

Florida State University
Center for Prevention & Early Intervention Policy


Home Visiting Since 1993

- First Wave Federal Healthy Start 1993-1996
- University Early Head Start 1996-present
- Young Parents Project 2006-present



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Programs and Models Using Partners



- Early Head Start (EHS)
- New Parent Support Program
- Healthy Start
- Healthy Families America
- Parents as Teachers
- Non-profit community programs
- Faith-based organizations

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How Partners Helps Home Visitors Achieve Positive Program Outcomes



- Helps Home Visitors address program goals while responding to family needs.
- Supports Home Visitor's ability to systematically plan key topics at critical time.
- Provide home visitors a comprehensive, research-based curriculum.


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User's Guide



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User's Guide

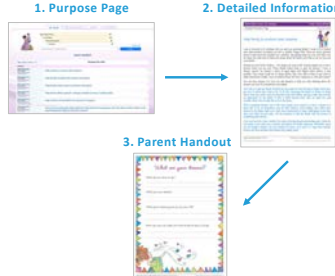


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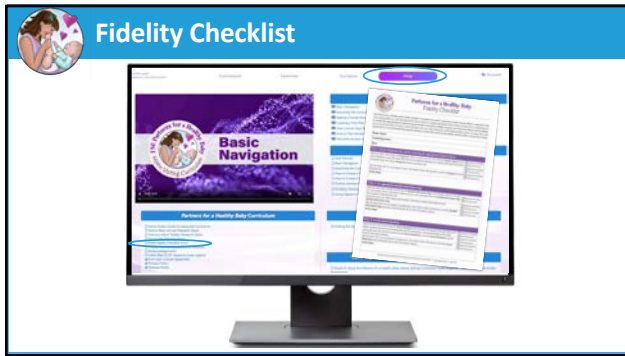
Using Partners to Fidelity

Using *Partners for a Healthy Baby* to fidelity involves a 3-step process:

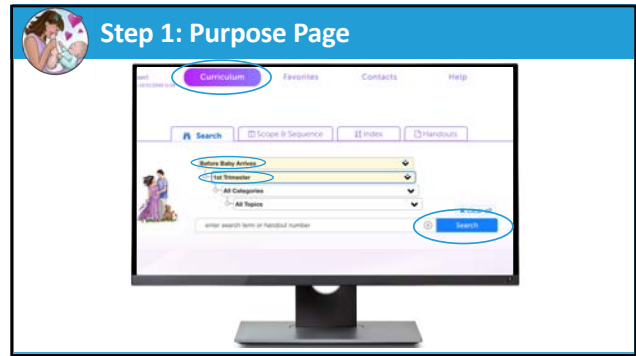
1. Choose the book and select the stage of pregnancy or the age of the child being visited. This is your Purpose Page. Select specific Purposes to be covered on the visit.
2. Carefully read each Detailed Information Page that explains the Purpose you chose.
3. Review the Parent Handout recommended on the Detailed Information Page.



