ-3 or other developmental screening tool.	338	Baby's Development	x	x	x	x						x	x		
Month 6	Continue to promote parents' observation and reflection skills with baby.	340	Baby's Development	v												
Month 6	Encourage parents to use songs or games with baby that include hand motions.	342	Baby's Development					x			x	x		x		
	Help parents understand social-emotional well-					x										
илоции р	being & conduct screening.	344	Baby's Development													

					DO	MAIN: Co	gnition									
			SUB-DOMAINS:	c	_SD1		C_SD2		C_	SD3		C_SD4			C_SD5	
	Baby's 1st Year				ation and covery		Memory			and Problem lving	Emergen	t Mathema	tical Thinking		ation and S resentation	
Domain Ke				Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	
SE: Social a LC: Langua C: Cognitio	aches to Learning nd Emotional Development ge and Communication n ptual, Motor, and Physical Development		GOALS:	self, others		Child recognizes differences between familiar & unfamiliar people, objects actions or	Child recognizes stability of people & objects in the renvironment	Child uses memory as a foundation for more complex actions & thoughts	Child learns to use a variety of strategies in solving problems	reasoning & planning	Child develops sense of numbers & quantitiy	Child uses spatial awareness to understand objects & their movement	Child uses matching & sorting of objects or people to understand similar & different	Child observes & imitates sounds, words, gestures, actions, &	Child uses objects & symbols to represent something else	Child uses pretend play to increase understandinf of culture, environment, & experiences
SECTION	Purposes from Partners for a Healthy Baby (PHB) Help parents understand why babies look to	PAGE #	CATEGORY	& objects	environment	events						in space	characteristics			
Month 6	trusted adults to guide their reactions. Explain how stress negatively impacts	346	Baby's Development	x										x		
Month 6	learning and brain development. Discuss family's progress toward their goals	348	Baby's Development													
Month 7	and offer suggestions for overcoming challenges. Talk with Dad/partner about the importance of	354	Family Development													
Month 7	providing love, protection, and economic support.	356	Family Development													
Month 7	Review why condom use is important for preventing STIs.	358	Family Health													
Month 7	Encourage family mealtimes. Ask about mood swings and talk about	360	Family Health					x								
Month 7	impact on baby. Ask how baby is handling solids and what	362	Family Health	x												
Month 7	foods have been tried. Talk with family about how to baby-proof their	364	Caring for Baby													
Month 7	house to prevent accidents. Talk about the challenge of constant	366	Caring for Baby	x												
Month 7 Month 7	supervision. Explain what new skills baby is likely to learn this month.	368 370	Caring for Baby Baby's Development	x	x	x	x	x	x	x		x		x x		x
	Continue to promote parents' observation and							x								
	reflection skills with baby. Talk about baby's new motor skills and the	372	Baby's Development		x									x		
Month 7	benefits of crawling. Discuss ways to help baby explore books	374	Baby's Development	v		x		x								
Month 7 Month 7	and print. Summarize and preview baby's upcoming language development.	378 380	Baby's Development Baby's Development		x									x		
Month 7	Continue discussion of baby's social- emotional development and complete screening.	384	Baby's Development		x	x	x	x					x	x		
Month 7	Explain how stranger anxiety shows growing parent-child attachment.	388	Baby's Development			x	x	x								
Month 7	Talk about upcoming changes in cognitive development and preview new skills.	390	Baby's Development	v	x	x	x	x	x	x	x	x	x	x		
Month 7	Talk about baby's play skills and why play is important.	394	Baby's Development	v	x	x	x	x	x	x				x		
Month 8	Encourage family to have a "can-do" attitude to overcome barriers and reach their goals.	402	Family Development													
	biscuss relationship build and reach that goals say "no." Encourage Dad/partner to support his baby's	404	Family Development													
Month 8	increasing mobility, and continued need for reassurance and supervision.	406	Family Development	x												
	Talk about progress with budgeting. Talk with Mom about emergency contraception.	408 410	Family Development Family Health													
Month 8	Talk about how to communicate effectively with health care providers.	412	Family Health													
Month 8	Remind family that exercise can reduce stress and control weight. Talk about how exercise can improve mood	414	Family Health													
Month 8	and lessen depression. Discuss ways to redirect baby to keep her	416	Family Health	x	x			x								
Month 8	safe. Explain what new skills baby is likely to learn	418	Caring for Baby	^	^			^								
Month 8	this month and discuss ASQ-3 or other developmental screening tool.	420	Baby's Development	x	x	x		x	x	x				x		
Month 8	Continue to promote parents' observation and reflection skills with baby.	422	Baby's Development			x	x	x								
	Encourage parents to use language to teach baby what to expect next.	424	Baby's Development			x		x						x		
	Explain how having a parent nearby provides a "secure base" with baby's expanding need			x			x									
	to explore. Explain how play helps baby learn.	426 428	Baby's Development Baby's Development		x	x	x	x	x	x		x		x	x	
Month 9	Help parents compare how they were raised with how they want to raise their child.	434	Family Development													
	Explain how physical changes after childbirth															
Month 9 Month 9	may affect Mom's sexual relationship. Talk about what to do in case of a fire.	436 438	Family Health Family Health													
