

DOMAIN: Approaches to Learning														
Baby's 1st Year				SUB-DOMAINS:		ATL_SD1		ATL_SD2			ATL_SD3		ATL_SD4	
				Emotional and Behavioral Self-Regulation		Cognitive Self-Regulation (Executive Functioning)			Initiative and Curiosity		Creativity			
GOALS:				Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9		
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY											
Month 1	Ensure Mom has adequate support during the postpartum period.	6	Family Development	X	X									
Month 1	Ask about Mom's relationship with baby's father and talk about the importance of his involvement with baby.	8	Family Development	X	X									
Month 1	Help Dad/partner feel competent in his ability to care for his baby.	10	Family Development	X	X									
Month 1	Make sure Dad/partner has a plan for when he feels frustrated with his baby.	12	Family Development											
Month 1	Help Dad/partner understand why breastfeeding is important and how he can be supportive.	14	Family Development											
Month 1	Help Dad/partner understand the difference between the baby blues and postpartum depression, and how to help.	16	Family Development											
Month 1	Ask Dad/partner about strategies he uses for calming his crying baby.	18	Family Development	X	X									
Month 1	Talk about arrangements Mom has made for child support/public assistance.	20	Family Development											
Month 1	If Mom smokes, encourage her to breastfeed and take precautions to minimize the impact on her baby.	22	Family Health											
Month 1	Be sure Mom knows that using street drugs or prescription drugs while breastfeeding can harm her baby.	24	Family Health											
Month 1	If Mom is breastfeeding, explain that any alcohol she drinks may harm her baby.	26	Family Health											
Month 1	Talk with Mom about birth control options.	28	Family Health											
Month 1	Discuss options for birth control if Mom is breastfeeding.	30	Family Health											
Month 1	Ensure family has health care coverage and a medical home.	32	Family Health											
Month 1	Make sure family has food in the home and has signed up for WIC.	34	Family Health											
Month 1	If Mom is breastfeeding make sure her diet is healthy and balanced.	36	Family Health											

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Month 1	Help Mom manage typical physical discomforts that follow childbirth.	38	Family Health											
Month 1	If Mom had a cesarean birth, discuss her recovery and when to call the doctor.	40	Family Health											
Month 1	Explain that feeling really tired after childbirth is normal and suggest ways to manage fatigue.	42	Family Health											
Month 1	Ensure Mom schedules her postpartum checkup.	44	Family Health											
Month 1	Prepare family for the exhaustion and emotional challenges of the first few weeks.	46	Family Health											
Month 1	Ask how family is coping with the baby blues and help them recognize any signs of depression.	48	Family Health	X										
Month 1	Discuss benefits of breastfeeding with family.	50	Caring for Baby											
Month 1	Talk about breastfeeding myths.	52	Caring for Baby											
Month 1	Talk with Mom about breastfeeding her newborn.	54	Caring for Baby		X									
Month 1	Make sure family knows how to select and prepare formula as needed.	56	Caring for Baby											
Month 1	If bottle feeding, talk about steps to ensure success.	58	Caring for Baby		X									
Month 1	Explain how to be sure baby is getting enough to eat.	60	Caring for Baby		X									
Month 1	Ask how often baby is fed and if there are any problems with feeding.	62	Caring for Baby		X									
Month 1	Ask how feedings are going and talk about how to burp the baby.	64	Caring for Baby		X									
Month 1	Follow up on safety issues with family.	66	Caring for Baby											
Month 1	Ask about baby's first checkup and immunizations.	68	Caring for Baby											

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Month 1	Talk about how to tell if baby is sick.	70	Caring for Baby										
Month 1	Show parents how to care for umbilical cord, diaper rash, and circumcision.	72	Caring for Baby										
Month 1	Talk about symptoms of colic and handling the stress it can bring.	74	Caring for Baby	X									
Month 1	Make sure family knows how to change diaper.	76	Caring for Baby										
Month 1	Talk about choosing quality child care.	78	Caring for Baby										
Month 1	Talk about bathing baby.	80	Caring for Baby	X	X								
Month 1	Ask about baby's sleep patterns and how family copes with less sleep.	82	Caring for Baby		X								
Month 1	Talk about how all babies develop at different rates and explain the Watch Me Grow handouts.	84	Baby's Development	X	X	X							
Month 1	Talk about being careful observers so they can learn what their baby likes and how he learns.	86	Baby's Development	X	X	X							
Month 1	Talk with family about baby's motor development.	88	Baby's Development		X								
Month 1	Help family recognize and respond to baby's signals.	92	Baby's Development	X	X								
Month 1	Explain why it is important to talk, sing, and read with their baby.	94	Baby's Development			X				X			
Month 1	Summarize baby's early language development.	96	Baby's Development	X	X	X		X			X		
Month 1	Help parents bond with baby.	100	Baby's Development	X	X								
Month 1	Talk about ways to bond if baby stays in the hospital.	102	Baby's Development	X	X								
Month 1	Help parents read baby's cues and anticipate needs before baby gets fussy.	104	Baby's Development	X	X								

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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY											
Month 1	Build parent's confidence and competence in calming baby when fussy.	106	Baby's Development	X	X									
Month 1	Help parents understand the importance of touch in building a close relationship with baby.	108	Baby's Development	X	X									
Month 1	Help family understand baby's early social emotional development and complete screening.	110	Baby's Development	X	X	X			X		X			
Month 1	Talk about baby's cognitive development.	114	Baby's Development			X	X	X	X	X	X			
Month 1	Talk about baby's play skills and why play is important.	118	Baby's Development			X								
Month 2	Ensure Mom has enough support.	128	Family Development											
Month 2	Help siblings adjust to the new baby.	130	Family Development											
Month 2	Help military parents stay connected with their newborn and family during deployment.	132	Family Development											
Month 2	Let Dad/partner share what he has learned about baby's cues and responding to baby's needs.	134	Family Development	X										
Month 2	Ask Dad/partner how he's adjusting to his new baby.	136	Family Development											
Month 2	Explain that new dads can experience depression.	138	Family Development											
Month 2	Help family keep track of their spending.	140	Family Development											
Month 2	Encourage Mom to return to school and suggest ways to make it easier.	142	Family Development											
Month 2	Talk with the family about how exposure to cigarette smoke can be harmful to the baby.	144	Family Health											
Month 2	Find out how Mom's postpartum checkup went and follow up on her choice of birth control.	146	Family Health											
Month 2	If Mom has a history of depression or is taking antidepressants, discuss options for birth control.	148	Family Health											

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Month 2	Make sure the family has health care coverage and help them resolve any insurance or Medicaid problems.	150	Family Health												
Month 2	Talk about the amount of protein needed for breastfeeding moms.	152	Family Health												
Month 2	Help Mom find ways to cope with the loss of sleep.	154	Family Health												
Month 2	Ask Mom about her postpartum checkup and how she's feeling about her post-pregnancy body.	156	Family Health												
Month 2	Talk about the stress and demands of parenting a new baby.	158	Family Health												
Month 2	Explain the importance of emotional health.	160	Family Health	X											
Month 2	Encourage Mom to continue breastfeeding.	162	Caring for Baby												
Month 2	Explain how to express and store breast milk.	164	Caring for Baby												
Month 2	Talk about safety issues when taking baby out in a car.	166	Caring for Baby												
Month 2	Discuss dangers of secondhand smoke.	168	Caring for Baby												
Month 2	Encourage parents to insist that everyone caring for baby follow the daily care routines being established.	170	Caring for Baby												
Month 2	Explain the importance of performing baby's daily care routines with respect.	172	Caring for Baby	X	X					X					
Month 2	Talk with family about using a pacifier.	174	Caring for Baby	X											
Month 2	Help all the adults raising the child to cooperate together in co-parenting.	176	Caring for Baby	X	X										
Month 2	Explain what new skills baby is likely to learn this month and discuss the ASQ-3 or other developmental screening tool.	178	Baby's Development	X								X			
Month 2	Continue to promote parents' observation and reflection skills with baby.	180	Baby's Development	X	X	X					X	X			

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Month 2	Help the family understand the value of turn-taking with baby.	182	Baby's Development			X			X				
Month 2	Explain early emotional cues and how babies learn from imitating feelings of others.	184	Baby's Development										
Month 2	Talk about importance of comforting baby, especially when hurt, sick, or upset.	186	Baby's Development	X	X								
Month 3	Help family identify their dreams and achieve their goals.	192	Family Development										
Month 3	Talk about strategies for solving everyday problems.	194	Family Development										
Month 3	Ask how the new baby has changed family relationships.	196	Family Development										
Month 3	Ask how grandparents relate to baby and encourage their involvement.	198	Family Development										
Month 3	Talk with Dad/partner to see how he's doing with interpreting and responding to his baby's cues.	200	Family Development	X	X								
Month 3	Encourage family to make plans to avoid missing work/school if baby is sick.	202	Family Development										
Month 3	Check on family's budget and make any necessary revisions.	204	Family Development										
Month 3	If there are smokers in the home, find out why they smoke and offer suggestions to help them quit or cut back.	206	Family Health										
Month 3	Talk about the importance of handwashing to prevent the spread of illness.	208	Family Health										
Month 3	Help Mom with strategies for exercising.	210	Family Health										
Month 3	Explain why doing Kegel exercises is important.	212	Family Health										
Month 3	Talk with Mom about recovering from a difficult or unplanned birth experience.	214	Family Health										
Month 3	Talk with family about how relationships, sleep, exercise, nutrition, gratitude, and stress influence emotional health.	216	Family Health										

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Month 3	Explain how sleep affects mood and discuss ways to get more sleep.	218	Family Health											
Month 3	Discuss ways to reduce illness when starting child care.	220	Caring for Baby											
Month 3	Talk about getting baby ready for an outing.	222	Caring for Baby	X	X									
Month 3	Follow up on baby's sleep routine.	224	Caring for Baby											
Month 3	Discuss any concerns about spoiling baby.	226	Caring for Baby	X	X									
Month 3	Explain what new skills baby is likely to learn this month.	228	Baby's Development	X	X	X	X			X	X			
Month 3	Continue to promote parents' observation and reflection skills with baby.	230	Baby's Development	X	X	X								
Month 3	Talk with parents about the importance of shared reading and what books are best for babies.	232	Baby's Development											
Month 3	Explain how attachments are formed and strengthened.	234	Baby's Development											
Month 3	Help parents understand ways to help baby learn to self-soothe.	236	Baby's Development	X	X									
Month 3	Talk about impact of a fussy baby on parent-child relationship and offer strategies to have "the happiest baby on the block."	238	Baby's Development	X	X									
Month 3	Help parents understand how they can influence their baby's brain development.	240	Baby's Development							X	X			
Month 4	Help family identify their dreams for their baby.	246	Family Development											
Month 4	Talk about traits needed to be successful.	248	Family Development											
Month 4	Discuss how Mom's relationships might be healthy or harmful for her baby.	250	Family Development											
Month 4	Help military family adjust when reunited.	252	Family Development											

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Month 4	Talk about how Dad/partner can develop a close relationship with his baby, even though they don't live together.	254	Family Development										
Month 4	If parent is working, ask about current job and options for advancement.	256	Family Development										
Month 4	Help family make a realistic monthly budget.	258	Family Development										
Month 4	Make sure Mom and her partner understand the benefits of spacing pregnancies.	260	Family Health										
Month 4	Talk with family members about how excess weight can affect their health.	262	Family Health										
Month 4	Help family understand how depression can impact their baby.	264	Family Health	X									
Month 4	Help Mom and partner have realistic expectations about parenting.	266	Family Health										
Month 4	Talk about signs of teething and how to take care of baby's new teeth.	268	Caring for Baby	X									
Month 4	Explain separation is hard for babies and discuss how to ease transitions, especially if dealing with shared custody.	270	Caring for Baby	X									
Month 4	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	272	Baby's Development	X		X			X				
Month 4	Continue to promote parents' observation and reflection skills with baby.	274	Baby's Development							X			
Month 4	Explain the concept of "parentese" and why it is important.	276	Baby's Development										
Month 4	Discuss issues related to dual-language learning.	278	Baby's Development										
Month 4	Discuss how to build a trusting relationship with baby.	280	Baby's Development										
Month 4	Talk about how to choose good toys for baby.	282	Baby's Development						X	X			
Month 5	Talk about changes to their family with the birth of their baby.	288	Family Development										

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Month 5	Help family learn how to manage their time and set priorities.	290	Family Development											
Month 5	Encourage friendships with other mothers and ask about changes in relationships at school or work.	292	Family Development											
Month 5	If Dad does not live with his baby, talk about the importance of staying connected.	294	Family Development											
Month 5	Talk about importance of saving money for baby's future.	296	Family Development											
Month 5	Discuss alcohol or drug abuse by family members living in the home.	298	Family Health											
Month 5	Explain how getting outside during the day can make you feel better.	300	Family Health	X										
Month 5	Talk about any issues with breastfeeding, including dealing with a teething baby.	302	Caring for Baby		X									
Month 5	Talk about safety concerns with different types of baby gear and contraptions.	304	Caring for Baby											
Month 5	Explain importance of baby having consistent caregivers.	306	Caring for Baby											
Month 5	Explain what new skills baby is likely to learn this month.	308	Baby's Development	X	X	X	X		X	X	X			
Month 5	Continue to promote parents' observation and reflection skills with baby.	310	Baby's Development	X	X									
Month 5	Provide tips for sharing books with baby.	312	Baby's Development											
Month 5	Talk about household objects that are safe and educational for baby.	314	Baby's Development							X	X	X		
Month 6	Encourage family to make decisions with baby in mind.	320	Family Development											
Month 6	Ask Dad/partner how he was parented and what kind of father he wants to be.	322	Family Development											
Month 6	Ask how Mom is doing balancing school/work with parenting.	324	Family Development											

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Month 6	Ask about satisfaction with family planning method and, if appropriate, address reproductive coercion.	326	Family Health										
Month 6	See how Mom is feeling about her post-pregnancy body.	328	Family Health										
Month 6	Help list healthy ways to manage stress to benefit the whole family.	330	Family Health	X									
Month 6	Talk about introducing solid foods and how to watch for signs of allergies.	332	Caring for Baby										
Month 6	Talk about choking concerns.	334	Caring for Baby						X				
Month 6	Talk about how to handle disagreements between co-parents.	336	Caring for Baby	X									
Month 6	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	338	Baby's Development	X		X	X		X	X			
Month 6	Continue to promote parents' observation and reflection skills with baby.	340	Baby's Development	X									
Month 6	Encourage parents to use songs or games with baby that include hand motions.	342	Baby's Development			X							
Month 6	Help parents understand social-emotional well-being & conduct screening.	344	Baby's Development	X	X								
Month 6	Help parents understand why babies look to trusted adults to guide their reactions.	346	Baby's Development	X	X								
Month 6	Explain how stress negatively impacts learning and brain development.	348	Baby's Development	X	X								
Month 7	Discuss family's progress toward their goals and offer suggestions for overcoming challenges.	354	Family Development										
Month 7	Talk with Dad/partner about the importance of providing love, protection, and economic support.	356	Family Development	X	X								
Month 7	Review why condom use is important for preventing STIs.	358	Family Health										
Month 7	Encourage family mealtimes.	360	Family Health										

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Month 7	Ask about mood swings and talk about impact on baby.	362	Family Health	X								
Month 7	Ask how baby is handling solids and what foods have been tried.	364	Caring for Baby						X			
Month 7	Talk with family about how to baby-proof their house to prevent accidents.	366	Caring for Baby						X			
Month 7	Talk about the challenge of constant supervision.	368	Caring for Baby			X					X	
Month 7	Explain what new skills baby is likely to learn this month.	370	Baby's Development	X	X	X	X	X	X	X	X	
Month 7	Continue to promote parents' observation and reflection skills with baby.	372	Baby's Development	X					X			
Month 7	Talk about baby's new motor skills and the benefits of crawling.	374	Baby's Development									
Month 7	Discuss ways to help baby explore books and print.	378	Baby's Development			X			X			
Month 7	Summarize and preview baby's upcoming language development.	380	Baby's Development									
Month 7	Continue discussion of baby's social-emotional development and complete screening.	384	Baby's Development	X	X	X	X	X	X	X	X	
Month 7	Explain how stranger anxiety shows growing parent-child attachment.	388	Baby's Development	X	X							
Month 7	Talk about upcoming changes in cognitive development and preview new skills.	390	Baby's Development			X	X	X	X	X	X	
Month 7	Talk about baby's play skills and why play is important.	394	Baby's Development		X	X	X	X	X	X	X	
Month 8	Encourage family to have a "can-do" attitude to overcome barriers and reach their goals.	402	Family Development									
Month 8	Discuss relationship boundaries and how to say "no."	404	Family Development									
Month 8	Encourage Dad/partner to support his baby's increasing mobility, and continued need for reassurance and supervision.	406	Family Development		X							

