



ATTENTION:
**GRAD STUDENTS IN SOCIAL WORK,
EDUCATION, PSYCHOLOGY, NURSING, AND
RELATED PROFESSIONS**

**Florida State University
College of Social Work &
Center for Prevention & Early
Intervention Policy
Present**

**Spring 2024 SOW 5938-0001
Interdisciplinary Special Topics Class
Foundations in Infant Mental Health**

**3 credit hours
Wednesdays 1:20-4:05pm
Location: College of Social Work
University Center C, Room 1704**

Faculty:

Valerie Dallas LCSW

**With Guest Lecturers including:
Mimi Graham, Ed. D; Julie May McDougal, LCSW;
Jill Little-Brown, MS; & Anne Hogan, PhD.**



**ALL ABOUT
RELATIONSHIPS**

Infant Mental Health is an approach to development and well-being through the lens of relationships.



**LEARNING THE
FOUNDATION**

This course provides the foundation to understanding the needs of young children and families by delving into brain development, attachment theory, family systems theory, childhood trauma, and resilience.



**PUTTING IT INTO
PRACTICE**

Students will learn infant/parent observation skills, reflective practice, and how to infuse infant mental health into multiple systems of care to promote safety, protection, and nurturing relationships.