

Partners for a Healthy Baby (PHB) Home Visiting Curriculum—Baby's First Six Months Alignment with Head Start Early Learning Outcomes Framework (HSELOF) for Infant/Toddler								
Key: L & C: Language & Communication; P, M, & PD: Perceptual, Motor, & Physical Development; Cog: Cognition; A2L: Approaches to Learning; S & E: Social & Emotional Development								
Age	Purposes from <i>Partners for a Healthy Baby (PHB)</i>	PHB Page	HSELOF Domains					PHB Category
			L & C	P, M & PD	COG	A2L	S&E	
Week 1	• Help ensure the family has health care coverage & a medical home. p33	33		X				Family Development
Week 1	• Encourage breastfeeding by discussing the benefits with Mom & other family members & address any concerns. P46	46		X			X	
Week 1	• If Mom is breastfeeding, make sure baby is latching on & sucking well. p47	47		X				Family Health
Week 1	• Help family recognize hunger cues so baby can be fed before getting too frustrated. p48	48		X			X	Caring for Baby
Week 1	• If bottle feeding, make sure family knows how to select & prepare formula & that they have an adequate supply. p49	49		X				Caring for Baby
Week 1	• Explain how to be sure baby is getting enough to eat. p50	50		X				Caring for Baby
Week 1	• Make sure the family has basic supplies for baby's first few weeks, including a car seat & a safe place to sleep. p52	52		X				Caring for Baby
Week 1	• Make sure the family knows how to change diapers & explain the importance of frequent diaper changes. p53	53		X				Caring for Baby
Week 1	• Make sure family has a properly installed infant car seat & uses it consistently. p54	54		X				Caring for Baby
Week 1	• Make sure the family has a safe sleep environment for their baby. p55	55		X				Caring for Baby
Week 1	• Explain why well-baby checkups & immunizations are critical to baby's health. P57	57		X				Caring for Baby
Week 1	• Check the baby's umbilical cord &, if appropriate, the circumcision. p58	58		X				Caring for Baby
Week 1	• Help the family learn about taking care of their premature or low birth weight baby. p59	59		X				Caring for Baby
Week 1	• Talk about ways to bond if baby stays in the hospital. p61	61					X	Baby's Development
Week 2	• Ask how siblings are reacting to the new baby & offer ways to help them adjust. p69	69					X	Family Development
Week 2	• Ask Dad what he's learned about taking care of his newborn, including how to calm the baby. p71	71					X	Family Development
Week 2	• Talk with the family about how exposure to cigarette smoke can be harmful to the baby. p79	79		X				Family Health
Week 2	• Review car safety for all family members. p82	82		X				Family Health
Week 2	• Ask how often the baby is fed & if there are any problems with feeding. p89	89		X				Caring for Baby
Week 2	• If Mom is thinking about discontinuing breastfeeding, encourage her to keep trying for a few more weeks, but not to feel guilty if she stops now. p90	90		X				Caring for Baby
Week 2	• Follow up on risks to baby if Mom falls asleep while breastfeeding in bed. p91	91		X				Caring for Baby
Week 2	• Talk about why it's best not to offer a pacifier, water, or juice to baby this soon. p92	92		X				Caring for Baby
Week 2	• Encourage Mom & other family members to insist that everyone who cares for their baby follow daily care routines being established. p93	93		X			X	Caring for Baby
Week 2	• Help family recognize & respond appropriately to baby's cues. p94	94					X	Caring for Baby
Week 2	• Talk about newborn's bowel habits & what to expect. p95	95		X				Caring for Baby
Week 2	• Talk about how to bathe the baby. p96	96		X				Caring for Baby
Week 2	• Talk about dressing baby appropriately, inside or outside. p97	97		X				Caring for Baby
Week 2	• Make sure the first well-baby visit is scheduled & transportation is arranged. p98	98		X				Caring for Baby
Week 2	• Check baby's color & skin. p99	99		X				Caring for Baby

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Week 2	• Talk with the family about how infants learn through everyday routines. p101	101	X	X	X	X	X	Baby's Development
Week 2	• Talk with the family about how to understand what their baby's different cries mean. p102	102					X	Baby's Development
Week 2	• Talk with the family about how babies recognize their parents' voices. p103	103	X		X			Baby's Development
Week 2	• Talk about all the ways parents can bond with their baby. p104	104					X	Baby's Development
Week 2	• Help family discover how baby likes to be comforted. p106	106					X	Baby's Development
Week 2	• Talk with Mom & family about using a pacifier. p106	106		X		X	X	Baby's Development
Week 2	• If Mom reports baby is especially fussy & difficult to soothe, help her check for possible causes. p107	107		X			X	Baby's Development
Week 2	• Help Mom & Dad/partner have a plan for handling frustration with baby's crying. p108	108					X	Baby's Development
Week 3	• Follow up with Dad to see how he's doing with interpreting & responding to his baby's cues. p116	116					X	Family Development
Week 3	• Talk with Dad about how the daily routines of feeding & diapering provide opportunities to be nurturing. p119	119	X				X	Family Development
Week 3	• If Mom is breastfeeding, make sure her diet is healthy & she consumes the extra calories & fluids she needs. Ask about negative	121		X				Family Health
Week 3	• Talk about safety issues related to bed sharing & alcohol, drug, &/or medication consumption. p123	123		X				Family Health
Week 3	• Explain in detail how exposure to cigarette smoke can harm the baby. p124	124		X				Family Health
Week 3	• Talk about the importance of handwashing to prevent the spread of illness. p126	126		X				Family Health
Week 3	• Check that feedings are going well & track baby's weight gain. p133	133		X				Caring for Baby
Week 3	• Ask how much formula the baby uses per week & ensure the family has an adequate supply. p134	134		X				Caring for Baby
Week 3	• Find out if baby has shown any signs of allergy to his formula. Remind family not to use cow's milk until the baby is at least a year old. p135	135		X				Caring for Baby
Week 3	• Ask about the baby's sleep & awake patterns & see how the family is coping with lack of sleep. p136	136		X				Caring for Baby
Week 3	• Talk about the value of routines for babies. p137	137	X	X	X	X	X	Caring for Baby
Week 3	• If Mom reports baby cries suddenly during feedings & frequently spits up or vomits, suggest asking baby's doctor about a possible reflux problem. p138	138		X				Caring for Baby
Week 3	• Talk about the symptoms of colic & discuss strategies for handling the stress it can bring. p139	139		X				Caring for Baby
Week 3	• Explain what to do for diaper rash. p140	140		X				Caring for Baby
Week 3	•Talk about thrush, crossed eyes, & lip blisters. p141	141		X				Caring for Baby
Week 3	•Help the family keep their baby safe & healthy. p141	141		X				Caring for Baby
Week 3	• Explain how infants use their senses to learn about their world. p142	142	X	X	X	X	X	Baby's Development
Week 3	• Talk with the family about their baby's first smiles. p143	143			X	X	X	Baby's Development
Week 3	• Help the parents understand how they can influence their baby's brain development. p144	144	X	X	X	X	X	Baby's Development
Week 3	• Help the family understand why it's important to talk with their baby. p145	145	X		X	X	X	Baby's Development
Week 3	• Help parents read baby's cues & anticipate his needs before baby gets fussy. p146	146					X	Baby's Development

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Week 3	• Suggest ways siblings can be safely involved with the new baby. p157	157		X			X	Family Development
Week 3	• Ask Dad how he's adjusting & what he's doing to help with the new baby. p161	161					X	Family Development
Week 3	• Talk with Dad about safety issues related to caring for his newborn. p162	162		X				Family Development
Week 3	• Ask Dad about strategies he uses for calming his crying baby. p164	164					X	Family Development
Week 3	• Follow up with Mom about her plans to breastfeed when she returns to school/work. p165	165		X				Family Development
Week 3	• To avoid missing school or work, discuss plans for what to do when baby is sick. p166	166		X				Family Development
Week 4	• Discuss ways Mom/Dad can ask others not to smoke in their home or car. p169	169		X				Family Health
Week 4	• Talk about ways to keep baby safe while in the car. p171	171		X				Family Health
Week 4	• Explain how to express & store breast milk so others can feed the baby. p176	176		X				Caring for Baby
Week 4	• Help the family recognize when their baby has had enough to eat. p178	178		X				Caring for Baby
Week 4	• Talk about how to manage the necessary interruptions that occur to baby's routines. p179	179					X	Caring for Baby
Week 4	• Teach the family how to tell if the baby is sick, how to take a temperature, & when to go to the emergency room. p180	180		X				Caring for Baby
Week 4	• Talk about safety issues when taking baby out in a car. Discuss how to ensure baby is never left in the car. p181	181		X				Caring for Baby
Week 4	• Ask about the baby's first checkup & immunizations. p182	182		X				Caring for Baby
Week 4	• Remind family to never leave baby unattended, especially around water or pets. p183	183		X				Caring for Baby
Week 4	• Make sure family has made an appointment for baby's 2-month checkup & knows what to expect. p184	184		X				Caring for Baby
Week 4	• Talk with the parents about the typical sequence of motor development. p185	185		X				Baby's Development
Week 4	• Talk about how each baby develops at a different rate & what to expect their baby will be able to do this month. p186	186	X	X	X	X	X	Baby's Development
Week 4	• Introduce <i>LearningGames</i> or other developmental activities. p187	187	X	X	X	X	X	Baby's Development
Week 4	• Explain why it is important to talk, read, & sing with their baby. p188	188	X		X	X	X	Baby's Development
Week 4	• Talk with the family about the myth that hearing classical music will make a baby smart. p189	189			X			Baby's Development
Week 4	• Observe for any problems with bonding & attachment. p190	190					X	Baby's Development
Week 4	• Help parents understand how meeting their baby's basic needs supports a developing attachment. p191	191					X	Baby's Development
Week 4	• Explain how to support baby's transition from the security of the womb to the outside world. p192	192					X	Baby's Development
Week 4	• Help parents understand baby's disengagement cues. p193	193					X	Baby's Development
Week 4	• Provide ongoing support for a family who has a fussy/colicky baby. p194	194					X	Baby's Development
Month 2	• Talk about how Dad can develop a close relationship with his baby, even though they don't live together. p211	211					X	Family Development
Month 2	• Discuss the impact of any alcohol or drug abuse by family members. p218	218		X				Family Health
Month 2	• Encourage sun protection for the whole family. p220	220		X				Family Health
Month 2	• Check how feeding is going. If appropriate, follow up on Mom's plans to continue nursing after returning to work or school. p225	225		X				Caring for Baby
Month 2	• Follow up on the dangers associated with letting the baby fall asleep in Mom's bed after nursing at night. p226	226		X				Caring for Baby

