



Baby's 1st Year

Scope & Sequence

Overview of Purposes



The *Scope & Sequence* is an overview of all the *Purposes* in the *Partners* curriculum. It shows what topics are covered, and when and where they can be found in the curriculum. The *Scope & Sequence* for *Baby's 1st Year* provides an overview of all of the *Purposes* that a home visitor may choose from to plan visits during Months 1-12. *Purposes* are organized by the four categories: Family Development, Family Health, Caring for Baby, and Baby's Development, and are listed by the Topic in which they appear in the *Partners* curriculum.

Family Development



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- Relationships & Support Intro 22
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Family Health



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- Sex, STIs, & Family Planning Intro 24
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Caring for Baby



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Baby's Development



- Developmental Skills Intro 28
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- Social Emotional Development Intro 28
- Play, Learning, & Cognition Intro 28



Family Development

Month 1	Month 2	Month 3	Month 4	Month 5	Month 6
Empowerment					
		<ul style="list-style-type: none"> Help family identify their dreams and achieve their goals. p192 Talk about strategies for solving everyday problems. p194 	<ul style="list-style-type: none"> Help family identify their dreams for their baby. p246 Talk about traits needed to be successful. p248 	<ul style="list-style-type: none"> Talk about changes to their family with the birth of their baby. p288 Help family learn how to manage their time and set priorities. p290 	<ul style="list-style-type: none"> Encourage family to make decisions with baby in mind. p320
Relationships & Support					
<ul style="list-style-type: none"> Ensure Mom has adequate support during the postpartum period. p6 Ask about Mom's relationship with baby's father and talk about the importance of his involvement with baby. p8 	<ul style="list-style-type: none"> Ensure Mom has enough support. p128 Help siblings adjust to the new baby. p130 Help military parents stay connected with their newborn and family during deployment. p132 	<ul style="list-style-type: none"> Ask how the new baby has changed family relationships. p196 Ask how grandparents relate to baby and encourage their involvement. p198 	<ul style="list-style-type: none"> Discuss how Mom's relationships might be healthy or harmful for her baby. p250 Help military family adjust when reunited. p252 	<ul style="list-style-type: none"> Encourage friendships with other mothers and ask about changes in relationships at school or work. p292 	
Fatherhood					
<ul style="list-style-type: none"> Help Dad/partner feel competent in his ability to care for his baby. p10 Make sure Dad/partner has a plan for when he feels frustrated with his baby. p12 Help Dad/partner understand why breastfeeding is important and how he can be supportive. p14 Help Dad/partner understand the difference between the baby blues and postpartum depression, and how to help. p16 Ask Dad/partner about strategies he uses for calming his crying baby. p18 	<ul style="list-style-type: none"> Let Dad/partner share what he has learned about baby's cues and responding to baby's needs. p134 Ask Dad/partner how he's adjusting to his new baby. p136 Explain that new dads can experience depression. p138 	<ul style="list-style-type: none"> Talk with Dad/partner to see how he's doing with interpreting and responding to his baby's cues. p200 	<ul style="list-style-type: none"> Talk about how Dad/partner can develop a close relationship with his baby, even though they don't live together. p254 	<ul style="list-style-type: none"> If Dad does not live with his baby, talk about the importance of staying connected. p294 	<ul style="list-style-type: none"> Ask Dad/partner how he was parented and what kind of father he wants to be. p322
Career Development & Finances					
<ul style="list-style-type: none"> Talk about arrangements Mom has made for child support/public assistance. p20 	<ul style="list-style-type: none"> Help family keep track of their spending. p140 Encourage Mom to return to school and suggest ways to make it easier. p142 	<ul style="list-style-type: none"> Encourage family to make plans to avoid missing work/school if baby is sick. p202 Check on family's budget and make any necessary revisions. p204 	<ul style="list-style-type: none"> If parent is working, ask about current job and options for advancement. p256 Help family make a realistic monthly budget. p258 	<ul style="list-style-type: none"> Talk about importance of saving money for baby's future. p296 	<ul style="list-style-type: none"> Ask how Mom is doing balancing school/work with parenting. p324