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			Emotional and Behavioral Self-Regulation		Cognitive Self-Regulation (Executive Functioning)			Initiative and Curiosity		Creativity			
Domain Key			GOALS:		Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9
ATL: Approaches to Learning			Child manages feelings & emotions with support of familiar adults	Child manages actions and behavior with support of familiar adults	Child maintains focus and sustains attention with support	Child develops the ability to show persistence in actions & behavior	Child demonstrates the ability to be flexible in actions & behaviors	Child demonstrates emerging initiative in interactions, experiences, & explorations	Child shows interest in and curiosity about objects, materials, or events	Child uses creativity to increase understanding & learning	Child shows imagination in play & interactions with others		
SE: Social and Emotional Development													
LC: Language and Communication													
C: Cognition													
PMP: Perceptual, Motor, and Physical Development													
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY										
Month 8	Talk about progress with budgeting.	408	Family Development										
Month 8	Talk with Mom about emergency contraception.	410	Family Health										
Month 8	Talk about how to communicate effectively with health care providers.	412	Family Health										
Month 8	Remind family that exercise can reduce stress and control weight.	414	Family Health										
Month 8	Talk about how exercise can improve mood and lessen depression.	416	Family Health	X									
Month 8	Discuss ways to redirect baby to keep her safe.	418	Caring for Baby		X			X	X	X			
Month 8	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	420	Baby's Development	X		X			X	X			
Month 8	Continue to promote parents' observation and reflection skills with baby.	422	Baby's Development	X	X		X						
Month 8	Encourage parents to use language to teach baby what to expect next.	424	Baby's Development										
Month 8	Explain how having a parent nearby provides a "secure base" with baby's expanding need to explore.	426	Baby's Development	X	X				X				
Month 8	Explain how play helps baby learn.	428	Baby's Development	X	X	X	X	X	X	X	X	X	X
Month 9	Help parents compare how they were raised with how they want to raise their child.	434	Family Development										
Month 9	Explain how physical changes after childbirth may affect Mom's sexual relationship.	436	Family Health										
Month 9	Talk about what to do in case of a fire.	438	Family Health										
Month 9	Talk about problems with salt and how to cut down.	440	Family Health										
Month 9	Make sure Mom knows signs of vaginal infections and what to do.	442	Family Health										

DOMAIN: Approaches to Learning														
Baby's 1st Year				SUB-DOMAINS:		ATL_SD1		ATL_SD2			ATL_SD3		ATL_SD4	
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Month 9	Remind family how nutrition affects emotional health.	444	Family Health											
Month 9	Talk about how to promote a feeling of safety in the home and community.	446	Family Health	X	X									
Month 9	Teach parents how to prevent the spread of illness.	448	Caring for Baby											
Month 9	Help family adjust baby's nap schedule as needed.	450	Caring for Baby		X									
Month 9	Talk about the value of unhurried time and focused attention.	452	Caring for Baby	X	X	X		X						
Month 9	Explain what new skills baby is likely to learn this month.	454	Baby's Development	X		X	X	X	X	X	X			
Month 9	Continue to promote parents' observation and reflection skills with baby.	456	Baby's Development	X	X									
Month 9	Talk about the importance of baby's use of gestures as a way to communicate.	458	Baby's Development						X					
Month 9	Help family understand baby's temperament and how to adapt to different situations.	460	Baby's Development	X	X	X	X	X	X					
Month 9	Explain early brain development and how parents can promote it.	462	Baby's Development	X	X	X				X	X			
Month 10	Encourage family to be assertive and advocate for baby.	468	Family Development											
Month 10	Talk about preventing and repairing misunderstandings.	470	Family Development											
Month 10	Ask about the impact of fatherhood on Dad's/partner's friendships.	472	Family Development											
Month 10	Talk about following workplace policies and having a good work ethic.	474	Family Development											
Month 10	Talk about the link between drug and/or alcohol addiction and unresolved trauma.	476	Family Health											
Month 10	If there are guns in the home, remind parents to make sure they are kept unloaded in a locked cabinet.	478	Family Health											

DOMAIN: Approaches to Learning														
Baby's 1st Year				SUB-DOMAINS:		ATL_SD1		ATL_SD2			ATL_SD3		ATL_SD4	
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY											
Month 10	Help Mom use laughter to cope with daily ups and downs.	480	Family Health	X	X									
Month 10	If Mom is weaning baby, find out how they are doing and offer help with any difficulties.	482	Caring for Baby	X	X			X						
Month 10	Talk about keeping baby safe in the sun.	484	Caring for Baby											
Month 10	Talk about what it means when baby shakes his head "no."	486	Caring for Baby	X	X		X	X						
Month 10	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	488	Baby's Development	X	X	X	X	X	X	X	X			
Month 10	Continue to promote parents' observation and reflection skills with baby.	490	Baby's Development	X	X					X	X			
Month 10	Encourage turn-taking conversations between parents and baby.	492	Baby's Development			X			X					
Month 10	Help parents understand ways to enhance their child's healthy brain development.	494	Baby's Development	X		X		X	X	X	X			
Month 11	If visits will end on baby's 1st birthday, begin planning the transition.	500	Family Development											
Month 11	Encourage efforts to budget and save money.	502	Family Development											
Month 11	Talk with Mom about her efforts toward weight loss.	504	Family Health											
Month 11	Talk about value of simplifying and organizing to reduce stress and support emotional health.	506	Family Health	X	X	X								
Month 11	Explain the dangers of lead poisoning.	508	Caring for Baby											
Month 11	Discuss difference between "spoiling" and responding to baby's needs.	510	Caring for Baby	X	X			X	X					
Month 11	Ask how baby manages transitions.	512	Caring for Baby	X	X		X	X	X					
Month 11	Explain what new skills baby is likely to learn this month.	514	Baby's Development	X	X	X	X	X	X	X	X			

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Baby's 1st Year				SUB-DOMAINS:		ATL_SD1		ATL_SD2			ATL_SD3		ATL_SD4	
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9		
Month 11	Continue to promote parents' observation and reflection skills with baby.	516	Baby's Development	X	X	X	X	X	X	X				
Month 11	Talk about labeling everyday objects to help children learn new words.	518	Baby's Development											
Month 11	Help family understand that how they respond affects baby's feelings and self-worth.	520	Baby's Development			X	X	X	X	X	X			
Month 11	Explain why you can't get an infant to "sit still" or "behave."	522	Baby's Development	X	X									
Month 12	Help family take pride in progress toward their goals and talk about setting long-range goals.	528	Family Development											
Month 12	If visits are ending now, acknowledge that change is difficult and reach closure.	530	Family Development											
Month 12	Encourage Dad/partner to be nurturing and affectionate with his 1-year-old.	532	Family Development		X				X	X				
Month 12	Talk about using a checking account to keep track of budget.	534	Family Development											
Month 12	Review reasons to avoid pregnancy and prevent sexually transmitted infections (STIs).	536	Family Health											
Month 12	Help family prevent fire hazards and carbon monoxide poisoning.	538	Family Health											
Month 12	Ask about the emotional tone of the household and explain how it shapes baby's development.	540	Family Health	X	X									
Month 12	Discuss eating habits and healthy snack ideas.	542	Caring for Baby						X	X				
Month 12	Encourage regular tooth brushing and dental visits.	544	Caring for Baby								X	X		
Month 12	Discuss satisfaction with child care arrangements.	546	Caring for Baby											
Month 12	Help family plan baby's first birthday.	548	Caring for Baby											
Month 12	Talk about the likelihood of temper tantrums and how to handle them.	550	Caring for Baby	X	X				X					

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Baby's 1st Year			SUB-DOMAINS:		ATL_SD1		ATL_SD2			ATL_SD3		ATL_SD4	
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY										
Month 12	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	552	Baby's Development			X	X		X	X	X	X	
Month 12	Continue to promote parents' observation and reflection skills with baby.	554	Baby's Development	X	X	X	X						
Month 12	Encourage family to read with baby every day.	556	Baby's Development			X				X			
Month 12	Help parents understand social-emotional well-being and complete screening.	558	Baby's Development	X	X			X	X	X			
Month 12	Explain how play and homemade toys can promote learning.	560	Baby's Development			X	X	X	X	X	X	X	

DOMAIN: Social and Emotional Development																	
Baby's 1st Year				SUB-DOMAINS:		SE_SD1			SE_SD2		SE_SD3			SE_SD4			
				Relationships with Adults			Relationships with Other Children		Emotional Functioning			Sense of Identity and Belonging					
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development				Child develops expectations of consistent, positive interactions through secure relationships with familiar adults	Child uses expectations learned through repeated experiences in primary relationships to develop relationships with other adults.	Child learns to use adults as a resource to meet needs	Child shows interest in, interacts with & develops personal relationships with other children	Child imitates and engages in play with other children	Child learns to express a range of emotions	Child recognizes & interprets emotions of others with support from familiar adults	Child expresses care and concern towards others	Child manages emotions with support from familiar adults	Child shows awareness about self & how to connect with others	Child understands some characteristics of self & others	Child shows confidence in own abilities through relationships with others	Child develops a sense of belonging through relationships with others	
Month 1	Ensure Mom has adequate support during the postpartum period.	6	Family Development	X	X	X							X				
Month 1	Ask about Mom's relationship with baby's father and talk about the importance of his involvement with baby.	8	Family Development	X	X	X					X		X				X
Month 1	Help Dad/partner feel competent in his ability to care for his baby.	10	Family Development	X									X				X
Month 1	Make sure Dad/partner has a plan for when he feels frustrated with his baby.	12	Family Development	X			X										
Month 1	Help Dad/partner understand why breastfeeding is important and how he can be supportive.	14	Family Development														
Month 1	Help Dad/partner understand the difference between the baby blues and postpartum depression, and how to help.	16	Family Development	X			X										
Month 1	Ask Dad/partner about strategies he uses for calming his crying baby.	18	Family Development	X			X						X				
Month 1	Talk about arrangements Mom has made for child support/public assistance.	20	Family Development														
Month 1	If Mom smokes, encourage her to breastfeed and take precautions to minimize the impact on her baby.	22	Family Health														
Month 1	Be sure Mom knows that using street drugs or prescription drugs while breastfeeding can harm her baby.	24	Family Health														
Month 1	If Mom is breastfeeding, explain that any alcohol she drinks may harm her baby.	26	Family Health														
Month 1	Talk with Mom about birth control options.	28	Family Health														
Month 1	Discuss options for birth control if Mom is breastfeeding.	30	Family Health														
Month 1	Ensure family has health care coverage and a medical home.	32	Family Health														
Month 1	Make sure family has food in the home and has signed up for WIC.	34	Family Health														
Month 1	If Mom is breastfeeding make sure her diet is healthy and balanced.	36	Family Health														
Month 1	Help Mom manage typical physical discomforts that follow childbirth.	38	Family Health														

DOMAIN: Social and Emotional Development																	
Baby's 1st Year				SUB-DOMAINS:		SE_SD1			SE_SD2		SE_SD3			SE_SD4			
				Relationships with Adults			Relationships with Other Children		Emotional Functioning			Sense of Identity and Belonging					
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Month 1	If Mom had a cesarean birth, discuss her recovery and when to call the doctor.	40	Family Health														
Month 1	Explain that feeling really tired after childbirth is normal and suggest ways to manage fatigue.	42	Family Health														
Month 1	Ensure Mom schedules her postpartum checkup.	44	Family Health														
Month 1	Prepare family for the exhaustion and emotional challenges of the first few weeks.	46	Family Health														
Month 1	Ask how family is coping with the baby blues and help them recognize any signs of depression.	48	Family Health		X		X						X				
Month 1	Discuss benefits of breastfeeding with family.	50	Caring for Baby		X		X										
Month 1	Talk about breastfeeding myths.	52	Caring for Baby		X		X										
Month 1	Talk with Mom about breastfeeding her newborn.	54	Caring for Baby		X		X										
Month 1	Make sure family knows how to select and prepare formula as needed.	56	Caring for Baby		X		X										
Month 1	If bottle feeding, talk about steps to ensure success.	58	Caring for Baby		X		X										
Month 1	Explain how to be sure baby is getting enough to eat.	60	Caring for Baby		X		X										
Month 1	Ask how often baby is fed and if there are any problems with feeding.	62	Caring for Baby		X		X										
Month 1	Ask how feedings are going and talk about how to burp the baby.	64	Caring for Baby		X		X										
Month 1	Follow up on safety issues with family.	66	Caring for Baby														
Month 1	Ask about baby's first checkup and immunizations.	68	Caring for Baby														
Month 1	Talk about how to tell if baby is sick.	70	Caring for Baby		X		X										
Month 1	Show parents how to care for umbilical cord, diaper rash, and circumcision.	72	Caring for Baby		X												

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Month 1	Talk about symptoms of colic and handling the stress it can bring.	74	Caring for Baby		X		X						X				
Month 1	Make sure family knows how to change diaper.	76	Caring for Baby		X		X										X
Month 1	Talk about choosing quality child care.	78	Caring for Baby		X	X	X										
Month 1	Talk about bathing baby.	80	Caring for Baby		X		X										
Month 1	Ask about baby's sleep patterns and how family copes with less sleep.	82	Caring for Baby		X		X										
Month 1	Talk about how all babies develop at different rates and explain the Watch Me Grow handouts.	84	Baby's Development		X		X						X				X
Month 1	Talk about being careful observers so they can learn what their baby likes and how he learns.	86	Baby's Development		X		X						X				
Month 1	Talk with family about baby's motor development.	88	Baby's Development														X
Month 1	Help family recognize and respond to baby's signals.	92	Baby's Development		X	X	X			X			X				
Month 1	Explain why it is important to talk, sing, and read with their baby.	94	Baby's Development		X												
Month 1	Summarize baby's early language development.	96	Baby's Development		X	X	X			X	X		X			X	
Month 1	Help parents bond with baby.	100	Baby's Development		X	X	X						X				X
Month 1	Talk about ways to bond if baby stays in the hospital.	102	Baby's Development		X	X	X						X				X
Month 1	Help parents read baby's cues and anticipate needs before baby gets fussy.	104	Baby's Development		X	X	X			X			X				
Month 1	Build parent's confidence and competence in calming baby when fussy.	106	Baby's Development		X	X	X						X				
Month 1	Help parents understand the importance of touch in building a close relationship with baby.	108	Baby's Development		X	X	X						X				
Month 1	Help family understand baby's early social emotional development and complete screening.	110	Baby's Development		X	X	X			X	X	X	X	X	X	X	X

DOMAIN: Social and Emotional Development																		
Baby's 1st Year				SUB-DOMAINS:		SE_SD1			SE_SD2		SE_SD3				SE_SD4			
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Month 1	Talk about baby's cognitive development.	114	Baby's Development			X								X		X	X	
Month 1	Talk about baby's play skills and why play is important.	118	Baby's Development															
Month 2	Ensure Mom has enough support.	128	Family Development															
Month 2	Help siblings adjust to the new baby.	130	Family Development				X	X									X	
Month 2	Help military parents stay connected with their newborn and family during deployment.	132	Family Development	X	X												X	
Month 2	Let Dad/partner share what he has learned about baby's cues and responding to baby's needs.	134	Family Development	X	X	X							X				X	
Month 2	Ask Dad/partner how he's adjusting to his new baby.	136	Family Development	X	X	X											X	
Month 2	Explain that new dads can experience depression.	138	Family Development	X														
Month 2	Help family keep track of their spending.	140	Family Development															
Month 2	Encourage Mom to return to school and suggest ways to make it easier.	142	Family Development															
Month 2	Talk with the family about how exposure to cigarette smoke can be harmful to the baby.	144	Family Health															
Month 2	Find out how Mom's postpartum checkup went and follow up on her choice of birth control.	146	Family Health															
Month 2	If Mom has a history of depression or is taking antidepressants, discuss options for birth control.	148	Family Health															
Month 2	Make sure the family has health care coverage and help them resolve any insurance or Medicaid problems.	150	Family Health															
Month 2	Talk about the amount of protein needed for breastfeeding moms.	152	Family Health															
Month 2	Help Mom find ways to cope with the loss of sleep.	154	Family Health															
Month 2	Ask Mom about her postpartum checkup and how she's feeling about her post-pregnancy body.	156	Family Health															

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Baby's 1st Year				SUB-DOMAINS:		SE_SD1			SE_SD2		SE_SD3				SE_SD4		
				Relationships with Adults			Relationships with Other Children		Emotional Functioning				Sense of Identity and Belonging				
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
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Month 2	Talk about the stress and demands of parenting a new baby.	158	Family Health														
Month 2	Explain the importance of emotional health.	160	Family Health	X						X			X				
Month 2	Encourage Mom to continue breastfeeding.	162	Caring for Baby														
Month 2	Explain how to express and store breast milk.	164	Caring for Baby														
Month 2	Talk about safety issues when taking baby out in a car.	166	Caring for Baby														
Month 2	Discuss dangers of secondhand smoke.	168	Caring for Baby														
Month 2	Encourage parents to insist that everyone caring for baby follow the daily care routines being established.	170	Caring for Baby	X	X												
Month 2	Explain the importance of performing baby's daily care routines with respect.	172	Caring for Baby	X	X	X											X
Month 2	Talk with family about using a pacifier.	174	Caring for Baby										X				
Month 2	Help all the adults raising the child to cooperate together in co-parenting.	176	Caring for Baby	X	X								X				X
Month 2	Explain what new skills baby is likely to learn this month and discuss the ASQ-3 or other developmental screening tool.	178	Baby's Development	X						X			X	X			
Month 2	Continue to promote parents' observation and reflection skills with baby.	180	Baby's Development	X	X	X				X							
Month 2	Help the family understand the value of turn-taking with baby.	182	Baby's Development	X	X												
Month 2	Explain early emotional cues and how babies learn from imitating feelings of others.	184	Baby's Development							X	X						
Month 2	Talk about importance of comforting baby, especially when hurt, sick, or upset.	186	Baby's Development	X		X							X				
Month 3	Help family identify their dreams and achieve their goals.	192	Family Development														
Month 3	Talk about strategies for solving everyday problems.	194	Family Development														