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Month 2	• Talk about safety when using slings & frontpacks, & when shopping with the baby. p227	227		X				Caring for Baby
Month 2	• Talk about how babies learn & what new skills baby is likely to have this month. p228	228	X	X	X	X	X	Baby's Development
Month 2	• Complete the 2-month ASQ-3 or other developmental screen with the family. Follow up about any concerns. p229	229	X	X	X	X	X	Baby's Development
Month 2	• Ask about last month's activities & introduce new <i>LearningGames</i> or other developmental activities appropriate for a 2-month old. p230	230	X	X	X	X	X	Baby's Development
Month 2	• Help the family understand the value of turn taking when talking with their baby. p231	231	X		X	X	X	Baby's Development
Month 2	• Talk with the parents about how their baby is able to imitate sounds & facial expressions. p231	231	X		X			Baby's Development
Month 2	• Explain the concept of parentese & why it is important. p232	232	X					Baby's Development
Month 2	• Explain how attachments are formed & strengthened. p233	233					X	Baby's Development
Month 2	• Talk about importance of touch. p234	234			X		X	Baby's Development
Month 2	• Explain the importance of performing baby's daily routines with respect & tender loving care. p235	235				X	X	Baby's Development
Month 2	• If family members think the baby is being spoiled, help them understand the importance of holding & comforting him. p236	236					X	Baby's Development
Month 2	• Ask Mom how her fussy/colicky baby responded to the soothing strategies she selected at your last visit & continue to monitor how Mom is coping. p237	237		X			X	Baby's Development
Month 2	• Suggest specific ways to give baby a sensory-rich environment & help him learn. p238	238		X	X			Baby's Development
Month 3	• Acknowledge Dad's growing skill in reading his baby's cues & responding effectively. p246	246					X	Family Development
Month 3	• If there are smokers in the home, find out why they smoke & offer suggestions to help them quit or cut back. p254	254		X				Family Health
Month 3	• Explain how stress or violence in the home can harm the baby. p260	260		X				Family Health
Month 3	• Ask how feedings are going. Address any problems with nursing & returning to school/work. p261	261		X				Caring for Baby
Month 3	• Encourage Mom to continue breastfeeding. If she decides to wean her baby, give suggestions on how to make it go smoothly. p262	262		X			X	Caring for Baby
Month 3	• Explain why solid foods shouldn't be introduced until later. p263	263		X				Caring for Baby
Month 3	• Discuss baby's current sleep patterns. p264	264		X				Caring for Baby
Month 3	• If baby is being cared for by someone outside the home, encourage communication & consistency between family & caregiver. p265	265		X			X	Caring for Baby
Month 3	• Talk about how baby's growth & development is affecting diapering routine. p266	266		X				Caring for Baby
Month 3	• Ask if the baby has any health problems. p267	267		X				Caring for Baby
Month 3	• Explain what new skills baby might learn this month & how parents can support their baby's development. p268	268	X	X	X	X	X	Baby's Development
Month 3	Ask about last month's activities & introduce new <i>LearningGames</i> or other developmental activities appropriate for a 3-month-old. p270	270	X	X	X	X	X	Baby's Development
Month 3	• Follow up with parents about the importance of shared reading & what books are best. P271	271	X		X		X	Baby's Development
Month 3	• Explain typical sequence of language development in the first few months. p271	271	X					Baby's Development
Month 3	• Encourage parents to use language to teach their baby what to expect next. P272	272	X				X	Baby's Development
Month 3	• Explain how to nurture baby's developing self-concept. P273	273				X	X	Baby's Development
Month 3	• Explain how baby imitates & looks to parents for emotional cues. P274	274			X		X	Baby's Development

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Month 3	• Acknowledge Mom’s growing skill in reading baby’s cues & responding effectively. P275	275					X	Baby’s Development
Month 3	• If family members seem concerned about spoiling the baby, help them understand the importance of holding & comforting him. P276	276					X	Baby’s Development
Month 3	• Help the family notice how baby reacts to different levels of stimulation & make recommendations about how to play with her. p277	277	X	X	X	X	X	Baby’s Development
Month 3	• Talk about how expected changes in baby’s skills bring new opportunities to help him learn & play. p278	278	X	X	X	X	X	Baby’s Development
Month 4	• Talk about ways the whole family can get fresh air & exercise. p296	296		X				Family Health
Month 4	• Follow up on the family’s efforts to quit or cut back on their smoking. p296	296		X				Family Health
Month 4	• Remind family about the importance of proper dental care, including annual checkups. p298	298		X				Family Health
Month 4	• Monitor baby’s weight gain & make sure the baby is getting enough breast milk or formula. p304	304		X				Caring for Baby
Month 4	• Talk about starting solid foods, allergic reactions to new foods, & how to make baby food at home. p305	305		X				Caring for Baby
Month 4	• Check on how feedings are going. If Mom is breastfeeding (weaning) & returning to school/work, help resolve problems. p306	306		X			X	Caring for Baby
Month 4	• Remind family why it’s never good to give cow’s milk, liquor, honey, or other non-milk items to baby. p307	307		X				Caring for Baby
Month 4	• Talk about how changes in baby’s alertness, size, & activity level affect his care routines. p307	307	X	X	X	X	X	Caring for Baby
Month 4	• Ask how the family keeps their baby safe while they bathe, fix dinner, or do other tasks. p308	308		X				Caring for Baby
Month 4	• Check on baby’s sleep patterns & make sure she sleeps in a safe place. p308	308		X				Caring for Baby
Month 4	• Make sure the baby’s 4-month checkup is scheduled & that she gets her shots. p309	309		X				Caring for Baby
Month 4	• Talk about signs of teething & what to do. p310	310		X				Caring for Baby
Month 4	• Explain baby bottle tooth decay & how to prevent it. p310	310		X				Caring for Baby
Month 4	• Describe new skills the baby will likely learn this month. p311	311	X	X	X	X	X	Baby’s Development
Month 4	• Complete the 4-month ASQ-3 or other developmental screen with the family. Follow up about any concerns. p312	312	X	X	X	X	X	Baby’s Development
Month 4	• Ask about last month’s activities & introduce new <i>LearningGames</i> or other developmental activities appropriate for a 4-month old. p313	313	X	X	X	X	X	Baby’s Development
Month 4	• Explain to parents why it’s best that baby not watch TV. p314	314			X			Baby’s Development
Month 4	• Encourage parents to sing songs with baby that include finger & hand motions. p314	314	X		X			Baby’s Development
Month 4	• Explain that separation is hard for babies & discuss how to ease transitions especially if dealing with shared custody. p315	315					X	Baby’s Development
Month 4	• Notice any signs of problems with parent-child attachment. p316	316					X	Baby’s Development
Month 4	• Encourage the family to try new activities with the baby to help him play & learn. p317	317	X	X	X	X	X	Baby’s Development
Month 4	• Caution the family about the danger of injuring their baby during playtime. p318	318		X				Baby’s Development
Month 5	• If there are guns in the home, remind parents to make sure they are kept unloaded in a locked cabinet. p337	337		X				Family Health
Month 5	• Ask about the emotional tone of the household & explain how it shapes baby’s development. p338	338					X	Family Health
Month 5	• Encourage breastfeeding & help with any issues, including gumming or biting. p341	341		X				Caring for Baby
Month 5	• If Mom is weaning her baby, find out how they are doing & offer help with any difficulties. p342	342		X			X	Caring for Baby
Month 5	• Follow up on previous discussions about baby’s changing sleep patterns. p342	342		X				Caring for Baby

