

DOMAIN: Language and Communication																	
Toddler's 3rd Year			SUB-DOMAINS:		LC_SD1		LC_SD2				LC_SD3		LC_SD4				
					Attending and Understanding		Communicating and Speaking				Vocabulary		Emergent Literacy				
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development			GOALS:		Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
					Child attends to, understands & responds to communication & language from others	Child learns from communication & language experiences with others	Child communicates needs & wants non-verbally & by using language	Child uses non-verbal communication & language to engage others in interactions	Child uses increasingly complex language in conversation with others	Child initiates non-verbal communication & language to learn & gain information	Child understands an increasing number of words in communication	Child uses an increasing number of words	Child attends to, repeats & uses some rhymes, phrases or refrains from stories or songs	Child handles books & relates them to their stories or information	Child recognizes pictures, symbols & words	Child comprehends meaning from pictures & stories	Child makes marks & uses them to represent objects or actions
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY														
Months 34	Ask about child's progress with learning to use the toilet.	274	Caring for Toddler	X	X									X	X	X	
Months 34	Discuss how parents support their toddler during major changes.	276	Caring for Toddler	X	X	X				X							
Months 34	Help parents plan to celebrate toddler's 3rd birthday.	278	Caring for Toddler														
Months 34	Talk about the use of "time out."	280	Caring for Toddler	X	X												
Months 34	Help parents model respectfulness with toddler.	282	Caring for Toddler	X	X	X	X			X	X						
Months 34	Explain what new skills toddler is likely to learn over the next three months and review the ASQ-3 or other developmental screening tool.	284	Toddler's Development	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Months 34	Continue to promote parents' observation and reflection skills with toddler.	286	Toddler's Development											X	X	X	
Months 34	Explain how shared reading supports toddler's language and conversation skills.	288	Toddler's Development	X	X		X	X	X	X	X			X	X	X	
Months 34	Discuss why toddler needs practice "reading" to others.	290	Toddler's Development	X			X	X					X	X	X	X	
Months 34	Suggest asking questions to help toddler use more complex thinking.	292	Toddler's Development	X	X		X	X	X	X	X						
Months 34	Help parents understand the value of storytelling.	294	Toddler's Development	X	X		X	X	X	X	X	X				X	
Months 34	Explain how toddlers learn to care for others.	296	Toddler's Development														
Months 34	Discuss the value of supporting toddler's accomplishments.	298	Toddler's Development	X	X												
Months 34	Help parents appreciate toddler's growing social knowledge.	300	Toddler's Development	X	X		X	X	X	X	X			X	X	X	
Months 34	Help parents understand why toddlers show possessiveness and want exclusive attention.	302	Toddler's Development	X	X	X											
Months 34	Discuss ways to help toddler feel emotionally secure.	304	Toddler's Development			X	X										
Months 34	Continue discussion of social-emotional well-being and complete screening.	306	Toddler's Development	X	X	X	X										
Months 34	Encourage family to promote toddler's sense of humor during play.	308	Toddler's Development	X	X		X						X				
Months 34	Talk about appropriate toys for 3-year-olds.	310	Toddler's Development								X	X	X	X	X	X	X
Months 34	Talk about fun learning with water play.	312	Toddler's Development	X	X		X	X	X	X	X						X

DOMAIN: Cognition																
Toddler's 3rd Year			SUB-DOMAINS:	C_SD1		C_SD2			C_SD3		C_SD4			C_SD5		
				Exploration and Discovery		Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play		
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development			GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY													
Months 25	Encourage family to have a dream for a better life.	6	Family Development													
Months 25	Help family plan steps to achieve their goals.	8	Family Development													
Months 25	Encourage family to celebrate the diversity in their world.	10	Family Development			X										
Months 25	Discuss ways Dad/partner can help toddler feel important.	12	Family Development		X				X	X				X		
Months 25	Help family understand difference between good debt and bad debt.	14	Family Development													
Months 25	Review the health risks of smoking.	16	Family Health													
Months 25	Encourage families to spend more time outdoors.	18	Family Health	X	X	X	X					X	X	X		
Months 25	Talk about choosing healthy foods.	20	Family Health													
Months 25	Encourage family to find ways to exercise.	22	Family Health													
Months 25	Talk with Mom about planning her next pregnancy.	24	Family Health													
Months 25	Talk about ways to build on family strengths.	26	Family Health													
Months 25	Talk about how worrying can affect physical and emotional health.	28	Family Health													
Months 25	Talk about how to have enjoyable family mealtimes.	30	Caring for Toddler		X									X		
Months 25	Suggest snacks to prevent "hunger tantrums."	32	Caring for Toddler													
Months 25	Talk about how to keep child safe in and around cars.	34	Caring for Toddler													
Months 25	Encourage toddler's self-help skills.	36	Caring for Toddler	X	X	X	X	X	X	X	X	X	X	X	X	X
Months 25	Ask about communication with child's caregiver.	38	Caring for Toddler			X	X	X	X	X						
Months 25	Talk about how to cope with tantrums and out-of-control behaviors.	40	Caring for Toddler		X			X								
Months 25	Discuss the value of giving toddlers limited choices.	42	Caring for Toddler		X							X				

