



Pre-School At Home Schedule

7:15-8:00	Wake up
8:00-8:15	Make your bed
8:15-8:30	Eat Breakfast
8:30-9:30	Academic Time- No Electronics (flash cards, books, etc) (Days of the Week/Months of the Year/ABCs & 123s/Practice Handwriting)
9:30-10:30	Creative Time- (Arts & Craft, legos, cook/bake, music, play)
9:15-10:00	Circle Time (with siblings/parents)=Question of the Day- below is an example



10:00-11:30	Small Group/Learning Centers
11:30-11:45	Story Time/ Discussion
11:45-12:00	Clean Up/Bathroom Time
12:00-12:30	Lunch Time
12:30-2:00	Nap Time
2:00-2:15	Bathroom Time
2:15-2:30	Snack Time
2:30-3:00	Story Time
3:00-4:00	Academic Time (Electronics-Educational websites) { starfall.com / abcya.com / pbskids.com / turtlediary.com / funbrain.com / seussville.com }
4:00-4:45	Family workout/Gross Motor Activities/ Music and Movements (https://www.themeasuredmom.com/indoor-gross-motor-activities/)
4:45-5:15	Art Time
5:15-5:30	Table Toys
5:30-5:45	Clean up
5:45-6:00	Fresh Air (balcony or backyard) etc
6:00-6:30	Dinner
6:30-7:00	Free TV Time
7:00-7:30	Bathtime
7:30-8:00	Bedtime Story
8:00	BEDTIME