Month 9	Talk about problems with salt and how to cut down.	440	Family Health													
Month 9	Make sure Mom knows signs of vaginal infections and what to do.	442	Family Health													
Month 9	Remind family how nutrition affects emotional health.	444	Family Health													
Month 9	Talk about how to promote a feeling of safety in the home and community. Teach parents how to prevent the spread of	446	Family Health													
Month 9 Month 9	Help family adjust baby's nap schedule as needed.	448 450	Caring for Baby Caring for Baby			x		x								
	Talk about the value of unhurried time and															
	focused attention. Explain what new skills baby is likely to learn	452	Caring for Baby	x	x	x	x	x	x	x		x		x		
	this month. Continue to promote parents' observation and	454	Baby's Development	x								x				
	reflection skills with baby. Talk about the importance of baby's use of	456	Baby's Development						x					x		
Month 9	gestures as a way to communicate. Help family understand baby's temperament	458	Baby's Development													
	and how to adapt to different situations. Explain early brain development and how	460	Baby's Development	v												
	parents can promote it. Encourage family to be assertive and	462	Baby's Development	^												
	advocate for baby. Talk about preventing and repairing	468	Family Development													
	misunderstandings. Ask about the impact of fatherhood on	470	Family Development													
Month 10	Dad's/partner's friendships.	472	Family Development													

					DO	MAIN: Co	gnition									
			SUB-DOMAINS:	C <u></u>	_SD1		C_SD2		C_:	SD3		C_SD4			C_SD5	
	Baby's 1st Year				ation and covery		Memory			and Problem ving	Emergent	Mathema	tical Thinking		ation and S esentation	
Domain Ke				Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	
	aches to Learning nd Emotional Development		GOALS:	Child	Child uses	Child recognizes		Child uses				Child uses spatial	Child uses matching &	Child		Child uses
	ge and Communication			actively explores	understanding of causal	differences	Child recognizes	memory as a foundation	to use a	Child uses reasoning &	Child develops	awareness to	sorting of objects or	observes & imitates	Child uses objects &	pretend play to increase
C: Cognition PMP: Perce	eptual, Motor, and Physical Development			people & objects to	relationships to act on	familiar &	stability of people &	for more	variety of strategies in	planning ahead to	sense of	understand	people to	sounds, words,	symbols to represent	understandinf
				understand self, others	social & physical	unfamiliar people, objects,	objects in the environment	actions &	solving problems	solve problems	numbers & quantitiy	objects & their	understand similar &	gestures, actions, &	something else	of culture, environment,
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	& objects	environment	actions or events		thoughts				movement in space	different characteristics	behaviors		& experiences
Month 10	Talk about following workplace policies and having a good work ethic.	474	Family Development													
Month 10	Talk about the link between drug and/or alcohol addiction and unresolved trauma.	476	Family Health													
Month To	If there are guns in the home, remind parents to make sure they are kept unloaded in a		ranny rioaan													
Month 10	locked cabinet.	478	Family Health													
Month 10	Help Mom use laughter to cope with daily ups and downs.	480	Family Health													
Month 10	If Mom is weaning baby, find out how they are							x								
	doing and offer help with any difficulties. Talk about keeping baby safe in the sun.	482 484	Caring for Baby Caring for Baby													
Month 10	Talk about what it means when baby shakes his head "no."	486	Caring for Baby					x						х		
	Explain what new skills baby is likely to learn	-00	carring for Dably		~	~										
Month 10	this month and discuss ASQ-3 or other developmental screening tool.	488	Baby's Development	x	x	x	x	x	x	x		x		x		
Month 10	Continue to promote parents' observation and reflection skills with baby.	490	Baby's Development	x												
	Encourage turn-taking conversations between parents and baby.	492	Baby's Development											x		
	Help parents understand ways to enhance			v	x	x		x	x	x	x	x	x			
Month 10	their child's healthy brain development. If visits will end on baby's 1st birthday, begin	494	Baby's Development	I												
Month 11	planning the transition.	500	Family Development													
Month 11	Encourage efforts to budget and save money. Talk with Mom about her efforts toward weight	502	Family Development													
Month 11	loss.	504	Family Health													
	Talk about value of simplifying and organizing to reduce stress and support emotional															
Month 11		506	Family Health													
IVIONEN I I	Discuss difference between "spoiling" and	508	Caring for Baby													
	responding to baby's needs. Ask how baby manages transitions.	510 512	Caring for Baby Caring for Baby					x								
	Explain what new skills baby is likely to learn this month.	514		x	x	x		x	x			x		x		
	Continue to promote parents' observation and		Baby's Development	v	x	x		x						x		
Month 11	reflection skills with baby. Talk about labeling everyday objects to help	516	Baby's Development	t		x										
Month 11	children learn new words.	518	Baby's Development	t		^										
Marsh dd	Help family understand that how they respond	500	Dahula Daulaanaa	x					х							
	affects baby's feelings and self-worth. Explain why you can't get an infant to "sit	520	Baby's Development													
Month 11	still" or "behave."	522	Baby's Development	t												