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Month 5	• Discuss the danger of using walkers, jumpers, high chairs, & playpens. p343	343		X				Caring for Baby
Month 5	• Talk about how to keep the baby safe from choking. p344	344		X				Caring for Baby
Month 5	• Explain what new skills baby will probably learn this month. p344	344	X	X	X	X	X	Baby's Development
Month 5	• Ask about last month's activities & introduce new <i>LearningGames</i> or other developmental activities appropriate for a 5-month-old. p345	345	X	X	X	X	X	Baby's Development
Month 5	• Talk with parents about the importance of having two-sided conversations with their baby. p346	346	X		X	X	X	Baby's Development
Month 5	• Discuss issues related to dual language learning. p347	347	X		X			Baby's Development
Month 5	• Explain typical book handling behaviors for this age. p348	348	X					Baby's Development
Month 5	• Explain how having a parent nearby provides a "secure base" for baby. p349	349				X	X	Baby's Development
Month 5	• Ask about baby's temperament & goodness of fit with parent's temperament. p350	350				X	X	Baby's Development
Month 5	• Teach how to choose good, safe toys for the baby & how to clean them. p351	351		X				Baby's Development
Month 5	• Suggest additional activities for playing & learning. p352	352	X	X	X	X	X	Baby's Development
Month 6	• Encourage Dad to support his baby's increasing mobility & continued need for reassurance & supervision. p366	366		X		X	X	Family Development
Month 6	• Help the family understand how their emotional problems can undermine their baby's development. p376	376					X	Family Health
Month 6	• Ask if there are any feeding issues & check again about biting & teething. p377	377		X				Caring for Baby
Month 6	• Follow up on baby's sleep patterns. p378	378		X				Caring for Baby
Month 6	• Make sure the baby gets her 6-month checkup & shots. p379	379		X				Caring for Baby
Month 6	• As their baby begins to be more active, help the family prevent accidents by making their home safe. p380	380		X				Caring for Baby
Month 6	• Explain what new skills baby is likely to learn this month. p381	381	X	X	X	X	X	Baby's Development
Month 6	• Encourage the family to give their baby opportunities to practice new skills. p382	382	X	X	X	X	X	Baby's Development
Month 6	• Complete the 6-month ASQ-3 & ASQ:SE or other developmental screen. Follow up about concerns. p383	383	X	X	X	X	X	Baby's Development
Month 6	• Ask about last month's activities. Introduce new <i>LearningGames</i> or other developmental activities appropriate for a 6-month old. p384	384	X	X	X	X	X	Baby's Development
Month 6	• Help Mom & family understand the value of talking with their baby. p385	385	X		X	X	X	Baby's Development
Month 6	• Talk with the parents about how to share books with their baby. p386	386	X					Baby's Development
Month 6	• Prepare parents for separation anxiety & explain ways to support baby's need for reassurance. p387	387					X	Baby's Development
Month 6	• Explain importance of baby having the same caregiver over time. p388	388					X	Baby's Development
Month 6	• Show Mom & other family members how to find safe things around the house for baby to play with & learn from. p389	389		X				Baby's Development
Month 6	• Suggest additional playful activities to help baby play & learn. p390	390	X	X	X	X	X	Baby's Development

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Month 7	• Talk about the benefits of dad's relationship with baby. P6	6					X	Family Development
Month 7	• Ask how baby is handling solids & what foods have been tried. p13	13		X				Caring for Baby
Month 7	• Find out if baby's teeth are coming in. Discuss how to handle any discomfort or biting. p15	15		X				Caring for Baby
Month 7	• Check how baby's car seat is installed & review why its use is crucial. p16	16		X				Caring for Baby
Month 7	• Remind family to never leave baby unattended, in the care of a young sibling, or alone with a pet. p17	17		X				Caring for Baby
Month 7	• Discuss how baby's getting into everything and ways to redirect her and keep her safe. p18	18		X		X		Caring for Baby
Month 7	• Observe how family responds to baby's cues. p19	19					X	Baby's Development
Month 7	• Help family support baby's emerging skills. p20	20	X	X	X	X	X	Baby's Development
Month 7	• Describe new skills baby is likely to learn this month. p21	21	X	X	X	X	X	Baby's Development
Month 7	• Share toys and books appropriate for the 7-12 month period. p22	22	X	X	X	X	X	Baby's Development
Month 7	• Observe the baby for any developmental concerns. p23	23	X	X	X	X	X	Baby's Development
Month 7	• Find out how last month's activities went & introduce <i>LearningGames</i> or other developmental activities for this month. p24	24	X	X	X	X	X	Baby's Development
Month 8	• Explain how & when children begin to learn values. p32	32			X		X	Family Development
Month 8	• Suggest offering foods with more texture and trying finger foods. p41	41		X				Caring for Baby
Month 8	• Talk about the challenge of constant supervision. p42	42		X				Caring for Baby
Month 8	• Observe for any signs of abuse or neglect of baby. p43	43		X			X	Caring for Baby
Month 8	• Confirm the date and transportation for baby's 9-month checkup. p44	44		X				Caring for Baby
Month 8	• Help family check their home again to ensure it's safe for baby. p45	45		X				Caring for Baby
Month 8	• Help family understand baby's need to explore while keeping parent in sight. p48	48					X	Baby's Development
Month 8	• Explain why baby may cling to parent & fear strangers. p49	49					X	Baby's Development
Month 8	• Revisit why it's important to have a consistent caregiver. p50	50					X	Baby's Development
Month 8	• Teach how to observe baby carefully to learn what works best for her. p51	51				X	X	Baby's Development
Month 8	• Invite mother to talk about baby's latest skills. Explain what baby will learn next. p52	52	X	X	X	X	X	Baby's Development
Month 8	• Explain how playful interactions help babies learn. p53	53	X	X	X	X	X	Baby's Development
Month 8	• Encourage family/mother to show you one of the activities from your last visit. Introduce new <i>LearningGames</i> or other	54	X	X	X	X	X	Baby's Development
Month 8	• Explain the importance of setting limits for baby. p46	46					X	Baby's Development
Month 9	• Ask how family deals with anger and warn how it may endanger the children. p63	63					X	Family Development
Month 9	• Encourage family mealtimes. p68	68	X	X	X	X	X	Family Health

Partners for a Healthy Baby (PHB) Home Visiting Curriculum—Baby's Months 7-12 Alignment with Head Start Early Learning Outcomes Framework (HSELOF) for Infant/Toddler								
Key: L & C: Language & Communication; P, M, & PD: Perceptual, Motor, & Physical Development; Cog: Cognition; A2L: Approaches to Learning; S & E: Social & Emotional Development								
Age	Purposes from <i>Partners for a Healthy Baby</i>	PHB Page	HSELOF Domains					PHB Category
			L & C	P, M & PD	COG	A2L	S&E	
Month 9	• Check what foods & drinks baby's getting & encourage trying a cup. p72	72		X				Caring for Baby
Month 9	• Ask about baby's night & daytime routines and help solve any problems. p73	73		X			X	Caring for Baby
Month 9	• Make sure mother knows how to check & what to do if baby seems sick. p74	74		X				Caring for Baby
Month 9	• Show how to prevent the spread of illness by hand washing. p75	75		X				Caring for Baby
Month 9	• Talk with family about ways to prevent baby from choking. p76	76		X				Caring for Baby
Month 9	• Observe parent-baby interaction for signs of attachment. p78	78					X	Baby's Development
Month 9	• Demonstrate why comforting baby is important. p79	79					X	Baby's Development
Month 9	• Talk about ways to nurture baby's self-esteem. p80	80				X	X	Baby's Development
Month 9	• Help family understand their baby's temperament. p81	81				X		Baby's Development
Month 9	• Explain why you can't get an infant to "sit still" or "behave." p82	82			X		X	Baby's Development
Month 9	• Encourage the family to give baby plenty of time before expecting her to walk. p83	83		X				Baby's Development
Month 9	• Invite family to share ideas for homemade toys and games. p84	84	X	X	X	X	X	Baby's Development
Month 9	• Ask what baby is already doing and explain the new skills he is likely to learn this month. p85	85	X	X	X	X	X	Baby's Development
Month 9	• Invite family to show you one of last month's activities with baby. Introduce new <i>LearningGames</i> or other developmental activities for this month. p86	86	X	X	X	X	X	Family Development
Month 10	• Observe & talk about father's relationship with baby. p97	97					X	Family Development
Month 10	• Make sure baby continues to get enough breastmilk or formula. Don't introduce cow's milk until after one year old. p107	107		X				Caring for Baby
Month 10	• Emphasize baby's need to enjoy feeding herself. p108	108		X		X		Caring for Baby
Month 10	• Ask about bedtime routines. Check where baby sleeps & make sure it's safe. p109	109		X			X	Caring for Baby
Month 10	• Prepare baby for sun protection. p77	77		X				Caring for Baby
Month 10	• Explain baby doesn't need shoes yet, but teach how to choose "first" shoes. p110	110		X				Caring for Baby
Month 10	• Discuss how to build a trusting relationship with baby. p111	111					X	Baby's Development
Month 10	• Talk about what it means when baby shakes her head "no." p112	112	X				X	Baby's Development
Month 10	• Help family understand that babies learn by copying and repetition. p113	113			X	X		Baby's Development
Month 10	• Describe new skills baby is likely to learn this month. p114	114	X	X	X	X	X	Baby's Development
Month 10	• Ask about last month's activities. Introduce new <i>LearningGames</i> or other developmental activities for this month. p115	115	X	X	X	X	X	Baby's Development
Month 11	• Ask what foods baby eats in a typical day. p128	128		X				Caring for Baby
Month 11	• Teach about weaning baby from the bottle & changing to whole milk. p152	152		X				Caring for Baby