DOMAIN: Cognition

Toddler's 3rd Year

SUB-DOMAINS:

C_SD1

C_SD2

C_SD3

C_SD4

C_SD5

Exploration and Discovery

Memory

Reasoning and Problem-Solving

Emergent Mathematical Thinking

Imitation and Symbolic Representation and Play

GOALS:

Goal 1

Goal 2

Goal 3

Goal 4

Goal 5

Goal 6

Goal 7

Goal 8

Goal 9

Goal 10

Goal 11

Goal 12

Goal 13

Domain Key

ATL: Approaches to Learning

SE: Social and Emotional Development

LC: Language and Communication

C: Cognition

PMP: Perceptual, Motor, and Physical Development

AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
Months 25	Give parents alternatives to saying "no."	44	Caring for Toddler	X	X				X	X				X		
Months 25	Help parents deal with toddler's fear of doctors and dentists.	46	Caring for Toddler											X	X	X
Months 25	Explain what new skills toddler is likely to learn in the next three months and discuss ASQ-3 or other developmental screening tool.	48	Toddler's Development	X	X	X		X	X	X		X	X	X		
Months 25	Continue to promote parents' observation and reflection skills with toddler.	50	Toddler's Development	X	X											
Months 25	Talk about toddler's new motor skills.	52	Toddler's Development	X	X			X	X	X	X	X		X		
Months 25	Encourage daily book time with toddler.	56	Toddler's Development	X	X	X		X	X	X				X		X
Months 25	Talk about supporting toddler's ability to combine words and make sentences.	58	Toddler's Development		X	X		X	X	X	X		X	X		
Months 25	Encourage using songs, rhymes, and fingerplays to promote language.	60	Toddler's Development					X				X		X		X
Months 25	Summarize and preview toddler's upcoming language development.	62	Toddler's Development	X	X	X	X	X	X	X						
Months 25	Talk with family about toddler's social-emotional development.	66	Toddler's Development	X	X	X	X	X	X	X				X	X	X
Months 25	Discuss underlying needs in toddler's behavior.	70	Toddler's Development		X											
Months 25	Talk about different responses children have to overstimulation and how to help.	72	Toddler's Development													
Months 25	Discuss value of helping toddler put feelings into words.	74	Toddler's Development						X				X	X		
Months 25	Talk about ways to help toddler learn to wait.	76	Toddler's Development											X		
Months 25	Ask how toddler deals with the loss of special relationships.	78	Toddler's Development													
Months 25	Encourage parents to offer a variety of appropriate toys and learning experiences for toddlers.	80	Toddler's Development	X	X	X		X	X	X	X	X	X	X	X	X
Months 25	Talk about upcoming changes in cognitive development and preview new skills.	82	Toddler's Development	X	X	X	X	X	X	X	X	X	X	X	X	X
Months 25	Talk about toddler's play skills and why play is important.	86	Toddler's Development	X	X	X		X	X	X	X	X	X	X	X	X
Months 28	Review keys to success and identify areas to strengthen.	96	Family Development													

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Toddler's 3rd Year			SUB-DOMAINS:		C_SD1	C_SD2			C_SD3		C_SD4			C_SD5				
			Exploration and Discovery		Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play					
Domain Key			GOALS:		Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13	
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SE: Social and Emotional Development													Child uses spatial awareness to understand objects & their movement in space		Child uses matching & sorting of objects or people to understand similar & different characteristics		Child observes & imitates sounds, words, gestures, actions, & behaviors	
LC: Language and Communication																	Child uses objects & symbols to represent something else	
C: Cognition																	Child uses pretend play to increase understanding of culture, environment, & experiences	
PMP: Perceptual, Motor, and Physical Development																		
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY															
Months 28	If a family member is deployed in the military, discuss ways to cope and stay connected.	98	Family Development			X	X	X										
Months 28	Encourage Dad/partner to help with household chores.	100	Family Development												X			
Months 28	Help Dad/partner respond calmly when his toddler is upset.	102	Family Development		X					X	X							
Months 28	Continue encouraging parents to further their education.	104	Family Development															
Months 28	Encourage Mom to use good hygiene practices and get regular checkups.	106	Family Health															
Months 28	Suggest family ask a pharmacist when they have questions about medications.	108	Family Health															
Months 28	Discuss benefits of eating fruits and vegetables.	110	Family Health															
Months 28	Discuss easy ways to add whole grains to family's meals.	112	Family Health															
Months 28	Talk about how joy and gratitude can improve your life.	114	Family Health															
Months 28	Brainstorm ways to simplify expectations and routines to feel less overwhelmed.	116	Family Health															
Months 28	Talk about importance of family time for reducing stress and reconnecting.	118	Family Health															
Months 28	Ask about toddler's interest in self-feeding.	120	Caring for Toddler	X	X					X	X	X			X			
Months 28	Explain the importance of playground safety.	122	Caring for Toddler	X									X					
Months 28	Discuss ways to help a "slow starter" get going in the morning.	124	Caring for Toddler		X	X		X										
Months 28	Ask if toddler has any fears and discuss how to deal with it.	126	Caring for Toddler		X					X	X						X	
Months 28	Help parents support shy toddlers.	128	Caring for Toddler	X		X												
Months 28	Help parents encourage toddler even when she is unsuccessful.	130	Caring for Toddler		X			X	X	X								
Months 28	Help prepare toddler if new baby is coming.	132	Caring for Toddler			X		X										
Months 28	Talk about structuring the environment to help toddler be successful.	134	Caring for Toddler		X													