Month 12	Help family take pride in progress toward their goals and talk about setting long-range goals.	528	Family Development													
	If visits are ending now, acknowledge that															
Month 12	change is difficult and reach closure. Encourage Dad/partner to be nurturing and	530	Family Development	x												
Month 12	affectionate with his 1-year-old. Talk about using a checking account to keep	532	Family Development	X												
Month 12	track of budget.	534	Family Development													
	Review reasons to avoid pregnancy and															
Month 12	prevent sexually transmitted infections (STIs). Help family prevent fire hazards and carbon	536	Family Health													
Month 12	monoxide poisoning. Ask about the emotional tone of the household	538	Family Health													
	and explain how it shapes baby's development.	540	Family Haste											х		
	Discuss eating habits and healthy snack	540	Family Health	x		x										
Month 12	ideas. Encourage regular tooth brushing and dental	542	Caring for Baby			~								x		
Month 12		544	Caring for Baby											x		x
Month 12	arrangements.	546	Caring for Baby	x												
	Help family plan baby's first birthday. Talk about the likelihood of temper tantrums	548	Caring for Baby													
Month 12	and how to handle them. Explain what new skills baby is likely to learn	550	Caring for Baby													
Month 10	this month and discuss ASQ-3 or other developmental screening tool.	552	Pabyla Developer	x	x	x	x	x	х	x	х	x	x	х	x	x
	Continue to promote parents' observation and		Baby's Development	v		x	x	x								
Month 12	reflection skills with baby. Encourage family to read with baby every	554	Baby's Development				~									
Month 12	day. Help parents understand social-emotional well-	556	Baby's Development			x		x								
Month 12	being and complete screening.	558	Baby's Development	x	x	x	x	x						x		
Month 12	Explain how play and homemade toys can promote learning.	560	Baby's Development	x	x	x	x	x	х	x	х	x	x	х	x	x

			DOMAIN: Perce	ptual, M	otor, and	d Physica	l Develo	oment						
	Baby's 1st Year		SUB-DOMAINS:	PMP Perce			PMP_SD2 Gross Motor			PMP_SD3 Fine Motor		Health	PMP_SD4 Safety, and N	lutrition
Domain Ke	Y			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
ATL: Appro SE: Social a LC: Langua C: Cognition	aches to Learning nd Emotional Development ge and Communication		GOALS:	Child uses perceptual information to understand objects, experiences, & interactions	Child uses perceptual information in directing own actions, experiences &	Child demonstrates effective & efficient use of large muscles for	Child	Child uses sensory information & body awareness to understand how their body relates	Child coordinates hand & eye movements to perform actions	Child uses hands for exploration, play, & daily	Child adjusts	Child demonstrates healthy behaviors with increasing	Child uses safe behaviors with support	Child demonstrates increasing interest in
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY					to the environment				routines		food choices
	Ensure Mom has adequate support during the postpartum period.	6	Family Development											
	Ask about Mom's relationship with baby's father and													
Month 1	talk about the importance of his involvement with baby.	8	Family Development											
	Help Dad/partner feel competent in his ability to care for his baby.	10	Family Development											
	Make sure Dad/partner has a plan for when he feels													
	frustrated with his baby. Help Dad/partner understand why breastfeeding is	12	Family Development											
	important and how he can be supportive. Help Dad/partner understand the difference between	14	Family Development											
	the baby blues and postpartum depression, and how to help.	16	Family Davalanment											
	Ask Dad/partner about strategies he uses for calming	16	Family Development											
Month 1	his crying baby. Talk about arrangements Mom has made for child	18	Family Development											
Month 1	support/public assistance.	20	Family Development											
	If Mom smokes, encourage her to breastfeed and	_												
	take precautions to minimize the impact on her baby. Be sure Mom knows that using street drugs or	22	Family Health											
	prescription drugs while breastfeeding can harm her baby.	24	Family Health											
	If Mom is breastfeeding, explain that any alcohol she													
Month 1	drinks may harm her baby. Talk with Mom about birth control options.	26 28	Family Health Family Health											
	Discuss options for birth control if Mom is breastfeeding.	30	Family Health											
	Ensure family has health care coverage and a medical													
	home. Make sure family has food in the home and has	32	Family Health											
	signed up for WIC. If Mom is breastfeeding make sure her diet is healthy	34	Family Health											x
	and balanced.	36	Family Health											x
Month 1	Help Mom manage typical physical discomforts that follow childbirth.	38	Family Health											
	If Mom had a cesarean birth, discuss her recovery and when to call the doctor.	40	Family Health											
	Explain that feeling really tired after childbirth is													
Month 1	normal and suggest ways to manage fatigue. Ensure Mom schedules her postpartum checkup.	42 44	Family Health Family Health											
	Prepare family for the exhaustion and emotional challenges of the first few weeks.	46	Family Health											
	Ask how family is coping with the baby blues and													
Month 1	help them recognize any signs of depression. Discuss benefits of breastfeeding with family.	48 50	Family Health Caring for Baby											x