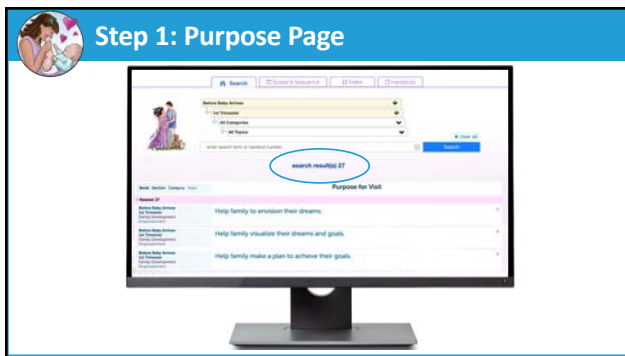
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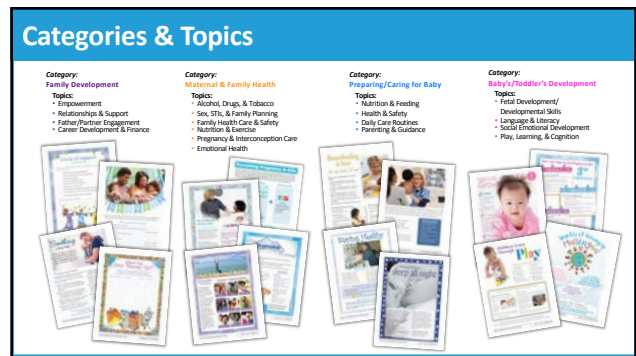
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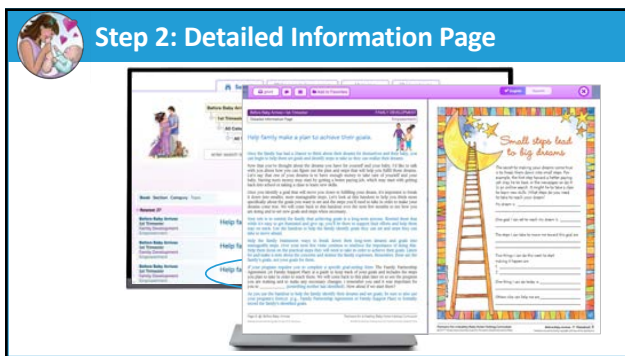
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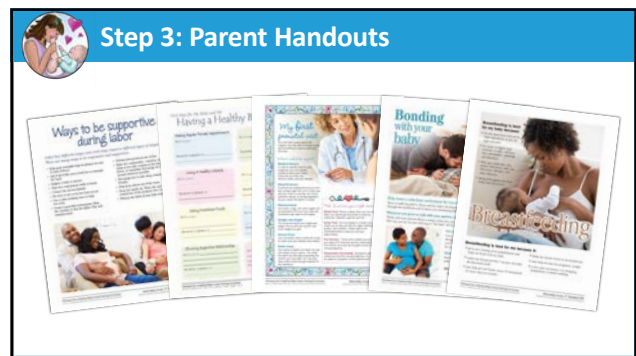
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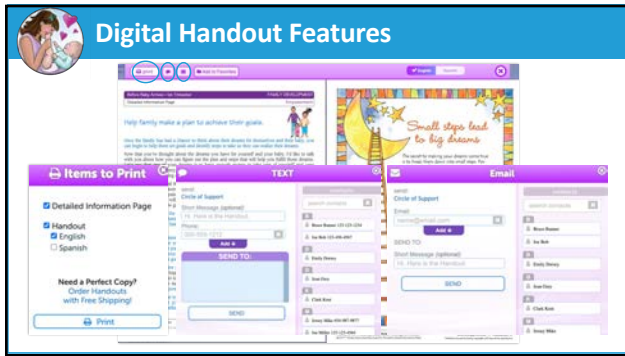
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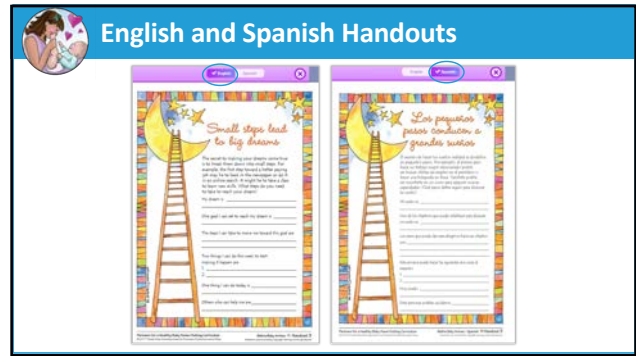