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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY														
Months 28	Explain what new skills toddler is likely to be doing over the next three months and discuss ASQ-3 or other developmental screening tool.	136	Toddler's Development	X	X	X		X		X	X	X	X	X	X		X
Months 28	Continue to promote parents' observation and reflection skills with toddler.	138	Toddler's Development	X													
Months 28	Talk about choosing good books for toddlers.	140	Toddler's Development	X	X	X		X						X	X		
Months 28	Explain that learning about parts of words is important for later reading.	142	Toddler's Development	X		X		X									
Months 28	Explain how giving toddler choices builds his vocabulary.	144	Toddler's Development	X	X	X	X	X	X	X	X	X	X	X			
Months 28	Encourage the telling of family stories.	146	Toddler's Development	X				X									
Months 28	Encourage different ways parents can be available as toddler's secure base.	148	Toddler's Development		X		X	X									
Months 28	Help parents understand how toddlers can sometimes calm themselves down.	150	Toddler's Development					X	X								
Months 28	Help the parents appreciate toddler's struggle with wanting to be in charge and needing to be helped.	152	Toddler's Development	X	X			X	X	X					X	X	X
Months 28	Talk about how toddlers show they understand others' feelings.	154	Toddler's Development	X	X	X		X	X	X				X	X	X	X
Months 28	Continue discussion of social-emotional well-being and complete screening.	156	Toddler's Development	X	X	X		X	X	X				X	X		
Months 28	Support parents' sensitivity to toddler's stress and offer strategies to enhance learning.	158	Toddler's Development			X		X									
Months 28	Encourage parents to use their kitchen to promote learning, thinking, and problem solving.	160	Toddler's Development	X	X	X		X	X	X	X	X	X	X	X		
Months 28	Talk about encouraging toddler's persistence and problem solving skills.	162	Toddler's Development	X	X	X		X	X	X			X	X	X		
Months 31	Identify and promote special talents in the family.	170	Family Development														
Months 31	Help the family feel empowered to make their community a better place to live.	172	Family Development														
Months 31	Help the family stay safe during arguments.	174	Family Development														
Months 31	Discuss the value of having close friendships.	176	Family Development														
Months 31	Encourage Dad/partner to help his child learn how to solve problems and feel successful.	178	Family Development	X	X			X	X	X			X	X	X		

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Months 31	Help Dad/partner understand the impact of his absence through his child's eyes.	180	Family Development		X	X	X	X									
Months 31	Explain difference between credit and debit cards, and how to use them wisely.	182	Family Development														
Months 31	Consider the effects of living with a family member with substance abuse issues.	184	Family Health														
Months 31	Ask about plans for having another baby.	186	Family Health														
Months 31	Help family plan and prepare for natural disasters.	188	Family Health														
Months 31	Discuss ways to prevent food poisoning.	190	Family Health														
Months 31	Suggest planting a small vegetable garden as a family project.	192	Family Health	X	X							X	X	X			
Months 31	Talk about how to find peace and joy during the holidays.	194	Family Health														
Months 31	Explain how having a moral compass helps guides decision making.	196	Family Health														
Months 31	Talk about ways to increase family protection and feelings of safety in the home.	198	Family Health														
Months 31	Teach healthy food choices when eating out.	200	Caring for Toddler														
Months 31	Ask about child's changing sleep patterns and any problems with nightmares or night terrors.	202	Caring for Toddler		X	X	X	X	X	X							
Months 31	Discuss finding and preparing for preschool.	204	Caring for Toddler	X	X	X	X	X									
Months 31	Ask what kind of parent they want to be.	206	Caring for Toddler														
Months 31	Explain value of "being held in another's mind."	208	Caring for Toddler				X	X							X		
Months 31	Help parents deal with any unrealistic expectations of their toddler.	210	Caring for Toddler		X	X		X					X				
Months 31	Ask about family's methods of discipline and discourage physical punishment.	212	Caring for Toddler		X			X							X		
Months 31	Explain what new skills toddler is likely to be doing over the next three months and discuss ASQ-3 or other developmental screening tool.	214	Toddler's Development	X	X	X	X	X	X	X		X	X	X	X	X	X
Months 31	Continue to promote parents' observation and reflection skills with toddler.	216	Toddler's Development	X		X		X		X	X				X		