	Talk about breastfeeding myths. Talk with Mom about breastfeeding her newborn.	52 54	Caring for Baby Caring for Baby											x
	Make sure family knows how to select and prepare		· · · ·											x
	formula as needed.	56	Caring for Baby											x
Month 1	If bottle feeding, talk about steps to ensure success.	58	Caring for Baby											
	Explain how to be sure baby is getting enough to eat.	60	Caring for Baby											x
Month 1	Ask how often baby is fed and if there are any problems with feeding.	62	Caring for Baby											
	Ask how feedings are going and talk about how to burp the baby.	64	Caring for Baby											
Month 1	Follow up on safety issues with family.	66	Caring for Baby										x	
Month 1	Ask about baby's first checkup and immunizations. Talk about how to tell if baby is sick.	68 70	Caring for Baby Caring for Baby											
	Show parents how to care for umbilical cord, diaper rash, and circumcision.	72	Caring for Baby											
	Talk about symptoms of colic and handling the stress it can bring.	74	Caring for Baby											
Month 1	Make sure family knows how to change diaper.	76	Caring for Baby									x		
Month 1	Talk about choosing quality child care. Talk about bathing baby.	78 80	Caring for Baby Caring for Baby	x								x		
	Ask about baby's sleep patterns and how family copes with less sleep.	82	Caring for Baby	x	x							x		
	Talk about how all babies develop at different rates and explain the Watch Me Grow handouts.			x		x		x						
	Talk about being careful observers so they can learn	84	Baby's Development											
Month 1 Month 1	what their baby likes and how he learns. Talk with family about baby's motor development.	86 88	Baby's Development Baby's Development	x	x	x	x	x	x	x	x			
		92	Baby's Development											
	Help family recognize and respond to baby's signals. Explain why it is important to talk, sing, and read with													
Month 1 Month 1	their baby. Summarize baby's early language development.	94 96	Baby's Development Baby's Development		x	x	x							
	Help parents bond with baby. Talk about ways to bond if baby stays in the	100	Baby's Development											
Month 1	hospital.	102	Baby's Development											
	Help parents read baby's cues and anticipate needs before baby gets fussy.	104	Baby's Development											
	Build parent's confidence and competence in calming baby when fussy.	106	Baby's Development	x	x									
	Help parents understand the importance of touch in			x	x									
	building a close relationship with baby. Help family understand baby's early social emotional	108	Baby's Development	x										
	development and complete screening. Talk about baby's cognitive development.	110 114	Baby's Development Baby's Development		x	x		x	x	x				
	Talk about baby's play skills and why play is			x	x					x				
Month 2	important. Ensure Mom has enough support.	118 128	Baby's Development Family Development											
	Help siblings adjust to the new baby. Help military parents stay connected with their	130	Family Development											
Month 2	newborn and family during deployment.	132	Family Development											

			DOMAIN: Perce	eptual, M	otor, an	d Physica	l Develop	oment						
	Baby's 1st Year		SUB-DOMAINS:	PMP_			PMP_SD2			PMP_SD3		Uselah	PMP_SD4	
Domain Ke	- -			Perce		612	Gross Motor	Geolf		Fine Motor	610		, Safety, and N	
ATL: Appro SE: Social a LC: Langua C: Cognitio	aches to Learning Ind Emotional Development ge and Communication		GOALS:	Goal 1 Child uses perceptual information to understand objects, experiences,	in directing own actions,	Goal 3 Child demonstrates effective & efficient use of large muscles for movement &	Goal 4 Child demonstrates effective & efficient use of large muscles to explore the	Goal 5 Child uses sensory information & body awareness to understand how their	Goal 6 Child coordinates hand & eye movements to perform actions	hands for exploration, play, & daily	adjusts reach &	Goal 9 Child demonstrates healthy behaviors with increasing independence as part of	Goal 10 Child uses safe behaviors with support from adults	Goal 11 Child demonstrates increasing interest in engaging in healthy eating habits & making
SECTION	Dumages from Dartners for a Healthy Poby (DHD)	DACE #	CATEGORY	& interactions	interactions	position	environment	body relates to the				everyday routines		nutritious food choices
SECTION Month 2	Purposes from Partners for a Healthy Baby (PHB) Let Dad/partner share what he has learned about baby's cues and responding to baby's needs.	PAGE #	Family Development					environment				routiles		Tood choices
Month 2 Month 2	Ask Dad/partner how he's adjusting to his new baby. Explain that new dads can experience depression.	136 138	Family Development Family Development											
Month 2	Help family keep track of their spending. Encourage Mom to return to school and suggest ways	140	Family Development											
Month 2	to make it easier. Talk with the family about how exposure to cigarette	142	Family Development											
Month 2	smoke can be harmful to the baby. Find out how Mom's postpartum checkup went and	144	Family Health									x		
Month 2	follow up on her choice of birth control. If Mom has a history of depression or is taking	146	Family Health											
Month 2	antidepressants, discuss options for birth control. Make sure the family has health care coverage and help them resolve any insurance or Medicaid	148	Family Health											
Month 2	problems. Talk about the amount of protein needed for	150	Family Health											
Month 2 Month 2	breastfeeding moms. Help Mom find ways to cope with the loss of sleep.	152 154	Family Health Family Health											x