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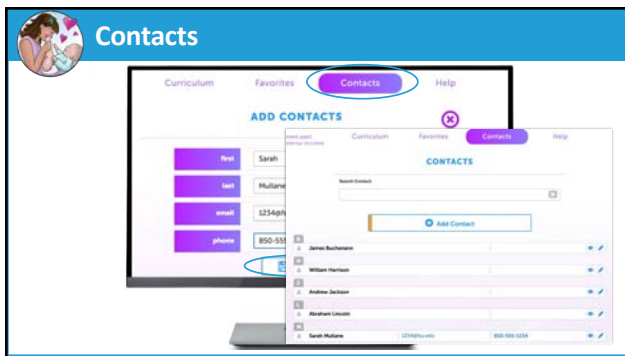
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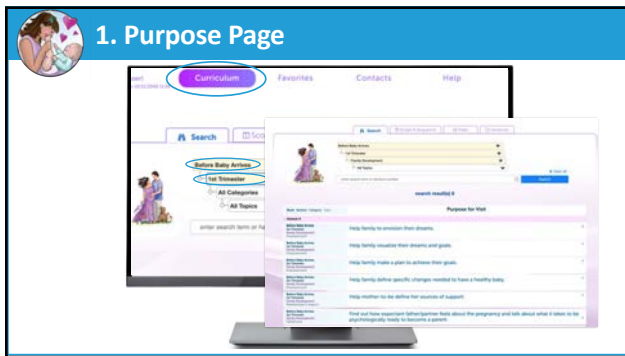
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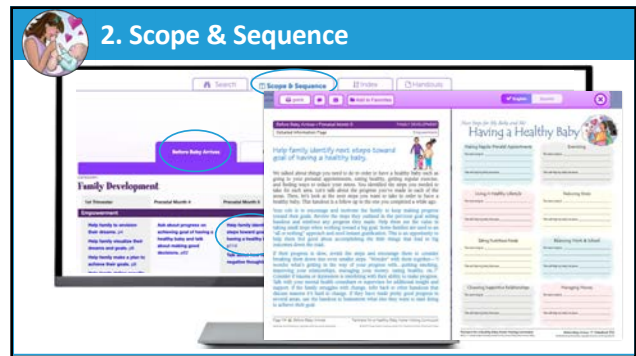
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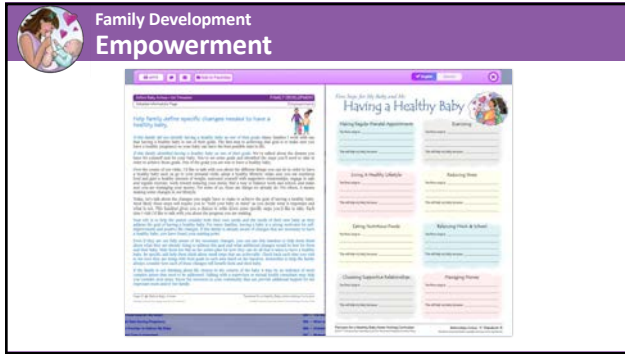
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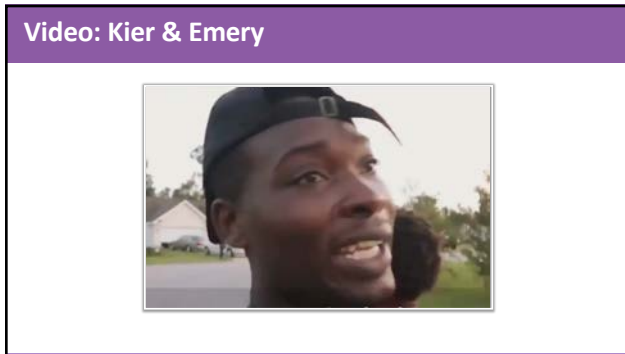
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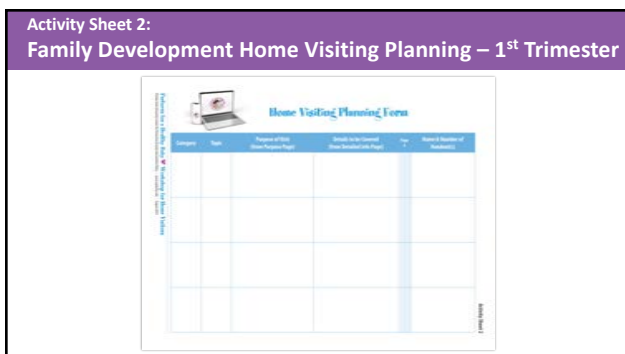