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Months 31	Describe how children learn to tell the difference between pictures and letters before they read independently.	218	Toddler's Development	X									X		X	
Months 31	Explain how homemade books help toddler practice reading and storytelling.	220	Toddler's Development		X	X	X	X								
Months 31	Help parents appreciate toddler's capacity to separate more easily in familiar settings.	222	Toddler's Development	X		X	X	X								
Months 31	Discuss why toddler sometimes falls apart when parent shows up.	224	Toddler's Development		X											
Months 31	Discuss toddler's emotions and how they can sometimes be overwhelmed by them.	226	Toddler's Development						X	X				X		
Months 31	Talk about toddler's need for comfort when hurt, sick, or upset.	228	Toddler's Development					X								
Months 31	Explain how active play helps toddler's senses learn to work together.	230	Toddler's Development	X	X	X		X	X	X		X	X			
Months 31	Encourage parents to play games that promote toddler's executive function skills.	232	Toddler's Development	X	X	X		X	X	X		X	X	X	X	
Months 31	Talk about how to support toddler's creativity.	234	Toddler's Development	X	X	X		X	X	X	X	X	X	X	X	
Months 31	Help parents understand how to promote toddler's ability to problem solve.	236	Toddler's Development	X	X	X		X	X	X	X	X	X	X	X	X
Months 34	Review the family's accomplishments toward achieving their goals.	244	Family Development													
Months 34	If a family member is incarcerated, offer supports to keep connected with toddler.	246	Family Development			X	X	X								X
Months 34	Encourage the family to maintain special relationships in their lives.	248	Family Development													
Months 34	Encourage Dad/partner to share family traditions.	250	Family Development					X					X	X		
Months 34	Use family's dreams and goals to plan next steps for financial and career success.	252	Family Development													
Months 34	Review dangers of drinking and driving.	254	Family Health													
Months 34	Ask about heart disease in the family.	256	Family Health													
Months 34	Talk about ways to have more family meals together.	258	Family Health	X	X	X		X			X			X	X	
Months 34	Talk about how to make the healthiest fast food choices.	260	Family Health													

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Months 34	Talk about how a spiritual connection can be empowering.	262	Family Health													
Months 34	Promote family connectedness by talking about what brings families together and what tears families apart.	264	Family Health													
Months 34	Talk about how endings can offer new beginnings.	266	Family Health													
Months 34	Encourage a positive attitude toward food and eating.	268	Caring for Toddler	X	X	X		X	X	X	X	X	X	X		
Months 34	Talk about trike safety and the importance of wearing a helmet.	270	Caring for Toddler	X	X				X	X						
Months 34	Talk about appropriate expectations for toddler helping with chores.	272	Caring for Toddler	X	X	X	X	X	X	X	X	X	X	X		
Months 34	Ask about child's progress with learning to use the toilet.	274	Caring for Toddler	X	X			X						X		
Months 34	Discuss how parents support their toddler during major changes.	276	Caring for Toddler		X	X	X	X		X			X		X	
Months 34	Help parents plan to celebrate toddler's 3rd birthday.	278	Caring for Toddler													
Months 34	Talk about the use of "time out."	280	Caring for Toddler													
Months 34	Help parents model respectfulness with toddler.	282	Caring for Toddler											X		
Months 34	Explain what new skills toddler is likely to learn over the next three months and review the ASQ-3 or other developmental screening tool.	284	Toddler's Development	X	X	X	X	X	X	X	X	X	X	X	X	X
Months 34	Continue to promote parents' observation and reflection skills with toddler.	286	Toddler's Development	X		X										
Months 34	Explain how shared reading supports toddler's language and conversation skills.	288	Toddler's Development		X	X		X	X	X	X					
Months 34	Discuss why toddler needs practice "reading" to others.	290	Toddler's Development					X						X	X	X
Months 34	Suggest asking questions to help toddler use more complex thinking.	292	Toddler's Development		X	X	X	X	X	X			X			
Months 34	Help parents understand the value of storytelling.	294	Toddler's Development			X		X						X		X
Months 34	Explain how toddlers learn to care for others.	296	Toddler's Development		X									X		
Months 34	Discuss the value of supporting toddler's accomplishments.	298	Toddler's Development	X	X				X	X						