Partners for a Healthy Baby (PHB) Home Visiting Curriculum—Baby's Months 7-12 Alignment with Head Start Early Learning Outcomes Framework (HSELOF) for Infant/Toddler								
	Key: L & C: Language & Communication; P, M, & PD: Perceptual, Motor, & Physical Development; Cog: Cognition; A2L: Approaches to Learning; S & E: Social & Emotional Development							
Age	Purposes from <i>Partners for a Healthy Baby</i>	PHB Page	HSELOF Domains					PHB Category
			L & C	P, M & PD	COG	A2L	S&E	
Month 11	• Help family adjust baby's nap & nighttime sleep patterns as needed. p129	129		X				Caring for Baby
Month 11	• Observe the parent-child relationship for adequate caregiving. p130	130		X			X	Caring for Baby
Month 11	• Check whether baby's been sick. Talk about common illnesses and what to do. p131	131		X				Caring for Baby
Month 11	• Encourage good dental habits. p132	132		X				Caring for Baby
Month 11	• Discuss baby's need for security while she explores. p133	133				X	X	Baby's Development
Month 11	• Encourage family to read to baby every day. p134	134	X					Baby's Development
Month 11	• Review that you can't spoil baby by responding to his needs. p135	135					X	Baby's Development
Month 11	• Help family understand that how they respond affects baby's feelings. p136	136				X	X	Baby's Development
Month 11	• Observe baby for any developmental red flags. p137	137	X	X	X	X	X	Baby's Development
Month 11	• Explain new skills baby may be learning this month. p138	138	X	X	X	X	X	Baby's Development
Month 11	• Invite family/mother to show you one of the activities from your last visit. Introduce new <i>LearningGames</i> or other developmental activities for this month. p139	139	X					
Month 11				X	X	X	X	Baby's Development
Month 12	• Talk about baby's eating habits and suggest ideas for healthy snacks. p153	153		X				Caring for Baby
Month 12	• Talk about realistic timing for toilet learning. p158	158	X	X	X	X	X	Caring for Baby
Month 12	• Make sure baby's 12-month check-up is scheduled and explain what to expect. p154	154		X				Caring for Baby
Month 12	• Explain the dangers of lead poisoning. p155	155		X				Caring for Baby
Month 12	• Review why it's important to keep baby away from smoke. p156	156		X				Caring for Baby
Month 12	• Remind parents that simple, loving interactions are important for baby. p159	159					X	Baby's Development
Month 12	• Explain the importance of unconditional love. p160	160					X	Baby's Development
Month 12	• Ask how baby manages transitions and discuss ways to ease change. p161	161				X	X	Baby's Development
Month 12	• Discuss what scares baby & ways to help. p162	162					X	Baby's Development
Month 12	• Describe the new skills baby will be gaining this month. p163	163	X	X	X	X	X	Baby's Development
Month 12	• Explain the range of ages that babies start walking. p164	164		X				Baby's Development
Month 12	• Explain why it's too soon to expect baby to share and suggest alternatives. p165	165			X	X	X	Baby's Development
Month 12	• Suggest mother/family show you one of the activities from your last visit. Introduce new <i>LearningGames</i> or other developmental activities for this month. p166	166	X	X	X	X	X	Baby's Development
Month 12	• Talk about the likelihood of temper tantrums & how to handle them. p157	157					X	Baby's Development

Partners for a Healthy Baby (PHB Home Visiting Curriculum—Toddler's Months 13-18 Alignment with Head Start Early Learning Outcomes Framework (HSELOF) for Infant/Toddler								
	Key: L & C: Language & Communication; P, M, & PD: Perceptual, Motor, & Physical Development; Cog: Cognition; A2L: Approaches to Learning; S & E: Social & Emotional Development							
Age	Purposes from <i>Partners for a Healthy Baby</i>	PHB Page	HSELOF Domains					PHB Category
			L & C	P, M & PD	COG	A2L	S&E	
Month 13	• Talk about the value of family meals. p11	11	X				X	Family Development
Month 13	• Remind Dad to be patient with one-year-old. p12	12					X	Family Development
Month 13	• If Dad does not live with his baby, talk with him about why it's important to maintain frequent contact. p13	13					X	Family Development
Month 13	• Make sure the family has health care coverage and help them resolve any insurance or Medicaid problems. p21	21		X				Family Health
Month 13	• Review importance of hand washing to prevent sickness. p22	22		X				Family Health
Month 13	• Ask about the joys and challenges of parenting an active, mobile one-year-old. p23	23		X			X	Family Health
Month 13	• Talk about emotional health and its importance to the family. p26	26					X	Family Health
Month 13	• Ask about child's eating habits and encourage a nutritious diet. p29	29		X				Caring for Baby
Month 13	• Ask about progress on replacing the bottle with a cup. p30	30		X				Caring for Baby
Month 13	• Ask if baby sleeps through the night. p31	31		X				Caring for Baby
Month 13	• Discuss how routines help children. Show how to chart meals and sleep schedules. p32	32		X			X	Caring for Baby
Month 13	• Remind family to make an appointment for child's 15-month check-up and talk about what to expect. p33	33		X				Caring for Baby
Month 13	• Be sure family knows how to recognize signs of an ear infection and how to reduce frequency. p34	34		X				Caring for Baby
Month 13	• Remind family to keep all cleaning supplies, medications, prescription drugs and alcohol out of child's reach. p35	35		X				Caring for Baby
Month 13	• Describe new skills of one-year-old & help family have realistic expectations. p36	36	X	X	X	X	X	Baby's Development
Month 13	• Discourage restrictions on child's ability to move about freely. p37	37		X		X		Baby's Development
Month 13	• Introduce <i>LearningGames</i> or other developmental activities appropriate for a 13-month-old child. p38	38	X	X	X	X	X	Baby's Development
Month 13	• If family has a child with special needs, talk about ways they can be supported. p39	39	X	X	X	X	X	Baby's Development
Month 13	• Observe child's sounds and beginning words. Encourage efforts to support language development. p40	40	X					Baby's Development
Month 13	• Talk about importance of reading with their child every day. p42	42	X					Baby's Development
Month 13	• Ask parent to describe how child soothes self. p43	43					X	Baby's Development
Month 13	• Talk with the parent(s) about the importance of supporting their child's healthy social/emotional development. p44	44					X	Baby's Development
Month 13	• Ask about fear of strangers and discuss why a one-year-old may overreact. p45	45					X	Baby's Development
Month 13	• Help parents understand the importance of supporting their child's emerging independence. p46	46				X	X	Baby's Development
Month 13	• Help family understand difference between discipline & punishment. p47	47					X	Baby's Development
Month 13	• Ask what child likes to play with & suggest toys for a one-year-old. p48	48	X	X	X	X	X	Baby's Development
Month 13	• Talk about how young children learn through play. p49	49	X	X	X	X	X	Baby's Development
Month 14	• Talk with Dad about why his child sometimes prefers being with Mom. p62	62					X	Family Development
Month 14	• Review dangers of secondhand smoke and how to protect their child. p67	67		X				Family Health
Month 14	• Follow up to ensure family has a medical home. p70	70		X				Family Health

