

# Toddler's 3rd Year

## Scope & Sequence

### Overview of Purposes



The *Scope & Sequence* is an overview of all the *Purposes* in the *Partners* curriculum. It shows what topics are covered, and when and where they can be found in the curriculum. The *Scope & Sequence* for *Toddler's 3<sup>rd</sup> Year* provides an overview of all of the *Purposes* that a home visitor may choose from to plan visits during Months 25-36. *Purposes* are organized by the four categories: Family Development, Family Health, Caring for Toddler, and Toddler's Development, and are listed by the Topic in which they appear in the *Partners* curriculum.

## Family Development



- Empowerment ..... Intro 22
- Relationships & Support ..... Intro 22
- Fatherhood ..... Intro 22
- Career Development & Finances ..... Intro 22

## Family Health



- Alcohol, Drugs, & Tobacco ..... Intro 23
- Sex, STIs, & Family Planning ..... Intro 23
- Family Health Care & Safety ..... Intro 23
- Nutrition & Exercise ..... Intro 23
- Pregnancy & Interconception Care ..... Intro 23
- Emotional Health ..... Intro 23

## Caring for Toddler



- Nutrition & Feeding ..... Intro 24
- Health & Safety ..... Intro 24
- Daily Care Routines ..... Intro 24
- Parenting & Guidance ..... Intro 24

## Toddler's Development



- Developmental Skills ..... Intro 25
- Language & Literacy ..... Intro 25
- Social Emotional Development ..... Intro 25
- Play, Learning, & Cognition ..... Intro 25



# Family Development

Months 25-27	Months 28-30	Months 31-33	Months 34-36
<b>Empowerment</b>			
<ul style="list-style-type: none"> <li>Encourage family to have a dream for a better life. <b>p6</b></li> <li>Help family plan steps to achieve their goals. <b>p8</b></li> </ul>	<ul style="list-style-type: none"> <li>Review keys to success and identify areas to strengthen. <b>p96</b></li> </ul>	<ul style="list-style-type: none"> <li>Identify and promote special talents in the family. <b>p170</b></li> <li>Help the family feel empowered to make their community a better place to live. <b>p172</b></li> </ul>	<ul style="list-style-type: none"> <li>Review the family's accomplishments toward achieving their goals. <b>p244</b></li> </ul>
<b>Relationships &amp; Support</b>			
<ul style="list-style-type: none"> <li>Encourage family to celebrate the diversity in their world. <b>p10</b></li> </ul>	<ul style="list-style-type: none"> <li>If a family member is deployed in the military, discuss ways to cope and stay connected. <b>p98</b></li> </ul>	<ul style="list-style-type: none"> <li>Help the family stay safe during arguments. <b>p174</b></li> <li>Discuss the value of having close friendships. <b>p176</b></li> </ul>	<ul style="list-style-type: none"> <li>If a family member is incarcerated, offer supports to keep connected with toddler. <b>p246</b></li> <li>Encourage the family to maintain special relationships in their lives. <b>p248</b></li> </ul>
<b>Fatherhood</b>			
<ul style="list-style-type: none"> <li>Discuss ways Dad/partner can help toddler feel important. <b>p12</b></li> </ul>	<ul style="list-style-type: none"> <li>Encourage Dad/partner to help with household chores. <b>p100</b></li> <li>Help Dad/partner respond calmly when his toddler is upset. <b>p102</b></li> </ul>	<ul style="list-style-type: none"> <li>Encourage Dad/partner to help his child learn how to solve problems and feel successful. <b>p178</b></li> <li>Help Dad/partner understand the impact of his absence through his child's eyes. <b>p180</b></li> </ul>	<ul style="list-style-type: none"> <li>Encourage Dad/partner to share family traditions. <b>p250</b></li> </ul>
<b>Career Development &amp; Finances</b>			
<ul style="list-style-type: none"> <li>Help family understand difference between good debt and bad debt. <b>p14</b></li> </ul>	<ul style="list-style-type: none"> <li>Continue encouraging parents to further their education. <b>p104</b></li> </ul>	<ul style="list-style-type: none"> <li>Explain difference between credit and debit cards, and how to use them wisely. <b>p182</b></li> </ul>	<ul style="list-style-type: none"> <li>Use family's dreams and goals to plan next steps for financial and career success. <b>p252</b></li> </ul>