DOMAIN: Cognition																		
Toddler's 3rd Year				SUB-DOMAINS:		C_SD1	C_SD2			C_SD3		C_SD4			C_SD5			
				Exploration and Discovery		Memory			Reasoning and Problem-Solving		Emergent Mathematical Thinking			Imitation and Symbolic Representation and Play				
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development				GOALS:		Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	Goal 12	Goal 13
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Child actively explores people & objects to understand self, others & objects	Child uses understanding of causal relationships to act on social & physical environment	Child recognizes differences between familiar & unfamiliar people, objects, actions or events	Child recognizes stability of people & objects in the environment	Child uses memory as a foundation for more complex actions & thoughts	Child learns to use a variety of strategies in solving problems	Child uses reasoning & planning ahead to solve problems	Child develops sense of numbers & quantity	Child uses spatial awareness to understand objects & their movement in space	Child uses matching & sorting of objects or people to understand similar & different characteristics	Child observes & imitates sounds, words, gestures, actions, & behaviors	Child uses objects & symbols to represent something else	Child uses pretend play to increase understanding of culture, environment, & experiences		
Months 34	Help parents appreciate toddler's growing social knowledge.	300	Toddler's Development	X		X							X	X		X		
Months 34	Help parents understand why toddlers show possessiveness and want exclusive attention.	302	Toddler's Development			X												
Months 34	Discuss ways to help toddler feel emotionally secure.	304	Toddler's Development		X	X	X								X			
Months 34	Continue discussion of social-emotional well-being and complete screening.	306	Toddler's Development	X	X	X			X	X				X	X	X	X	
Months 34	Encourage family to promote toddler's sense of humor during play.	308	Toddler's Development	X	X	X		X							X			
Months 34	Talk about appropriate toys for 3-year-olds.	310	Toddler's Development	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Months 34	Talk about fun learning with water play.	312	Toddler's Development	X	X	X		X	X	X	X	X	X	X	X	X	X	

DOMAIN: Perceptual, Motor, and Physical Development														
Toddler's 3rd Year			SUB-DOMAINS:											
			PMP_SD1		PMP_SD2			PMP_SD3			PMP_SD4			
Domain Key ATL: Approaches to Learning SE: Social and Emotional Development LC: Language and Communication C: Cognition PMP: Perceptual, Motor, and Physical Development			GOALS:											
			Perception		Gross Motor			Fine Motor			Health, Safety, and Nutrition			
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
Months 25	Encourage family to have a dream for a better life.	6	Family Development											
Months 25	Help family plan steps to achieve their goals.	8	Family Development											
Months 25	Encourage family to celebrate the diversity in their world.	10	Family Development											
Months 25	Discuss ways Dad/partner can help toddler feel important.	12	Family Development											
Months 25	Help family understand difference between good debt and bad debt.	14	Family Development											
Months 25	Review the health risks of smoking.	16	Family Health									X		
Months 25	Encourage families to spend more time outdoors.	18	Family Health	X	X	X	X	X						
Months 25	Talk about choosing healthy foods.	20	Family Health											X
Months 25	Encourage family to find ways to exercise.	22	Family Health									X		
Months 25	Talk with Mom about planning her next pregnancy.	24	Family Health											
Months 25	Talk about ways to build on family strengths.	26	Family Health											
Months 25	Talk about how worrying can affect physical and emotional health.	28	Family Health											
Months 25	Talk about how to have enjoyable family mealtimes.	30	Caring for Toddler						X	X	X			X
Months 25	Suggest snacks to prevent "hunger tantrums."	32	Caring for Toddler											X
Months 25	Talk about how to keep child safe in and around cars.	34	Caring for Toddler										X	
Months 25	Encourage toddler's self-help skills.	36	Caring for Toddler	X	X	X	X	X	X	X	X	X		
Months 25	Ask about communication with child's caregiver.	38	Caring for Toddler	X	X							X		

DOMAIN: Perceptual, Motor, and Physical Development														
Toddler's 3rd Year			SUB-DOMAINS:											
			PMP_SD1		PMP_SD2			PMP_SD3			PMP_SD4			
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
Months 25	Talk about how to cope with tantrums and out-of-control behaviors.	40	Caring for Toddler	X										
Months 25	Discuss the value of giving toddlers limited choices.	42	Caring for Toddler											
Months 25	Give parents alternatives to saying "no."	44	Caring for Toddler											
Months 25	Help parents deal with toddler's fear of doctors and dentists.	46	Caring for Toddler	X								X		
Months 25	Explain what new skills toddler is likely to learn in the next three months and discuss ASQ-3 or other developmental screening tool.	48	Toddler's Development	X	X	X	X	X	X	X	X			
Months 25	Continue to promote parents' observation and reflection skills with toddler.	50	Toddler's Development											
Months 25	Talk about toddler's new motor skills.	52	Toddler's Development	X	X	X	X	X	X	X	X	X		X
Months 25	Encourage daily book time with toddler.	56	Toddler's Development						X	X				
Months 25	Talk about supporting toddler's ability to combine words and make sentences.	58	Toddler's Development											
Months 25	Encourage using songs, rhymes, and fingerplays to promote language.	60	Toddler's Development	X	X				X	X	X			
Months 25	Summarize and preview toddler's upcoming language development.	62	Toddler's Development											
Months 25	Talk with family about toddler's social-emotional development.	66	Toddler's Development											
Months 25	Discuss underlying needs in toddler's behavior.	70	Toddler's Development	X	X									
Months 25	Talk about different responses children have to overstimulation and how to help.	72	Toddler's Development	X	X									
Months 25	Discuss value of helping toddler put feelings into words.	74	Toddler's Development	X	X									
Months 25	Talk about ways to help toddler learn to wait.	76	Toddler's Development											
Months 25	Ask how toddler deals with the loss of special relationships.	78	Toddler's Development											