Partners for a Healthy Baby (PHB Home Visiting Curriculum—Toddler's Months 13-18 Alignment with Head Start Early Learning Outcomes Framework (HSELOF) for Infant/Toddler								
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Age	Purposes from <i>Partners for a Healthy Baby</i>	PHB Page	HSELOF Domains					PHB Category
			L & C	P, M & PD	COG	A2L	S&E	
Month 14	• Ensure safe and healthy sleep arrangements for the entire family. p71	71		X				Family Health
Month 14	• Explain how young children watch their parents or other trusted adults to learn how to emotionally react. p73	73			X		X	Family Health
Month 14	• Talk about the importance of reading emotional cues and responding appropriately. p74	74					X	Family Health
Month 14	• Talk about the importance of managing emotions. p75	75					X	Family Health
Month 14	• Ask about child’s appetite. Encourage parents to offer nutritious foods and not to worry about wavering appetite. p76	76		X				Caring for Baby
Month 14	• Ask if child shows any signs of milk allergies or lactose intolerance. p77	77		X				Caring for Baby
Month 14	• Review the importance of a familiar bedtime or morning routine. p78	78					X	Caring for Baby
Month 14	• Review safety in the home with special focus on bathroom, kitchen, and outside. p.80	80		X				Caring for Baby
Month 14	• Talk about how to recognize and treat common childhood diseases. p81	81		X				Caring for Baby
Month 14	• Talk about the importance of unhurried time. p82	82				X	X	Baby’s Development
Month 14	• Complete the 14-month ASQ or other developmental screen with family. Follow up about any concerns. p83	83	X	X	X	X	X	Baby’s Development
Month 14	• Introduce new <i>LearningGames</i> or other developmental activities appropriate for a 14-month-old child. p84	84	X	X	X	X	X	Baby’s Development
Month 14	• Encourage family to promote child’s language development by repeating and expanding her words. p85	85	X		X			Baby’s Development
Month 14	• Talk with the family about creating a home environment that supports literacy. p87	87	X					Baby’s Development
Month 14	• Talk about typical childhood fears and how to help children cope. p88	88					X	Baby’s Development
Month 14	• Talk with family about child’s reluctance to separate from primary parent and ways to reassure when separating. p89	89					X	Baby’s Development
Month 14	• Talk about “diaper striptease.” p90	90		X				Baby’s Development
Month 14	• Help parents understand and deal with tantrums. p91	91					X	Baby’s Development
Month 14	• Ask how family maintains peace between one-year-old and other siblings. p92	92					X	Baby’s Development
Month 14	• Talk about how children learn through everyday routines. p93	93	X	X	X	X	X	Baby’s Development
Month 14	• Talk with family about providing messy play experiences for their young child. p94	94	X	X	X	X	X	Baby’s Development
Month 15	• Ask about ways the family has fun together and encourage “family time.” p104	104					X	Family Development
Month 15	• Talk about the traditional father role of disciplining the children. p105	105					X	Family Development
Month 15	• Encourage Dad to be nurturing and affectionate with his one-year-old. p106	106					X	Family Development
Month 15	• Discuss emotional loss and how it affects children. p115	115					X	Family Health
Month 15	• Find out what child usually drinks. Make sure she’s getting the whole milk she needs. p117	117		X				Caring for Baby
Month 15	• Ask about child’s naps. p118	118		X				Caring for Baby
Month 15	• Talk about preventing accidents and what to do in case of an emergency. p120	120		X				Caring for Baby
Month 15	• Ask about teething and suggest ways to reduce baby’s discomfort. p121	121		X				Caring for Baby
Month 15	• Talk about how to encourage child’s new skills. p122	122	X	X	X	X	X	Baby’s Development

Partners for a Healthy Baby (PHB Home Visiting Curriculum—Toddler's Months 13-18 Alignment with Head Start Early Learning Outcomes Framework (HSELOF) for Infant/Toddler								
	Key: L & C: Language & Communication; P, M, & PD: Perceptual, Motor, & Physical Development; Cog: Cognition; A2L: Approaches to Learning; S & E: Social & Emotional Development							
Age	Purposes from <i>Partners for a Healthy Baby</i>	PHB Page	HSELOF Domains					PHB Category
			L & C	P, M & PD	COG	A2L	S&E	
Month 15	• Introduce new <i>LearningGames</i> or other developmental activities appropriate for a 15-month-old child. p123	123	X	X	X	X	X	Baby's Development
Month 15	• Bring finger plays & explain how they help with language learning. P124	124	X		X			Baby's Development
Month 15	• Ask about family's home language and discuss impact of learning two languages on child's language development. p125	125	X		X			Baby's Development
Month 15	• Talk about importance of comforting their child, especially when hurt, sick or upset. p126	126		X				Baby's Development
Month 15	• Help parents understand and deal with their child's temperament. p127	127				X	X	Baby's Development
Month 15	• Discuss why one-year-olds throw food and how to manage messes. p129	129		X				Baby's Development
Month 15	• Talk about different types of intelligence and ways to nurture each type. p130	130				X		Baby's Development
Month 15	• Help parent understand and support their young child's pretend play. p131	131	X		X			Baby's Development
Month 16	• Help Dad think of ways he can use everyday routines to support his child's learning. p145	145					X	Family Development
Month 16	• Talk about family situations that impact emotional development. p159	159					X	Family Health
Month 16	• Ask how child is accepting cup. Encourage getting rid of bottle at night. p160	160		X				Caring for Baby
Month 16	• Discuss appropriate food portions and caution about power struggles over food. p161	161		X				Caring for Baby
Month 16	• Ask if bedtime routines are working. p162	162		X				Caring for Baby
Month 16	• Acknowledge the difficulty in shopping with a one-year-old and suggest ways to make it easier.						X	Caring for Baby
Month 16	• Suggest parents teach child to wash her hands. p163	163		X				Caring for Baby
Month 16	• Talk about ways to reduce falls, bumps, and bruises. p164	164		X				Baby's Development
Month 16	• Talk about the difference between temporary regressions and developmental delays. p165	165	X	X	X	X	X	Baby's Development
Month 16	• Complete the 16-month ASQ or other developmental screen with family. Follow up about any concerns. p167	167	X	X	X	X	X	Baby's Development
Month 16	• Introduce <i>LearningGames</i> or developmental activities appropriate for a 16-month-old child. p168	168	X	X	X	X	X	Baby's Development
Month 16	• Describe how children learn from repetition and imitation. Suggest ways to support their learning. p169	169			X	X		Baby's Development
Month 16	• Explain that watching TV does not help children learn language. p170	170	X		X	X		Baby's Development
Month 16	• Discuss importance of supporting child's emotional development. p171	171					X	Baby's Development
Month 16	• Help the parent(s) understand importance of providing a secure base for their child. p172	172				X	X	Baby's Development
Month 16	• Talk about importance of relationships from the child's point of view. p173	173					X	Baby's Development
Month 16	• Review what behaviors to expect from a one-year-old. p173	173					X	Baby's Development
Month 16	• Help parents understand their child's strong desire to "do it myself!" p174	174				X	X	Baby's Development
Month 16	• Encourage parents to enjoy playing with their child. p175	175				X	X	Baby's Development
Month 16	• Help parents understand how children learn by playing with everyday objects. p176	176	X	X	X	X	X	Baby's Development
Month 17	• Ask about family's daily dental care and stress why it is important. p191	191		X				Family Health
Month 17	• Explain how seeing or hearing violence in the home can harm children. p193	193					X	Family Health

Partners for a Healthy Baby (PHB Home Visiting Curriculum—Toddler's Months 13-18 Alignment with Head Start Early Learning Outcomes Framework (HSELOF) for Infant/Toddler

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Age	Purposes from <i>Partners for a Healthy Baby</i>	PHB Page	HSELOF Domains					PHB Category
			L & C	P, M & PD	COG	A2L	S&E	
Month 17	• Ask about any issues with their child during family mealtimes. p195	195		X				Caring for Baby
Month 17	• Talk about what children learn by watching adults in their daily routines. p196	196	X	X	X	X	X	Caring for Baby
Month 17	• Talk about how to know when their child is ready for toilet learning. p197	197	X	X	X	X	X	Caring for Baby
Month 17	• Talk about what to expect at 18-month check-up and make sure appointment is confirmed. p198	198		X				Caring for Baby
Month 17	• Discuss everyday minor injuries, how to treat them, and when to seek medical attention. p199	199		X				Caring for Baby
Month 17	• Discuss safety around animals and how to handle child's fears. p200	200		X				Caring for Baby
Month 17	• Help family understand value of encouraging child's efforts to do some things by themselves. p201	201			X	X	X	Baby's Development
Month 17	• Introduce new <i>LearningGames</i> or other developmental activities appropriate for a 17-month-old child. p202	202	X	X	X	X	X	Baby's Development
Month 17	• Bring some nursery rhymes and explain how they can help children learn language. p203	203	X		X			Baby's Development
Month 17	• Talk about labeling everyday objects as a way to help children learn new words. p204	204	X		X			Baby's Development
Month 17	• Talk about ways to help child begin to do things independently and feel good about it. p205	205				X	X	Baby's Development
Month 17	• Help parent understand the importance of giving their child words to label their emotions. p206	206	X				X	Baby's Development
Month 17	• See how family is doing with limiting TV time. p207	207			X			Baby's Development
Month 17	• Talk about realistic expectations for how their child might play around others at this age. p208	208	X		X		X	Baby's Development
Month 18	• Observe how Dad tunes into his child's feelings and how he shows affection toward his child. p217	217					X	Family Development
Month 18	• Ask about family's mealtime routines. Suggest easy ways to prepare nutritious meals. p221	221	X	X			X	Family Health
Month 18	• Ask what foods child eats and encourage a healthy diet. p228	228		X				Caring for Baby
Month 18	• Discuss how diet can affect a child's bowel habits. p229	229		X				Caring for Baby
Month 18	• Discuss appropriate expectations and strategies for keeping child occupied in quiet places like church or meetings. p230	230				X	X	Caring for Baby
Month 18	• Ask if their child is resisting bedtime and discuss some possible solutions. p231	231					X	Caring for Baby
Month 18	• Talk about ways to keep child safe around traffic and when traveling. p232	232		X				Caring for Baby
Month 18	• Talk with family about child's risk of drowning and how they can "drown-proof" their home. p233	233		X				Caring for Baby
Month 18	• Ask parents what their child likes to do and does well, and what skills they think need more attention. p234	234	X	X	X	X	X	Baby's Development
Month 18	• Complete the 18-month ASQ or other developmental screen with family. Follow up about any concerns. p237	237	X	X	X	X	X	Baby's Development
Month 18	• Introduce new <i>LearningGames</i> or other developmental activities appropriate for an 18-month-old child. p238	238	X	X	X	X	X	Baby's Development
Month 18	• Show parents how to "follow their child's lead" when looking at books together. p239	239	X			X		Baby's Development
Month 18	• Remind parents about the importance of daily reading and discuss what kinds of books are best for their young child. p240	240	X	X	X	X	X	Baby's Development
Month 18	• Explain to parents why it is important they talk with and treat their child with respect. p242	242					X	Baby's Development
Month 18	• Explain how spanking can cause more harm than good. p243	243					X	Baby's Development
Month 18	• Discuss the importance of providing safe play materials at home in order to promote their child's development. p244	244	X	X	X	X	X	Baby's Development

