



## Toddler at home Schedule

7:15-8:30	Wake Up/Eat Breakfast/Get dress
8:30-9:00	Table toys/Music
9:00-9:15	Diapers/Potty Time
9:15-9:30	Snack Time
9:30-10:00	Story Time
10:00-10:30	Gross Motor Activities/Music & Movement
<a href="https://www.themeasuredmom.com/indoor-gross-motor-activities/">(https://www.themeasuredmom.com/indoor-gross-motor-activities/)</a>	
10:30-11:00	Potty and Diapers/Learning Centers
10:30-11:00	Art Projects/Creative Activities
11:00-11:15	Story Time
11:15-12:00	Lunch Time
12:00-2:00	Nap Time
2:00-2:30	Diapers/Potty/Table Toys
2:30-2:45	Snack Time
2:45-3:00	Circle Time (Coloring Sheet or Musical Instrument)
3:00-3:30	Fresh Air (backyard or balcony/Gross Motor Activities)
3:30-4:15	Diapers/Potty Time/ Story Time
4:15-4:45	Music and Movement
4:45-5:15	Table Toys
5:15-5:30	Clean up
5:30-6:00	Free TV Time
6:00-6:30	Dinner
6:30-7:00	Bathtime
7:00-7:30	Bedtime Story
7:30	BEDTIME