DOMAIN: Perceptual, Motor, and Physical Development													
Toddler's 3rd Year			SUB-DOMAINS:										
			PMP_SD1		PMP_SD2			PMP_SD3			PMP_SD4		
			Perception		Gross Motor			Fine Motor			Health, Safety, and Nutrition		
			GOALS:										
			Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
			Child uses perceptual information to understand objects, experiences, & interactions	Child uses perceptual information in directing own actions, experiences & interactions	Child demonstrates effective & efficient use of large muscles for movement & position	Child demonstrates effective & efficient use of large muscles to explore the environment	Child uses sensory information & body awareness to understand how their body relates to the environment	Child coordinates hand & eye movements to perform actions	Child uses hands for exploration, play, & daily routines	Child adjusts reach & grasp to use tools	Child demonstrates healthy behaviors with increasing independence as part of everyday routines	Child uses safe behaviors with support from adults	Child demonstrates increasing interest in engaging in healthy eating habits & making nutritious food choices
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY										
Months 25	Encourage parents to offer a variety of appropriate toys and learning experiences for toddlers.	80	Toddler's Development	X	X	X	X	X	X	X	X	X	
Months 25	Talk about upcoming changes in cognitive development and preview new skills.	82	Toddler's Development	X	X		X	X	X	X	X	X	
Months 25	Talk about toddler's play skills and why play is important.	86	Toddler's Development	X	X				X	X	X		
Months 28	Review keys to success and identify areas to strengthen.	96	Family Development										
Months 28	If a family member is deployed in the military, discuss ways to cope and stay connected.	98	Family Development										
Months 28	Encourage Dad/partner to help with household chores.	100	Family Development										
Months 28	Help Dad/partner respond calmly when his toddler is upset.	102	Family Development										
Months 28	Continue encouraging parents to further their education.	104	Family Development										
Months 28	Encourage Mom to use good hygiene practices and get regular checkups.	106	Family Health										
Months 28	Suggest family ask a pharmacist when they have questions about medications.	108	Family Health										
Months 28	Discuss benefits of eating fruits and vegetables.	110	Family Health										X
Months 28	Discuss easy ways to add whole grains to family's meals.	112	Family Health										X
Months 28	Talk about how joy and gratitude can improve your life.	114	Family Health										
Months 28	Brainstorm ways to simplify expectations and routines to feel less overwhelmed.	116	Family Health										
Months 28	Talk about importance of family time for reducing stress and reconnecting.	118	Family Health										
Months 28	Ask about toddler's interest in self-feeding.	120	Caring for Toddler	X	X				X	X	X	X	
Months 28	Explain the importance of playground safety.	122	Caring for Toddler	X	X	X	X	X				X	

DOMAIN: Perceptual, Motor, and Physical Development																
Toddler's 3rd Year			SUB-DOMAINS:	PMP_SD1		PMP_SD2			PMP_SD3			PMP_SD4				
				Perception		Gross Motor			Fine Motor			Health, Safety, and Nutrition				
AGE	Purposes from Partners for a Healthy Baby (PHB)		DIP PAGE #	CATEGORY	GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
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Months 28	Discuss ways to help a "slow starter" get going in the morning.		124	Caring for Toddler							X	X		X		
Months 28	Ask if toddler has any fears and discuss how to deal with it.		126	Caring for Toddler												
Months 28	Help parents support shy toddlers.		128	Caring for Toddler												
Months 28	Help parents encourage toddler even when she is unsuccessful.		130	Caring for Toddler												
Months 28	Help prepare toddler if new baby is coming.		132	Caring for Toddler												
Months 28	Talk about structuring the environment to help toddler be successful.		134	Caring for Toddler												
Months 28	Explain what new skills toddler is likely to be doing over the next three months and discuss ASQ-3 or other developmental screening tool.		136	Toddler's Development	X	X	X	X	X	X	X	X	X	X	X	
Months 28	Continue to promote parents' observation and reflection skills with toddler.		138	Toddler's Development												
Months 28	Talk about choosing good books for toddlers.		140	Toddler's Development	X						X	X		X		
Months 28	Explain that learning about parts of words is important for later reading.		142	Toddler's Development	X	X										
Months 28	Explain how giving toddler choices builds his vocabulary.		144	Toddler's Development												
Months 28	Encourage the telling of family stories.		146	Toddler's Development												
Months 28	Encourage different ways parents can be available as toddler's secure base.		148	Toddler's Development												
Months 28	Help parents understand how toddlers can sometimes calm themselves down.		150	Toddler's Development												
Months 28	Help the parents appreciate toddler's struggle with wanting to be in charge and needing to be helped.		152	Toddler's Development	X	X	X	X	X	X	X	X	X	X	X	
Months 28	Talk about how toddlers show they understand others' feelings.		154	Toddler's Development	X	X										
Months 28	Continue discussion of social-emotional well-being and complete screening.		156	Toddler's Development												