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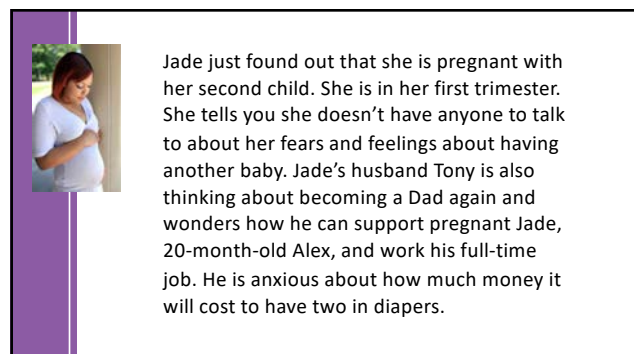
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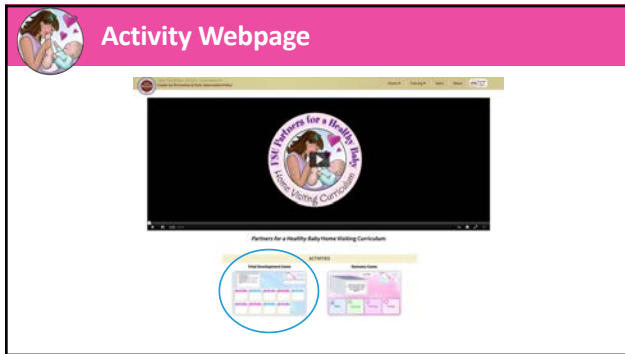
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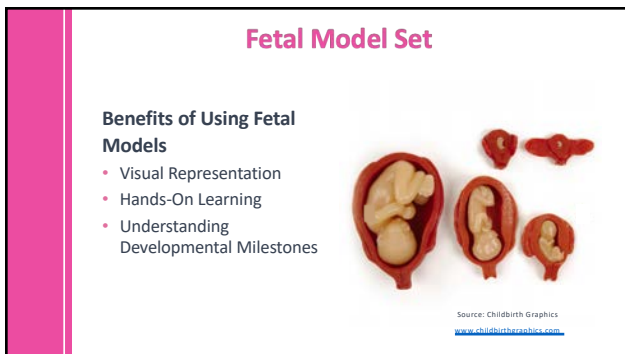
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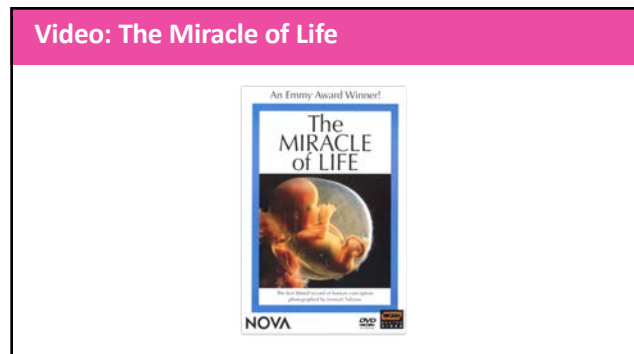
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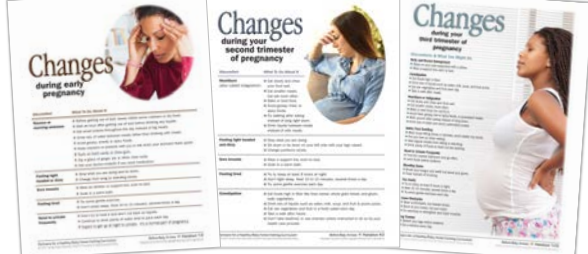
Maternal & Family Health