Partners for a Healthy Baby (PHB) Home Visiting Curriculum—Toddler's Months 19-36 Alignment with Head Start Early Learning Outcomes Framework (HSELOF) for Infant/Toddler

Key: **L & C:** Language & Communication; **P, M, & PD:** Perceptual, Motor, & Physical Development; **Cog:** Cognition; **A2L:** Approaches to Learning; **S & E:** Social & Emotional Development

Age	Purposes from <i>Partners for a Healthy Baby</i>	PHB Page	HSELOF Domains					PHB Category
			L & C	P, M & PD	COG	A2L	S&E	
Months 19-21	• Talk about the value of grandparents and extended family. p12	12					X	Family Development
Months 19-21	• Encourage Dad to be nurturing and affectionate with his toddler. p14	14					X	Family Development
Months 19-21	• Encourage Dad to help his toddler learn about the world around her. p15	15	X	X	X	X	X	Family Development
Months 19-21	• Check that family members have a medical home and health coverage. p25	25		X				Family Health
Months 19-21	• Explain emotional health and its impact on the entire family. p27	27					X	Family Health
Months 19-21	• Talk with family about emotional resources for their best year ever. p28	228						Family Health
Months 19-21	• Talk about ways to make mealtime with toddlers a pleasant experience for everyone. p29	29	X	X			X	Caring for Toddler
Months 19-21	• Discuss mealtime choking hazards. p30	30		X				Caring for Toddler
Months 19-21	• Talk about making bath time enjoyable for everyone. p32	32		X				Caring for Toddler
Months 19-21	• Talk about simplifying daily routines. p33	33					X	Caring for Toddler
Months 19-21	• Discuss signs of illness and when to call the doctor. p34	34		X				Caring for Toddler
Months 19-21	• Talk with family about using and storing medications. p35	35		X				Caring for Toddler
Months 19-21	• Discuss ways to help toddlers cooperate in taking their medicine. p36	36		X				Caring for Toddler
Months 19-21	• Review the importance of outdoor safety including sun protection. p37	37		X				Caring for Toddler
Months 19-21	• Introduce new <i>LearningGames</i> or other developmental activities for months 19–21. p38	38	X	X	X	X	X	Toddler's Development
Months 19-21	• Complete the 20-month ASQ or other developmental screen with family. Follow up about any concerns. p39	39	X	X	X	X	X	Toddler's Development
Months 19-21	• Review toddler's developmental status and plan to address any concerns. p40	40	X	X	X	X	X	Toddler's Development
Months 19-21	• Help parents understand how children learn language. p41	41	X				X	Toddler's Development
Months 19-21	• Help the family create a literacy rich home environment. p42	42	X					Toddler's Development
Months 19-21	• Ask if their toddler has a lot of new words and encourage parents to talk with their toddler. p43	43	X					Toddler's Development
Months 19-21	• Ask about home language and learning English as a second language. p44	44	X					Toddler's Development
Months 19-21	• Explain why toddlers don't need to know ABCs yet. p45	45	X		X	X		Toddler's Development
Months 19-21	• Help parents understand "infant mental health" and social/emotional wellness. p46	46						Toddler's Development
Months 19-21	• Explain how healthy early relationships can provide a "secure base" and promote emotional security. p47	47					X	Toddler's Development
Months 19-21	• Ask about toddler's relationships with family, friends & teachers. p48	48				X	X	Toddler's Development
Months 19-21	• Ask about toddler's self-control. p49	49					X	Toddler's Development
Months 19-21	• Ask if toddler's self-control is different at home than in child care. p50	50					X	Toddler's Development
Months 19-21	• Ask how toddler reconnects with parents. p51	51					X	Toddler's Development
Months 19-21	• Help parents model words their toddler can use to cope with emotions. p52	52	X				X	Toddler's Development
Months 19-21	• Talk about ways parents can help toddler feel "special, known, & understood." p53	53					X	Toddler's Development
Months 19-21	• Help parents have realistic expectations for their toddler's behavior. p54	54					X	Toddler's Development

Partners for a Healthy Baby (PHB) Home Visiting Curriculum—Toddler's Months 19-36 Alignment with Head Start Early Learning Outcomes Framework (HSELOF) for Infant/Toddler

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Age	Purposes from <i>Partners for a Healthy Baby</i>	PHB Page	HSELOF Domains					PHB Category
			L & C	P, M & PD	COG	A2L	S&E	
Months 19-21	• Help family understand what appropriate “discipline” is for toddlers. p55	55					X	Toddler's Development
Months 19-21	• Talk about how toddlers learn appropriate behavior. p56	56				X	X	Toddler's Development
Months 19-21	• Talk about how toddlers learn through play. p57	57	X	X	X	X	X	Toddler's Development
Months 19-21	• Encourage playfulness in daily routines. p58	58	X	X	X	X	X	Toddler's Development
Months 19-21	• Help family understand how playing with toddler helps her develop emotionally and socially. p59	59					X	Toddler's Development
Months 22-24	• Help Dad notice toddler’s unspoken feelings and respond with empathy. p73	73					X	Family Development
Months 22-24	• Encourage Dad to help his child learn how to solve problems and feel successful. p74	74			X	X	X	Family Development
Months 22-24	• Ask about family’s access to dental care. p84	84		X				Family Health
Months 22-24	• Talk about nutritious snacks. p89	89		X				Caring for Toddler
Months 22-24	• Discuss the child’s appetite and eating habits. p90	90		X				Caring for Toddler
Months 22-24	• Talk about making it easier to go places with toddlers. p91	91				X	X	Caring for Toddler
Months 22-24	• Talk about how to celebrate toddler’s second birthday so it’s not overwhelming. p92	92					X	Caring for Toddler
Months 22-24	• Talk about the toddler’s changing sleep patterns. p93	93		X				Caring for Toddler
Months 22-24	• Talk about weaning if toddler is still breastfeeding or taking a bottle. p94	94		X			X	Caring for Toddler
Months 22-24	• Make sure the family has made an appointment for their 2-year-old’s well-child check-up. p95	95		X				Caring for Toddler
Months 22-24	• Ask if family has a thermometer and make sure they know how to use it properly. p96	96		X				Caring for Toddler
Months 22-24	• Ask where toddler sleeps and talk about safety issues. p97	97		X				Caring for Toddler
Months 22-24	• Review typical behaviors and skills for a 24-month-old. p98	98	X	X	X	X	X	Toddler's Development
Months 22-24	• Ask about toddler’s current interests and skills. p99	99	X	X	X	X	X	Toddler's Development
Months 22-24	• Observe for any “red flags” that toddler may not be developing typically. p100	100	X	X	X	X	X	Toddler's Development
Months 22-24	• Introduce new <i>LearningGames</i> or other developmental activities for months 22-24. p101	101	X	X	X	X	X	Toddler's Development
Months 22-24	• Complete the 24 month ASQ or other developmental screen with family. p102	102	X	X	X	X	X	Toddler's Development
Months 22-24	• Explain why toddlers want to read the same books over and over. p103	103	X		X	X		Toddler's Development
Months 22-24	• Talk about the typical number of words for two-year-olds. p104	104	X					Toddler's Development
Months 22-24	• Help toddler to understand words like “up, over, under.” p105	105	X		X			Toddler's Development
Months 22-24	• Explain why toddlers may not follow directions with more than two steps. p106	106	X		X			Toddler's Development
Months 22-24	• Explain the value of asking and answering lots of questions for toddlers. p107	107	X		X	X		Toddler's Development
Months 22-24	• Discuss ways toddlers show their need for closeness. p108	108					X	Toddler's Development
Months 22-24	• Talk about how toddler’s emotional security builds confidence. p109	109				X	X	Toddler's Development
Months 22-24	• Talk about how thumb sucking, pacifiers, security blankets and favorite toys help toddlers cope. p110	110					X	Toddler's Development
Months 22-24	• Ask about toddler’s ability for self-control and how he reacts when he doesn’t get his way. p111	111					X	Toddler's Development