Month 7	Month 8	Month 9	Month 10	Month 11	Month 12
Empowerment					
<ul style="list-style-type: none"> Discuss family's progress toward their goals and offer suggestions for overcoming challenges. p354 	<ul style="list-style-type: none"> Encourage family to have a "can-do" attitude to overcome barriers and reach their goals. p402 		<ul style="list-style-type: none"> Encourage family to be assertive and advocate for baby. p468 		<ul style="list-style-type: none"> Help family take pride in progress toward their goals and talk about setting long-range goals. p528
Relationships & Support					
	<ul style="list-style-type: none"> Discuss relationship boundaries and how to say "no." p404 	<ul style="list-style-type: none"> Help parents compare how they were raised with how they want to raise their child. p434 	<ul style="list-style-type: none"> Talk about preventing and repairing misunderstandings. p470 	<ul style="list-style-type: none"> If visits will end on baby's 1st birthday, begin planning the transition. p500 	<ul style="list-style-type: none"> If visits are ending now, acknowledge that change is difficult and reach closure. p530
Fatherhood					
<ul style="list-style-type: none"> Talk with Dad/partner about the importance of providing love, protection, and economic support. p356 	<ul style="list-style-type: none"> Encourage Dad/partner to support his baby's increasing mobility, and continued need for reassurance and supervision. p406 		<ul style="list-style-type: none"> Ask about the impact of fatherhood on Dad's/partner's friendships. p472 		<ul style="list-style-type: none"> Encourage Dad/partner to be nurturing and affectionate with his 1-year-old. p532
Career Development & Finances					
	<ul style="list-style-type: none"> Talk about progress with budgeting. p408 		<ul style="list-style-type: none"> Talk about following workplace policies and having a good work ethic. p474 	<ul style="list-style-type: none"> Encourage efforts to budget and save money. p502 	<ul style="list-style-type: none"> Talk about using a checking account to keep track of budget. p534



Family Health

Month 1	Month 2	Month 3	Month 4	Month 5	Month 6
Alcohol, Drugs, & Tobacco					
<ul style="list-style-type: none"> If Mom smokes, encourage her to breastfeed and take precautions to minimize the impact on her baby. p22 Be sure Mom knows that using street drugs or prescription drugs while breastfeeding can harm her baby. p24 If Mom is breastfeeding, explain that any alcohol she drinks may harm her baby. p26 	<ul style="list-style-type: none"> Talk with the family about how exposure to cigarette smoke can be harmful to the baby. p144 	<ul style="list-style-type: none"> If there are smokers in the home, find out why they smoke and offer suggestions to help them quit or cut back. p206 		<ul style="list-style-type: none"> Discuss alcohol or drug abuse by family members living in the home. p298 	
Sex, STIs, & Family Planning					
<ul style="list-style-type: none"> Talk with Mom about birth control options. p28 Discuss options for birth control if Mom is breastfeeding. p30 	<ul style="list-style-type: none"> Find out how Mom's postpartum checkup went and follow up on her choice of birth control. p146 If Mom has a history of depression or is taking antidepressants, discuss options for birth control. p148 		<ul style="list-style-type: none"> Make sure Mom and her partner understand the benefits of spacing pregnancies. p260 		<ul style="list-style-type: none"> Ask about satisfaction with family planning method and, if appropriate, address reproductive coercion. p326
Family Health Care & Safety					
<ul style="list-style-type: none"> Ensure family has health care coverage and a medical home. p32 	<ul style="list-style-type: none"> Make sure the family has health care coverage and help them resolve any insurance or Medicaid problems. p150 	<ul style="list-style-type: none"> Talk about the importance of handwashing to prevent the spread of illness. p208 			
Nutrition & Exercise					
<ul style="list-style-type: none"> Make sure family has food in the home and has signed up for WIC. p34 If Mom is breastfeeding make sure her diet is healthy and balanced. p36 	<ul style="list-style-type: none"> Talk about the amount of protein needed for breastfeeding moms. p152 	<ul style="list-style-type: none"> Help Mom with strategies for exercising. p210 	<ul style="list-style-type: none"> Talk with family members about how excess weight can affect their health. p262 		<ul style="list-style-type: none"> See how Mom is feeling about her post-pregnancy body. p328
Pregnancy & Interconception Care					
<ul style="list-style-type: none"> Help Mom manage typical physical discomforts that follow childbirth. p38 If Mom had a cesarean birth, discuss her recovery and when to call the doctor. p40 Explain that feeling really tired after childbirth is normal and suggest ways to manage fatigue. p42 Ensure Mom schedules her postpartum checkup. p44 	<ul style="list-style-type: none"> Help Mom find ways to cope with the loss of sleep. p154 Ask Mom about her postpartum checkup and how she's feeling about her post-pregnancy body. p156 	<ul style="list-style-type: none"> Explain why doing Kegel exercises is important. p212 Talk with Mom about recovering from a difficult or unplanned birth experience. p214 			
Emotional Health					
<ul style="list-style-type: none"> Prepare family for the exhaustion and emotional challenges of the first few weeks. p46 Ask how family is coping with the baby blues and help them recognize any signs of depression. p48 	<ul style="list-style-type: none"> Talk about the stress and demands of parenting a new baby. p158 Explain the importance of emotional health. p160 	<ul style="list-style-type: none"> Talk with family about how relationships, sleep, exercise, nutrition, gratitude, and stress influence emotional health. p216 Explain how sleep affects mood and discuss ways to get more sleep. p218 	<ul style="list-style-type: none"> Help family understand how depression can impact their baby. p264 Help Mom and partner have realistic expectations about parenting. p266 	<ul style="list-style-type: none"> Explain how getting outside during the day can make you feel better. p300 	<ul style="list-style-type: none"> Help list healthy ways to manage stress to benefit the whole family. p330