- Alcohol, Drugs, & Tobacco
- Sex, STIs, & Family Planning
- Family Health Care & Safety
- Nutrition & Exercise
- Pregnancy & Interconception Care
- Emotional Health




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Maternal & Family Health Pregnancy & Interconception Care



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Prenatal Care



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Prenatal Care Breakout Activity



Jade is 20 years old. She's 3 months pregnant and doesn't see the need to go to her healthcare provider for prenatal care because this is her second baby.

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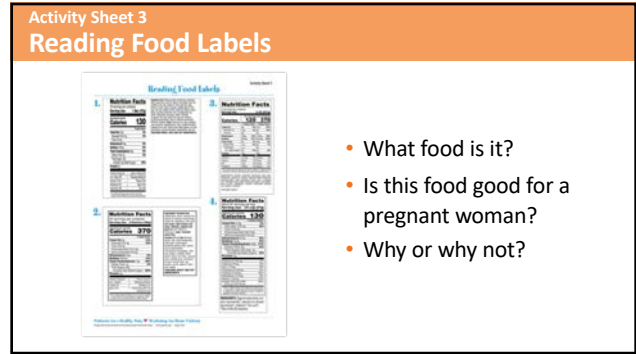
Maternal & Family Health Nutrition & Exercise



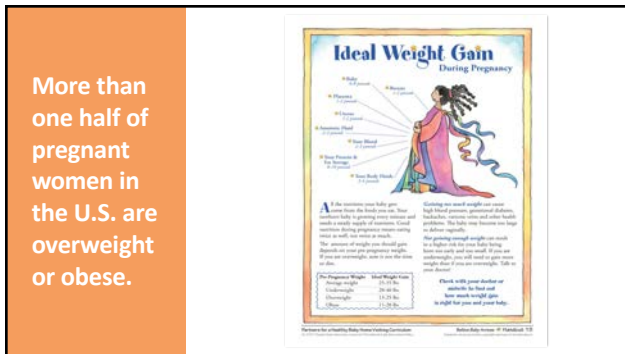
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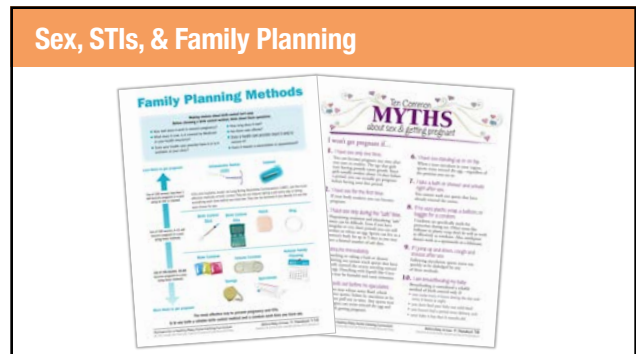
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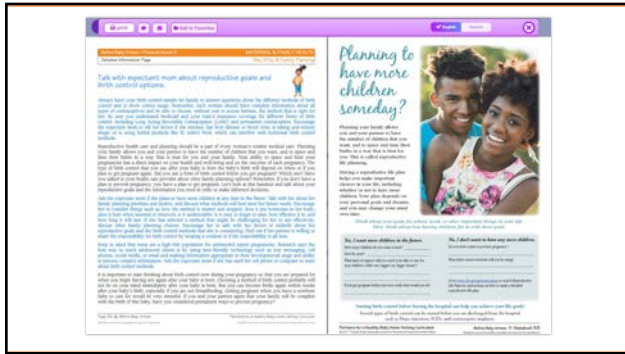
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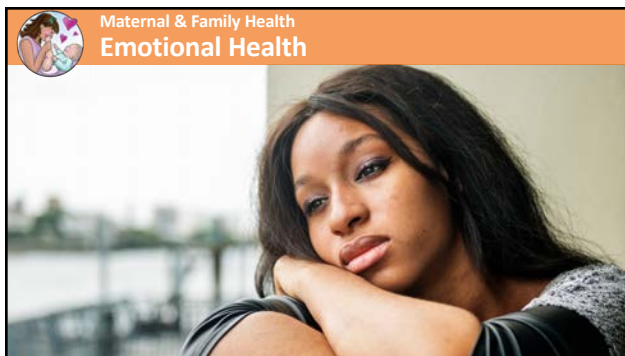
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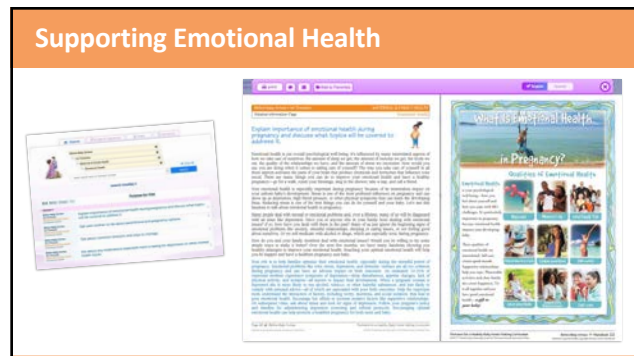
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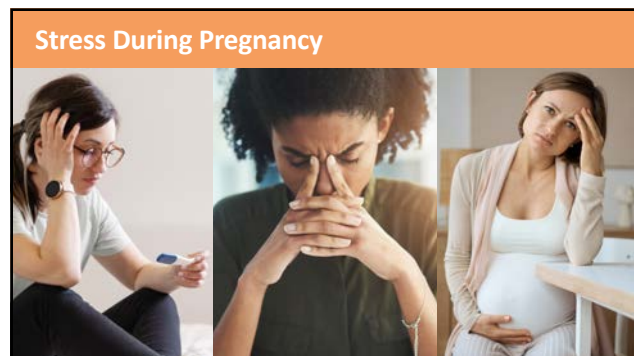
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Impact of Stress on Pregnancy

Stress during pregnancy elevates mom's cortisol level.

Transmitted to the fetus through the placenta.

Elevated cortisol levels shape the stress axis making the child more hypersensitive to stressful events.

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Video: How Toxic Stress Affects Us, and What We Can Do About It

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Coping with Stress

- Check-in regularly with the expectant mom about her stress level.
- Ask her to rate it on a scale of 1-10, with 1 being low and 10 being high.
- It may take time for her to truly be able to sort out all the stressors in her life right now!

How is your stress?