Month 2	Ask Mom about her postpartum checkup and how she's feeling about her post-pregnancy body.	156	Family Health											
Month 2	Talk about the stress and demands of parenting a new baby.	158	Family Health											
Month 2 Month 2	Explain the importance of emotional health. Encourage Mom to continue breastfeeding.	160 162	Family Health Caring for Baby											x
Month 2	Explain how to express and store breast milk. Talk about safety issues when taking baby out in a	164	Caring for Baby											X
Month 2 Month 2	car. Discuss dangers of secondhand smoke.	166 168	Caring for Baby Caring for Baby									x	X	
Month 2	Encourage parents to insist that everyone caring for baby follow the daily care routines being established.	170	Caring for Baby											
Month 2	Explain the importance of performing baby's daily care routines with respect.	172	Caring for Baby	x										
Month 2	Talk with family about using a pacifier.	174	Caring for Baby											
Month 2	Help all the adults raising the child to cooperate together in co-parenting. Explain what new skills baby is likely to learn this	176	Caring for Baby											
Month 2	month and discuss the ASQ-3 or other developmental screening tool.	178	Baby's Development	x	x	x		x	x	x				
Month 2	Continue to promote parents' observation and reflection skills with baby. Help the family understand the value of turn-taking	180	Baby's Development											
Month 2	with baby. Explain early emotional cues and how babies learn	182	Baby's Development											
Month 2	from imitating feelings of others. Talk about importance of comforting baby, especially	184	Baby's Development											
Month 2	when hurt, sick, or upset. Help family identify their dreams and achieve their	186	Baby's Development											
Month 3	goals.	192	Family Development											
Month 3 Month 3	Talk about strategies for solving everyday problems. Ask how the new baby has changed family relationships.	194 196	Family Development											
	Ask how grandparents relate to baby and encourage their involvement.	198												
Month 3 Month 3	Talk with Dad/partner to see how he's doing with interpreting and responding to his baby's cues.	200	Family Development Family Development	x										
	Encourage family to make plans to avoid missing work/school if baby is sick.	202	Family Development											
Month 3	Check on family's budget and make any necessary revisions. If there are smokers in the home, find out why they	204	Family Development											
Month 3	smoke and offer suggestions to help them quit or cut back.	206	Family Health									x		
Month 3	Talk about the importance of handwashing to prevent the spread of illness.	208	Family Health									x		
Month 3 Month 3	Help Mom with strategies for exercising. Explain why doing Kegel exercises is important.	210 212	Family Health Family Health									x		x
	Talk with Mom about recovering from a difficult or unplanned birth experience. Talk with family about how relationships, sleep,	214	Family Health											
Month 3	exercise, nutrition, gratitude, and stress influence emotional health.	216	Family Health											
	Explain how sleep affects mood and discuss ways to get more sleep.	218	Family Health											
Month 3	Discuss ways to reduce illness when starting child care.	220	Caring for Baby									x		
Month 3	Talk about getting baby ready for an outing.	222	Caring for Baby									x	x	
Month 3 Month 3	Follow up on baby's sleep routine. Discuss any concerns about spoiling baby.	224 226	Caring for Baby Caring for Baby									X		
Month 3	Explain what new skills baby is likely to learn this month.	228	Baby's Development	x	x	x			x	x				
	Continue to promote parents' observation and reflection skills with baby.	230	Baby's Development											
Month 3	Talk with parents about the importance of shared reading and what books are best for babies. Explain how attachments are formed and	232	Baby's Development											
Month 3	strengthened.	234	Baby's Development											
Month 3	Help parents understand ways to help baby learn to self-soothe. Talk about impact of a fussy baby on parent-child	236	Baby's Development											
Month 3	relationship and offer strategies to have "the happiest baby on the block." Help parents understand how they can influence their	238	Baby's Development											
Month 3 Month 4	baby's brain development. Help family identify their dreams for their baby.	240 246	Baby's Development Family Development						x			x		
	Talk about traits needed to be successful.	248	Family Development									~		

			DOMAIN: Perce	ptual, M	otor, and	d Physica	l Develo	oment						
	Baby's 1st Year		SUB-DOMAINS:	PMP_ Perce			PMP_SD2 Gross Motor			PMP_SD3 Fine Motor		Health	PMP_SD4 Safety, and N	lutrition
Domain Ke	v			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
ATL: Appro SE: Social a LC: Langua C: Cognitio	aches to Learning nd Emotional Development ge and Communication		GOALS:	Child uses perceptual information to understand objects, experiences, & interactions	Child uses perceptual information in directing own actions, experiences &	Child demonstrates effective &	Child	Child uses sensory information & body awareness to understand how their body relates	Child coordinates hand & eye movements to perform actions	Child uses hands for exploration, play, & daily	Child adjusts reach &	Child demonstrates healthy behaviors with increasing	Child uses safe behaviors with support	Child demonstrates increasing interest in
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY					to the environment				routines		food choices
Month 4 Month 4	Discuss how Mom's relationships might be healthy or harmful for her baby. Help military family adjust when reunited. Talk about how Dad/partner can develop a close	250 252	Family Development Family Development											