Month 7	Month 8	Month 9	Month 10	Month 11	Month 12
Alcohol, Drugs, & Tobacco					
			<ul style="list-style-type: none"> Talk about the link between drug and/or alcohol addiction and unresolved trauma. p476 		
Sex, STIs, & Family Planning					
<ul style="list-style-type: none"> Review why condom use is important for preventing STIs. p358 	<ul style="list-style-type: none"> Talk with Mom about emergency contraception. p410 	<ul style="list-style-type: none"> Explain how physical changes after childbirth may affect Mom's sexual relationship. p436 			<ul style="list-style-type: none"> Review reasons to avoid pregnancy and prevent sexually transmitted infections (STIs). p536
Family Health Care & Safety					
	<ul style="list-style-type: none"> Talk about how to communicate effectively with health care providers. p412 	<ul style="list-style-type: none"> Talk about what to do in case of a fire. p438 	<ul style="list-style-type: none"> If there are guns in the home, remind parents to make sure they are kept unloaded in a locked cabinet. p478 		<ul style="list-style-type: none"> Help family prevent fire hazards and carbon monoxide poisoning. p538
Nutrition & Exercise					
<ul style="list-style-type: none"> Encourage family mealtimes. p360 	<ul style="list-style-type: none"> Remind family that exercise can reduce stress and control weight. p414 	<ul style="list-style-type: none"> Talk about problems with salt and how to cut down. p440 		<ul style="list-style-type: none"> Talk with Mom about her efforts toward weight loss. p504 	
Pregnancy & Interconception Care					
		<ul style="list-style-type: none"> Make sure Mom knows signs of vaginal infections and what to do. p442 			
Emotional Health					
<ul style="list-style-type: none"> Ask about mood swings and talk about impact on baby. p362 	<ul style="list-style-type: none"> Talk about how exercise can improve mood and lessen depression. p416 	<ul style="list-style-type: none"> Remind family how nutrition affects emotional health. p444 Talk about how to promote a feeling of safety in the home and community. p446 	<ul style="list-style-type: none"> Help Mom use laughter to cope with daily ups and downs. p480 	<ul style="list-style-type: none"> Talk about value of simplifying and organizing to reduce stress and support emotional health. p506 	<ul style="list-style-type: none"> Ask about the emotional tone of the household and explain how it shapes baby's development. p540



Caring for Baby

Month 1	Month 2	Month 3	Month 4	Month 5	Month 6
Nutrition & Feeding					
<ul style="list-style-type: none"> • Discuss benefits of breastfeeding with family. p50 • Talk about breastfeeding myths. p52 • Talk with Mom about breastfeeding her newborn. p54 • Make sure family knows how to select and prepare formula as needed. p56 • If bottle feeding, talk about steps to ensure success. p58 • Explain how to be sure baby is getting enough to eat. p60 • Ask how often baby is fed and if there are any problems with feeding. p62 • Ask how feedings are going and talk about how to burp the baby. p64 	<ul style="list-style-type: none"> • Encourage Mom to continue breastfeeding. p162 • Explain how to express and store breast milk. p164 			<ul style="list-style-type: none"> • Talk about any issues with breastfeeding, including dealing with a teething baby. p302 	<ul style="list-style-type: none"> • Talk about introducing solid foods and how to watch for signs of allergies. p332
Health & Safety					
<ul style="list-style-type: none"> • Follow up on safety issues with family. p66 • Ask about baby's first checkup and immunizations. p68 • Talk about how to tell if baby is sick. p70 • Show parents how to care for umbilical cord, diaper rash, and circumcision. p72 • Talk about symptoms of colic and handling the stress it can bring. p74 	<ul style="list-style-type: none"> • Talk about safety issues when taking baby out in a car. p166 • Discuss dangers of secondhand smoke. p168 	<ul style="list-style-type: none"> • Discuss ways to reduce illness when starting child care. p220 	<ul style="list-style-type: none"> • Talk about signs of teething and how to take care of baby's new teeth. p268 	<ul style="list-style-type: none"> • Talk about safety concerns with different types of baby gear and contraptions. p304 	<ul style="list-style-type: none"> • Talk about choking concerns. p334
Daily Care Routines					
<ul style="list-style-type: none"> • Make sure family knows how to change diaper. p76 • Talk about choosing quality child care. p78 • Talk about bathing baby. p80 • Ask about baby's sleep patterns and how family copes with less sleep. p82 	<ul style="list-style-type: none"> • Encourage parents to insist that everyone caring for baby follow the daily care routines being established. p170 • Explain the importance of performing baby's daily care routines with respect. p172 	<ul style="list-style-type: none"> • Talk about getting baby ready for an outing. p222 • Follow up on baby's sleep routine. p224 			
Parenting & Guidance					
	<ul style="list-style-type: none"> • Talk with family about using a pacifier. p174 • Help all the adults raising the child to cooperate together in co-parenting. p176 	<ul style="list-style-type: none"> • Discuss any concerns about spoiling baby. p226 	<ul style="list-style-type: none"> • Explain separation is hard for babies and discuss how to ease transitions, especially if dealing with shared custody. p270 	<ul style="list-style-type: none"> • Explain importance of baby having consistent caregivers. p306 	<ul style="list-style-type: none"> • Talk about how to handle disagreements between co-parents. p336