# Family Health

Months 25-27	Months 28-30	Months 31-33	Months 34-36
<b>Alcohol, Drugs, &amp; Tobacco</b>			
<ul style="list-style-type: none"> <li>Review the health risks of smoking. <b>p16</b></li> </ul>		<ul style="list-style-type: none"> <li>Consider the effects of living with a family member with substance abuse issues. <b>p184</b></li> </ul>	<ul style="list-style-type: none"> <li>Review dangers of drinking and driving. <b>p254</b></li> </ul>
<b>Sex, STIs, &amp; Family Planning</b>			
	<ul style="list-style-type: none"> <li>Encourage Mom to use good hygiene practices and get regular checkups. <b>p106</b></li> </ul>	<ul style="list-style-type: none"> <li>Ask about plans for having another baby. <b>p186</b></li> </ul>	
<b>Family Health Care &amp; Safety</b>			
<ul style="list-style-type: none"> <li>Encourage families to spend more time outdoors. <b>p18</b></li> </ul>	<ul style="list-style-type: none"> <li>Suggest family ask a pharmacist when they have questions about medications. <b>p108</b></li> </ul>	<ul style="list-style-type: none"> <li>Help family plan and prepare for natural disasters. <b>p188</b></li> </ul>	<ul style="list-style-type: none"> <li>Ask about heart disease in the family. <b>p256</b></li> </ul>
<b>Nutrition &amp; Exercise</b>			
<ul style="list-style-type: none"> <li>Talk about choosing healthy foods. <b>p20</b></li> <li>Encourage family to find ways to exercise. <b>p22</b></li> </ul>	<ul style="list-style-type: none"> <li>Discuss benefits of eating fruits and vegetables. <b>p110</b></li> <li>Discuss easy ways to add whole grains to family's meals. <b>p112</b></li> </ul>	<ul style="list-style-type: none"> <li>Discuss ways to prevent food poisoning. <b>p190</b></li> <li>Suggest planting a small vegetable garden as a family project. <b>p192</b></li> </ul>	<ul style="list-style-type: none"> <li>Talk about ways to have more family meals together. <b>p258</b></li> <li>Talk about how to make the healthiest fast food choices. <b>p260</b></li> </ul>
<b>Pregnancy &amp; Interconception Care</b>			
<ul style="list-style-type: none"> <li>Talk with Mom about planning her next pregnancy. <b>p24</b></li> </ul>			
<b>Emotional Health</b>			
<ul style="list-style-type: none"> <li>Talk about ways to build on family strengths. <b>p26</b></li> <li>Talk about how worrying can affect physical and emotional health. <b>p28</b></li> </ul>	<ul style="list-style-type: none"> <li>Talk about how joy and gratitude can improve your life. <b>p114</b></li> <li>Brainstorm ways to simplify expectations and routines to feel less overwhelmed. <b>p116</b></li> <li>Talk about importance of family time for reducing stress and reconnecting. <b>p118</b></li> </ul>	<ul style="list-style-type: none"> <li>Talk about how to find peace and joy during the holidays. <b>p194</b></li> <li>Explain how having a moral compass helps guides decision making. <b>p196</b></li> <li>Talk about ways to increase family protection and feelings of safety in the home. <b>p198</b></li> </ul>	<ul style="list-style-type: none"> <li>Talk about how a spiritual connection can be empowering. <b>p262</b></li> <li>Promote family connectedness by talking about what brings families together and what tears families apart. <b>p264</b></li> <li>Talk about how endings can offer new beginnings. <b>p266</b></li> </ul>



