

Baby's 2nd Year												
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	Family Well Being			Positive Parent-Child Relationships	Families as Lifelong Educators	Families as Learners	Family Engagement in Transitions	Family Connection to Peers and Community	Families as Advocates and Leaders
				Parents and Families are Safe	Parents and Families are Healthy	Parents and Families are Financially Secure						
Months 13-14	Help family identify changes that would improve their life situation	6	Family Development		X	X	X		X			X
Months 13-14	Talk about characteristics important in a life	8	Family Development	X	X	X	X		X	X	X	
Months 13-14	Talk about adjustments around deployment	10	Family Development	X	X		X	X		X	X	
Months 13-14	Talk with Dad about why his child sometimes	12	Family Development		X		X	X		X		
Months 13-14	Ask about alcohol or drug use in the home	14	Family Health	X	X		X				X	
Months 13-14	Review dangers of secondhand smoke and	16	Family Health		X						X	X
Months 13-14	Talk about health risks of being overweight	18	Family Health		X						X	
Months 13-14	Ask about childhood experiences and	20	Family Health	X	X		X				X	
Months 13-14	Explain how understanding emotions is important for the whole family.	22	Family Health		X		X	X				
Months 13-14	Observe for signs of depression.	24	Family Health		X		X				X	
Months 13-14	Ask about progress on replacing the bottle	26	Caring for Baby		X		X	X				
Months 13-14	Talk with family about how to care for their	28	Caring for Baby		X						X	
Months 13-14	Talk about ways to make it easier to go	30	Caring for Baby				X	X			X	
Months 13-14	Ask about the joys and challenges of	32	Caring for Baby		X		X	X			X	
Months 13-14	Share ideas about guiding their 1-year-old's	34	Caring for Baby				X	X				
Months 13-14	Ask how family maintains peace between	36	Caring for Baby	X			X	X				
Months 13-14	Help family understand the difference	38	Caring for Baby				X	X				
Months 13-14	Explain what new skills baby is likely to learn	40	Baby's Development				X	X	X			
Months 13-14	Continue to promote parents' observation and	42	Baby's Development				X	X	X			X
Months 13-14	Talk about baby's new motor skills.	44	Baby's Development	X	X		X	X	X			
Months 13-14	Talk about the importance of reading with	48	Baby's Development				X	X				
Months 13-14	Help parents understand how children learn	50	Baby's Development				X	X	X			
Months 13-14	Summarize and preview baby's upcoming	52	Baby's Development				X	X	X			
Months 13-14	Continue discussion of baby's social-	56	Baby's Development				X	X	X	X		
Months 13-14	Help parents understand that clinging and	60	Baby's Development				X	X			X	
Months 13-14	Talk about typical childhood fears and how to	62	Baby's Development				X	X				
Months 13-14	Talk about realistic expectations for peer	64	Baby's Development				X	X	X		X	
Months 13-14	Explain importance of unconditional love.	66	Baby's Development		X		X	X				
Months 13-14	Talk about appropriate toys for their 1-year-	68	Baby's Development	X			X	X				
Months 13-14	Talk about upcoming changes in cognitive	70	Baby's Development				X	X	X			
Months 13-14	Talk about toddler's play skills and why play	74	Baby's Development	X			X	X	X			
Months 15-16	Talk about seeing opportunities in mistakes.	84	Family Development		X				X			
Months 15-16	Ask about ways the family has fun together	86	Family Development				X	X			X	
Months 15-16	Ask parent how well they know their partner	88	Family Development	X	X	X	X					
Months 15-16	Encourage Dad to support toddler's	90	Family Development	X			X	X				
Months 15-16	Offer search tips if parent is looking for a new	92	Family Development			X			X		X	
Months 15-16	Talk about the dangers of combining alcohol	94	Family Health		X							
Months 15-16	Talk about sexually transmitted infections and	96	Family Health		X						X	
Months 15-16	Talk about family car safety and the dangers	98	Family Health	X								
Months 15-16	Talk about healthy food portions.	100	Family Health		X							
Months 15-16	Remind Mom why it's important to examine	102	Family Health		X						X	
Months 15-16	Talk about emotional resources for managing	104	Family Health	X	X		X		X			
Months 15-16	Talk about the importance of a strong social	106	Family Health		X						X	
Months 15-16	Talk about the stages of grief when important	108	Family Health		X						X	
Months 15-16	Talk about preventing accidents and what to	110	Caring for Baby	X				X			X	
Months 15-16	Discuss how to safely give toddlers their	112	Caring for Baby		X		X	X			X	
Months 15-16	Discuss how routines help children, and show	114	Caring for Baby		X		X	X		X		