DOMAIN: Social and Emotional Development																
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Month 3	Ask how the new baby has changed family relationships.	196	Family Development	X	X		X									
Month 3	Ask how grandparents relate to baby and encourage their involvement.	198	Family Development	X	X											
Month 3	Talk with Dad/partner to see how he's doing with interpreting and responding to his baby's cues.	200	Family Development	X		X			X			X				
Month 3	Encourage family to make plans to avoid missing work/school if baby is sick.	202	Family Development													
Month 3	Check on family's budget and make any necessary revisions.	204	Family Development													
Month 3	If there are smokers in the home, find out why they smoke and offer suggestions to help them quit or cut back.	206	Family Health													
Month 3	Talk about the importance of handwashing to prevent the spread of illness.	208	Family Health													
Month 3	Help Mom with strategies for exercising.	210	Family Health													
Month 3	Explain why doing Kegel exercises is important.	212	Family Health													
Month 3	Talk with Mom about recovering from a difficult or unplanned birth experience.	214	Family Health													
Month 3	Talk with family about how relationships, sleep, exercise, nutrition, gratitude, and stress influence emotional health.	216	Family Health	X												
Month 3	Explain how sleep affects mood and discuss ways to get more sleep.	218	Family Health	X												
Month 3	Discuss ways to reduce illness when starting child care.	220	Caring for Baby													
Month 3	Talk about getting baby ready for an outing.	222	Caring for Baby	X		X						X				
Month 3	Follow up on baby's sleep routine.	224	Caring for Baby									X				X
Month 3	Discuss any concerns about spoiling baby.	226	Caring for Baby	X	X	X						X				
Month 3	Explain what new skills baby is likely to learn this month.	228	Baby's Development						X							

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Month 3	Continue to promote parents' observation and reflection skills with baby.	230	Baby's Development	X									X				
Month 3	Talk with parents about the importance of shared reading and what books are best for babies.	232	Baby's Development														
Month 3	Explain how attachments are formed and strengthened.	234	Baby's Development	X	X	X											
Month 3	Help parents understand ways to help baby learn to self-soothe.	236	Baby's Development										X				
Month 3	Talk about impact of a fussy baby on parent-child relationship and offer strategies to have "the happiest baby on the block."	238	Baby's Development										X				
Month 3	Help parents understand how they can influence their baby's brain development.	240	Baby's Development	X		X						X					
Month 4	Help family identify their dreams for their baby.	246	Family Development	X	X												
Month 4	Talk about traits needed to be successful.	248	Family Development														
Month 4	Discuss how Mom's relationships might be healthy or harmful for her baby.	250	Family Development	X	X												
Month 4	Help military family adjust when reunited.	252	Family Development	X	X												
Month 4	Talk about how Dad/partner can develop a close relationship with his baby, even though they don't live together.	254	Family Development	X	X												
Month 4	If parent is working, ask about current job and options for advancement.	256	Family Development														
Month 4	Help family make a realistic monthly budget.	258	Family Development														
Month 4	Make sure Mom and her partner understand the benefits of spacing pregnancies.	260	Family Health	X			X										
Month 4	Talk with family members about how excess weight can affect their health.	262	Family Health														
Month 4	Help family understand how depression can impact their baby.	264	Family Health	X						X	X		X				
Month 4	Help Mom and partner have realistic expectations about parenting.	266	Family Health	X													

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Month 4	Talk about signs of teething and how to take care of baby's new teeth.	268	Caring for Baby										X					
Month 4	Explain separation is hard for babies and discuss how to ease transitions, especially if dealing with shared custody.	270	Caring for Baby	X	X	X							X				X	
Month 4	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	272	Baby's Development	X	X	X			X					X		X		
Month 4	Continue to promote parents' observation and reflection skills with baby.	274	Baby's Development	X			X		X				X					
Month 4	Explain the concept of "parentese" and why it is important.	276	Baby's Development															
Month 4	Discuss issues related to dual-language learning.	278	Baby's Development	X	X												X	
Month 4	Discuss how to build a trusting relationship with baby.	280	Baby's Development	X	X	X											X	
Month 4	Talk about how to choose good toys for baby.	282	Baby's Development															
Month 5	Talk about changes to their family with the birth of their baby.	288	Family Development	X			X										X	
Month 5	Help family learn how to manage their time and set priorities.	290	Family Development															
Month 5	Encourage friendships with other mothers and ask about changes in relationships at school or work.	292	Family Development		X		X											
Month 5	If Dad does not live with his baby, talk about the importance of staying connected.	294	Family Development	X														
Month 5	Talk about importance of saving money for baby's future.	296	Family Development															
Month 5	Discuss alcohol or drug abuse by family members living in the home.	298	Family Health															
Month 5	Explain how getting outside during the day can make you feel better.	300	Family Health	X									X					
Month 5	Talk about any issues with breastfeeding, including dealing with a teething baby.	302	Caring for Baby															
Month 5	Talk about safety concerns with different types of baby gear and contraptions.	304	Caring for Baby															

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Month 5	Explain importance of baby having consistent caregivers.	306	Caring for Baby	X	X	X										
Month 5	Explain what new skills baby is likely to learn this month.	308	Baby's Development	X					X	X		X	X	X	X	
Month 5	Continue to promote parents' observation and reflection skills with baby.	310	Baby's Development						X			X				
Month 5	Provide tips for sharing books with baby.	312	Baby's Development													
Month 5	Talk about household objects that are safe and educational for baby.	314	Baby's Development													
Month 6	Encourage family to make decisions with baby in mind.	320	Family Development	X		X										
Month 6	Ask Dad/partner how he was parented and what kind of father he wants to be.	322	Family Development	X												
Month 6	Ask how Mom is doing balancing school/work with parenting.	324	Family Development	X												
Month 6	Ask about satisfaction with family planning method and, if appropriate, address reproductive coercion.	326	Family Health													
Month 6	See how Mom is feeling about her post-pregnancy body.	328	Family Health													
Month 6	Help list healthy ways to manage stress to benefit the whole family.	330	Family Health	X								X				
Month 6	Talk about introducing solid foods and how to watch for signs of allergies.	332	Caring for Baby													
Month 6	Talk about choking concerns.	334	Caring for Baby													
Month 6	Talk about how to handle disagreements between co-parents.	336	Caring for Baby	X								X				
Month 6	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	338	Baby's Development	X	X		X	X	X			X	X		X	
Month 6	Continue to promote parents' observation and reflection skills with baby.	340	Baby's Development						X			X			X	
Month 6	Encourage parents to use songs or games with baby that include hand motions.	342	Baby's Development										X		X	

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Month 6	Help parents understand social-emotional well-being & conduct screening.	344	Baby's Development	X	X	X				X			X				X
Month 6	Help parents understand why babies look to trusted adults to guide their reactions.	346	Baby's Development	X	X	X				X	X		X				
Month 6	Explain how stress negatively impacts learning and brain development.	348	Baby's Development	X	X	X							X				
Month 7	Discuss family's progress toward their goals and offer suggestions for overcoming challenges.	354	Family Development														
Month 7	Talk with Dad/partner about the importance of providing love, protection, and economic support.	356	Family Development	X	X	X							X				
Month 7	Review why condom use is important for preventing STIs.	358	Family Health														
Month 7	Encourage family mealtimes.	360	Family Health														X
Month 7	Ask about mood swings and talk about impact on baby.	362	Family Health	X		X				X	X		X	X			
Month 7	Ask how baby is handling solids and what foods have been tried.	364	Caring for Baby														
Month 7	Talk with family about how to baby-proof their house to prevent accidents.	366	Caring for Baby														
Month 7	Talk about the challenge of constant supervision.	368	Caring for Baby														
Month 7	Explain what new skills baby is likely to learn this month.	370	Baby's Development	X	X	X	X	X	X	X			X	X		X	X
Month 7	Continue to promote parents' observation and reflection skills with baby.	372	Baby's Development	X						X			X				
Month 7	Talk about baby's new motor skills and the benefits of crawling.	374	Baby's Development														
Month 7	Discuss ways to help baby explore books and print.	378	Baby's Development	X											X		X
Month 7	Summarize and preview baby's upcoming language development.	380	Baby's Development														
Month 7	Continue discussion of baby's social-emotional development and complete screening.	384	Baby's Development	X	X	X	X	X	X	X	X		X	X	X	X	X

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Month 7	Explain how stranger anxiety shows growing parent-child attachment.	388	Baby's Development	X	X	X			X			X	X			
Month 7	Talk about upcoming changes in cognitive development and preview new skills.	390	Baby's Development										X	X	X	X
Month 7	Talk about baby's play skills and why play is important.	394	Baby's Development			X	X	X					X		X	
Month 8	Encourage family to have a "can-do" attitude to overcome barriers and reach their goals.	402	Family Development													
Month 8	Discuss relationship boundaries and how to say "no."	404	Family Development	X												
Month 8	Encourage Dad/partner to support his baby's increasing mobility, and continued need for reassurance and supervision.	406	Family Development	X	X	X										
Month 8	Talk about progress with budgeting.	408	Family Development													
Month 8	Talk with Mom about emergency contraception.	410	Family Health													
Month 8	Talk about how to communicate effectively with health care providers.	412	Family Health													
Month 8	Remind family that exercise can reduce stress and control weight.	414	Family Health													
Month 8	Talk about how exercise can improve mood and lessen depression.	416	Family Health									X				
Month 8	Discuss ways to redirect baby to keep her safe.	418	Caring for Baby	X		X										
Month 8	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	420	Baby's Development	X	X	X	X	X	X			X	X		X	X
Month 8	Continue to promote parents' observation and reflection skills with baby.	422	Baby's Development	X			X		X			X				
Month 8	Encourage parents to use language to teach baby what to expect next.	424	Baby's Development	X												
Month 8	Explain how having a parent nearby provides a "secure base" with baby's expanding need to explore.	426	Baby's Development	X	X	X						X				
Month 8	Explain how play helps baby learn.	428	Baby's Development	X					X			X				

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Month 9	Help parents compare how they were raised with how they want to raise their child.	434	Family Development	X													
Month 9	Explain how physical changes after childbirth may affect Mom's sexual relationship.	436	Family Health														
Month 9	Talk about what to do in case of a fire.	438	Family Health														
Month 9	Talk about problems with salt and how to cut down.	440	Family Health														
Month 9	Make sure Mom knows signs of vaginal infections and what to do.	442	Family Health														
Month 9	Remind family how nutrition affects emotional health.	444	Family Health														
Month 9	Talk about how to promote a feeling of safety in the home and community.	446	Family Health	X									X				
Month 9	Teach parents how to prevent the spread of illness.	448	Caring for Baby														
Month 9	Help family adjust baby's nap schedule as needed.	450	Caring for Baby				X										X
Month 9	Talk about the value of unhurried time and focused attention.	452	Caring for Baby	X			X						X				X
Month 9	Explain what new skills baby is likely to learn this month.	454	Baby's Development	X	X		X			X	X			X	X	X	
Month 9	Continue to promote parents' observation and reflection skills with baby.	456	Baby's Development							X			X				
Month 9	Talk about the importance of baby's use of gestures as a way to communicate.	458	Baby's Development				X							X		X	X
Month 9	Help family understand baby's temperament and how to adapt to different situations.	460	Baby's Development	X	X		X			X			X				
Month 9	Explain early brain development and how parents can promote it.	462	Baby's Development	X			X						X				X
Month 10	Encourage family to be assertive and advocate for baby.	468	Family Development	X			X										
Month 10	Talk about preventing and repairing misunderstandings.	470	Family Development														

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Month 10	Ask about the impact of fatherhood on Dad's/partner's friendships.	472	Family Development														
Month 10	Talk about following workplace policies and having a good work ethic.	474	Family Development														
Month 10	Talk about the link between drug and/or alcohol addiction and unresolved trauma.	476	Family Health														
Month 10	If there are guns in the home, remind parents to make sure they are kept unloaded in a locked cabinet.	478	Family Health														
Month 10	Help Mom use laughter to cope with daily ups and downs.	480	Family Health		X								X				
Month 10	If Mom is weaning baby, find out how they are doing and offer help with any difficulties.	482	Caring for Baby		X												
Month 10	Talk about keeping baby safe in the sun.	484	Caring for Baby														
Month 10	Talk about what it means when baby shakes his head "no."	486	Caring for Baby		X					X			X	X			
Month 10	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	488	Baby's Development							X			X	X	X	X	X
Month 10	Continue to promote parents' observation and reflection skills with baby.	490	Baby's Development				X			X			X				
Month 10	Encourage turn-taking conversations between parents and baby.	492	Baby's Development											X			
Month 10	Help parents understand ways to enhance their child's healthy brain development.	494	Baby's Development		X					X	X			X	X		
Month 11	If visits will end on baby's 1st birthday, begin planning the transition.	500	Family Development														
Month 11	Encourage efforts to budget and save money.	502	Family Development														
Month 11	Talk with Mom about her efforts toward weight loss.	504	Family Health														
Month 11	Talk about value of simplifying and organizing to reduce stress and support emotional health.	506	Family Health										X				
Month 11	Explain the dangers of lead poisoning.	508	Caring for Baby														

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				Relationships with Adults			Relationships with Other Children		Emotional Functioning				Sense of Identity and Belonging			
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development				Child develops expectations of consistent, positive interactions through secure relationships with familiar adults	Child uses expectations learned through repeated experiences in primary relationships to develop relationships with other adults.	Child learns to use adults as a resource to meet needs	Child shows interest in, interacts with & develops personal relationships with other children	Child imitates and engages in play with other children	Child learns to express a range of emotions	Child recognizes & interprets emotions of others with support from familiar adults	Child expresses care and concern towards others	Child manages emotions with support from familiar adults	Child shows awareness about self & how to connect with others	Child understands some characteristics of self & others	Child shows confidence in own abilities through relationships with others	Child develops a sense of belonging through relationships with others
Month 11	Discuss difference between "spoiling" and responding to baby's needs.	510	Caring for Baby	X	X	X						X				
Month 11	Ask how baby manages transitions.	512	Caring for Baby	X					X			X				X
Month 11	Explain what new skills baby is likely to learn this month.	514	Baby's Development	X	X	X	X					X	X	X	X	X
Month 11	Continue to promote parents' observation and reflection skills with baby.	516	Baby's Development	X					X			X				
Month 11	Talk about labeling everyday objects to help children learn new words.	518	Baby's Development													
Month 11	Help family understand that how they respond affects baby's feelings and self-worth.	520	Baby's Development												X	
Month 11	Explain why you can't get an infant to "sit still" or "behave."	522	Baby's Development									X				
Month 12	Help family take pride in progress toward their goals and talk about setting long-range goals.	528	Family Development													
Month 12	If visits are ending now, acknowledge that change is difficult and reach closure.	530	Family Development	X	X											
Month 12	Encourage Dad/partner to be nurturing and affectionate with his 1-year-old.	532	Family Development	X											X	
Month 12	Talk about using a checking account to keep track of budget.	534	Family Development													
Month 12	Review reasons to avoid pregnancy and prevent sexually transmitted infections (STIs).	536	Family Health													
Month 12	Help family prevent fire hazards and carbon monoxide poisoning.	538	Family Health													
Month 12	Ask about the emotional tone of the household and explain how it shapes baby's development.	540	Family Health	X	X				X	X	X	X	X		X	X
Month 12	Discuss eating habits and healthy snack ideas.	542	Caring for Baby													X
Month 12	Encourage regular tooth brushing and dental visits.	544	Caring for Baby													
Month 12	Discuss satisfaction with child care arrangements.	546	Caring for Baby	X	X	X										X

DOMAIN: Social and Emotional Development																	
Baby's 1st Year				SUB-DOMAINS:		SE_SD1			SE_SD2		SE_SD3			SE_SD4			
				Relationships with Adults			Relationships with Other Children		Emotional Functioning			Sense of Identity and Belonging					
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
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Month 12	Help family plan baby's first birthday.	548	Caring for Baby					X							X		X
Month 12	Talk about the likelihood of temper tantrums and how to handle them.	550	Caring for Baby							X			X				
Month 12	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	552	Baby's Development	X			X							X		X	
Month 12	Continue to promote parents' observation and reflection skills with baby.	554	Baby's Development	X	X			X		X			X	X			
Month 12	Encourage family to read with baby every day.	556	Baby's Development	X													X
Month 12	Help parents understand social-emotional well-being and complete screening.	558	Baby's Development	X	X	X		X	X	X	X		X	X			
Month 12	Explain how play and homemade toys can promote learning.	560	Baby's Development													X	