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Presume Trauma

Understand what you are walking into every day:

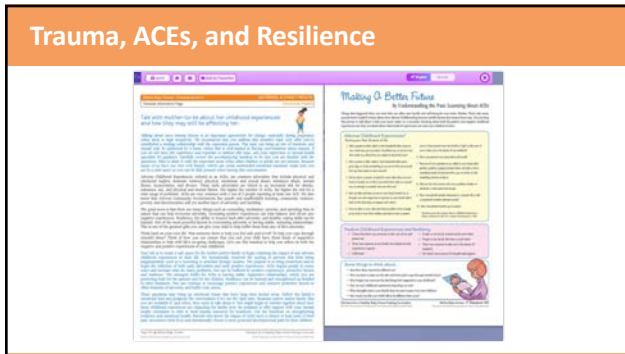
- High levels of poverty
- Families living in under-resourced communities
- Violence in the home & outside the door
- Substance abuse issues
- Trafficking
- Child neglect & abuse

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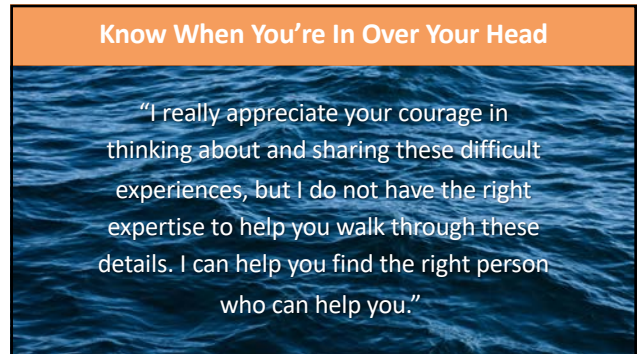
Trauma-Informed Home Visiting

“In its simplest form, trauma-informed care is a way of thinking about and responding to families’ struggles.”

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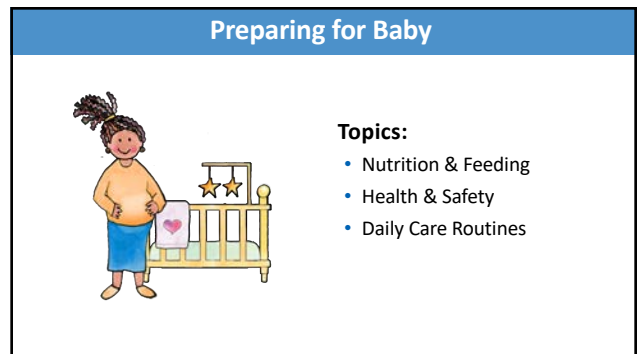
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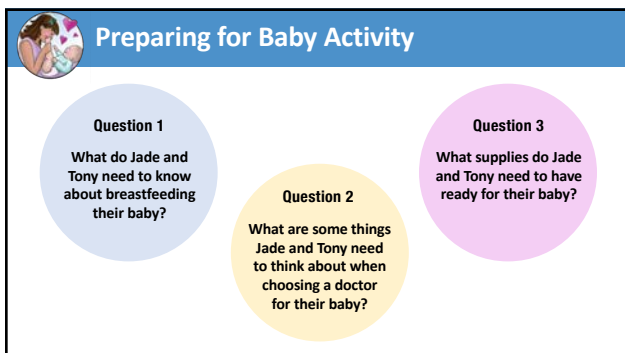
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Preparing for Baby Nutrition & Feeding

Question 1
What do Jade and Tony need to know about breastfeeding their baby?

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Preparing for Baby Nutrition & Feeding

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What do Jade and Tony need to know about breastfeeding their baby?

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Preparing for Baby Health & Safety

Question 2
What are some things Jade and Tony need to think about when choosing a doctor for their baby?

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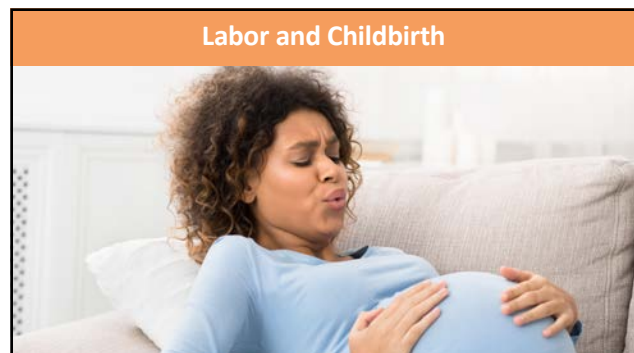
Preparing for Baby Health & Safety

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Preparing for Baby Daily Care Routines

Question 3
What supplies do Jade and Tony need to have ready for their baby?