# Caring for Toddler

Months 25-27	Months 28-30	Months 31-33	Months 34-36
<b>Nutrition &amp; Feeding</b>			
<ul style="list-style-type: none"> <li>• Talk about how to have enjoyable family mealtimes. <b>p30</b></li> <li>• Suggest snacks to prevent "hunger tantrums." <b>p32</b></li> </ul>	<ul style="list-style-type: none"> <li>• Ask about toddler's interest in self-feeding. <b>p120</b></li> </ul>	<ul style="list-style-type: none"> <li>• Teach healthy food choices when eating out. <b>p200</b></li> </ul>	<ul style="list-style-type: none"> <li>• Encourage a positive attitude toward food and eating. <b>p268</b></li> </ul>
<b>Health &amp; Safety</b>			
<ul style="list-style-type: none"> <li>• Talk about how to keep child safe in and around cars. <b>p34</b></li> </ul>	<ul style="list-style-type: none"> <li>• Explain the importance of playground safety. <b>p122</b></li> </ul>		<ul style="list-style-type: none"> <li>• Talk about trike safety and the importance of wearing a helmet. <b>p270</b></li> </ul>
<b>Daily Care Routines</b>			
<ul style="list-style-type: none"> <li>• Encourage toddler's self-help skills. <b>p36</b></li> <li>• Ask about communication with child's caregiver. <b>p38</b></li> </ul>	<ul style="list-style-type: none"> <li>• Discuss ways to help a "slow starter" get going in the morning. <b>p124</b></li> <li>• Ask if toddler has any fears and discuss how to deal with it. <b>p126</b></li> </ul>	<ul style="list-style-type: none"> <li>• Ask about child's changing sleep patterns and any problems with nightmares or night terrors. <b>p202</b></li> <li>• Discuss finding and preparing for preschool. <b>p204</b></li> </ul>	<ul style="list-style-type: none"> <li>• Talk about appropriate expectations for toddler helping with chores. <b>p272</b></li> <li>• Ask about child's progress with learning to use the toilet. <b>p274</b></li> </ul>
<b>Parenting &amp; Guidance</b>			
<ul style="list-style-type: none"> <li>• Talk about how to cope with tantrums and out-of-control behaviors. <b>p40</b></li> <li>• Discuss the value of giving toddlers limited choices. <b>p42</b></li> <li>• Give parents alternatives to saying "no." <b>p44</b></li> <li>• Help parents deal with toddler's fear of doctors and dentists. <b>p46</b></li> </ul>	<ul style="list-style-type: none"> <li>• Help parents support shy toddlers. <b>p128</b></li> <li>• Help parents encourage toddler even when she is unsuccessful. <b>p130</b></li> <li>• Help prepare toddler if new baby is coming. <b>p132</b></li> <li>• Talk about structuring the environment to help toddler be successful. <b>p134</b></li> </ul>	<ul style="list-style-type: none"> <li>• Ask what kind of parent they want to be. <b>p206</b></li> <li>• Explain value of "being held in another's mind." <b>p208</b></li> <li>• Help parents deal with any unrealistic expectations of their toddler. <b>p210</b></li> <li>• Ask about family's methods of discipline and discourage physical punishment. <b>p212</b></li> </ul>	<ul style="list-style-type: none"> <li>• Discuss how parents support their toddler during major changes. <b>p276</b></li> <li>• Help parents plan to celebrate toddler's 3<sup>rd</sup> birthday. <b>p278</b></li> <li>• Talk about the use of "time out." <b>p280</b></li> <li>• Help parents model respectfulness with toddler. <b>p282</b></li> </ul>