DOMAIN: Language and Communication																
Baby's 1st Year			SUB-DOMAINS:													
			LC_SD1		LC_SD2				LC_SD3		LC_SD4					
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development			GOALS:													
			Attending and Understanding		Communicating and Speaking				Vocabulary		Emergent Literacy					
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
Month 1	Ensure Mom has adequate support during the postpartum period.	6	Family Development	Child attends to, understands & responds to communication & language from others	Child learns from communication & language experiences with others	Child communicates needs & wants non-verbally & by using language	Child uses non-verbal communication & language to engage others in interactions	Child uses increasingly complex language in conversation with others	Child initiates non-verbal communication & language to learn & gain information	Child understands an increasing number of words in communication	Child uses an increasing number of words	Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs	Child handles books & relates them to their stories or information	Child recognizes pictures, symbols & words	Child comprehends meaning from pictures & stories	Child makes marks & uses them to represent objects or actions
Month 1	Ask about Mom's relationship with baby's father and talk about the importance of his involvement with baby.	8	Family Development													
Month 1	Help Dad/partner feel competent in his ability to care for his baby.	10	Family Development			X										
Month 1	Make sure Dad/partner has a plan for when he feels frustrated with his baby.	12	Family Development													
Month 1	Help Dad/partner understand why breastfeeding is important and how he can be supportive.	14	Family Development													
Month 1	Help Dad/partner understand the difference between the baby blues and postpartum depression, and how to help.	16	Family Development													
Month 1	Ask Dad/partner about strategies he uses for calming his crying baby.	18	Family Development			X										
Month 1	Talk about arrangements Mom has made for child support/public assistance.	20	Family Development													
Month 1	If Mom smokes, encourage her to breastfeed and take precautions to minimize the impact on her baby.	22	Family Health													
Month 1	Be sure Mom knows that using street drugs or prescription drugs while breastfeeding can harm her baby.	24	Family Health													
Month 1	If Mom is breastfeeding, explain that any alcohol she drinks may harm her baby.	26	Family Health													
Month 1	Talk with Mom about birth control options.	28	Family Health													
Month 1	Discuss options for birth control if Mom is breastfeeding.	30	Family Health													
Month 1	Ensure family has health care coverage and a medical home.	32	Family Health													
Month 1	Make sure family has food in the home and has signed up for WIC.	34	Family Health													
Month 1	If Mom is breastfeeding make sure her diet is healthy and balanced.	36	Family Health													
Month 1	Help Mom manage typical physical discomforts that follow childbirth.	38	Family Health													
Month 1	If Mom had a cesarean birth, discuss her recovery and when to call the doctor.	40	Family Health													
Month 1	Explain that feeling really tired after childbirth is normal and suggest ways to manage fatigue.	42	Family Health													
Month 1	Ensure Mom schedules her postpartum checkup.	44	Family Health													

DOMAIN: Language and Communication																												
Baby's 1st Year		SUB-DOMAINS:			LC_SD1		LC_SD2				LC_SD3		LC_SD4															
					Attending and Understanding		Communicating and Speaking				Vocabulary		Emergent Literacy															
Domain Key		GOALS:			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13											
ATL: Approaches to Learning		Child attends to, understands & responds to communication & language from others			Child learns from communication & language experiences with others		Child communicates needs & wants non-verbally & by using language		Child uses non-verbal communication & language to engage others in interactions		Child uses increasingly complex language in conversation with others		Child initiates non-verbal communication & language to learn & gain information		Child understands an increasing number of words in communication		Child uses an increasing number of words		Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs		Child handles books & relates them to their stories or information		Child recognizes pictures, symbols & words		Child comprehends meaning from pictures & stories		Child makes marks & uses them to represent objects or actions	
SE: Social and Emotional Development		C: Cognition		PMP: Perceptual, Motor, and Physical Development																								
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY																									
Month 1	Prepare family for the exhaustion and emotional challenges of the first few weeks.	46	Family Health																									
Month 1	Ask how family is coping with the baby blues and help them recognize any signs of depression.	48	Family Health																									
Month 1	Discuss benefits of breastfeeding with family.	50	Caring for Baby																									
Month 1	Talk about breastfeeding myths.	52	Caring for Baby																									
Month 1	Talk with Mom about breastfeeding her newborn.	54	Caring for Baby	X	X	X																						
Month 1	Make sure family knows how to select and prepare formula as needed.	56	Caring for Baby																									
Month 1	If bottle feeding, talk about steps to ensure success.	58	Caring for Baby	X	X	X																						
Month 1	Explain how to be sure baby is getting enough to eat.	60	Caring for Baby																									
Month 1	Ask how often baby is fed and if there are any problems with feeding.	62	Caring for Baby																									
Month 1	Ask how feedings are going and talk about how to burp the baby.	64	Caring for Baby																									
Month 1	Follow up on safety issues with family.	66	Caring for Baby																									
Month 1	Ask about baby's first checkup and immunizations.	68	Caring for Baby																									
Month 1	Talk about how to tell if baby is sick.	70	Caring for Baby			X																						
Month 1	Show parents how to care for umbilical cord, diaper rash, and circumcision.	72	Caring for Baby																									
Month 1	Talk about symptoms of colic and handling the stress it can bring.	74	Caring for Baby	X	X	X																						
Month 1	Make sure family knows how to change diaper.	76	Caring for Baby	X	X																							
Month 1	Talk about choosing quality child care.	78	Caring for Baby																									
Month 1	Talk about bathing baby.	80	Caring for Baby																									
Month 1	Ask about baby's sleep patterns and how family copes with less sleep.	82	Caring for Baby			X																						
Month 1	Talk about how all babies develop at different rates and explain the Watch Me Grow handouts.	84	Baby's Development	X	X	X																						

DOMAIN: Language and Communication																
Baby's 1st Year				SUB-DOMAINS:												
				LC_SD1		LC_SD2				LC_SD3		LC_SD4				
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development				Attending and Understanding		Communicating and Speaking				Vocabulary		Emergent Literacy				
				GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Child attends to, understands & responds to communication & language from others	Child learns from communication & language experiences with others	Child communicates needs & wants non-verbally & by using language	Child uses non-verbal communication & language to engage others in interactions	Child uses increasingly complex language in conversation with others	Child initiates non-verbal communication & language to learn & gain information	Child understands an increasing number of words in communication	Child uses an increasing number of words	Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs	Child handles books & relates them to their stories or information	Child recognizes pictures, symbols & words	Child comprehends meaning from pictures & stories	Child makes marks & uses them to represent objects or actions
Month 1	Talk about being careful observers so they can learn what their baby likes and how he learns.	86	Baby's Development	X		X						X				
Month 1	Talk with family about baby's motor development.	88	Baby's Development													
Month 1	Help family recognize and respond to baby's signals.	92	Baby's Development			X	X									
Month 1	Explain why it is important to talk, sing, and read with their baby.	94	Baby's Development	X	X	X	X			X		X	X			
Month 1	Summarize baby's early language development.	96	Baby's Development	X	X	X	X	X	X	X		X				
Month 1	Help parents bond with baby.	100	Baby's Development													
Month 1	Talk about ways to bond if baby stays in the hospital.	102	Baby's Development													
Month 1	Help parents read baby's cues and anticipate needs before baby gets fussy.	104	Baby's Development			X	X									
Month 1	Build parent's confidence and competence in calming baby when fussy.	106	Baby's Development			X										
Month 1	Help parents understand the importance of touch in building a close relationship with baby.	108	Baby's Development													
Month 1	Help family understand baby's early social emotional development and complete screening.	110	Baby's Development	X	X	X	X									
Month 1	Talk about baby's cognitive development.	114	Baby's Development	X	X	X	X		X			X				
Month 1	Talk about baby's play skills and why play is important.	118	Baby's Development	X			X	X	X							
Month 2	Ensure Mom has enough support.	128	Family Development													
Month 2	Help siblings adjust to the new baby.	130	Family Development													
Month 2	Help military parents stay connected with their newborn and family during deployment.	132	Family Development													
Month 2	Let Dad/partner share what he has learned about baby's cues and responding to baby's needs.	134	Family Development			X										
Month 2	Ask Dad/partner how he's adjusting to his new baby.	136	Family Development													
Month 2	Explain that new dads can experience depression.	138	Family Development													
Month 2	Help family keep track of their spending.	140	Family Development													

DOMAIN: Language and Communication																	
Baby's 1st Year		SUB-DOMAINS:			LC_SD1		LC_SD2				LC_SD3		LC_SD4				
					Attending and Understanding		Communicating and Speaking				Vocabulary		Emergent Literacy				
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
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Month 2	Encourage Mom to return to school and suggest ways to make it easier.	142	Family Development														
Month 2	Talk with the family about how exposure to cigarette smoke can be harmful to the baby.	144	Family Health														
Month 2	Find out how Mom's postpartum checkup went and follow up on her choice of birth control.	146	Family Health														
Month 2	If Mom has a history of depression or is taking antidepressants, discuss options for birth control.	148	Family Health														
Month 2	Make sure the family has health care coverage and help them resolve any insurance or Medicaid problems.	150	Family Health														
Month 2	Talk about the amount of protein needed for breastfeeding moms.	152	Family Health														
Month 2	Help Mom find ways to cope with the loss of sleep.	154	Family Health														
Month 2	Ask Mom about her postpartum checkup and how she's feeling about her post-pregnancy body.	156	Family Health														
Month 2	Talk about the stress and demands of parenting a new baby.	158	Family Health														
Month 2	Explain the importance of emotional health.	160	Family Health														
Month 2	Encourage Mom to continue breastfeeding.	162	Caring for Baby														
Month 2	Explain how to express and store breast milk.	164	Caring for Baby														
Month 2	Talk about safety issues when taking baby out in a car.	166	Caring for Baby														
Month 2	Discuss dangers of secondhand smoke.	168	Caring for Baby														
Month 2	Encourage parents to insist that everyone caring for baby follow the daily care routines being established.	170	Caring for Baby														
Month 2	Explain the importance of performing baby's daily care routines with respect.	172	Caring for Baby		X						X						
Month 2	Talk with family about using a pacifier.	174	Caring for Baby														
Month 2	Help all the adults raising the child to cooperate together in co-parenting.	176	Caring for Baby														
Month 2	Explain what new skills baby is likely to learn this month and discuss the ASQ-3 or other developmental screening tool.	178	Baby's Development		X	X	X	X	X				X			X	
Month 2	Continue to promote parents' observation and reflection skills with baby.	180	Baby's Development		X	X	X	X									

DOMAIN: Language and Communication																
Baby's 1st Year				SUB-DOMAINS:												
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Month 2	Help the family understand the value of turn-taking with baby.	182	Baby's Development	X	X	X	X	X								
Month 2	Explain early emotional cues and how babies learn from imitating feelings of others.	184	Baby's Development													
Month 2	Talk about importance of comforting baby, especially when hurt, sick, or upset.	186	Baby's Development													
Month 3	Help family identify their dreams and achieve their goals.	192	Family Development													
Month 3	Talk about strategies for solving everyday problems.	194	Family Development													
Month 3	Ask how the new baby has changed family relationships.	196	Family Development													
Month 3	Ask how grandparents relate to baby and encourage their involvement.	198	Family Development													
Month 3	Talk with Dad/partner to see how he's doing with interpreting and responding to his baby's cues.	200	Family Development	X		X										
Month 3	Encourage family to make plans to avoid missing work/school if baby is sick.	202	Family Development													
Month 3	Check on family's budget and make any necessary revisions.	204	Family Development													
Month 3	If there are smokers in the home, find out why they smoke and offer suggestions to help them quit or cut back.	206	Family Health													
Month 3	Talk about the importance of handwashing to prevent the spread of illness.	208	Family Health													
Month 3	Help Mom with strategies for exercising.	210	Family Health													
Month 3	Explain why doing Kegel exercises is important.	212	Family Health													
Month 3	Talk with Mom about recovering from a difficult or unplanned birth experience.	214	Family Health													
Month 3	Talk with family about how relationships, sleep, exercise, nutrition, gratitude, and stress influence emotional health.	216	Family Health													
Month 3	Explain how sleep affects mood and discuss ways to get more sleep.	218	Family Health													
Month 3	Discuss ways to reduce illness when starting child care.	220	Caring for Baby													
Month 3	Talk about getting baby ready for an outing.	222	Caring for Baby													
Month 3	Follow up on baby's sleep routine.	224	Caring for Baby													

DOMAIN: Language and Communication																
Baby's 1st Year			SUB-DOMAINS:													
			LC_SD1 Attending and Understanding		LC_SD2 Communicating and Speaking				LC_SD3 Vocabulary		LC_SD4 Emergent Literacy					
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Goal 1 Child attends to, understands & responds to communication & language from others	Goal 2 Child learns from communication & language experiences with others	Goal 3 Child communicates needs & wants non-verbally & by using language	Goal 4 Child uses non-verbal communication & language to engage others in interactions	Goal 5 Child uses increasingly complex language in conversation with others	Goal 6 Child initiates non-verbal communication & language to learn & gain information	Goal 7 Child understands an increasing number of words in communication	Goal 8 Child uses an increasing number of words	Goal 9 Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs	Goal 10 Child handles books & relates them to their stories or information	Goal 11 Child recognizes pictures, symbols & words	Goal 12 Child comprehends meaning from pictures & stories	Goal 13 Child makes marks & uses them to represent objects or actions
Month 3	Discuss any concerns about spoiling baby.	226	Caring for Baby													
Month 3	Explain what new skills baby is likely to learn this month.	228	Baby's Development	X	X	X	X	X		X						
Month 3	Continue to promote parents' observation and reflection skills with baby.	230	Baby's Development			X	X						X	X	X	
Month 3	Talk with parents about the importance of shared reading and what books are best for babies.	232	Baby's Development									X	X	X	X	
Month 3	Explain how attachments are formed and strengthened.	234	Baby's Development													
Month 3	Help parents understand ways to help baby learn to self-soothe.	236	Baby's Development													
Month 3	Talk about impact of a fussy baby on parent-child relationship and offer strategies to have "the happiest baby on the block."	238	Baby's Development													
Month 3	Help parents understand how they can influence their baby's brain development.	240	Baby's Development	X	X		X					X		X	X	
Month 4	Help family identify their dreams for their baby.	246	Family Development	X	X											
Month 4	Talk about traits needed to be successful.	248	Family Development													
Month 4	Discuss how Mom's relationships might be healthy or harmful for her baby.	250	Family Development													
Month 4	Help military family adjust when reunited.	252	Family Development													
Month 4	Talk about how Dad/partner can develop a close relationship with his baby, even though they don't live together.	254	Family Development													
Month 4	If parent is working, ask about current job and options for advancement.	256	Family Development													
Month 4	Help family make a realistic monthly budget.	258	Family Development													
Month 4	Make sure Mom and her partner understand the benefits of spacing pregnancies.	260	Family Health													
Month 4	Talk with family members about how excess weight can affect their health.	262	Family Health													
Month 4	Help family understand how depression can impact their baby.	264	Family Health													
Month 4	Help Mom and partner have realistic expectations about parenting.	266	Family Health													
Month 4	Talk about signs of teething and how to take care of baby's new teeth.	268	Caring for Baby													

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Month 4	Explain separation is hard for babies and discuss how to ease transitions, especially if dealing with shared custody.	270	Caring for Baby	X													
Month 4	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	272	Baby's Development	X	X	X	X	X				X				X	
Month 4	Continue to promote parents' observation and reflection skills with baby.	274	Baby's Development	X									X				
Month 4	Explain the concept of "parentese" and why it is important.	276	Baby's Development	X	X		X	X		X	X	X					
Month 4	Discuss issues related to dual-language learning.	278	Baby's Development	X	X					X		X					
Month 4	Discuss how to build a trusting relationship with baby.	280	Baby's Development														
Month 4	Talk about how to choose good toys for baby.	282	Baby's Development														
Month 5	Talk about changes to their family with the birth of their baby.	288	Family Development														
Month 5	Help family learn how to manage their time and set priorities.	290	Family Development														
Month 5	Encourage friendships with other mothers and ask about changes in relationships at school or work.	292	Family Development														
Month 5	If Dad does not live with his baby, talk about the importance of staying connected.	294	Family Development														
Month 5	Talk about importance of saving money for baby's future.	296	Family Development														
Month 5	Discuss alcohol or drug abuse by family members living in the home.	298	Family Health														
Month 5	Explain how getting outside during the day can make you feel better.	300	Family Health														
Month 5	Talk about any issues with breastfeeding, including dealing with a teething baby.	302	Caring for Baby														
Month 5	Talk about safety concerns with different types of baby gear and contraptions.	304	Caring for Baby														
Month 5	Explain importance of baby having consistent caregivers.	306	Caring for Baby														
Month 5	Explain what new skills baby is likely to learn this month.	308	Baby's Development	X	X	X	X	X	X								
Month 5	Continue to promote parents' observation and reflection skills with baby.	310	Baby's Development										X				
Month 5	Provide tips for sharing books with baby.	312	Baby's Development	X	X					X		X	X	X	X	X	

DOMAIN: Language and Communication																	
Baby's 1st Year		SUB-DOMAINS:			LC_SD1		LC_SD2				LC_SD3		LC_SD4				
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Domain Key		GOALS:			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
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SE: Social and Emotional Development		Child learns from communication & language experiences with others															
LC: Language and Communication		Child communicates needs & wants non-verbally & by using language															
C: Cognition		Child uses non-verbal communication & language to engage others in interactions															
PMP: Perceptual, Motor, and Physical Development		Child uses increasingly complex language in conversation with others															
Child initiates non-verbal communication & language to learn & gain information		Child understands an increasing number of words in communication															
Child understands, repeats & uses some rhymes, phrases or refrains from stories or songs		Child handles books & relates them to their stories or information															
Child recognizes pictures, symbols & words		Child comprehends meaning from pictures & stories															
Child makes marks & uses them to represent objects or actions																	
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY														
Month 5	Talk about household objects that are safe and educational for baby.	314	Baby's Development														
Month 6	Encourage family to make decisions with baby in mind.	320	Family Development														
Month 6	Ask Dad/partner how he was parented and what kind of father he wants to be.	322	Family Development														
Month 6	Ask how Mom is doing balancing school/work with parenting.	324	Family Development														
Month 6	Ask about satisfaction with family planning method and, if appropriate, address reproductive coercion.	326	Family Health														
Month 6	See how Mom is feeling about her post-pregnancy body.	328	Family Health														
Month 6	Help list healthy ways to manage stress to benefit the whole family.	330	Family Health														
Month 6	Talk about introducing solid foods and how to watch for signs of allergies.	332	Caring for Baby														
Month 6	Talk about choking concerns.	334	Caring for Baby														
Month 6	Talk about how to handle disagreements between co-parents.	336	Caring for Baby														
Month 6	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	338	Baby's Development	X	X	X	X	X	X				X	X	X		
Month 6	Continue to promote parents' observation and reflection skills with baby.	340	Baby's Development			X	X	X					X	X	X		
Month 6	Encourage parents to use songs or games with baby that include hand motions.	342	Baby's Development	X	X		X					X					
Month 6	Help parents understand social-emotional well-being & conduct screening.	344	Baby's Development														
Month 6	Help parents understand why babies look to trusted adults to guide their reactions.	346	Baby's Development														
Month 6	Explain how stress negatively impacts learning and brain development.	348	Baby's Development			X											
Month 7	Discuss family's progress toward their goals and offer suggestions for overcoming challenges.	354	Family Development														
Month 7	Talk with Dad/partner about the importance of providing love, protection, and economic support.	356	Family Development														
Month 7	Review why condom use is important for preventing STIs.	358	Family Health														
Month 7	Encourage family mealtimes.	360	Family Health	X	X	X	X			X							