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			L & C	P, M & PD	COG	A2L	S&E	
Months 22-24	• Encourage parents to help toddler develop a positive sense of self. p112	112					X	Toddler's Development
Months 22-24	• Help parents deal with toddler's fear of doctors and dentists. p113	113					X	Toddler's Development
Months 22-24	• Talk with family about how to positively redirect their toddler's behavior. p114	114					X	Toddler's Development
Months 22-24	• Help parent think from toddler's point-of-view before responding. p115	115					X	Toddler's Development
Months 22-24	• Help parents understand what triggers tantrums and how to defuse them. p116	116					X	Toddler's Development
Months 22-24	• Help parents understand the value of toddler's curiosity and how to support efforts to explore. p117	117				X	X	Toddler's Development
Months 22-24	• Help parents value toddler's pretend play. p118	118	X	X	X	X	X	Toddler's Development
Months 22-24	• Talk about toddler's play with other children. p119	119	X	X	X	X	X	Toddler's Development
Months 22-24	• Discuss the value of going on outings with their toddler. p120	120	X	X	X	X	X	Toddler's Development
Months 25-27	• Discuss ways Dad can help toddler feel important. p134	134					X	Family Development
Months 25-27	• Help Dad respond calmly when toddler is upset. p135	135					X	Family Development
Months 25-27	• Talk about choosing healthy foods. p140	140		X				Family Health
Months 25-27	• Talk about choosing small portions of food. p141	141		X				Family Health
Months 25-27	• Suggest family exercise by playing outside. p142	142		X				Family Health
Months 25-27	• Review the health risks of smoking. p143	143		X				Family Health
Months 25-27	• Suggest snacks to prevent "hunger tantrums." p149	149		X				Caring for Toddler
Months 25-27	• Discuss toddler's daily requirements for milk. p150	150		X				Caring for Toddler
Months 25-27	• Encourage family to limit their child's intake of sugar and sweets. p151	151		X				Caring for Toddler
Months 25-27	• Encourage toddler's self-help skills. p152	152		X		X		Caring for Toddler
Months 25-27	• Talk about readiness signs for learning to use the toilet. p153	153	X	X	X	X	X	Caring for Toddler
Months 25-27	• Review ways to handle vomiting and prevent dehydration. p155	155		X				Caring for Toddler
Months 25-27	• Observe for signs of child abuse or neglect. p156	156		X				Caring for Toddler
Months 25-27	• Talk about how to keep toddler safe when outside near the street. p157	157		X				Caring for Toddler
Months 25-27	• Check toddler's toys for safety. p158	158		X				Caring for Toddler
Months 25-27	• Help family prevent fire hazards. p159	159		X				Caring for Toddler
Months 25-27	• Talk about how all aspects of development are interrelated. p160	160	X	X	X	X	X	Toddler's Development
Months 25-27	• Introduce new <i>LearningGames</i> or other developmental activities for months 25-27. p161	161	X	X	X	X	X	Toddler's Development
Months 25-27	• Complete the 27-month ASQ or other developmental screen with family. p162	162	X	X	X	X	X	Toddler's Development
Months 25-27	• Encourage finger plays to promote language. p163	163	X	X	X			Toddler's Development
Months 25-27	• Talk about toddler's ability to combine words and make sentences and ways to expand. p164	164	X		X			Toddler's Development

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			L & C	P, M & PD	COG	A2L	S&E	
Months 25-27	• Encourage parents to give toddler choices using words like big/little, more/less, hot/cold, and easy/hard to learn about opposites. p165	165	X		X			Toddler's Development
Months 25-27	• Ask if toddler's words are clear. p166	166	X					Toddler's Development
Months 25-27	• Encourage parents to be responsive when toddler looks to them for reassurance. p167	167					X	Toddler's Development
Months 25-27	• Help parents be aware of toddler's emotional needs during an extended separation or divorce. p168	168					X	Toddler's Development
Months 25-27	• Help parents understand temperament. p169	169				X	X	Toddler's Development
Months 25-27	• Talk about the underlying need expressed in misbehavior. p170	170					X	Toddler's Development
Months 25-27	• Talk about ways to help toddler learn to wait. p171	171			X	X	X	Toddler's Development
Months 25-27	• Help encourage toddler's growing independence. p172	172			X	X	X	Toddler's Development
Months 25-27	• Talk about how to reason with their toddler. p173	173	X				X	Toddler's Development
Months 25-27	• Talk about why shaming and teasing don't work to manage toddler's behavior. p174	174					X	Toddler's Development
Months 25-27	• Give strategies for dealing with out-of-control behaviors. p175	175					X	Toddler's Development
Months 25-27	• Talk about how limited choices support toddler's independence. p176	176			X	X	X	Toddler's Development
Months 25-27	• Give parents alternatives to saying "no." p177	177					X	Toddler's Development
Months 25-27	• Encourage parents to offer toddler a variety of art experiences. p178	178	X	X	X	X	X	Toddler's Development
Months 25-27	• Show what toddlers learn by playing with blocks. p179	179	X	X	X	X		Toddler's Development
Months 25-27	• Talk about appropriate toys for 2-year-olds. p180	180	X	X	X	X	X	Toddler's Development
Months 25-27	• Talk about the importance of helping toddler become a good problem solver. p181	181			X	X	X	Toddler's Development
Months 28-30	• Teach Dad ways to reduce toddler's meltdowns. p197	197					X	Family Development
Months 28-30	• Discuss benefits of eating fruits and vegetables. p202	202		X				Family Health
Months 28-30	• Suggest limiting TV time and discuss other ways to spend time together. p203	203	X	X	X	X	X	Family Health
Months 28-30	• Ask if any family members have an alcohol problem, and talk about how it can affect the children. p204	204					X	Family Health
Months 28-30	• Encourage regular checkups for entire family. p206	206		X				Family Health
Months 28-30	• Help family members learn to read and be sensitive to each other's emotions. p212	212					X	Family Health
Months 28-30	• Ask about the child's use of cup/glass, spoon and fork. p213	213		X				Caring for Toddler
Months 28-30	• Talk about clothes that make toileting easier. p215	215		X				Caring for Toddler
Months 28-30	• Discuss ways to help a "slow starter" get going in the morning. p216	216				X	X	Caring for Toddler
Months 28-30	• Ask about child's nightly routines and sleep patterns. p217	217		X			X	Caring for Toddler
Months 28-30	• Ask if toddler has fears about haircuts. p218	218					X	Caring for Toddler
Months 28-30	• Ask about the child's bowel habits. p219	219		X				Caring for Toddler
Months 28-30	• Discuss the importance of a first aid kit. p220	220		X				Caring for Toddler

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Months 28-30	• Help family ensure home is toddler-proof. p.221	221		X				Caring for Toddler
Months 28-30	• Explain the importance of playground safety. p.222	222		X				Caring for Toddler
Months 28-30	• Talk about water safety. p.223	223		X				Caring for Toddler
Months 28-30	• Ask about toddler's latest interests and skills. Review behaviors and skills for 30-month-olds. p.224	224	X	X	X	X	X	Toddler's Development
Months 28-30	• Observe any "red flags" that indicate toddler may not be developing typically. p.225	225	X	X	X	X	X	Toddler's Development
Months 28-30	• Introduce new <i>LearningGames</i> or other developmental activities for months 28-30. p.226	226	X	X	X	X	X	Toddler's Development
Months 28-30	• Complete the 30-month ASQ or other developmental screen with family. p.227	227	X	X	X	X	X	Toddler's Development
Months 28-30	• Encourage daily book time with toddler. p.228	228	X					Toddler's Development
Months 28-30	• Encourage parents to help toddler put her feelings into words. p.229	229	X				X	Toddler's Development
Months 28-30	• Encourage the telling of family stories. p.230	230	X					Toddler's Development
Months 28-30	• Help family understand that television does not teach language skills. p.231	231	X		X			Toddler's Development
Months 28-30	• Talk about toddlers' need for comfort when hurt. p.232	232					X	Toddler's Development
Months 28-30	• Help parent reconnect with toddler after a conflict. p.233	233					X	Toddler's Development
Months 28-30	• Ask how toddler deals with the loss of special relationships. p.234	234					X	Toddler's Development
Months 28-30	• Talk about "goodness of fit" between parent's and child's temperament. p.235	235				X	X	Toddler's Development
Months 28-30	• Help parents support shy toddlers. p.236	236					X	Toddler's Development
Months 28-30	• Talk with family about encouraging toddler's persistence. p.237	237				X		Toddler's Development
Months 28-30	• Help parents encourage toddler even when he fails. p.238	238				X	X	Toddler's Development
Months 28-30	• Help prepare toddler if new baby is coming. p.239	239					X	Toddler's Development
Months 28-30	• Talk about parent's coping skills especially during toddler's tantrums. p.240	240					X	Toddler's Development
Months 28-30	• Talk about structuring the environment to help control toddler behaviors. p.241	241					X	Toddler's Development
Months 28-30	• Discuss ways adults unintentionally contribute to toddler misbehavior. p.242	242					X	Toddler's Development
Months 28-30	• Encourage family to make homemade paint and play dough with toddler. p.243	243	X	X	X	X	X	Toddler's Development
Months 28-30	• Help family follow their child's lead during play. p.244	244	X	X	X	X	X	Toddler's Development
Months 28-30	• Talk about what toddlers learn through cooking. p.245	245	X	X	X	X	X	Toddler's Development
Months 31-33	• Remind Dad why it's important to model appropriate ways to express feelings. p.260	260					X	Family Development
Months 31-33	• Help Dad understand disappointment from child's view. p.261	261						Family Development
Months 31-33	• Discuss easy ways to add whole grains to family's meals. p.265	265		X				Family Health
Months 31-33	• Suggest planting a small vegetable garden as a family project. p.266	266	X	X	X	X	X	Family Health
Months 31-33	• Ask about toddler's attitude toward eating. p.273	273		X		X		Caring for Toddler
Months 31-33	• Encourage parents to let toddler help in kitchen. p.274	274	X	X	X	X	X	Caring for Toddler