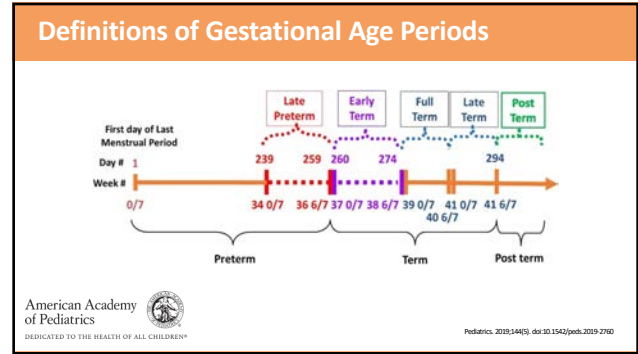
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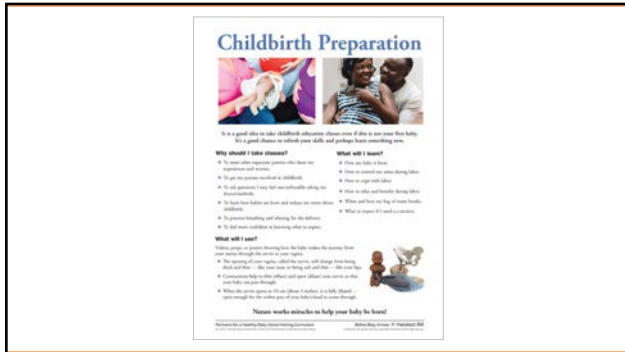
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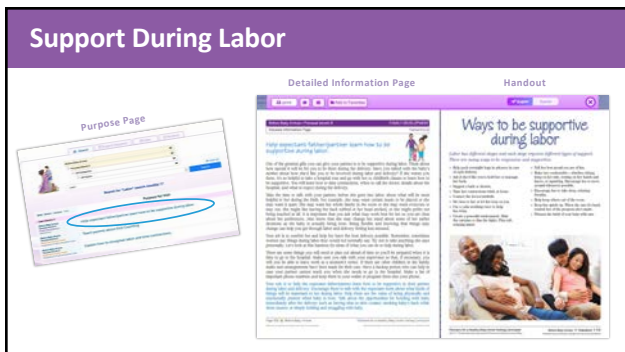
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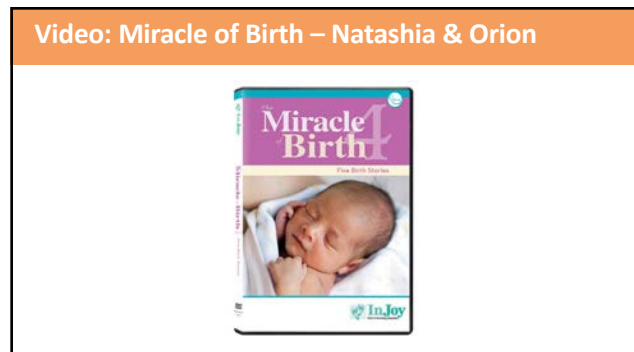
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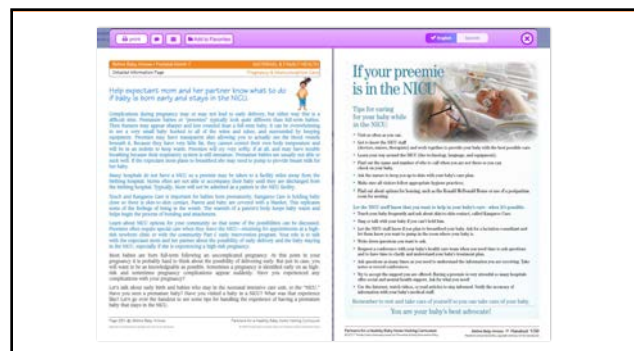
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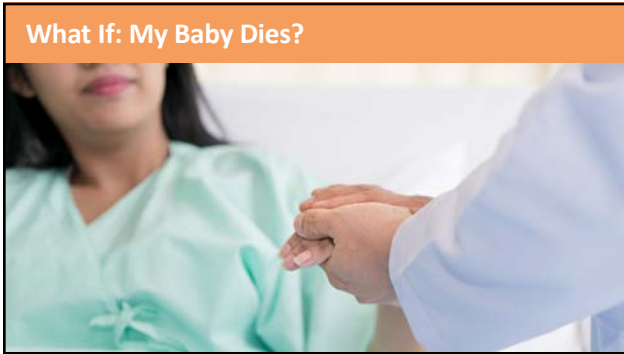
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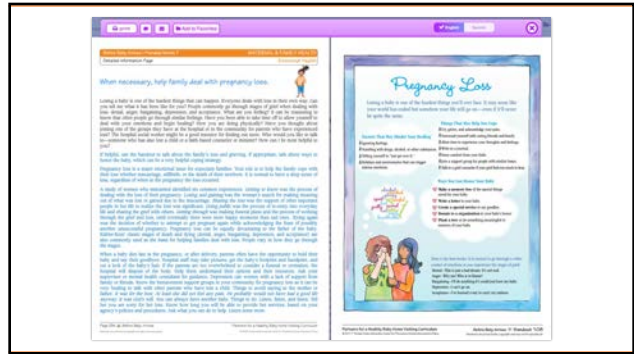