DOMAIN: Language and Communication																	
Baby's 1st Year		SUB-DOMAINS:			LC_SD1		LC_SD2				LC_SD3		LC_SD4				
					Attending and Understanding		Communicating and Speaking				Vocabulary		Emergent Literacy				
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development				Child attends to, understands & responds to communication & language from others	Child learns from communication & language experiences with others	Child communicates needs & wants non-verbally & by using language	Child uses non-verbal communication & language to engage others in interactions	Child uses increasingly complex language in conversation with others	Child initiates non-verbal communication & language to learn & gain information	Child understands an increasing number of words in communication	Child uses an increasing number of words	Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs	Child handles books & relates them to their stories or information	Child recognizes pictures, symbols & words	Child comprehends meaning from pictures & stories	Child makes marks & uses them to represent objects or actions	
Month 7	Ask about mood swings and talk about impact on baby.	362	Family Health														
Month 7	Ask how baby is handling solids and what foods have been tried.	364	Caring for Baby														
Month 7	Talk with family about how to baby-proof their house to prevent accidents.	366	Caring for Baby														
Month 7	Talk about the challenge of constant supervision.	368	Caring for Baby														
Month 7	Explain what new skills baby is likely to learn this month.	370	Baby's Development		X	X	X	X		X	X						
Month 7	Continue to promote parents' observation and reflection skills with baby.	372	Baby's Development										X	X	X	X	
Month 7	Talk about baby's new motor skills and the benefits of crawling.	374	Baby's Development										X				
Month 7	Discuss ways to help baby explore books and print.	378	Baby's Development		X	X		X			X		X	X	X	X	
Month 7	Summarize and preview baby's upcoming language development.	380	Baby's Development		X	X	X	X	X	X	X	X	X	X	X	X	
Month 7	Continue discussion of baby's social-emotional development and complete screening.	384	Baby's Development		X	X	X	X		X	X		X				
Month 7	Explain how stranger anxiety shows growing parent-child attachment.	388	Baby's Development		X	X	X										
Month 7	Talk about upcoming changes in cognitive development and preview new skills.	390	Baby's Development		X	X	X	X		X	X		X	X	X	X	
Month 7	Talk about baby's play skills and why play is important.	394	Baby's Development		X	X	X	X									
Month 8	Encourage family to have a "can-do" attitude to overcome barriers and reach their goals.	402	Family Development														
Month 8	Discuss relationship boundaries and how to say "no."	404	Family Development														
Month 8	Encourage Dad/partner to support his baby's increasing mobility, and continued need for reassurance and supervision.	406	Family Development														
Month 8	Talk about progress with budgeting.	408	Family Development														
Month 8	Talk with Mom about emergency contraception.	410	Family Health														
Month 8	Talk about how to communicate effectively with health care providers.	412	Family Health														
Month 8	Remind family that exercise can reduce stress and control weight.	414	Family Health														

DOMAIN: Language and Communication																	
Baby's 1st Year			SUB-DOMAINS:														
			LC_SD1 Attending and Understanding		LC_SD2 Communicating and Speaking				LC_SD3 Vocabulary		LC_SD4 Emergent Literacy						
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development			GOALS:		Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Child attends to, understands & responds to communication & language from others	Child learns from communication & language experiences with others	Child communicates needs & wants non-verbally & by using language	Child uses non-verbal communication & language to engage others in interactions	Child uses increasingly complex language in conversation with others	Child initiates non-verbal communication & language to learn & gain information	Child understands an increasing number of words in communication	Child uses an increasing number of words	Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs	Child handles books & relates them to their stories or information	Child recognizes pictures, symbols & words	Child comprehends meaning from pictures & stories	Child makes marks & uses them to represent objects or actions	
Month 8	Talk about how exercise can improve mood and lessen depression.	416	Family Health														
Month 8	Discuss ways to redirect baby to keep her safe.	418	Caring for Baby	X	X												
Month 8	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	420	Baby's Development	X			X	X		X				X		X	
Month 8	Continue to promote parents' observation and reflection skills with baby.	422	Baby's Development											X	X		
Month 8	Encourage parents to use language to teach baby what to expect next.	424	Baby's Development	X	X					X							
Month 8	Explain how having a parent nearby provides a "secure base" with baby's expanding need to explore.	426	Baby's Development														
Month 8	Explain how play helps baby learn.	428	Baby's Development				X										
Month 9	Help parents compare how they were raised with how they want to raise their child.	434	Family Development														
Month 9	Explain how physical changes after childbirth may affect Mom's sexual relationship.	436	Family Health														
Month 9	Talk about what to do in case of a fire.	438	Family Health														
Month 9	Talk about problems with salt and how to cut down.	440	Family Health														
Month 9	Make sure Mom knows signs of vaginal infections and what to do.	442	Family Health														
Month 9	Remind family how nutrition affects emotional health.	444	Family Health														
Month 9	Talk about how to promote a feeling of safety in the home and community.	446	Family Health														
Month 9	Teach parents how to prevent the spread of illness.	448	Caring for Baby														
Month 9	Help family adjust baby's nap schedule as needed.	450	Caring for Baby														
Month 9	Talk about the value of unhurried time and focused attention.	452	Caring for Baby														
Month 9	Explain what new skills baby is likely to learn this month.	454	Baby's Development	X	X	X	X	X	X	X							
Month 9	Continue to promote parents' observation and reflection skills with baby.	456	Baby's Development											X	X	X	
Month 9	Talk about the importance of baby's use of gestures as a way to communicate.	458	Baby's Development			X	X	X	X								

DOMAIN: Language and Communication																	
Baby's 1st Year				SUB-DOMAINS:													
				LC_SD1		LC_SD2				LC_SD3		LC_SD4					
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development				Attending and Understanding		Communicating and Speaking				Vocabulary		Emergent Literacy					
				GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Child attends to, understands & responds to communication & language from others	Child learns from communication & language experiences with others	Child communicates needs & wants non-verbally & by using language	Child uses non-verbal communication & language to engage others in interactions	Child uses increasingly complex language in conversation with others	Child initiates non-verbal communication & language to learn & gain information	Child understands an increasing number of words in communication	Child uses an increasing number of words	Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs	Child handles books & relates them to their stories or information	Child recognizes pictures, symbols & words	Child comprehends meaning from pictures & stories	Child makes marks & uses them to represent objects or actions	
Month 9	Help family understand baby's temperament and how to adapt to different situations.	460	Baby's Development														
Month 9	Explain early brain development and how parents can promote it.	462	Baby's Development	X	X								X	X			
Month 10	Encourage family to be assertive and advocate for baby.	468	Family Development														
Month 10	Talk about preventing and repairing misunderstandings.	470	Family Development														
Month 10	Ask about the impact of fatherhood on Dad's/partner's friendships.	472	Family Development														
Month 10	Talk about following workplace policies and having a good work ethic.	474	Family Development														
Month 10	Talk about the link between drug and/or alcohol addiction and unresolved trauma.	476	Family Health														
Month 10	If there are guns in the home, remind parents to make sure they are kept unloaded in a locked cabinet.	478	Family Health														
Month 10	Help Mom use laughter to cope with daily ups and downs.	480	Family Health														
Month 10	If Mom is weaning baby, find out how they are doing and offer help with any difficulties.	482	Caring for Baby														
Month 10	Talk about keeping baby safe in the sun.	484	Caring for Baby														
Month 10	Talk about what it means when baby shakes his head "no."	486	Caring for Baby	X	X	X	X	X			X						
Month 10	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	488	Baby's Development	X	X	X	X	X		X	X	X	X	X	X	X	X
Month 10	Continue to promote parents' observation and reflection skills with baby.	490	Baby's Development					X			X	X	X	X	X	X	X
Month 10	Encourage turn-taking conversations between parents and baby.	492	Baby's Development	X	X	X	X	X	X	X	X						
Month 10	Help parents understand ways to enhance their child's healthy brain development.	494	Baby's Development	X	X					X	X	X	X	X	X	X	X
Month 11	If visits will end on baby's 1st birthday, begin planning the transition.	500	Family Development														
Month 11	Encourage efforts to budget and save money.	502	Family Development														
Month 11	Talk with Mom about her efforts toward weight loss.	504	Family Health														
Month 11	Talk about value of simplifying and organizing to reduce stress and support emotional health.	506	Family Health														

DOMAIN: Language and Communication																											
Baby's 1st Year		SUB-DOMAINS:			LC_SD1		LC_SD2				LC_SD3		LC_SD4														
				Attending and Understanding		Communicating and Speaking				Vocabulary		Emergent Literacy															
Domain Key		GOALS:			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13										
ATL: Approaches to Learning		Child attends to, understands & responds to communication & language from others		Child learns from communication & language experiences with others		Child communicates needs & wants non-verbally & by using language		Child uses non-verbal communication & language to engage others in interactions		Child uses increasingly complex language in conversation with others		Child initiates non-verbal communication & language to learn & gain information		Child understands an increasing number of words in communication		Child uses an increasing number of words		Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs		Child handles books & relates them to their stories or information		Child recognizes pictures, symbols & words		Child comprehends meaning from pictures & stories		Child makes marks & uses them to represent objects or actions	
SE: Social and Emotional Development		Child attends to, understands & responds to communication & language from others		Child learns from communication & language experiences with others		Child communicates needs & wants non-verbally & by using language		Child uses non-verbal communication & language to engage others in interactions		Child uses increasingly complex language in conversation with others		Child initiates non-verbal communication & language to learn & gain information		Child understands an increasing number of words in communication		Child uses an increasing number of words		Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs		Child handles books & relates them to their stories or information		Child recognizes pictures, symbols & words		Child comprehends meaning from pictures & stories		Child makes marks & uses them to represent objects or actions	
LC: Language and Communication		Child attends to, understands & responds to communication & language from others		Child learns from communication & language experiences with others		Child communicates needs & wants non-verbally & by using language		Child uses non-verbal communication & language to engage others in interactions		Child uses increasingly complex language in conversation with others		Child initiates non-verbal communication & language to learn & gain information		Child understands an increasing number of words in communication		Child uses an increasing number of words		Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs		Child handles books & relates them to their stories or information		Child recognizes pictures, symbols & words		Child comprehends meaning from pictures & stories		Child makes marks & uses them to represent objects or actions	
C: Cognition		Child attends to, understands & responds to communication & language from others		Child learns from communication & language experiences with others		Child communicates needs & wants non-verbally & by using language		Child uses non-verbal communication & language to engage others in interactions		Child uses increasingly complex language in conversation with others		Child initiates non-verbal communication & language to learn & gain information		Child understands an increasing number of words in communication		Child uses an increasing number of words		Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs		Child handles books & relates them to their stories or information		Child recognizes pictures, symbols & words		Child comprehends meaning from pictures & stories		Child makes marks & uses them to represent objects or actions	
PMP: Perceptual, Motor, and Physical Development		Child attends to, understands & responds to communication & language from others		Child learns from communication & language experiences with others		Child communicates needs & wants non-verbally & by using language		Child uses non-verbal communication & language to engage others in interactions		Child uses increasingly complex language in conversation with others		Child initiates non-verbal communication & language to learn & gain information		Child understands an increasing number of words in communication		Child uses an increasing number of words		Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs		Child handles books & relates them to their stories or information		Child recognizes pictures, symbols & words		Child comprehends meaning from pictures & stories		Child makes marks & uses them to represent objects or actions	
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY																								
Month 11	Explain the dangers of lead poisoning.	508	Caring for Baby																								
Month 11	Discuss difference between "spoiling" and responding to baby's needs.	510	Caring for Baby	X	X	X																					
Month 11	Ask how baby manages transitions.	512	Caring for Baby	X	X																						
Month 11	Explain what new skills baby is likely to learn this month.	514	Baby's Development	X	X		X	X			X															X	
Month 11	Continue to promote parents' observation and reflection skills with baby.	516	Baby's Development										X	X	X	X											
Month 11	Talk about labeling everyday objects to help children learn new words.	518	Baby's Development	X	X						X																
Month 11	Help family understand that how they respond affects baby's feelings and self-worth.	520	Baby's Development																								
Month 11	Explain why you can't get an infant to "sit still" or "behave."	522	Baby's Development																								
Month 12	Help family take pride in progress toward their goals and talk about setting long-range goals.	528	Family Development																								
Month 12	If visits are ending now, acknowledge that change is difficult and reach closure.	530	Family Development																								
Month 12	Encourage Dad/partner to be nurturing and affectionate with his 1-year-old.	532	Family Development																								
Month 12	Talk about using a checking account to keep track of budget.	534	Family Development																								
Month 12	Review reasons to avoid pregnancy and prevent sexually transmitted infections (STIs).	536	Family Health																								
Month 12	Help family prevent fire hazards and carbon monoxide poisoning.	538	Family Health																								
Month 12	Ask about the emotional tone of the household and explain how it shapes baby's development.	540	Family Health	X	X																						
Month 12	Discuss eating habits and healthy snack ideas.	542	Caring for Baby																								
Month 12	Encourage regular tooth brushing and dental visits.	544	Caring for Baby																								
Month 12	Discuss satisfaction with child care arrangements.	546	Caring for Baby		X										X												
Month 12	Help family plan baby's first birthday.	548	Caring for Baby																								
Month 12	Talk about the likelihood of temper tantrums and how to handle them.	550	Caring for Baby																								

DOMAIN: Language and Communication																
Baby's 1st Year				SUB-DOMAINS:												
				LC_SD1		LC_SD2				LC_SD3		LC_SD4				
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development				Attending and Understanding		Communicating and Speaking				Vocabulary		Emergent Literacy				
				GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Child attends to, understands & responds to communication & language from others	Child learns from communication & language experiences with others	Child communicates needs & wants non-verbally & by using language	Child uses non-verbal communication & language to engage others in interactions	Child uses increasingly complex language in conversation with others	Child initiates non-verbal communication & language to learn & gain information	Child understands an increasing number of words in communication	Child uses an increasing number of words	Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs	Child handles books & relates them to their stories or information	Child recognizes pictures, symbols & words	Child comprehends meaning from pictures & stories	Child makes marks & uses them to represent objects or actions
Month 12	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	552	Baby's Development	X	X	X	X	X	X	X	X	X	X	X	X	X
Month 12	Continue to promote parents' observation and reflection skills with baby.	554	Baby's Development	X	X	X							X	X	X	
Month 12	Encourage family to read with baby every day.	556	Baby's Development	X	X							X	X	X	X	
Month 12	Help parents understand social-emotional well-being and complete screening.	558	Baby's Development	X	X	X	X									
Month 12	Explain how play and homemade toys can promote learning.	560	Baby's Development	X	X											

DOMAIN: Cognition																
Baby's 1st Year		SUB-DOMAINS:		C_SD1	C_SD2			C_SD3		C_SD4			C_SD5			
				Exploration and Discovery	Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play			
Domain Key		GOALS:		Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
ATL: Approaches to Learning		Child actively explores people & objects to understand self, others & objects			Child uses understanding of causal relationships to act on social & physical environment	Child recognizes differences between familiar & unfamiliar people, objects, actions or events	Child recognizes stability of people & objects in the environment	Child uses memory as a foundation for more complex actions & thoughts	Child learns to use a variety of strategies in solving problems	Child uses reasoning & planning ahead to solve problems	Child develops sense of numbers & quantity	Child uses spatial awareness to understand objects & their movement in space	Child uses matching & sorting of objects or people to understand similar & different characteristics	Child observes & imitates sounds, words, gestures, actions, & behaviors	Child uses objects & symbols to represent something else	Child uses pretend play to increase understanding of culture, environment, & experiences
SE: Social and Emotional Development		Child uses understanding of causal relationships to act on social & physical environment														
LC: Language and Communication		Child recognizes differences between familiar & unfamiliar people, objects, actions or events														
C: Cognition		Child recognizes stability of people & objects in the environment														
PMP: Perceptual, Motor, and Physical Development		Child uses memory as a foundation for more complex actions & thoughts														
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY													
Month 1	Ensure Mom has adequate support during the postpartum period.	6	Family Development			X										
Month 1	Ask about Mom's relationship with baby's father and talk about the importance of his involvement with baby.	8	Family Development			X										
Month 1	Help Dad/partner feel competent in his ability to care for his baby.	10	Family Development													
Month 1	Make sure Dad/partner has a plan for when he feels frustrated with his baby.	12	Family Development													
Month 1	Help Dad/partner understand why breastfeeding is important and how he can be supportive.	14	Family Development													
Month 1	Help Dad/partner understand the difference between the baby blues and postpartum depression, and how to help.	16	Family Development													
Month 1	Ask Dad/partner about strategies he uses for calming his crying baby.	18	Family Development													
Month 1	Talk about arrangements Mom has made for child support/public assistance.	20	Family Development													
Month 1	If Mom smokes, encourage her to breastfeed and take precautions to minimize the impact on her baby.	22	Family Health													
Month 1	Be sure Mom knows that using street drugs or prescription drugs while breastfeeding can harm her baby.	24	Family Health													
Month 1	If Mom is breastfeeding, explain that any alcohol she drinks may harm her baby.	26	Family Health													
Month 1	Talk with Mom about birth control options.	28	Family Health													
Month 1	Discuss options for birth control if Mom is breastfeeding.	30	Family Health													
Month 1	Ensure family has health care coverage and a medical home.	32	Family Health													
Month 1	Make sure family has food in the home and has signed up for WIC.	34	Family Health													
Month 1	If Mom is breastfeeding make sure her diet is healthy and balanced.	36	Family Health													
Month 1	Help Mom manage typical physical discomforts that follow childbirth.	38	Family Health													
Month 1	If Mom had a cesarean birth, discuss her recovery and when to call the doctor.	40	Family Health													