Month 4	relationship with his baby, even though they don't live together. If parent is working, ask about current job and options	254	Family Development											
Month 4	for advancement.	256	Family Development											
Month 4	Help family make a realistic monthly budget. Make sure Mom and her partner understand the	258	Family Development											
Month 4	benefits of spacing pregnancies. Talk with family members about how excess weight	260	Family Health											x
Month 4	can affect their health. Help family understand how depression can impact	262	Family Health											
Month 4	their baby. Help Mom and partner have realistic expectations	264	Family Health											
Month 4	about parenting. Talk about signs of teething and how to take care of	266	Family Health											
Month 4	baby's new teeth. Explain separation is hard for babies and discuss how to ease transitions, especially if dealing with	268	Caring for Baby									x		
Month 4	shared custody. Explain what new skills baby is likely to learn this	270	Caring for Baby											
Month 4	month and discuss ASQ-3 or other developmental screening tool. Continue to promote parents' observation and	272	Baby's Development	x		x			x	x				
Month 4	reflection skills with baby. Explain the concept of "parentese" and why it is	274	Baby's Development	x										
Month 4 Month 4	important. Discuss issues related to dual-language learning.	276 278	Baby's Development Baby's Development											
Month 4	Discuss how to build a trusting relationship with baby.	280	Baby's Development											
Month 4	Talk about how to choose good toys for baby. Talk about changes to their family with the birth of	282	Baby's Development	X									x	
Month 5	their baby. Help family learn how to manage their time and set	288	Family Development											
Month 5	priorities. Encourage friendships with other mothers and ask	290	Family Development											
Month 5 Month 5	about changes in relationships at school or work. If Dad does not live with his baby, talk about the importance of staying connected.	292 294	Family Development											
Month 5	Talk about importance of saving money for baby's future.	296	Family Development											
Month 5	Discuss alcohol or drug abuse by family members living in the home.	298	Family Health											
	Explain how getting outside during the day can make											x		
Month 5	you feel better. Talk about any issues with breastfeeding, including	300	Family Health											x
Month 5 Month 5	dealing with a teething baby. Talk about safety concerns with different types of baby gear and contraptions.	302 304	Caring for Baby Caring for Baby			x	x	x					x	
Month 5	Explain importance of baby having consistent caregivers.	306	Caring for Baby											
Month 5	Explain what new skills baby is likely to learn this month. Continue to promote parents' observation and	308	Baby's Development	x	x	x	x	x	x	x				
Month 5 Month 5	reflection skills with baby. Provide tips for sharing books with baby.	310 312	Baby's Development Baby's Development											
Month 5	Talk about household objects that are safe and educational for baby.	314	Baby's Development	x	x	x	x		x	x	x			
	Encourage family to make decisions with baby in mind.	320	Family Development											
Month 6	Ask Dad/partner how he was parented and what kind of father he wants to be.	322	Family Development											
Month 6	Ask how Mom is doing balancing school/work with parenting.	324	Family Development											
Month 6	Ask about satisfaction with family planning method and, if appropriate, address reproductive coercion.	326	Family Health											
Month 6	See how Mom is feeling about her post-pregnancy body. Help list healthy ways to manage stress to benefit the	328	Family Health											
Month 6	whole family. Talk about introducing solid foods and how to watch	330	Family Health											x
Month 6 Month 6	for signs of allergies. Talk about choking concerns.	332 334	Caring for Baby Caring for Baby										x	
Month 6	Talk about how to handle disagreements between co- parents. Explain what new skills baby is likely to learn this	336	Caring for Baby											
Month 6	month and discuss ASQ-3 or other developmental screening tool. Continue to promote parents' observation and	338	Baby's Development		x	x			x	x				
Month 6	reflection skills with baby. Encourage parents to use songs or games with baby	340	Baby's Development											
Month 6	that include hand motions. Help parents understand social-emotional well-being	342	Baby's Development			x	x		x	x				
Month 6 Month 6	& conduct screening. Help parents understand why babies look to trusted adults to guide their reactions.	344 346	Baby's Development Baby's Development											
Month 6	Explain how stress negatively impacts learning and brain development.	348	Baby's Development											
	Discuss family's progress toward their goals and offer suggestions for overcoming challenges. Talk with Dad/partner about the importance of	354	Family Development											
Month 7	providing love, protection, and economic support. Review why condom use is important for preventing	356	Family Development									x	x	
Month 7 Month 7	STIs. Encourage family mealtimes.	358 360	Family Health									x		x
	Ask about mood swings and talk about impact on		Family Health									X		X
Month 7	baby.	362	Family Health											

DOMAIN: Perceptual, Motor, and Physical Development														
Baby's 1st Year			SUB-DOMAINS:	IS: PMP_SD1 Perception		PMP_SD2				PMP_SD3		PMP_SD4 Health, Safety, and Nutrition		