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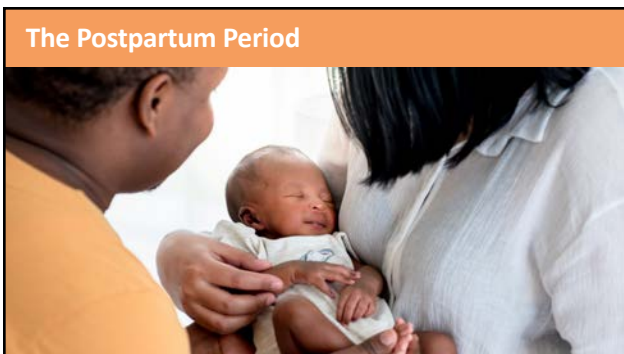
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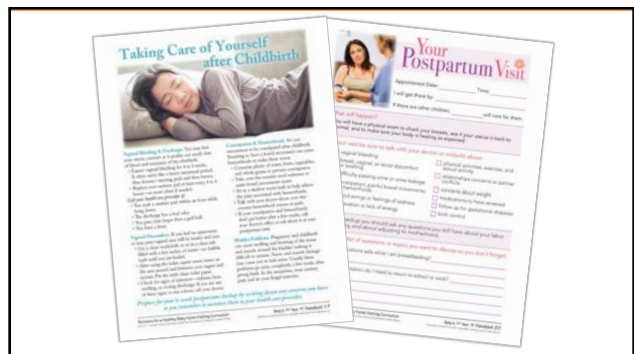
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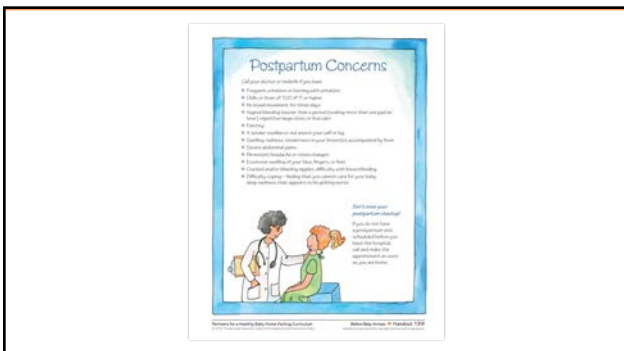
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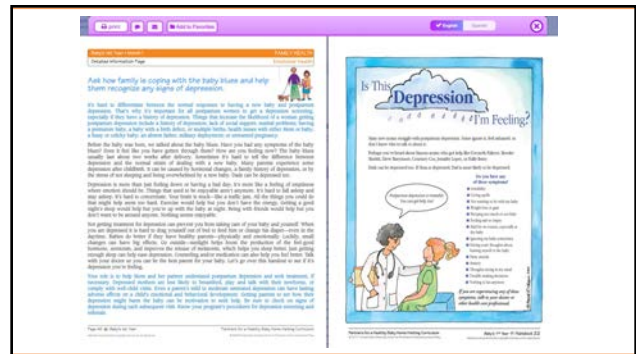
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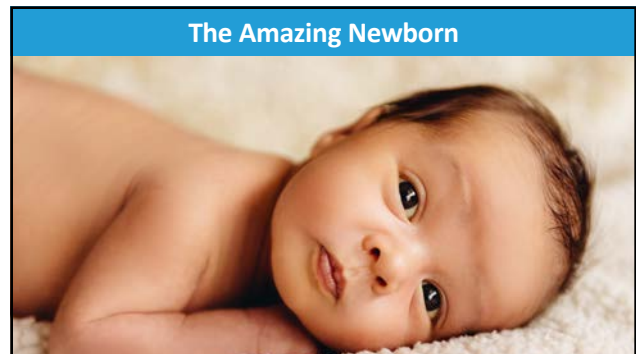
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