DOMAIN: Cognition																												
Baby's 1st Year		SUB-DOMAINS:			C_SD1		C_SD2			C_SD3		C_SD4			C_SD5													
					Exploration and Discovery		Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play													
Domain Key		GOALS:			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13											
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SE: Social and Emotional Development		PMP: Perceptual, Motor, and Physical Development																										
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY																									
Month 1	Explain that feeling really tired after childbirth is normal and suggest ways to manage fatigue.	42	Family Health																									
Month 1	Ensure Mom schedules her postpartum checkup.	44	Family Health																									
Month 1	Prepare family for the exhaustion and emotional challenges of the first few weeks.	46	Family Health																									
Month 1	Ask how family is coping with the baby blues and help them recognize any signs of depression.	48	Family Health																									
Month 1	Discuss benefits of breastfeeding with family.	50	Caring for Baby																									
Month 1	Talk about breastfeeding myths.	52	Caring for Baby																									
Month 1	Talk with Mom about breastfeeding her newborn.	54	Caring for Baby	X																								
Month 1	Make sure family knows how to select and prepare formula as needed.	56	Caring for Baby																									
Month 1	If bottle feeding, talk about steps to ensure success.	58	Caring for Baby	X																								
Month 1	Explain how to be sure baby is getting enough to eat.	60	Caring for Baby																									
Month 1	Ask how often baby is fed and if there are any problems with feeding.	62	Caring for Baby																									
Month 1	Ask how feedings are going and talk about how to burp the baby.	64	Caring for Baby																									
Month 1	Follow up on safety issues with family.	66	Caring for Baby																									
Month 1	Ask about baby's first checkup and immunizations.	68	Caring for Baby																									
Month 1	Talk about how to tell if baby is sick.	70	Caring for Baby																									
Month 1	Show parents how to care for umbilical cord, diaper rash, and circumcision.	72	Caring for Baby																									
Month 1	Talk about symptoms of colic and handling the stress it can bring.	74	Caring for Baby																									
Month 1	Make sure family knows how to change diaper.	76	Caring for Baby	X								X																

DOMAIN: Cognition																	
Baby's 1st Year				SUB-DOMAINS:	C_SD1		C_SD2			C_SD3		C_SD4			C_SD5		
				GOALS:	Exploration and Discovery		Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play		
Goal 1	Goal 2	Goal 3	Goal 4		Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13				
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY														
Month 1	Talk about choosing quality child care.	78	Caring for Baby														
Month 1	Talk about bathing baby.	80	Caring for Baby														
Month 1	Ask about baby's sleep patterns and how family copes with less sleep.	82	Caring for Baby														
Month 1	Talk about how all babies develop at different rates and explain the Watch Me Grow handouts.	84	Baby's Development														
Month 1	Talk about being careful observers so they can learn what their baby likes and how he learns.	86	Baby's Development														
Month 1	Talk with family about baby's motor development.	88	Baby's Development														
Month 1	Help family recognize and respond to baby's signals.	92	Baby's Development														
Month 1	Explain why it is important to talk, sing, and read with their baby.	94	Baby's Development														
Month 1	Summarize baby's early language development.	96	Baby's Development														
Month 1	Help parents bond with baby.	100	Baby's Development														
Month 1	Talk about ways to bond if baby stays in the hospital.	102	Baby's Development														
Month 1	Help parents read baby's cues and anticipate needs before baby gets fussy.	104	Baby's Development														
Month 1	Build parent's confidence and competence in calming baby when fussy.	106	Baby's Development														
Month 1	Help parents understand the importance of touch in building a close relationship with baby.	108	Baby's Development														
Month 1	Help family understand baby's early social emotional development and complete screening.	110	Baby's Development														
Month 1	Talk about baby's cognitive development.	114	Baby's Development	X	X	X		X	X	X	X	X	X				
Month 1	Talk about baby's play skills and why play is important.	118	Baby's Development	X	X								X	X	X		
Month 2	Ensure Mom has enough support.	128	Family Development														

DOMAIN: Cognition																
Baby's 1st Year		SUB-DOMAINS:		C_SD1	C_SD2			C_SD3		C_SD4			C_SD5			
				Exploration and Discovery	Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play			
Domain Key		GOALS:		Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY													
Month 2	Help siblings adjust to the new baby.	130	Family Development													
Month 2	Help military parents stay connected with their newborn and family during deployment.	132	Family Development													
Month 2	Let Dad/partner share what he has learned about baby's cues and responding to baby's needs.	134	Family Development													
Month 2	Ask Dad/partner how he's adjusting to his new baby.	136	Family Development													
Month 2	Explain that new dads can experience depression.	138	Family Development													
Month 2	Help family keep track of their spending.	140	Family Development													
Month 2	Encourage Mom to return to school and suggest ways to make it easier.	142	Family Development													
Month 2	Talk with the family about how exposure to cigarette smoke can be harmful to the baby.	144	Family Health													
Month 2	Find out how Mom's postpartum checkup went and follow up on her choice of birth control.	146	Family Health													
Month 2	If Mom has a history of depression or is taking antidepressants, discuss options for birth control.	148	Family Health													
Month 2	Make sure the family has health care coverage and help them resolve any insurance or Medicaid problems.	150	Family Health													
Month 2	Talk about the amount of protein needed for breastfeeding moms.	152	Family Health													
Month 2	Help Mom find ways to cope with the loss of sleep.	154	Family Health													
Month 2	Ask Mom about her postpartum checkup and how she's feeling about her post-pregnancy body.	156	Family Health													
Month 2	Talk about the stress and demands of parenting a new baby.	158	Family Health													
Month 2	Explain the importance of emotional health.	160	Family Health													
Month 2	Encourage Mom to continue breastfeeding.	162	Caring for Baby													
Month 2	Explain how to express and store breast milk.	164	Caring for Baby													

DOMAIN: Cognition																	
Baby's 1st Year				SUB-DOMAINS:	C_SD1		C_SD2			C_SD3		C_SD4			C_SD5		
				GOALS:	Exploration and Discovery		Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play		
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY		Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
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Month 2	Talk about safety issues when taking baby out in a car.	166	Caring for Baby														
Month 2	Discuss dangers of secondhand smoke.	168	Caring for Baby														
Month 2	Encourage parents to insist that everyone caring for baby follow the daily care routines being established.	170	Caring for Baby			X											
Month 2	Explain the importance of performing baby's daily care routines with respect.	172	Caring for Baby			X		X									
Month 2	Talk with family about using a pacifier.	174	Caring for Baby														
Month 2	Help all the adults raising the child to cooperate together in co-parenting.	176	Caring for Baby														
Month 2	Explain what new skills baby is likely to learn this month and discuss the ASQ-3 or other developmental screening tool.	178	Baby's Development	X		X						X	X	X			
Month 2	Continue to promote parents' observation and reflection skills with baby.	180	Baby's Development	X	X												
Month 2	Help the family understand the value of turn-taking with baby.	182	Baby's Development														
Month 2	Explain early emotional cues and how babies learn from imitating feelings of others.	184	Baby's Development														
Month 2	Talk about importance of comforting baby, especially when hurt, sick, or upset.	186	Baby's Development														
Month 3	Help family identify their dreams and achieve their goals.	192	Family Development														
Month 3	Talk about strategies for solving everyday problems.	194	Family Development														
Month 3	Ask how the new baby has changed family relationships.	196	Family Development														
Month 3	Ask how grandparents relate to baby and encourage their involvement.	198	Family Development														
Month 3	Talk with Dad/partner to see how he's doing with interpreting and responding to his baby's cues.	200	Family Development			X											
Month 3	Encourage family to make plans to avoid missing work/school if baby is sick.	202	Family Development														
Month 3	Check on family's budget and make any necessary revisions.	204	Family Development														

DOMAIN: Cognition																	
Baby's 1st Year		SUB-DOMAINS:			C_SD1		C_SD2			C_SD3		C_SD4			C_SD5		
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY														
Month 3	If there are smokers in the home, find out why they smoke and offer suggestions to help them quit or cut back.	206	Family Health														
Month 3	Talk about the importance of handwashing to prevent the spread of illness.	208	Family Health														
Month 3	Help Mom with strategies for exercising.	210	Family Health														
Month 3	Explain why doing Kegel exercises is important.	212	Family Health														
Month 3	Talk with Mom about recovering from a difficult or unplanned birth experience.	214	Family Health														
Month 3	Talk with family about how relationships, sleep, exercise, nutrition, gratitude, and stress influence emotional health.	216	Family Health														
Month 3	Explain how sleep affects mood and discuss ways to get more sleep.	218	Family Health														
Month 3	Discuss ways to reduce illness when starting child care.	220	Caring for Baby														
Month 3	Talk about getting baby ready for an outing.	222	Caring for Baby														
Month 3	Follow up on baby's sleep routine.	224	Caring for Baby														
Month 3	Discuss any concerns about spoiling baby.	226	Caring for Baby														
Month 3	Explain what new skills baby is likely to learn this month.	228	Baby's Development	X	X	X				X	X		X	X	X		
Month 3	Continue to promote parents' observation and reflection skills with baby.	230	Baby's Development	X													
Month 3	Talk with parents about the importance of shared reading and what books are best for babies.	232	Baby's Development														
Month 3	Explain how attachments are formed and strengthened.	234	Baby's Development														
Month 3	Help parents understand ways to help baby learn to self-soothe.	236	Baby's Development														
Month 3	Talk about impact of a fussy baby on parent-child relationship and offer strategies to have "the happiest baby on the block."	238	Baby's Development														
Month 3	Help parents understand how they can influence their baby's brain development.	240	Baby's Development	X	X	X	X						X	X	X		

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Baby's 1st Year				SUB-DOMAINS:	C_SD1		C_SD2			C_SD3		C_SD4			C_SD5		
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13	
Month 4	Help family identify their dreams for their baby.	246	Family Development	X		X											
Month 4	Talk about traits needed to be successful.	248	Family Development														
Month 4	Discuss how Mom's relationships might be healthy or harmful for her baby.	250	Family Development														
Month 4	Help military family adjust when reunited.	252	Family Development														
Month 4	Talk about how Dad/partner can develop a close relationship with his baby, even though they don't live together.	254	Family Development			X											
Month 4	If parent is working, ask about current job and options for advancement.	256	Family Development														
Month 4	Help family make a realistic monthly budget.	258	Family Development														
Month 4	Make sure Mom and her partner understand the benefits of spacing pregnancies.	260	Family Health														
Month 4	Talk with family members about how excess weight can affect their health.	262	Family Health														
Month 4	Help family understand how depression can impact their baby.	264	Family Health														
Month 4	Help Mom and partner have realistic expectations about parenting.	266	Family Health														
Month 4	Talk about signs of teething and how to take care of baby's new teeth.	268	Caring for Baby														
Month 4	Explain separation is hard for babies and discuss how to ease transitions, especially if dealing with shared custody.	270	Caring for Baby			X		X									
Month 4	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	272	Baby's Development	X		X						X	X				
Month 4	Continue to promote parents' observation and reflection skills with baby.	274	Baby's Development	X													
Month 4	Explain the concept of "parentese" and why it is important.	276	Baby's Development											X			
Month 4	Discuss issues related to dual-language learning.	278	Baby's Development											X			
Month 4	Discuss how to build a trusting relationship with baby.	280	Baby's Development														

DOMAIN: Cognition																		
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY															
Month 4	Talk about how to choose good toys for baby.	282	Baby's Development	X	X	X												
Month 5	Talk about changes to their family with the birth of their baby.	288	Family Development															
Month 5	Help family learn how to manage their time and set priorities.	290	Family Development															
Month 5	Encourage friendships with other mothers and ask about changes in relationships at school or work.	292	Family Development															
Month 5	If Dad does not live with his baby, talk about the importance of staying connected.	294	Family Development															
Month 5	Talk about importance of saving money for baby's future.	296	Family Development															
Month 5	Discuss alcohol or drug abuse by family members living in the home.	298	Family Health															
Month 5	Explain how getting outside during the day can make you feel better.	300	Family Health															
Month 5	Talk about any issues with breastfeeding, including dealing with a teething baby.	302	Caring for Baby															
Month 5	Talk about safety concerns with different types of baby gear and contraptions.	304	Caring for Baby	X														
Month 5	Explain importance of baby having consistent caregivers.	306	Caring for Baby			X												
Month 5	Explain what new skills baby is likely to learn this month.	308	Baby's Development	X		X	X			X	X		X	X	X			
Month 5	Continue to promote parents' observation and reflection skills with baby.	310	Baby's Development	X									X					
Month 5	Provide tips for sharing books with baby.	312	Baby's Development															
Month 5	Talk about household objects that are safe and educational for baby.	314	Baby's Development	X	X	X				X	X	X	X	X	X			
Month 6	Encourage family to make decisions with baby in mind.	320	Family Development															
Month 6	Ask Dad/partner how he was parented and what kind of father he wants to be.	322	Family Development															
Month 6	Ask how Mom is doing balancing school/work with parenting.	324	Family Development															

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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY																																																															
Month 6	Ask about satisfaction with family planning method and, if appropriate, address reproductive coercion.	326	Family Health																																																															
Month 6	See how Mom is feeling about her post-pregnancy body.	328	Family Health																																																															
Month 6	Help list healthy ways to manage stress to benefit the whole family.	330	Family Health																																																															
Month 6	Talk about introducing solid foods and how to watch for signs of allergies.	332	Caring for Baby																																																															
Month 6	Talk about choking concerns.	334	Caring for Baby	X																																																														
Month 6	Talk about how to handle disagreements between co-parents.	336	Caring for Baby																																																															
Month 6	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	338	Baby's Development	X	X	X	X																																																											
Month 6	Continue to promote parents' observation and reflection skills with baby.	340	Baby's Development	X																																																														
Month 6	Encourage parents to use songs or games with baby that include hand motions.	342	Baby's Development								X			X	X																																																			
Month 6	Help parents understand social-emotional well-being & conduct screening.	344	Baby's Development						X																																																									
Month 6	Help parents understand why babies look to trusted adults to guide their reactions.	346	Baby's Development	X																																																														
Month 6	Explain how stress negatively impacts learning and brain development.	348	Baby's Development																																																															
Month 7	Discuss family's progress toward their goals and offer suggestions for overcoming challenges.	354	Family Development																																																															
Month 7	Talk with Dad/partner about the importance of providing love protection, and economic support.	356	Family Development																																																															
Month 7	Review why condom use is important for preventing STIs.	358	Family Health																																																															
Month 7	Encourage family mealtimes.	360	Family Health								X																																																							
Month 7	Ask about mood swings and talk about impact on baby.	362	Family Health																																																															
Month 7	Ask how baby is handling solids and what foods have been tried.	364	Caring for Baby	X																																																														

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Month 7	Talk with family about how to baby-proof their house to prevent accidents.	366	Caring for Baby	X												
Month 7	Talk about the challenge of constant supervision.	368	Caring for Baby	X	X									X		X
Month 7	Explain what new skills baby is likely to learn this month.	370	Baby's Development	X	X	X	X	X	X	X		X		X		
Month 7	Continue to promote parents' observation and reflection skills with baby.	372	Baby's Development					X								
Month 7	Talk about baby's new motor skills and the benefits of crawling.	374	Baby's Development		X									X		
Month 7	Discuss ways to help baby explore books and print.	378	Baby's Development	X		X		X								
Month 7	Summarize and preview baby's upcoming language development.	380	Baby's Development		X									X		
Month 7	Continue discussion of baby's social-emotional development and complete screening.	384	Baby's Development		X	X	X	X					X	X		
Month 7	Explain how stranger anxiety shows growing parent-child attachment.	388	Baby's Development			X	X	X								
Month 7	Talk about upcoming changes in cognitive development and preview new skills.	390	Baby's Development	X	X	X	X	X	X	X	X	X	X	X	X	
Month 7	Talk about baby's play skills and why play is important.	394	Baby's Development	X	X	X	X	X	X	X				X		
Month 8	Encourage family to have a "can-do" attitude to overcome barriers and reach their goals.	402	Family Development													
Month 8	Discuss relationship boundaries and how to say "no."	404	Family Development													
Month 8	Encourage Dad/partner to support his baby's increasing mobility, and continued need for reassurance and supervision.	406	Family Development	X												
Month 8	Talk about progress with budgeting.	408	Family Development													
Month 8	Talk with Mom about emergency contraception.	410	Family Health													
Month 8	Talk about how to communicate effectively with health care providers.	412	Family Health													
Month 8	Remind family that exercise can reduce stress and control weight.	414	Family Health													