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Months 31-33	• Discuss whether toddler still needs a nap. p275	275		X				Caring for Toddler
Months 31-33	• Talk about how to reassure toddler about any night terrors. p277	277					X	Caring for Toddler
Months 31-33	• Discuss choking and the value of learning CPR. p278	278		X				Caring for Toddler
Months 31-33	• Encourage regular tooth brushing and dental visits. p279	279		X				Caring for Toddler
Months 31-33	• Review car seat safety for toddlers. p280	280		X				Caring for Toddler
Months 31-33	• Make sure any guns are unloaded, locked, and out of reach. p281	281		X				Caring for Toddler
Months 31-33	• Observe for signs of sexual abuse. p282	282		X				Caring for Toddler
Months 31-33	• Explain that children achieve milestones at different rates. p283	283	X	X	X	X	X	Toddler's Development
Months 31-33	• Introduce new <i>LearningGames</i> or other developmental activities for months 31--33. p284	284	X	X	X	X	X	Toddler's Development
Months 31-33	• Complete the 33-month ASQ or other developmental screen with family. p285	285	X	X	X	X	X	Toddler's Development
Months 31-33	• Ask about any challenges with bilingual language learners. p286	286	X					Toddler's Development
Months 31-33	• Talk about common mistakes toddlers make in learning language. p287	287	X		X			Toddler's Development
Months 31-33	• Encourage parents to talk out loud about planning and routines to help toddler learn language. p288	288	X		X		X	Toddler's Development
Months 31-33	• Suggest asking questions to help toddler use more complex thinking. p289	289	X		X	X		Toddler's Development
Months 31-33	• Suggest parents model appropriate ways for toddlers to make requests. p290	290	X		X	X	X	Toddler's Development
Months 31-33	• Talk about ways parents might unknowingly add to toddler's insecurities. p291	291					X	Toddler's Development
Months 31-33	• Explain value of "being held in another's mind." p292	292					X	Toddler's Development
Months 31-33	• Ask about sibling relationships and address any concerns. p293	293					X	Toddler's Development
Months 31-33	• Help parents deal with any unrealistic expectations of their toddlers. p294	294					X	Toddler's Development
Months 31-33	• Suggest ways to support the child with an active temperament. p295	295				X	X	Toddler's Development
Months 31-33	• Ask how toddler shows his increasing sense of competence and confidence. p296	296				X	X	Toddler's Development
Months 31-33	• Ask parents about their level of patience. p297	297					X	Toddler's Development
Months 31-33	• Ask about family's methods of discipline and discourage physical punishment. p298	298					X	Toddler's Development
Months 31-33	• Help parents know when to be firm where safety is concerned. p299	299					X	Toddler's Development
Months 31-33	• Help parents understand how to prevent conflicts about sharing. p300	300			X		X	Toddler's Development
Months 31-33	• Help parents model respectfulness with toddler. p301	301	X				X	Toddler's Development
Months 31-33	• Explain how consistent daily routines can help toddler's behavior. p302	302			X		X	Toddler's Development
Months 31-33	• Talk with parents about what to expect from their toddler's drawing and artwork. p303	303		X	X	X		Toddler's Development
Months 31-33	• Explain how active play helps toddler's senses learn to work together. p304	304	X	X	X	X	X	Toddler's Development
Months 31-33	• Help parents find ways to enjoy playing with their toddler. p305	305	X	X	X	X	X	Toddler's Development
Months 34-36	• Encourage Dad to support toddler's development by creating outside play area. p319	319					X	Family Development

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Months 34-36	• Talk about ways to have more family meals together. p325	325		X			X	Family Health
Months 34-36	• Explain the nutritional value of fast foods and how to make the healthiest choices. p326	326		X				Family Health
Months 34-36	• Encourage families to spend more time outdoors. p327	327	X	X	X	X	X	Family Health
Months 34-36	• Review why hand washing is so important. p330	330		X				Family Health
Months 34-36	• Remind parents of the importance of a safe and healthy home for their family. p332	332		X				Family Health
Months 34-36	• Discuss toddler’s growth, weight and height. p337	337		X				Caring for Toddler
Months 34-36	• Talk about common food allergies in toddlers. p338	338		X				Caring for Toddler
Months 34-36	• Talk about appropriate expectations for toddler helping with chores. p339	339	X	X	X	X	X	Caring for Toddler
Months 34-36	• Ask about child’s progress with learning to use the toilet. p340	340		X				Caring for Toddler
Months 34-36	• Discuss preparations for preschool. p341	341	X	X	X	X	X	Caring for Toddler
Months 34-36	• Discuss how to handle colds. p342	342		X				Caring for Toddler
Months 34-36	• Talk about how to identify and treat ear infections. p343	343		X				Caring for Toddler
Months 34-36	• Talk about preventing eye injuries. p344	344		X				Caring for Toddler
Months 34-36	• Talk about tricycle safety and wearing a helmet. p345	345		X				Caring for Toddler
Months 34-36	• Review typical behaviors and skills for a 3-year-old. p346	346	X	X	X	X	X	Toddler’s Development
Months 34-36	• Ask family about toddler’s current interests and skills. p347	347	X	X	X	X	X	Toddler’s Development
Months 34-36	• Observe any “red flags” that toddler may not be developing typically. p348	348	X	X	X	X	X	Toddler’s Development
Months 34-36	• Introduce new <i>LearningGames</i> or other developmental activities for months 34-36. p349	349	X	X	X	X	X	Toddler’s Development
Months 34-36	• Complete the 36-month ASQ or other developmental screen with family. p350	350	X	X	X	X	X	Toddler’s Development
Months 34-36	• Talk about choosing good books for toddlers. p351	351	X					Toddler’s Development
Months 34-36	• Describe how children learn rules for combining words. p352	32	X		X	X		Toddler’s Development
Months 34-36	• Model telling stories and engaging toddlers to ask what happened next. p353	353	X		X	X	X	Toddler’s Development
Months 34-36	• Talk about how toddlers show they understand others’ feelings. p354	354	X				X	Toddler’s Development
Months 34-36	• Notice how toddler handles transitions like moving to a new house. p355	355					X	Toddler’s Development
Months 34-36	• Discuss ways to help toddler feel emotionally secure. p356	356					X	Toddler’s Development
Months 34-36	• Discuss why toddler falls apart when parent shows up. p357	357					X	Toddler’s Development
Months 34-36	• Notice how toddler responds to overstimulation. p358	358					X	Toddler’s Development
Months 34-36	• Ask about toddler’s emotional well-being. p359	359					X	Toddler’s Development
Months 34-36	• Help parents support toddler’s growing independence and plan to celebrate their 3rd birthday. p360	360				X	X	Toddler’s Development
Months 34-36	• Encourage parents to model the language that toddler needs to handle conflicts. p361	361	X				X	Toddler’s Development
Months 34-36	• Talk about how positive attention can increase appropriate behavior. p362	362	X			X	X	Toddler’s Development

Partners for a Healthy Baby (PHB) Home Visiting Curriculum—Toddler's Months 19-36 Alignment with Head Start Early Learning Outcomes Framework (HSELOF) for Infant/Toddler								
Key: L & C : Language & Communication; P, M, & PD : Perceptual, Motor, & Physical Development; Cog : Cognition; A2L : Approaches to Learning; S & E : Social & Emotional Development								
Age	Purposes from <i>Partners for a Healthy Baby</i>	PHB Page	HSELOF Domains					PHB Category
			L & C	P, M & PD	COG	A2L	S&E	
Months 34-36	• Talk about the use of “time out.” p363	363					X	Toddler's Development
Months 34-36	• Help parents model good manners. p364	364					X	Toddler's Development
Months 34-36	• Show how using humor can guide toddler’s behavior. p365	365					X	Toddler's Development
Months 34-36	• Talk about what children learn in pretend play. p366	366	X	X	X	X	X	Toddler's Development
Months 34-36	• Talk about appropriate toys for 3-year-olds. p367	367	X	X	X	X	X	Toddler's Development
Months 34-36	• Encourage opportunities for water play. p368	368	X	X	X	X	X	Toddler's Development
Months 34-36	• Ask family how they help toddler learn through play. p369	369	X	X	X	X	X	Toddler's Development