DOMAIN: Perceptual, Motor, and Physical Development														
Toddler's 3rd Year			SUB-DOMAINS:	PMP_SD1		PMP_SD2			PMP_SD3			PMP_SD4		
				Perception		Gross Motor			Fine Motor			Health, Safety, and Nutrition		
			GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY											
Months 28	Support parents' sensitivity to toddler's stress and offer strategies to enhance learning.	158	Toddler's Development											
Months 28	Encourage parents to use their kitchen to promote learning, thinking, and problem solving.	160	Toddler's Development	X	X				X	X	X	X	X	X
Months 28	Talk about encouraging toddler's persistence and problem solving skills.	162	Toddler's Development	X	X	X	X	X	X	X	X	X	X	
Months 31	Identify and promote special talents in the family.	170	Family Development											
Months 31	Help the family feel empowered to make their community a better place to live.	172	Family Development											
Months 31	Help the family stay safe during arguments.	174	Family Development											
Months 31	Discuss the value of having close friendships.	176	Family Development											
Months 31	Encourage Dad/partner to help his child learn how to solve problems and feel successful.	178	Family Development	X	X	X	X	X	X	X	X	X		
Months 31	Help Dad/partner understand the impact of his absence through his child's eyes.	180	Family Development											
Months 31	Explain difference between credit and debit cards, and how to use them wisely.	182	Family Development											
Months 31	Consider the effects of living with a family member with substance abuse issues.	184	Family Health											
Months 31	Ask about plans for having another baby.	186	Family Health											
Months 31	Help family plan and prepare for natural disasters.	188	Family Health											
Months 31	Discuss ways to prevent food poisoning.	190	Family Health									X		
Months 31	Suggest planting a small vegetable garden as a family project.	192	Family Health	X	X		X	X	X	X	X			X
Months 31	Talk about how to find peace and joy during the holidays.	194	Family Health											
Months 31	Explain how having a moral compass helps guides decision making.	196	Family Health											

DOMAIN: Perceptual, Motor, and Physical Development															
Toddler's 3rd Year			SUB-DOMAINS:		PMP_SD1		PMP_SD2			PMP_SD3			PMP_SD4		
			GOALS:		Perception		Gross Motor			Fine Motor			Health, Safety, and Nutrition		
AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11	
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Months 31	Talk about ways to increase family protection and feelings of safety in the home.	198	Family Health										X		
Months 31	Teach healthy food choices when eating out.	200	Caring for Toddler											X	
Months 31	Ask about child's changing sleep patterns and any problems with nightmares or night terrors.	202	Caring for Toddler	X								X			
Months 31	Discuss finding and preparing for preschool.	204	Caring for Toddler												
Months 31	Ask what kind of parent they want to be.	206	Caring for Toddler												
Months 31	Explain value of "being held in another's mind."	208	Caring for Toddler												
Months 31	Help parents deal with any unrealistic expectations of their toddler.	210	Caring for Toddler	X	X										
Months 31	Ask about family's methods of discipline and discourage physical punishment.	212	Caring for Toddler												
Months 31	Explain what new skills toddler is likely to be doing over the next three months and discuss ASQ-3 or other developmental screening tool.	214	Toddler's Development	X	X	X	X	X	X	X	X	X	X	X	
Months 31	Continue to promote parents' observation and reflection skills with toddler.	216	Toddler's Development	X			X			X					
Months 31	Describe how children learn to tell the difference between pictures and letters before they read independently.	218	Toddler's Development	X											
Months 31	Explain how homemade books help toddler practice reading and story-telling.	220	Toddler's Development						X	X		X			
Months 31	Help parents appreciate toddler's capacity to separate more easily in familiar settings.	222	Toddler's Development	X	X										
Months 31	Discuss why toddler sometimes falls apart when parent shows up.	224	Toddler's Development	X											
Months 31	Discuss toddler's emotions and how they can sometimes be overwhelmed by them.	226	Toddler's Development	X	X										
Months 31	Talk about toddler's need for comfort when hurt, sick, or upset.	228	Toddler's Development	X											
Months 31	Explain how active play helps toddler's senses learn to work together.	230	Toddler's Development	X	X	X	X	X	X	X	X				