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Month 8	Talk about how exercise can improve mood and lessen depression.	416	Family Health																									
Month 8	Discuss ways to redirect baby to keep her safe.	418	Caring for Baby	X	X			X																				
Month 8	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	420	Baby's Development	X	X	X		X	X	X	X										X							
Month 8	Continue to promote parents' observation and reflection skills with baby.	422	Baby's Development			X	X	X																				
Month 8	Encourage parents to use language to teach baby what to expect next.	424	Baby's Development			X		X													X							
Month 8	Explain how having a parent nearby provides a "secure base" with baby's expanding need to explore.	426	Baby's Development	X				X																				
Month 8	Explain how play helps baby learn.	428	Baby's Development	X	X	X	X	X	X	X	X		X								X	X						
Month 9	Help parents compare how they were raised with how they want to raise their child.	434	Family Development																									
Month 9	Explain how physical changes after childbirth may affect Mom's sexual relationship.	436	Family Health																									
Month 9	Talk about what to do in case of a fire.	438	Family Health																									
Month 9	Talk about problems with salt and how to cut down.	440	Family Health																									
Month 9	Make sure Mom knows signs of vaginal infections and what to do.	442	Family Health																									
Month 9	Remind family how nutrition affects emotional health.	444	Family Health																									
Month 9	Talk about how to promote a feeling of safety in the home and community.	446	Family Health																									
Month 9	Teach parents how to prevent the spread of illness.	448	Caring for Baby																									
Month 9	Help family adjust baby's nap schedule as needed.	450	Caring for Baby			X		X																				
Month 9	Talk about the value of unhurried time and focused attention.	452	Caring for Baby																									
Month 9	Explain what new skills baby is likely to learn this month.	454	Baby's Development	X	X	X	X	X	X	X	X		X								X							

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Baby's 1st Year				SUB-DOMAINS:		C_SD1	C_SD2			C_SD3		C_SD4			C_SD5			
				Exploration and Discovery		Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play				
Domain Key				GOALS:		Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development						Child actively explores people & objects to understand self, others & objects	Child uses understanding of causal relationships to act on social & physical environment	Child recognizes differences between familiar & unfamiliar people, objects, actions or events	Child recognizes stability of people & objects in the environment	Child uses memory as a foundation for more complex actions & thoughts	Child learns to use a variety of strategies in solving problems	Child uses reasoning & planning ahead to solve problems	Child develops sense of numbers & quantity	Child uses spatial awareness to understand objects & their movement in space	Child uses matching & sorting of objects or people to understand similar & different characteristics	Child observes & imitates sounds, words, gestures, actions, & behaviors	Child uses objects & symbols to represent something else	Child uses pretend play to increase understanding of culture, environment, & experiences
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY															
Month 9	Continue to promote parents' observation and reflection skills with baby.	456	Baby's Development	X									X					
Month 9	Talk about the importance of baby's use of gestures as a way to communicate.	458	Baby's Development							X					X			
Month 9	Help family understand baby's temperament and how to adapt to different situations.	460	Baby's Development															
Month 9	Explain early brain development and how parents can promote it.	462	Baby's Development	X														
Month 10	Encourage family to be assertive and advocate for baby.	468	Family Development															
Month 10	Talk about preventing and repairing misunderstandings.	470	Family Development															
Month 10	Ask about the impact of fatherhood on Dad's/partner's friendships.	472	Family Development															
Month 10	Talk about following workplace policies and having a good work ethic.	474	Family Development															
Month 10	Talk about the link between drug and/or alcohol addiction and unresolved trauma.	476	Family Health															
Month 10	If there are guns in the home, remind parents to make sure they are kept unloaded in a locked cabinet.	478	Family Health															
Month 10	Help Mom use laughter to cope with daily ups and downs.	480	Family Health															
Month 10	If Mom is weaning baby, find out how they are doing and offer help with any difficulties.	482	Caring for Baby						X									
Month 10	Talk about keeping baby safe in the sun.	484	Caring for Baby															
Month 10	Talk about what it means when baby shakes his head "no."	486	Caring for Baby						X						X			
Month 10	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	488	Baby's Development	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Month 10	Continue to promote parents' observation and reflection skills with baby.	490	Baby's Development	X														
Month 10	Encourage turn-taking conversations between parents and baby.	492	Baby's Development												X			
Month 10	Help parents understand ways to enhance their child's healthy brain development.	494	Baby's Development	X	X	X		X		X	X	X	X	X	X			

DOMAIN: Cognition																	
Baby's 1st Year		SUB-DOMAINS:			C_SD1		C_SD2			C_SD3		C_SD4			C_SD5		
					Exploration and Discovery		Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play		
Domain Key		GOALS:			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
ATL: Approaches to Learning		Child actively explores people & objects to understand self, others & objects	Child uses understanding of causal relationships to act on social & physical environment	Child recognizes differences between familiar & unfamiliar people, objects, actions or events	Child recognizes stability of people & objects in the environment	Child uses memory as a foundation for more complex actions & thoughts	Child learns to use a variety of strategies in solving problems	Child uses reasoning & planning ahead to solve problems	Child develops sense of numbers & quantity	Child uses spatial awareness to understand objects & their movement in space	Child uses matching & sorting of objects or people to understand similar & different characteristics	Child observes & imitates sounds, words, gestures, actions, & behaviors	Child uses objects & symbols to represent something else	Child uses pretend play to increase understanding of culture, environment, & experiences			
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY														
Month 11	If visits will end on baby's 1st birthday, begin planning the transition.	500	Family Development														
Month 11	Encourage efforts to budget and save money.	502	Family Development														
Month 11	Talk with Mom about her efforts toward weight loss.	504	Family Health														
Month 11	Talk about value of simplifying and organizing to reduce stress and support emotional health.	506	Family Health														
Month 11	Explain the dangers of lead poisoning.	508	Caring for Baby														
Month 11	Discuss difference between "spoiling" and responding to baby's needs.	510	Caring for Baby														
Month 11	Ask how baby manages transitions.	512	Caring for Baby					X									
Month 11	Explain what new skills baby is likely to learn this month.	514	Baby's Development	X	X	X		X	X			X			X		
Month 11	Continue to promote parents' observation and reflection skills with baby.	516	Baby's Development	X	X	X		X							X		
Month 11	Talk about labeling everyday objects to help children learn new words.	518	Baby's Development			X											
Month 11	Help family understand that how they respond affects baby's feelings and self-worth.	520	Baby's Development	X					X								
Month 11	Explain why you can't get an infant to "sit still" or "behave."	522	Baby's Development														
Month 12	Help family take pride in progress toward their goals and talk about setting long-range goals.	528	Family Development														
Month 12	If visits are ending now, acknowledge that change is difficult and reach closure.	530	Family Development														
Month 12	Encourage Dad/partner to be nurturing and affectionate with his 1-year-old.	532	Family Development	X													
Month 12	Talk about using a checking account to keep track of budget.	534	Family Development														
Month 12	Review reasons to avoid pregnancy and prevent sexually transmitted infections (STIs).	536	Family Health														
Month 12	Help family prevent fire hazards and carbon monoxide poisoning.	538	Family Health														

DOMAIN: Cognition																	
Baby's 1st Year		SUB-DOMAINS:		C_SD1		C_SD2			C_SD3		C_SD4			C_SD5			
				Exploration and Discovery		Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play			
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development		GOALS:		Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13	
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY														
Month 12	Ask about the emotional tone of the household and explain how it shapes baby's development.	540	Family Health												X		
Month 12	Discuss eating habits and healthy snack ideas.	542	Caring for Baby	X		X											
Month 12	Encourage regular tooth brushing and dental visits.	544	Caring for Baby												X		X
Month 12	Discuss satisfaction with child care arrangements.	546	Caring for Baby	X													
Month 12	Help family plan baby's first birthday.	548	Caring for Baby														
Month 12	Talk about the likelihood of temper tantrums and how to handle them.	550	Caring for Baby														
Month 12	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	552	Baby's Development	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Month 12	Continue to promote parents' observation and reflection skills with baby.	554	Baby's Development	X		X	X	X									
Month 12	Encourage family to read with baby every day.	556	Baby's Development			X		X									
Month 12	Help parents understand social-emotional well-being and complete screening.	558	Baby's Development	X	X	X	X	X							X		
Month 12	Explain how play and homemade toys can promote learning.	560	Baby's Development	X	X	X	X	X	X	X	X	X	X	X	X	X	X

DOMAIN: Perceptual, Motor, and Physical Development															
Baby's 1st Year				SUB-DOMAINS:											
				PMP_SD1 Perception		PMP_SD2 Gross Motor			PMP_SD3 Fine Motor			PMP_SD4 Health, Safety, and Nutrition			
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development				Child uses perceptual information to understand objects, experiences, & interactions	Child uses perceptual information in directing own actions, experiences & interactions	Child demonstrates effective & efficient use of large muscles for movement & position	Child demonstrates effective & efficient use of large muscles to explore the environment	Child uses sensory information & body awareness to understand how their body relates to the environment	Child coordinates hand & eye movements to perform actions	Child uses hands for exploration, play, & daily routines	Child adjusts reach & grasp to use tools	Child demonstrates healthy behaviors with increasing independence as part of everyday routines	Child uses safe behaviors with support from adults	Child demonstrates increasing interest in engaging in healthy eating habits & making nutritious food choices	
Month 1	Ensure Mom has adequate support during the postpartum period.	6	Family Development												
Month 1	Ask about Mom's relationship with baby's father and talk about the importance of his involvement with baby.	8	Family Development												
Month 1	Help Dad/partner feel competent in his ability to care for his baby.	10	Family Development												
Month 1	Make sure Dad/partner has a plan for when he feels frustrated with his baby.	12	Family Development												
Month 1	Help Dad/partner understand why breastfeeding is important and how he can be supportive.	14	Family Development												
Month 1	Help Dad/partner understand the difference between the baby blues and postpartum depression, and how to help.	16	Family Development												
Month 1	Ask Dad/partner about strategies he uses for calming his crying baby.	18	Family Development												
Month 1	Talk about arrangements Mom has made for child support/public assistance.	20	Family Development												
Month 1	If Mom smokes, encourage her to breastfeed and take precautions to minimize the impact on her baby.	22	Family Health												
Month 1	Be sure Mom knows that using street drugs or prescription drugs while breastfeeding can harm her baby.	24	Family Health												
Month 1	If Mom is breastfeeding, explain that any alcohol she drinks may harm her baby.	26	Family Health												
Month 1	Talk with Mom about birth control options.	28	Family Health												
Month 1	Discuss options for birth control if Mom is breastfeeding.	30	Family Health												
Month 1	Ensure family has health care coverage and a medical home.	32	Family Health												
Month 1	Make sure family has food in the home and has signed up for WIC.	34	Family Health												x
Month 1	If Mom is breastfeeding make sure her diet is healthy and balanced.	36	Family Health												x

DOMAIN: Perceptual, Motor, and Physical Development														
Baby's 1st Year				SUB-DOMAINS:										
				PMP_SD1 Perception		PMP_SD2 Gross Motor			PMP_SD3 Fine Motor			PMP_SD4 Health, Safety, and Nutrition		
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development				GOALS:										
				Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Child uses perceptual information to understand objects, experiences, & interactions	Child uses perceptual information in directing own actions, experiences & interactions	Child demonstrates effective & efficient use of large muscles for movement & position	Child demonstrates effective & efficient use of large muscles to explore the environment	Child uses sensory information & body awareness to understand how their body relates to the environment	Child coordinates hand & eye movements to perform actions	Child uses hands for exploration, play, & daily routines	Child adjusts reach & grasp to use tools	Child demonstrates healthy behaviors with increasing independence as part of everyday routines	Child uses safe behaviors with support from adults	Child demonstrates increasing interest in engaging in healthy eating habits & making nutritious food choices
Month 1	Help Mom manage typical physical discomforts that follow childbirth.	38	Family Health											
Month 1	If Mom had a cesarean birth, discuss her recovery and when to call the doctor.	40	Family Health											
Month 1	Explain that feeling really tired after childbirth is normal and suggest ways to manage fatigue.	42	Family Health											
Month 1	Ensure Mom schedules her postpartum checkup.	44	Family Health											
Month 1	Prepare family for the exhaustion and emotional challenges of the first few weeks.	46	Family Health											
Month 1	Ask how family is coping with the baby blues and help them recognize any signs of depression.	48	Family Health											
Month 1	Discuss benefits of breastfeeding with family.	50	Caring for Baby											X
Month 1	Talk about breastfeeding myths.	52	Caring for Baby											X
Month 1	Talk with Mom about breastfeeding her newborn.	54	Caring for Baby											X
Month 1	Make sure family knows how to select and prepare formula as needed.	56	Caring for Baby											X
Month 1	If bottle feeding, talk about steps to ensure success.	58	Caring for Baby											X
Month 1	Explain how to be sure baby is getting enough to eat.	60	Caring for Baby											X
Month 1	Ask how often baby is fed and if there are any problems with feeding.	62	Caring for Baby											
Month 1	Ask how feedings are going and talk about how to burp the baby.	64	Caring for Baby											
Month 1	Follow up on safety issues with family.	66	Caring for Baby										X	
Month 1	Ask about baby's first checkup and immunizations.	68	Caring for Baby											

DOMAIN: Perceptual, Motor, and Physical Development															
Baby's 1st Year				SUB-DOMAINS:											
				PMP_SD1 Perception		PMP_SD2 Gross Motor			PMP_SD3 Fine Motor			PMP_SD4 Health, Safety, and Nutrition			
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
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Month 1	Talk about how to tell if baby is sick.	70	Caring for Baby												
Month 1	Show parents how to care for umbilical cord, diaper rash, and circumcision.	72	Caring for Baby												
Month 1	Talk about symptoms of colic and handling the stress it can bring.	74	Caring for Baby												
Month 1	Make sure family knows how to change diaper.	76	Caring for Baby										X		
Month 1	Talk about choosing quality child care.	78	Caring for Baby												
Month 1	Talk about bathing baby.	80	Caring for Baby	X									X		
Month 1	Ask about baby's sleep patterns and how family copes with less sleep.	82	Caring for Baby	X	X								X		
Month 1	Talk about how all babies develop at different rates and explain the Watch Me Grow handouts.	84	Baby's Development	X		X			X						
Month 1	Talk about being careful observers so they can learn what their baby likes and how he learns.	86	Baby's Development												
Month 1	Talk with family about baby's motor development.	88	Baby's Development	X	X	X	X	X	X	X	X	X			
Month 1	Help family recognize and respond to baby's signals.	92	Baby's Development												
Month 1	Explain why it is important to talk, sing, and read with their baby.	94	Baby's Development												
Month 1	Summarize baby's early language development.	96	Baby's Development	X	X	X	X								
Month 1	Help parents bond with baby.	100	Baby's Development												
Month 1	Talk about ways to bond if baby stays in the hospital.	102	Baby's Development												
Month 1	Help parents read baby's cues and anticipate needs before baby gets fussy.	104	Baby's Development												

DOMAIN: Perceptual, Motor, and Physical Development														
Baby's 1st Year				SUB-DOMAINS:										
				PMP_SD1 Perception		PMP_SD2 Gross Motor			PMP_SD3 Fine Motor			PMP_SD4 Health, Safety, and Nutrition		
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Month 1	Build parent's confidence and competence in calming baby when fussy.	106	Baby's Development	X	X									
Month 1	Help parents understand the importance of touch in building a close relationship with baby.	108	Baby's Development	X	X									
Month 1	Help family understand baby's early social emotional development and complete screening.	110	Baby's Development	X										
Month 1	Talk about baby's cognitive development.	114	Baby's Development	X	X	X		X	X	X				
Month 1	Talk about baby's play skills and why play is important.	118	Baby's Development	X	X					X				
Month 2	Ensure Mom has enough support.	128	Family Development											
Month 2	Help siblings adjust to the new baby.	130	Family Development											
Month 2	Help military parents stay connected with their newborn and family during deployment.	132	Family Development											
Month 2	Let Dad/partner share what he has learned about baby's cues and responding to baby's needs.	134	Family Development											
Month 2	Ask Dad/partner how he's adjusting to his new baby.	136	Family Development											
Month 2	Explain that new dads can experience depression.	138	Family Development											
Month 2	Help family keep track of their spending.	140	Family Development											
Month 2	Encourage Mom to return to school and suggest ways to make it easier.	142	Family Development											
Month 2	Talk with the family about how exposure to cigarette smoke can be harmful to the baby.	144	Family Health									X		
Month 2	Find out how Mom's postpartum checkup went and follow up on her choice of birth control.	146	Family Health											
Month 2	If Mom has a history of depression or is taking antidepressants, discuss options for birth control.	148	Family Health											