# Toddler's Development

Months 25-27	Months 28-30	Months 31-33	Months 34-36
<b>Developmental Skills</b>			
<ul style="list-style-type: none"> <li>Explain what new skills toddler is likely to learn in the next three months and discuss ASQ-3 or other developmental screening tool. <b>p48</b></li> <li>Continue to promote parents' observation and reflection skills with toddler. <b>p50</b></li> <li>Talk about toddler's new motor skills. <b>p52</b></li> </ul>	<ul style="list-style-type: none"> <li>Explain what new skills toddler is likely to be doing over the next three months and discuss ASQ-3 or other developmental screening tool. <b>p136</b></li> <li>Continue to promote parents' observation and reflection skills with toddler. <b>p138</b></li> </ul>	<ul style="list-style-type: none"> <li>Explain what new skills toddler is likely to be doing over the next three months and discuss ASQ-3 or other developmental screening tool. <b>p214</b></li> <li>Continue to promote parents' observation and reflection skills with toddler. <b>p216</b></li> </ul>	<ul style="list-style-type: none"> <li>Explain what new skills toddler is likely to learn over the next three months and review the ASQ-3 or other developmental screening tool. <b>p284</b></li> <li>Continue to promote parents' observation and reflection skills with toddler. <b>p286</b></li> </ul>
<b>Language &amp; Literacy</b>			
<ul style="list-style-type: none"> <li>Encourage daily book time with toddler. <b>p56</b></li> <li>Talk about supporting toddler's ability to combine words and make sentences. <b>p58</b></li> <li>Encourage using songs, rhymes, and fingerplays to promote language. <b>p60</b></li> <li>Summarize and preview toddler's upcoming language development. <b>p62</b></li> </ul>	<ul style="list-style-type: none"> <li>Talk about choosing good books for toddlers. <b>p140</b></li> <li>Explain that learning about parts of words is important for later reading. <b>p142</b></li> <li>Explain how giving toddler choices builds his vocabulary. <b>p144</b></li> <li>Encourage the telling of family stories. <b>p146</b></li> </ul>	<ul style="list-style-type: none"> <li>Describe how children learn to tell the difference between pictures and letters before they read independently. <b>p218</b></li> <li>Explain how homemade books help toddler practice reading and story-telling. <b>p220</b></li> </ul>	<ul style="list-style-type: none"> <li>Explain how shared reading supports toddler's language and conversation skills. <b>p288</b></li> <li>Discuss why toddler needs practice "reading" to others. <b>p290</b></li> <li>Suggest asking questions to help toddler use more complex thinking. <b>p292</b></li> <li>Help parents understand the value of storytelling. <b>p294</b></li> </ul>
<b>Social Emotional Development</b>			
<ul style="list-style-type: none"> <li>Talk with family about toddler's social-emotional development. <b>p66</b></li> <li>Discuss underlying needs in toddler's behavior. <b>p70</b></li> <li>Talk about different responses children have to overstimulation and how to help. <b>p72</b></li> <li>Discuss value of helping toddler put feelings into words. <b>p74</b></li> <li>Talk about ways to help toddler learn to wait. <b>p76</b></li> <li>Ask how toddler deals with the loss of special relationships. <b>p78</b></li> </ul>	<ul style="list-style-type: none"> <li>Encourage different ways parents can be available as toddler's secure base. <b>p148</b></li> <li>Help parents understand how toddlers can sometimes calm themselves down. <b>p150</b></li> <li>Help the parents appreciate toddler's struggle with wanting to be in charge and needing to be helped. <b>p152</b></li> <li>Talk about how toddlers show they understand others' feelings. <b>p154</b></li> <li>Continue discussion of social-emotional well-being and complete screening. <b>p156</b></li> </ul>	<ul style="list-style-type: none"> <li>Help parents appreciate toddler's capacity to separate more easily in familiar settings. <b>p222</b></li> <li>Discuss why toddler sometimes falls apart when parent shows up. <b>p224</b></li> <li>Discuss toddler's emotions and how they can sometimes be overwhelmed by them. <b>p226</b></li> <li>Talk about toddler's need for comfort when hurt, sick, or upset. <b>p228</b></li> </ul>	<ul style="list-style-type: none"> <li>Explain how toddlers learn to care for others. <b>p296</b></li> <li>Discuss the value of supporting toddler's accomplishments. <b>p298</b></li> <li>Help parents appreciate toddler's growing social knowledge. <b>p300</b></li> <li>Help parents understand why toddlers show possessiveness and want exclusive attention. <b>p302</b></li> <li>Discuss ways to help toddler feel emotionally secure. <b>p304</b></li> <li>Continue discussion of social-emotional well-being and complete screening. <b>p306</b></li> </ul>
<b>Play, Learning, &amp; Cognition</b>			
<ul style="list-style-type: none"> <li>Encourage parents to offer a variety of appropriate toys and learning experiences for toddlers. <b>p80</b></li> <li>Talk about upcoming changes in cognitive development and preview new skills. <b>p82</b></li> <li>Talk about toddler's play skills and why play is important. <b>p86</b></li> </ul>	<ul style="list-style-type: none"> <li>Support parents' sensitivity to toddler's stress and offer strategies to enhance learning. <b>p158</b></li> <li>Encourage parents to use their kitchen to promote learning, thinking, and problem solving. <b>p160</b></li> <li>Talk about encouraging toddler's persistence and problem solving skills. <b>p162</b></li> </ul>	<ul style="list-style-type: none"> <li>Explain how active play helps toddler's senses learn to work together. <b>p230</b></li> <li>Encourage parents to play games that promote toddler's executive function skills. <b>p232</b></li> <li>Talk about how to support toddler's creativity. <b>p234</b></li> <li>Help parents understand how to promote toddler's ability to problem solve. <b>p236</b></li> </ul>	<ul style="list-style-type: none"> <li>Encourage family to promote toddler's sense of humor during play. <b>p308</b></li> <li>Talk about appropriate toys for 3-year-olds. <b>p310</b></li> <li>Talk about fun learning with water play. <b>p312</b></li> </ul>