DOMAIN: Perceptual, Motor, and Physical Development														
Toddler's 3rd Year			SUB-DOMAINS:											
			PMP_SD1		PMP_SD2			PMP_SD3			PMP_SD4			
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AGE	Purposes from Partners for a Healthy Baby (PHB)	DIP PAGE #	CATEGORY	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
Months 31	Encourage parents to play games that promote toddler's executive function skills.	232	Toddler's Development	X	X	X	X	X	X	X	X			
Months 31	Talk about how to support toddler's creativity.	234	Toddler's Development	X	X				X	X	X			
Months 31	Help parents understand how to promote toddler's ability to problem solve.	236	Toddler's Development	X	X				X	X	X			
Months 34	Review the family's accomplishments toward achieving their goals.	244	Family Development											
Months 34	If a family member is incarcerated, offer supports to keep connected with toddler.	246	Family Development											
Months 34	Encourage the family to maintain special relationships in their lives.	248	Family Development											
Months 34	Encourage Dad/partner to share family traditions.	250	Family Development											
Months 34	Use family's dreams and goals to plan next steps for financial and career success.	252	Family Development											
Months 34	Review dangers of drinking and driving.	254	Family Health											
Months 34	Ask about heart disease in the family.	256	Family Health									X		X
Months 34	Talk about ways to have more family meals together.	258	Family Health	X					X	X	X			X
Months 34	Talk about how to make the healthiest fast food choices.	260	Family Health											X
Months 34	Talk about how a spiritual connection can be empowering.	262	Family Health											
Months 34	Promote family connectedness by talking about what brings families together and what tears families apart.	264	Family Health											
Months 34	Talk about how endings can offer new beginnings.	266	Family Health											
Months 34	Encourage a positive attitude toward food and eating.	268	Caring for Toddler	X	X	X			X	X	X			X
Months 34	Talk about trike safety and the importance of wearing a helmet.	270	Caring for Toddler	X	X	X	X	X	X				X	

DOMAIN: Perceptual, Motor, and Physical Development																
Toddler's 3rd Year			SUB-DOMAINS:	PMP_SD1		PMP_SD2			PMP_SD3			PMP_SD4				
				Perception		Gross Motor			Fine Motor			Health, Safety, and Nutrition				
AGE	Purposes from Partners for a Healthy Baby (PHB)		DIP PAGE #	CATEGORY	GOALS:	Goal 1	Goal 2	Goal 3	Goal 4	Goal 5	Goal 6	Goal 7	Goal 8	Goal 9	Goal 10	Goal 11
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Months 34	Talk about appropriate expectations for toddler helping with chores.		272	Caring for Toddler		X	X	X	X	X	X	X	X	X		X
Months 34	Ask about child's progress with learning to use the toilet.		274	Caring for Toddler		X	X					X		X		
Months 34	Discuss how parents support their toddler during major changes.		276	Caring for Toddler												
Months 34	Help parents plan to celebrate toddler's 3rd birthday.		278	Caring for Toddler												
Months 34	Talk about the use of "time out."		280	Caring for Toddler		X	X									
Months 34	Help parents model respectfulness with toddler.		282	Caring for Toddler												
Months 34	Explain what new skills toddler is likely to learn over the next three months and review the ASQ-3 or other developmental screening tool.		284	Toddler's Development		X	X	X	X	X	X	X	X			
Months 34	Continue to promote parents' observation and reflection skills with toddler.		286	Toddler's Development												
Months 34	Explain how shared reading supports toddler's language and conversation skills.		288	Toddler's Development		X										
Months 34	Discuss why toddler needs practice "reading" to others.		290	Toddler's Development		X					X	X				
Months 34	Suggest asking questions to help toddler use more complex thinking.		292	Toddler's Development		X										
Months 34	Help parents understand the value of storytelling.		294	Toddler's Development												
Months 34	Explain how toddlers learn to care for others.		296	Toddler's Development												
Months 34	Discuss the value of supporting toddler's accomplishments.		298	Toddler's Development												
Months 34	Help parents appreciate toddler's growing social knowledge.		300	Toddler's Development												
Months 34	Help parents understand why toddlers show possessiveness and want exclusive attention.		302	Toddler's Development												
Months 34	Discuss ways to help toddler feel emotionally secure.		304	Toddler's Development												

DOMAIN: Perceptual, Motor, and Physical Development																
Toddler's 3rd Year				SUB-DOMAINS:		PMP_SD1		PMP_SD2			PMP_SD3		PMP_SD4			
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Months 34	Continue discussion of social-emotional well-being and complete screening.	306	Toddler's Development	X	X									X		
Months 34	Encourage family to promote toddler's sense of humor during play.	308	Toddler's Development	X	X											
Months 34	Talk about appropriate toys for 3-year-olds.	310	Toddler's Development	X	X	X	X	X	X	X	X	X		X		
Months 34	Talk about fun learning with water play.	312	Toddler's Development	X	X	X	X	X	X	X	X					