DOMAIN: Perceptual, Motor, and Physical Development															
Baby's 1st Year				SUB-DOMAINS:											
				PMP_SD1 Perception		PMP_SD2 Gross Motor			PMP_SD3 Fine Motor			PMP_SD4 Health, Safety, and Nutrition			
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
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Month 2	Make sure the family has health care coverage and help them resolve any insurance or Medicaid problems.	150	Family Health												
Month 2	Talk about the amount of protein needed for breastfeeding moms.	152	Family Health												X
Month 2	Help Mom find ways to cope with the loss of sleep.	154	Family Health												
Month 2	Ask Mom about her postpartum checkup and how she's feeling about her post-pregnancy body.	156	Family Health												
Month 2	Talk about the stress and demands of parenting a new baby.	158	Family Health												
Month 2	Explain the importance of emotional health.	160	Family Health												
Month 2	Encourage Mom to continue breastfeeding.	162	Caring for Baby												X
Month 2	Explain how to express and store breast milk.	164	Caring for Baby												X
Month 2	Talk about safety issues when taking baby out in a car.	166	Caring for Baby											X	
Month 2	Discuss dangers of secondhand smoke.	168	Caring for Baby										X		
Month 2	Encourage parents to insist that everyone caring for baby follow the daily care routines being established.	170	Caring for Baby												
Month 2	Explain the importance of performing baby's daily care routines with respect.	172	Caring for Baby	X											
Month 2	Talk with family about using a pacifier.	174	Caring for Baby												
Month 2	Help all the adults raising the child to cooperate together in co-parenting.	176	Caring for Baby												
Month 2	Explain what new skills baby is likely to learn this month and discuss the ASQ-3 or other developmental screening tool.	178	Baby's Development	X	X	X			X	X	X				
Month 2	Continue to promote parents' observation and reflection skills with baby.	180	Baby's Development												

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Month 2	Help the family understand the value of turn-taking with baby.	182	Baby's Development											
Month 2	Explain early emotional cues and how babies learn from imitating feelings of others.	184	Baby's Development											
Month 2	Talk about importance of comforting baby, especially when hurt, sick, or upset.	186	Baby's Development											
Month 3	Help family identify their dreams and achieve their goals.	192	Family Development											
Month 3	Talk about strategies for solving everyday problems.	194	Family Development											
Month 3	Ask how the new baby has changed family relationships.	196	Family Development											
Month 3	Ask how grandparents relate to baby and encourage their involvement.	198	Family Development											
Month 3	Talk with Dad/partner to see how he's doing with interpreting and responding to his baby's cues.	200	Family Development	x										
Month 3	Encourage family to make plans to avoid missing work/school if baby is sick.	202	Family Development											
Month 3	Check on family's budget and make any necessary revisions.	204	Family Development											
Month 3	If there are smokers in the home, find out why they smoke and offer suggestions to help them quit or cut back.	206	Family Health									x		
Month 3	Talk about the importance of handwashing to prevent the spread of illness.	208	Family Health									x		
Month 3	Help Mom with strategies for exercising.	210	Family Health									x		x
Month 3	Explain why doing Kegel exercises is important.	212	Family Health											
Month 3	Talk with Mom about recovering from a difficult or unplanned birth experience.	214	Family Health											
Month 3	Talk with family about how relationships, sleep, exercise, nutrition, gratitude, and stress influence emotional health.	216	Family Health											

DOMAIN: Perceptual, Motor, and Physical Development															
Baby's 1st Year				SUB-DOMAINS:											
				PMP_SD1 Perception		PMP_SD2 Gross Motor			PMP_SD3 Fine Motor			PMP_SD4 Health, Safety, and Nutrition			
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Month 3	Explain how sleep affects mood and discuss ways to get more sleep.	218	Family Health												
Month 3	Discuss ways to reduce illness when starting child care.	220	Caring for Baby										X		
Month 3	Talk about getting baby ready for an outing.	222	Caring for Baby										X	X	
Month 3	Follow up on baby's sleep routine.	224	Caring for Baby										X		
Month 3	Discuss any concerns about spoiling baby.	226	Caring for Baby												
Month 3	Explain what new skills baby is likely to learn this month.	228	Baby's Development	X	X	X				X	X				
Month 3	Continue to promote parents' observation and reflection skills with baby.	230	Baby's Development												
Month 3	Talk with parents about the importance of shared reading and what books are best for babies.	232	Baby's Development												
Month 3	Explain how attachments are formed and strengthened.	234	Baby's Development												
Month 3	Help parents understand ways to help baby learn to self-soothe.	236	Baby's Development												
Month 3	Talk about impact of a tussy baby on parent-child relationship and offer strategies to have "the happiest baby on the block."	238	Baby's Development	X											
Month 3	Help parents understand how they can influence their baby's brain development.	240	Baby's Development	X						X					
Month 4	Help family identify their dreams for their baby.	246	Family Development										X		
Month 4	Talk about traits needed to be successful.	248	Family Development												
Month 4	Discuss how Mom's relationships might be healthy or harmful for her baby.	250	Family Development												
Month 4	Help military family adjust when reunited.	252	Family Development												

DOMAIN: Perceptual, Motor, and Physical Development														
Baby's 1st Year				SUB-DOMAINS:										
				PMP_SD1 Perception		PMP_SD2 Gross Motor			PMP_SD3 Fine Motor			PMP_SD4 Health, Safety, and Nutrition		
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Month 4	Talk about how Dad/partner can develop a close relationship with his baby, even though they don't live together.	254	Family Development											
Month 4	If parent is working, ask about current job and options for advancement.	256	Family Development											
Month 4	Help family make a realistic monthly budget.	258	Family Development											
Month 4	Make sure Mom and her partner understand the benefits of spacing pregnancies.	260	Family Health											
Month 4	Talk with family members about how excess weight can affect their health.	262	Family Health											X
Month 4	Help family understand how depression can impact their baby.	264	Family Health											
Month 4	Help Mom and partner have realistic expectations about parenting.	266	Family Health											
Month 4	Talk about signs of teething and how to take care of baby's new teeth.	268	Caring for Baby									X		
Month 4	Explain separation is hard for babies and discuss how to ease transitions, especially if dealing with shared custody.	270	Caring for Baby											
Month 4	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	272	Baby's Development	X		X			X	X				
Month 4	Continue to promote parents' observation and reflection skills with baby.	274	Baby's Development	X										
Month 4	Explain the concept of "parentese" and why it is important.	276	Baby's Development											
Month 4	Discuss issues related to dual-language learning.	278	Baby's Development											
Month 4	Discuss how to build a trusting relationship with baby.	280	Baby's Development											
Month 4	Talk about how to choose good toys for baby.	282	Baby's Development	X									X	
Month 5	Talk about changes to their family with the birth of their baby.	288	Family Development											

DOMAIN: Perceptual, Motor, and Physical Development															
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Month 5	Help family learn how to manage their time and set priorities.	290	Family Development												
Month 5	Encourage friendships with other mothers and ask about changes in relationships at school or work.	292	Family Development												
Month 5	If Dad does not live with his baby, talk about the importance of staying connected.	294	Family Development												
Month 5	Talk about importance of saving money for baby's future.	296	Family Development												
Month 5	Discuss alcohol or drug abuse by family members living in the home.	298	Family Health												
Month 5	Explain how getting outside during the day can make you feel better.	300	Family Health										X		
Month 5	Talk about any issues with breastfeeding, including dealing with a teething baby.	302	Caring for Baby												X
Month 5	Talk about safety concerns with different types of baby gear and contraptions.	304	Caring for Baby				X	X	X					X	
Month 5	Explain importance of baby having consistent caregivers.	306	Caring for Baby												
Month 5	Explain what new skills baby is likely to learn this month.	308	Baby's Development	X	X	X	X	X	X	X	X				
Month 5	Continue to promote parents' observation and reflection skills with baby.	310	Baby's Development												
Month 5	Provide tips for sharing books with baby.	312	Baby's Development												
Month 5	Talk about household objects that are safe and educational for baby.	314	Baby's Development	X	X	X	X			X	X	X			
Month 6	Encourage family to make decisions with baby in mind.	320	Family Development												
Month 6	Ask Dad/partner how he was parented and what kind of father he wants to be.	322	Family Development												
Month 6	Ask how Mom is doing balancing school/work with parenting.	324	Family Development												

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Month 6	Ask about satisfaction with family planning method and, if appropriate, address reproductive coercion.	326	Family Health												
Month 6	See how Mom is feeling about her post-pregnancy body.	328	Family Health												
Month 6	Help list healthy ways to manage stress to benefit the whole family.	330	Family Health												
Month 6	Talk about introducing solid foods and how to watch for signs of allergies.	332	Caring for Baby												X
Month 6	Talk about choking concerns.	334	Caring for Baby											X	
Month 6	Talk about how to handle disagreements between co-parents.	336	Caring for Baby												
Month 6	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	338	Baby's Development		X	X				X	X				
Month 6	Continue to promote parents' observation and reflection skills with baby.	340	Baby's Development												
Month 6	Encourage parents to use songs or games with baby that include hand motions.	342	Baby's Development				X	X		X	X				
Month 6	Help parents understand social-emotional well-being & conduct screening.	344	Baby's Development												
Month 6	Help parents understand why babies look to trusted adults to guide their reactions.	346	Baby's Development												
Month 6	Explain how stress negatively impacts learning and brain development.	348	Baby's Development												
Month 7	Discuss family's progress toward their goals and offer suggestions for overcoming challenges.	354	Family Development												
Month 7	Talk with Dad/partner about the importance of providing love, protection, and economic support.	356	Family Development										X	X	
Month 7	Review why condom use is important for preventing STIs.	358	Family Health												
Month 7	Encourage family mealtimes.	360	Family Health										X		X

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Month 7	Ask about mood swings and talk about impact on baby.	362	Family Health												
Month 7	Ask how baby is handling solids and what foods have been tried.	364	Caring for Baby	X						X	X				X
Month 7	Talk with family about how to baby-proof their house to prevent accidents.	366	Caring for Baby											X	
Month 7	Talk about the challenge of constant supervision.	368	Caring for Baby												
Month 7	Explain what new skills baby is likely to learn this month.	370	Baby's Development	X	X	X	X	X	X	X	X				
Month 7	Continue to promote parents' observation and reflection skills with baby.	372	Baby's Development												
Month 7	Talk about baby's new motor skills and the benefits of crawling.	374	Baby's Development	X	X	X	X	X	X	X	X	X	X	X	
Month 7	Discuss ways to help baby explore books and print.	378	Baby's Development							X	X	X			
Month 7	Summarize and preview baby's upcoming language development.	380	Baby's Development												
Month 7	Continue discussion of baby's social-emotional development and complete screening.	384	Baby's Development	X	X				X					X	
Month 7	Explain how stranger anxiety shows growing parent-child attachment.	388	Baby's Development												
Month 7	Talk about upcoming changes in cognitive development and preview new skills.	390	Baby's Development	X	X					X	X	X		X	
Month 7	Talk about baby's play skills and why play is important.	394	Baby's Development	X	X	X	X	X	X	X	X	X		X	
Month 8	Encourage family to have a "can-do" attitude to overcome barriers and reach their goals.	402	Family Development												
Month 8	Discuss relationship boundaries and how to say "no."	404	Family Development												
Month 8	Encourage Dad/partner to support his baby's increasing mobility, and continued need for reassurance and supervision	406	Family Development					X						X	

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Month 8	Talk about progress with budgeting.	408	Family Development											
Month 8	Talk with Mom about emergency contraception.	410	Family Health											
Month 8	Talk about how to communicate effectively with health care providers.	412	Family Health											
Month 8	Remind family that exercise can reduce stress and control weight.	414	Family Health									X		
Month 8	Talk about how exercise can improve mood and lessen depression.	416	Family Health									X		
Month 8	Discuss ways to redirect baby to keep her safe.	418	Caring for Baby										X	
Month 8	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	420	Baby's Development	X	X	X	X	X	X	X	X		X	
Month 8	Continue to promote parents' observation and reflection skills with baby.	422	Baby's Development											
Month 8	Encourage parents to use language to teach baby what to expect next.	424	Baby's Development											
Month 8	Explain how having a parent nearby provides a "secure base" with baby's expanding need to explore.	426	Baby's Development											
Month 8	Explain how play helps baby learn.	428	Baby's Development	X			X			X	X			
Month 9	Help parents compare how they were raised with how they want to raise their child.	434	Family Development											
Month 9	Explain how physical changes after childbirth may affect Mom's sexual relationship.	436	Family Health											
Month 9	Talk about what to do in case of a fire.	438	Family Health										X	
Month 9	Talk about problems with salt and how to cut down.	440	Family Health											X
Month 9	Make sure Mom knows signs of vaginal infections and what to do.	442	Family Health											

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Month 9	Remind family how nutrition affects emotional health.	444	Family Health												X
Month 9	Talk about how to promote a feeling of safety in the home and community.	446	Family Health												
Month 9	Teach parents how to prevent the spread of illness.	448	Caring for Baby										X		
Month 9	Help family adjust baby's nap schedule as needed.	450	Caring for Baby												
Month 9	Talk about the value of unhurried time and focused attention.	452	Caring for Baby												
Month 9	Explain what new skills baby is likely to learn this month.	454	Baby's Development	X	X	X	X	X	X	X	X	X			
Month 9	Continue to promote parents' observation and reflection skills with baby.	456	Baby's Development	X											
Month 9	Talk about the importance of baby's use of gestures as a way to communicate.	458	Baby's Development							X	X				
Month 9	Help family understand baby's temperament and how to adapt to different situations.	460	Baby's Development												
Month 9	Explain early brain development and how parents can promote it.	462	Baby's Development												
Month 10	Encourage family to be assertive and advocate for baby.	468	Family Development										X	X	
Month 10	Talk about preventing and repairing misunderstandings.	470	Family Development												
Month 10	Ask about the impact of fatherhood on Dad's/partner's friendships.	472	Family Development												
Month 10	Talk about following workplace policies and having a good work ethic.	474	Family Development												
Month 10	Talk about the link between drug and/or alcohol addiction and unresolved trauma.	476	Family Health												
Month 10	If there are guns in the home, remind parents to make sure they are kept unloaded in a locked cabinet.	478	Family Health											X	

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Month 10	Help Mom use laughter to cope with daily ups and downs.	480	Family Health											
Month 10	If Mom is weaning baby, find out how they are doing and offer help with any difficulties.	482	Caring for Baby											X
Month 10	Talk about keeping baby safe in the sun.	484	Caring for Baby									X	X	
Month 10	Talk about what it means when baby shakes his head "no."	486	Caring for Baby											
Month 10	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	488	Baby's Development	X	X	X	X	X	X	X				
Month 10	Continue to promote parents' observation and reflection skills with baby.	490	Baby's Development											
Month 10	Encourage turn-taking conversations between parents and baby.	492	Baby's Development											
Month 10	Help parents understand ways to enhance their child's healthy brain development.	494	Baby's Development	X	X	X	X	X	X					
Month 11	If visits will end on baby's 1st birthday, begin planning the transition.	500	Family Development											
Month 11	Encourage efforts to budget and save money.	502	Family Development											
Month 11	Talk with Mom about her efforts toward weight loss.	504	Family Health											X
Month 11	Talk about value of simplifying and organizing to reduce stress and support emotional health.	506	Family Health											
Month 11	Explain the dangers of lead poisoning.	508	Caring for Baby											
Month 11	Discuss difference between "spoiling" and responding to baby's needs.	510	Caring for Baby											
Month 11	Ask how baby manages transitions.	512	Caring for Baby											
Month 11	Explain what new skills baby is likely to learn this month.	514	Baby's Development	X	X	X	X	X	X	X	X			

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Month 11	Continue to promote parents' observation and reflection skills with baby.	516	Baby's Development	X											
Month 11	Talk about labeling everyday objects to help children learn new words.	518	Baby's Development												
Month 11	Help family understand that how they respond affects baby's feelings and self-worth.	520	Baby's Development												
Month 11	Explain why you can't get an infant to "sit still" or "behave."	522	Baby's Development												
Month 12	Help family take pride in progress toward their goals and talk about setting long-range goals.	528	Family Development												
Month 12	If visits are ending now, acknowledge that change is difficult and reach closure.	530	Family Development												
Month 12	Encourage Dad/partner to be nurturing and affectionate with his 1-year-old.	532	Family Development											X	
Month 12	Talk about using a checking account to keep track of budget.	534	Family Development												
Month 12	Review reasons to avoid pregnancy and prevent sexually transmitted infections (STIs).	536	Family Health												
Month 12	Help family prevent fire hazards and carbon monoxide poisoning.	538	Family Health											X	
Month 12	Ask about the emotional tone of the household and explain how it shapes baby's development.	540	Family Health												
Month 12	Discuss eating habits and healthy snack ideas.	542	Caring for Baby	X	X					X	X	X			X
Month 12	Encourage regular tooth brushing and dental visits.	544	Caring for Baby										X		
Month 12	Discuss satisfaction with child care arrangements.	546	Caring for Baby										X		
Month 12	Help family plan baby's first birthday.	548	Caring for Baby												
Month 12	Talk about the likelihood of temper tantrums and how to handle them.	550	Caring for Baby												

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Month 12	Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool.	552	Baby's Development	X	X	X	X	X	X	X					
Month 12	Continue to promote parents' observation and reflection skills with baby.	554	Baby's Development												
Month 12	Encourage family to read with baby every day.	556	Baby's Development												
Month 12	Help parents understand social-emotional well-being and complete screening.	558	Baby's Development												
Month 12	Explain how play and homemade toys can promote learning.	560	Baby's Development	X	X	X	X	X	X	X	X				