Domain Ke	y			Perce Goal 1	Goal 2	Goal 3	Gross Motor Goal 4	Goal 5	Goal 6	Fine Motor Goal 7	Goal 8	Health Goal 9	, Safety, and N Goal 10	Goal 11
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development			GOALS:	Child uses perceptual information to understand objects, experiences, & interactions	Goal 2 Child uses perceptual information in directing own actions, experiences & interactions	Child demonstrates effective & efficient use	Child	Child uses sensory information & body awareness to understand how their body relates	Child coordinates hand & eye movements to perform actions	Child uses hands for exploration, play, & daily	Child adjusts	Child demonstrates healthy behaviors with increasing independence as part of everyday	Child uses safe behaviors with support	Child demonstrate increasing interest in engaging in healthy eating habits & making nutritious
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY		interactions	position	environment	to the environment				routines		food choices
	Ask how baby is handling solids and what foods			x				environment	x	x				x
Month 7	have been tried. Talk with family about how to baby-proof their house	364	Caring for Baby										x	
Month 7 Month 7	to prevent accidents. Talk about the challenge of constant supervision.	366 368	Caring for Baby Caring for Baby										^	
	Explain what new skills baby is likely to learn this month.	370	Baby's Development	x	x	x	x	x	x	x				
	Continue to promote parents' observation and													
Month 7	reflection skills with baby. Talk about baby's new motor skills and the benefits	372	Baby's Development	v	x	x	x	x	x	x	x	x	x	
Month 7	of crawling.	374	Baby's Development	^	~	^	~	^				~	^	
Month 7	Discuss ways to help baby explore books and print. Summarize and preview baby's upcoming language	378	Baby's Development						x	x	x			
Month 7	development. Continue discussion of baby's social-emotional	380	Baby's Development											
Month 7	development and complete screening.	384	Baby's Development	x	x			x					x	
Month 7	Explain how stranger anxiety shows growing parent- child attachment.	388	Baby's Development											
Month 7	Talk about upcoming changes in cognitive development and preview new skills.	390	Baby's Development	v	x				x	x	x		x	
	Talk about baby's play skills and why play is		Baby's Development	v	x	x	x	x	x	x	x		x	
Month 7	important. Encourage family to have a "can-do" attitude to	394												
Month 8	overcome barriers and reach their goals.	402	Family Development											
Month 8	Discuss relationship boundaries and how to say "no." Encourage Dad/partner to support his baby's	404	Family Development											
Month 8	increasing mobility, and continued need for reassurance and supervision.	406	Family Development				x						x	
Month 8	Talk about progress with budgeting.	408	Family Development											
Month 8	Talk with Mom about emergency contraception. Talk about how to communicate effectively with	410	Family Health											
Month 8	health care providers. Remind family that exercise can reduce stress and	412	Family Health											
Month 8	control weight.	414	Family Health									x		
Month 8	Talk about how exercise can improve mood and lessen depression.	416	Family Health									x		
Month 8	Discuss ways to redirect baby to keep her safe. Explain what new skills baby is likely to learn this	418	Caring for Baby										x	
Month 8	month and discuss ASQ-3 or other developmental screening tool.	420	Baby's Development	x	x	x	x	x	x	x	x		x	
	Continue to promote parents' observation and													
Month 8	reflection skills with baby. Encourage parents to use language to teach baby	422	Baby's Development											
Month 8	what to expect next. Explain how having a parent nearby provides a	424	Baby's Development											
Month 8	"secure base" with baby's expanding need to explore.	426	Baby's Development											
Month 8	Explain how play helps baby learn. Help parents compare how they were raised with how	428	Baby's Development				x			x	x			
Month 9	they want to raise their child.	434	Family Development											
Month 9	Explain how physical changes after childbirth may affect Mom's sexual relationship.	436	Family Health											
Month 9 Month 9	Talk about what to do in case of a fire. Talk about problems with salt and how to cut down.	438 440	Family Health Family Health										x	x
	Make sure Mom knows signs of vaginal infections and what to do.	442												~
Month 9			Family Health											x
Month 9	Remind family how nutrition affects emotional health. Talk about how to promote a feeling of safety in the	444	Family Health											
Month 9 Month 9	home and community. Teach parents how to prevent the spread of illness.	446 448	Family Health Caring for Baby									x		
Month 9	Help family adjust baby's nap schedule as needed. Talk about the value of unhurried time and focused	450	Caring for Baby											
Month 9	attention.	452	Caring for Baby											
Month 9	Explain what new skills baby is likely to learn this month.	454	Baby's Development	x	x	x	x	x	x	x	x			
Month 9	Continue to promote parents' observation and reflection skills with baby.	456	Baby's Development	×										
Month 9	Talk about the importance of baby's use of gestures as a way to communicate.	458	Baby's Development						x	x				
	Help family understand baby's temperament and how													
	to adapt to different situations. Explain early brain development and how parents can	460	Baby's Development											
Month 9	promote it. Encourage family to be assertive and advocate for	462	Baby's Development									~	~	
Month 10		468	Family Development									x	x	
Month 10	misunderstandings.	470	Family Development											
Month 10	Ask about the impact of fatherhood on Dad's/partner's friendships.	472	Family Development											
