



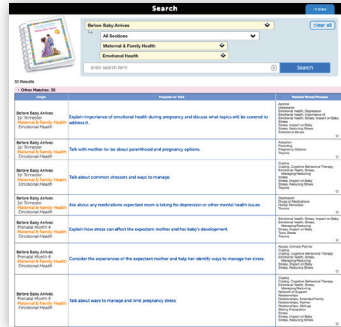
# Using the **Partners for a Healthy Baby** Digital Curriculum to Fidelity

In order to achieve program goals and help families meet their goals, you have to be knowledgeable about topics that impact those families. When you use the *Partners* digital curriculum to fidelity, you become more knowledgeable about these topics, and can plan and conduct more effective home visits

Using the *Partners for a Healthy Baby* digital curriculum to fidelity involves a 3 step process:

1. Start by using the **Purpose Page** to select the specific Purpose(s) to be covered on the visit. On the Curriculum Search page, select the **Book** and the **Section** (stage of pregnancy or age of child). The search results display the Purpose Page.
2. Click on the Purpose you wish to review. This will take you to the **Detailed Information Page** that explains the Purpose you chose. Review the information carefully.
3. The corresponding **Parent Handout** will be displayed on the screen. Review the **Parent Handout** recommended and select “print.”

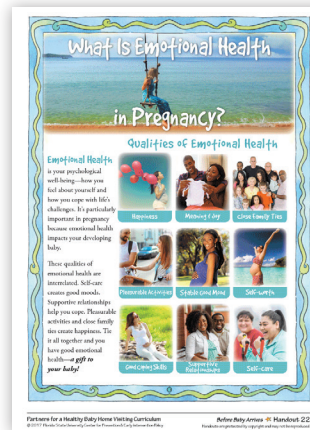
## 1. Purpose Page



## 2. Detailed Information Page



## 3. Parent Handout

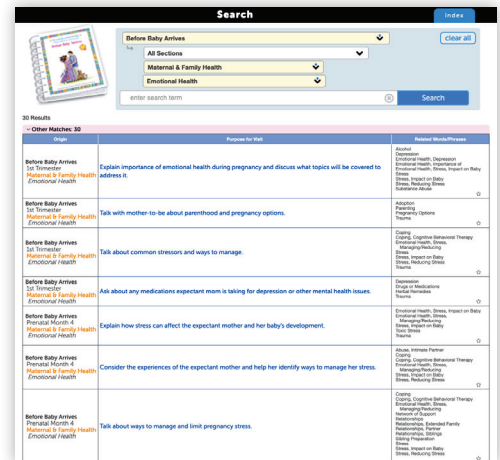


## Step 1. Go to the Purpose Page

Each dropdown section begins with the choice of what book you wish to search followed by the stage of pregnancy or the age of the child being visited — represented by Section/Month. No attempt is made to break Purposes into weekly segments—you can do that if you visit weekly. Tailor your choice of Purposes to the needs of each family while using the curriculum as a guide to ensure critical information is covered.

Next you can choose from four Categories: **Family Development, Maternal & Family Health, Preparing/Caring for Baby/Toddler, and Baby's/Toddler's Development**, which are listed in the dropdown menu. The last dropdown menu is a list of Topics related to that curriculum Category.

We recommend that you begin with Purposes that are of particular concern or interest for the family and address your program goals. Omit only those Purposes that you know do not apply to a specific family.



## Step 2. Review Detailed Information About Each Purpose

The pages that follow each Purpose Page provide detailed information about how to address each Purpose. The information is presented in two different colors.

The **words in black print** (prompts) are intended to remind you of important points you need to make, and help you come up with words and phrases to introduce and discuss them. As needed, reword the text to fit the family's circumstances, but be sure to convey the basic information that is outlined.

These prompts are for you to study as you plan your visit. You should not take the Detailed Information Pages with you into a visit because you may be tempted to read them. As you know, reading information or shuffling around papers is a sure way to lose the attention of the person you are visiting.

The **words in blue** offer additional instructions, call your attention to things you need to be aware of or look for, and suggest follow-up actions you may need to take.

Review these Detailed Information Pages before your visit and make brief notes on whatever planning form you use regarding the main points you plan to cover. Talk about the main points in your own words during the visit. If you can't discuss the material without reading prompts word-for-word, you need more training and study of the issue before you conduct a visit.

**Purpose**

**Prompts**

**Additional Instructions**

**Category**

**Topic**

## Step 3. Review Corresponding Parent Handouts

The Parent Handouts summarize critical points on each topic and in some cases help you discuss issues that may otherwise be awkward to broach. You should study the handouts prior to visits so you can talk in your own words, rather than reading word-for-word.

**The purpose of the Parent Handouts is to help families:**

- ★ Learn how to have a healthy pregnancy.
  - ★ Make changes toward healthier lifestyles.
  - ★ Think about their life goals and dreams and how to reach them.
  - ★ Recognize early warning signs of pregnancy-related and other health and developmental problems.
  - ★ Be physically, emotionally, and financially prepared to have a baby.
  - ★ Learn ways to support their baby's growth and development.
  - ★ Manage the stress that pregnancy and caring for a new baby can bring.
- Improve their self-esteem.