Month 7	Month 8	Month 9	Month 10	Month 11	Month 12
Nutrition & Feeding					
<ul style="list-style-type: none"> Ask how baby is handling solids and what foods have been tried. <i>p364</i> 			<ul style="list-style-type: none"> If Mom is weaning baby, find out how they are doing and offer help with any difficulties. <i>p482</i> 		<ul style="list-style-type: none"> Discuss eating habits and healthy snack ideas. <i>p542</i>
Health & Safety					
<ul style="list-style-type: none"> Talk with family about how to baby-proof their house to prevent accidents. <i>p366</i> 	<ul style="list-style-type: none"> Discuss ways to redirect baby to keep her safe. <i>p418</i> 	<ul style="list-style-type: none"> Teach parents how to prevent the spread of illness. <i>p448</i> 	<ul style="list-style-type: none"> Talk about keeping baby safe in the sun. <i>p484</i> 	<ul style="list-style-type: none"> Explain the dangers of lead poisoning. <i>p508</i> 	<ul style="list-style-type: none"> Encourage regular tooth brushing and dental visits. <i>p544</i>
Daily Care Routines					
<ul style="list-style-type: none"> Talk about the challenge of constant supervision. <i>p368</i> 		<ul style="list-style-type: none"> Help family adjust baby's nap schedule as needed. <i>p450</i> 			<ul style="list-style-type: none"> Discuss satisfaction with child care arrangements. <i>p546</i>
Parenting & Guidance					
		<ul style="list-style-type: none"> Talk about the value of unhurried time and focused attention. <i>p452</i> 	<ul style="list-style-type: none"> Talk about what it means when baby shakes his head "no." <i>p486</i> 	<ul style="list-style-type: none"> Discuss difference between "spoiling" and responding to baby's needs. <i>p510</i> Ask how baby manages transitions. <i>p512</i> 	<ul style="list-style-type: none"> Help family plan baby's first birthday. <i>p548</i> Talk about the likelihood of temper tantrums and how to handle them. <i>p550</i>