Months 15-16	Talk about the traditional father role of	116	Caring for Baby		X		X	X				
Months 15-16	Ask about the challenges of co-parenting a	118	Caring for Baby		X		X	X		X		
Months 15-16	Discuss how adjusting expectations and	120	Caring for Baby	X	X		X	X	X			
Months 15-16	Explain what new skills toddler is likely to	122	Baby's Development				X	X	X			
Months 15-16	Continue to promote parents' observation and	124	Baby's Development				X	X	X			X
Months 15-16	Talk about any concerns regarding toddler's	126	Baby's Development		X		X	X			X	X
Months 15-16	Talk about how different family members can	128	Baby's Development				X	X	X		X	
Months 15-16	Encourage family to promote toddler's	130	Baby's Development				X	X				
Months 15-16	Discuss benefits of healthy early relationships	132	Baby's Development				X	X				
Months 15-16	Help parents understand and deal with their	134	Baby's Development				X	X		X		
Months 15-16	Discuss importance of supporting child's	136	Baby's Development				X	X	X			
Months 15-16	Remind parents how young children learn	138	Baby's Development				X	X				
Months 15-16	Help parents understand ways to enhance	140	Baby's Development				X	X	X			
Months 15-16	Talk with parents about how they can use	142	Baby's Development				X	X				
Months 17-18	Talk about the difference between making	148	Family Development						X			X
Months 17-18	Help stepparents and blended families adjust	150	Family Development		X		X			X		
Months 17-18	Help Dad/partner think of ways he can use	152	Family Development				X	X				
Months 17-18	Discuss how to work toward goal of owning a	154	Family Development	X		X			X		X	
Months 17-18	Ask about family's daily dental care and	156	Family Health		X							
Months 17-18	where the family can get the most for their	158	Family Health		X	X						
Months 17-18	Explain healthy things to do before Mom gets	160	Family Health		X							
Months 17-18	Talk about how abusive behaviors in-talk	162	Family Health	X	X		X				X	
Months 17-18	Talk about replacing negative self-talk with	164	Family Health		X		X		X		X	
Months 17-18	Help Mom learn self-care strategies.	166	Family Health		X		X				X	
Months 17-18	Help Mom improve her mood by laughing and	168	Family Health		X		X				X	
Months 17-18	Talk about choosing healthy meals and	170	Caring for Baby				X	X				
Months 17-18	Review safety in the home with special focus	172	Caring for Baby	X							X	
Months 17-18	Ask if there are any issues with toddler's	174	Caring for Baby		X		X	X		X		
Months 17-18	Talk about making bath time enjoyable for	176	Caring for Baby	X			X	X				
Months 17-18	Explain how seeing or hearing violence in the	178	Caring for Baby	X			X				X	
Months 17-18	Discuss appropriate expectations and	180	Caring for Baby				X	X			X	
Months 17-18	Explain how spanking can cause more harm	182	Caring for Baby	X			X	X	X			
Months 17-18	Explain what new skills toddler is likely to	184	Baby's Development				X	X	X			
Months 17-18	Continue to promote parents' observation and	186	Baby's Development				X	X	X			X
Months 17-18	Talk with parents about following their child's	188	Baby's Development				X	X	X			
Months 17-18	Explain how fingerplays help with language	190	Baby's Development				X	X				
Months 17-18	Help parents understand the importance and	192	Baby's Development				X	X				
Months 17-18	giving toddler words to label emotions.	194	Baby's Development				X	X				
Months 17-18	Continue discussion of social-emotional well-	196	Baby's Development		X		X	X				
Months 17-18	Talk with parents about different types of	198	Baby's Development				X	X	X			
Months 17-18	Help parents understand that toddlers learn	200	Baby's Development				X	X				
Months 19-21	Talk about the value of helping others.	206	Family Development		X						X	X
Months 19-21	Help family continue to build their network of	208	Family Development	X	X	X			X		X	
Months 19-21	Observe how Dad/partner shows affection	210	Family Development		X		X	X	X			
Months 19-21	Help family find ways to stretch their budget	212	Family Development			X			X		X	
Months 19-21	Check on any issues regarding use of alcohol	214	Family Health	X	X		X					

Baby's 2nd Year												
SECTION	Purposes from Partners for a Healthy Baby (PHB)	PAGE #	CATEGORY	Family Well Being			Positive Parent-Child Relationships	Families as Lifelong Educators	Families as Learners	Family Engagement in Transitions	Family Connection to Peers and Community	Families as Advocates and Leaders
				Parents and Families are Safe	Parents and Families are Healthy	Parents and Families are Financially Secure						
Months 19-21	Talk with parent(s) about ways to reconnect	216	Family Health		X		X					