Month 10	Talk about following workplace policies and having a good work ethic.	474	Family Development											
	Talk about the link between drug and/or alcohol addiction and unresolved trauma.	476	Family Health											
	If there are guns in the home, remind parents to make		and a second										x	
Month 10	sure they are kept unloaded in a locked cabinet.	478	Family Health										*	
Month 10		480	Family Health											
Month 10	If Mom is weaning baby, find out how they are doing and offer help with any difficulties.	482	Caring for Baby											x
	Talk about keeping baby safe in the sun. Talk about what it means when baby shakes his head	484	Caring for Baby									x	x	
Month 10	"no."	486	Caring for Baby											
	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental			x	x	x	x	x	x	x				
Month 10	screening tool.	488	Baby's Development											

DOMAIN: Perceptual, Motor, and Physical Development														
Baby's 1st Year		SUB-DOMAINS:		PMP_SD1		PMP_SD2			PMP_SD3			PMP SD4		
				Perception		Gross Motor			Fine Motor			Health, Safety, and Nutrition		
Domain Ke	у			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
ATI: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development			GOALS:	Child uses perceptual information to understand objects, experiences,	Child uses perceptual information in directing own actions, experiences &	Child demonstrates effective & efficient use	Child	Child uses sensory information & body awareness to understand how their	Child coordinates hand & eye movements to perform actions	Child uses hands for exploration, play, & daily	Child adjusts reach & grasp to use	Child demonstrates healthy behaviors with increasing independence as part of	Child uses safe behaviors with support	Child demonstrates increasing interest in
				& interactions	interactions	position	environment	body relates to the				everyday routines		nutritious food choices
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY					environment				routines		rood choices
Month 10	Continue to promote parents' observation and reflection skills with baby. Encourage turn-taking conversations between parents	490	Baby's Development											
Month 10	and baby.	492	Baby's Development											
Month 10	Help parents understand ways to enhance their	494	Baby's Development	х	х	x	x	x	x					
MONUT TO	child's healthy brain development. If visits will end on baby's 1st birthday, begin	494	Baby S Development											
	planning the transition.	500	Family Development											
Month 11	Encourage efforts to budget and save money.	502	Family Development											
Month 11	Talk with Mom about her efforts toward weight loss. Talk about value of simplifying and organizing to	504	Family Health											x
Month 11	reduce stress and support emotional health.	506	Family Health											
	Explain the dangers of lead poisoning.	508	Caring for Baby											
Month 11	Discuss difference between "spoiling" and responding to baby's needs.	510	Caring for Baby											
	Ask how baby manages transitions.	510	Caring for Baby											
	Explain what new skills baby is likely to learn this			x	x	x	x	x	x	x	x			
Month 11		514	Baby's Development	~	~	~	^	~	~	^	~			
Month 11	Continue to promote parents' observation and reflection skills with baby.	516	Baby's Development	x										
Month 11	Talk about labeling everyday objects to help children learn new words.	518	Baby's Development											
Month 11	Help family understand that how they respond affects baby's feelings and self-worth.	520	Baby's Development											
	Explain why you can't get an infant to "sit still" or													
Month 11	"behave." Help family take pride in progress toward their goals	522	Baby's Development											
Month 12	and talk about setting long-range goals.	528	Family Development											
Month 10	If visits are ending now, acknowledge that change is difficult and reach closure.	530	Family Development											
Iviontn 12	Encourage Dad/partner to be nurturing and	530	Family Development											
Month 12	affectionate with his 1-year-old.	532	Family Development										x	
Month 12	Talk about using a checking account to keep track of budget.	534	Family Development											
	Review reasons to avoid pregnancy and prevent													
Month 12	sexually transmitted infections (STIs). Help family prevent fire hazards and carbon	536	Family Health											
Month 12	monoxide poisoning.	538	Family Health										x	
Month 10	Ask about the emotional tone of the household and explain how it shapes baby's development.	540	Family Health											
Month 12 Month 12	Discuss eating habits and healthy snack ideas.	540	Caring for Baby	x	x				x	x	x			x
	Encourage regular tooth brushing and dental visits.	544	Caring for Baby									х		
	Discuss satisfaction with child care arrangements.	546	Caring for Baby									х		
	Help family plan baby's first birthday.	548	Caring for Baby											
Month 12	Talk about the likelihood of temper tantrums and how to handle them.	550	Caring for Baby											
nvionuti 12	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental	330	Garing for Daby	x	x	x	x	x	x	x				
Month 12	screening tool.	552	Baby's Development											
Month 12	Continue to promote parents' observation and reflection skills with baby.	554	Baby's Development											
	Encourage family to read with baby every day.	556	Baby's Development											
Month 12	Help parents understand social-emotional well-being and complete screening.	558	Baby's Development											
	Explain how play and homemade toys can promote			x	x	x	x	x	x	x	x			
Month 12	learning.	560	Baby's Development											