Baby's Development

Month 1	Month 2	Month 3	Month 4	Month 5	Month 6
Developmental Skills					
<ul style="list-style-type: none"> Talk about how all babies develop at different rates and explain the Watch Me Grow handouts. p84 Talk about being careful observers so they can learn what their baby likes and how he learns. p86 Talk with family about baby's motor development. p88 	<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month and discuss the ASQ-3 or other developmental screening tool. p178 Continue to promote parents' observation and reflection skills with baby. p180 	<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month. p228 Continue to promote parents' observation and reflection skills with baby. p230 	<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool. p272 Continue to promote parents' observation and reflection skills with baby. p274 	<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month. p308 Continue to promote parents' observation and reflection skills with baby. p310 	<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool. p338 Continue to promote parents' observation and reflection skills with baby. p340
Language & Literacy					
<ul style="list-style-type: none"> Help family recognize and respond to baby's signals. p92 Explain why it is important to talk, sing, and read with their baby. p94 Summarize baby's early language development. p96 	<ul style="list-style-type: none"> Help the family understand the value of turn-taking with baby. p182 	<ul style="list-style-type: none"> Talk with parents about the importance of shared reading and what books are best for babies. p232 	<ul style="list-style-type: none"> Explain the concept of "parentese" and why it is important. p276 Discuss issues related to dual-language learning. p278 	<ul style="list-style-type: none"> Provide tips for sharing books with baby. p312 	<ul style="list-style-type: none"> Encourage parents to use songs or games with baby that include hand motions. p342
Social Emotional Development					
<ul style="list-style-type: none"> Help parents bond with baby. p100 Talk about ways to bond if baby stays in the hospital. p102 Help parents read baby's cues and anticipate needs before baby gets fussy. p104 Build parent's confidence and competence in calming baby when fussy. p106 Help parents understand the importance of touch in building a close relationship with baby. p108 Help family understand baby's early social emotional development and complete screening. p110 	<ul style="list-style-type: none"> Explain early emotional cues and how babies learn from imitating feelings of others. p184 Talk about importance of comforting baby, especially when hurt, sick, or upset. p186 	<ul style="list-style-type: none"> Explain how attachments are formed and strengthened. p234 Help parents understand ways to help baby learn to self-soothe. p236 Talk about impact of a fussy baby on parent-child relationship and offer strategies to have "the happiest baby on the block." p238 	<ul style="list-style-type: none"> Discuss how to build a trusting relationship with baby. p280 		<ul style="list-style-type: none"> Help parents understand social-emotional well-being & conduct screening. p344 Help parents understand why babies look to trusted adults to guide their reactions. p346
Play, Learning, & Cognition					
<ul style="list-style-type: none"> Talk about baby's cognitive development. p114 Talk about baby's play skills and why play is important. p118 		<ul style="list-style-type: none"> Help parents understand how they can influence their baby's brain development. p240 	<ul style="list-style-type: none"> Talk about how to choose good toys for baby. p282 	<ul style="list-style-type: none"> Talk about household objects that are safe and educational for baby. p314 	<ul style="list-style-type: none"> Explain how stress negatively impacts learning and brain development. p348

Month 7	Month 8	Month 9	Month 10	Month 11	Month 12
Developmental Skills					
<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month. p370 Continue to promote parents' observation and reflection skills with baby. p372 Talk about baby's new motor skills and the benefits of crawling. p374 	<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool. p420 Continue to promote parents' observation and reflection skills with baby. p422 	<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month. p454 Continue to promote parents' observation and reflection skills with baby. p456 	<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool. p488 Continue to promote parents' observation and reflection skills with baby. p490 	<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month. p514 Continue to promote parents' observation and reflection skills with baby. p516 	<ul style="list-style-type: none"> Explain what new skills baby is likely to learn this month and discuss ASQ-3 or other developmental screening tool. p552 Continue to promote parents' observation and reflection skills with baby. p554
Language & Literacy					
<ul style="list-style-type: none"> Discuss ways to help baby explore books and print. p378 Summarize and preview baby's upcoming language development. p380 	<ul style="list-style-type: none"> Encourage parents to use language to teach baby what to expect next. p424 	<ul style="list-style-type: none"> Talk about the importance of baby's use of gestures as a way to communicate. p458 	<ul style="list-style-type: none"> Encourage turn-taking conversations between parents and baby. p492 	<ul style="list-style-type: none"> Talk about labeling everyday objects to help children learn new words. p518 	<ul style="list-style-type: none"> Encourage family to read with baby every day. p556
Social Emotional Development					
<ul style="list-style-type: none"> Continue discussion of baby's social-emotional development and complete screening. p384 Explain how stranger anxiety shows growing parent-child attachment. p388 	<ul style="list-style-type: none"> Explain how having a parent nearby provides a "secure base" with baby's expanding need to explore. p426 	<ul style="list-style-type: none"> Help family understand baby's temperament and how to adapt to different situations. p460 		<ul style="list-style-type: none"> Help family understand that how they respond affects baby's feelings and self-worth. p520 Explain why you can't get an infant to "sit still" or "behave." p522 	<ul style="list-style-type: none"> Help parents understand social-emotional well-being and complete screening. p558
Play, Learning, & Cognition					
<ul style="list-style-type: none"> Talk about upcoming changes in cognitive development and preview new skills. p390 Talk about baby's play skills and why play is important. p394 	<ul style="list-style-type: none"> Explain how play helps baby learn. p428 	<ul style="list-style-type: none"> Explain early brain development and how parents can promote it. p462 	<ul style="list-style-type: none"> Help parents understand ways to enhance their child's healthy brain development. p494 		<ul style="list-style-type: none"> Explain how play and homemade toys can promote learning. p560