Months 19-21	Talk about how to find answers to health	218	Family Health		X				X		X	
Months 19-21	Talk about how physical activity can reduce	220	Family Health	X	X		X					
Months 19-21	Talk with Mom about special nutritional needs	222	Family Health		X							
Months 19-21	Help the family get help for any unresolved	224	Family Health	X	X		X				X	
Months 19-21	Talk about how to find joy and happiness in	226	Family Health		X		X				X	
Months 19-21	Help family think about effective coping	228	Family Health	X	X		X		X		X	
Months 19-21	Talk about common food allergies in toddlers.	230	Caring for Baby	X	X				X			X
Months 19-21	Review importance of outdoor safety.	232	Caring for Baby	X	X							
Months 19-21	Talk about readiness signs for learning to use	234	Caring for Baby		X		X	X	X			
Months 19-21	Talk about what children learn by watching	236	Caring for Baby	X	X		X	X				
Months 19-21	Help identify and resolve any child rearing	238	Caring for Baby		X		X					
Months 19-21	Explain how realistic expectations help	240	Caring for Baby				X	X	X			
Months 19-21	Discuss how to make it easier to go places	242	Caring for Baby				X	X				
Months 19-21	Explain what new skills toddler is likely to	244	Baby's Development				X	X	X			
Months 19-21	Continue to promote parents' observation and	246	Baby's Development				X	X	X			X
Months 19-21	Explain why toddlers may not follow	248	Baby's Development				X	X				
Months 19-21	Ask about toddler's new words.	250	Baby's Development				X	X				
Months 19-21	Talk about the challenge of separations for	252	Baby's Development				X	X		X		
Months 19-21	Help parents have reasonable expectations	254	Baby's Development				X	X		X		
Months 19-21	Explain how toddlers imitate the comforting	256	Baby's Development				X	X				
Months 19-21	Talk about ways to help toddler feel "special,	258	Baby's Development				X	X		X		
Months 19-21	Help parents understand the value of messy	260	Baby's Development				X	X				
Months 19-21	Explain how toxic stress can impact learning	262	Baby's Development	X	X		X	X			X	
Months 22-24	Discuss feelings of powerlessness and how	268	Family Development		X				X			
Months 22-24	Help the family build relationships in their	270	Family Development								X	
Months 22-24	Help Dad/partner tune into the meaning	272	Family Development				X	X				
Months 22-24	Talk about risks for developing asthma.	274	Family Health		X							
Months 22-24	Teach parents to recognize warning signs of	276	Family Health		X							
Months 22-24	Talk about health risks associated with being	278	Family Health		X							
Months 22-24	Follow up to see how ACEs are impacting	280	Family Health	X	X		X				X	
Months 22-24	Help family see how self-care factors create	282	Family Health		X		X		X		X	X
Months 22-24	Talk about emotional resources necessary for	284	Family Health		X		X		X			
Months 22-24	Discuss mealtime choking hazards.	286	Caring for Baby	X							X	
Months 22-24	Ask where toddler sleeps and discuss	288	Caring for Baby	X						X		
Months 22-24	Talk with family about child's risk of drowning	290	Caring for Baby	X							X	X
Months 22-24	Talk about simplifying daily routines.	292	Caring for Baby		X	X	X	X				
Months 22-24	Help toddlers cope when parents'	294	Caring for Baby		X		X			X	X	
Months 22-24	Talk about how to help toddler when she	296	Caring for Baby				X	X				
Months 22-24	Talk about how to celebrate toddler's second	298	Caring for Baby	X			X				X	
Months 22-24	Explain what new skills toddler is likely to	300	Baby's Development				X	X	X			
Months 22-24	Continue to promote parents' observation and	302	Baby's Development				X	X	X			X
Months 22-24	Explain why toddlers want to read the same	304	Baby's Development				X	X	X			
Months 22-24	Talk about why toddlers ask so many	306	Baby's Development				X	X				
Months 22-24	Review family's home language(s) and	308	Baby's Development				X	X			X	
Months 22-24	Talk about toddler's favorite playmates, and	310	Baby's Development				X	X		X	X	
Months 22-24	Explain how thumb-sucking, pacifiers,	312	Baby's Development				X	X				
Months 22-24	Talk about toddler's play with other children.	314	Baby's Development				X	X			X	
Months 22-24	Continue discussion of social-emotional well-being and complete screening.	316	Baby's Development		X		X	X	X		X	
Months 22-24	Encourage parents to help toddler develop a positive sense of self.	318	Baby's Development				X	X				
Months 22-24	Discuss the value of going on outings with their toddler.	320	Baby's Development				X	X				
Months 22-24	Encourage parents to offer a variety of art experiences.	322	Baby's Development				X	X				